



## HABIT 1: Be Proactive



- ... I am a responsible person.
- ... I take initiative.
- ... I choose my action, attitudes and moods.
- ... I do not blame others for my mistakes.
- ... I can only be offended if I choose to be.

## HABIT 2: Begin with the End in Mind



- ... I plan ahead and set goals.
- ... I do things that have meaning and make a difference.
- ... I am an important part of my classroom and contribute to O'Brien STEM Academy's mission and vision.
- ... I look for ways to be a good citizen.

## HABIT 3: Put First Things First



- ... I spend my time on things that are most important. This means I say "No" to things I know I should not do.
- ... I set priorities, make a schedule and follow my plan.
- ... I am disciplined and organized.

## HABIT 4: Think Win-Win



- ... I balance courage for what I want with consideration for what others want.
- ... I make deposits in others' Emotional Bank Accounts.
- ... When conflicts arise, I look for options that work for both sides.

## HABIT 5: Seek First to Understand, Then to be Understood



- ... I listen to other people's ideas and feelings.
- ... I try to see things from their viewpoints.
- ... I listen to others without interrupting.
- ... I am confident in voicing my ideas.
- ... I look people in the eyes when talking.

## HABIT 6: Synergize



- ... I value other people's strengths and learn from them.
- ... I get along well with others, even people who are different than me.
- ... I work well in groups.
- ... I seek-out other people's ideas to solve problems because I know that by teaming with other we can create better solutions than any one of us alone.
- ... I am humble.

## HABIT 7: Sharpen the Saw



- ... I take care of my body by eating right, exercising and getting sleep.
- ... I spend time with friends and family.
- ... I learn in lots of places, not just school.
- ... I take time to find meaningful ways to help others.