



McQUEEN HIGH SCHOOL-HEALTH

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I'm very excited to start our 2020-2021 school year. I like to conduct a discussion-based class where participation by you will not only make our class- more successful, but interesting. We will discuss topics such as:

- Heart Disease, Cancer and Diabetes
- Physical, Mental, Social, Environmental, Spiritual and Emotional Health
- Peer Pressure, Self Esteem, Mental Health and the Prevention of Teenage Suicide
- Infectious Diseases
- S.H.A.R.E. Program
- Alcohol, Tobacco and Illegal Drugs
- Preventing Violence, Bullying, Abuse and Social Media Concerns
- G.R.E.A.T. Decision Making Skills and Stress Management
- Physical Fitness, Weight Management and Nutrition
- Hands Only CPR and AED (Automated External Defibrillator) Demonstration (Might have COVID Implications)

To successfully make this class work for all of us, I need for you to come to class everyday prepared. You need to have a pen, notebook and a willingness to participate in our daily discussions. Our classroom expectations are as follows:

- Be on time and in your assigned seat before the tardy bell rings.
- Please be courteous and respectful to your fellow classmates, teacher and guest speakers.
- Have your homework ready to turn in at the beginning of class.
- Take the responsibility to talk with me if you are absent to see what assignments or tests you will need to make up.

Your academic grade will be determined by a combination of the following items: **(90% of your grade)**

- Test and Quizzes (Hybrid Model: In Classroom and @ Home Learning)
- Homework (Hybrid Model: In Classroom and @ Home Learning)
- Participation
- Notebook Checks
- Edgenuity (Hybrid Model: @ Home Learning Assignments) www.edgenuity.com
- **Students will be expected to turn in all Distance Learning assignments on Microsoft Teams. If computer or technology issues arise, please make arrangements with your teacher to see if school email is acceptable.

*******Final Exam will be worth 10% of your grade.*******

Your citizenship grade will be determined by a combination of the following items:

- Preparedness
- Being on time

- Class Activities
- Demonstrating our required “Lancer Pride” towards our classmates, teacher and guest speakers.

Please respect our learning environment and expect everyone around you to abide by this rule. Cheating is unacceptable and will not be tolerated. This pertains to tests, quizzes and homework assignments.

We will follow the progressive discipline plan set forth by McQueen High School. The severity of the act could result in parental notification, disciplinary actions and involvement with our student relations office.

TECHNOLOGY POLICY

*****Students must have their cell phones and personal electronics (ear buds, air pods, wireless headphones, etc.) turned off and out of sight during all class time. Please refer to page 14 in your student handbook for consequences.**

Our grading scale is as follows:

- 90-100=A
- 80-89=B
- 70-79=C
- 60-69=D
- 0-59=F

If you are in need of assistance or extra help, please see me before or after class and we will find a way to solve any problems you might be experiencing. Extra credit will be offered throughout the semester. Please check your grade often on Infinite Campus and notify me if there are any problems.

I look forward to a great semester and welcome you to our Health class.

**By signing this form, you are also agreeing to allow your student to view the video, “Super-Size Me” (PG-13) and any other short movie clip from You Tube. All movie clips and videos have curriculum connections that have been reviewed by the teacher and are suitable for teenage viewers.

**Be sure to view page 8 in your student handbook about our attendance policy and the effects it could have on your Health credit.

I have read and understand the rules and expectations for my Health class.

Student Name
Print your name as neatly as possible.

Period

Student Signature

Parent Signature