



**Washoe County  
School District**

# COVID-19 Screening Tool

Current as of 8/30/22

COVID-19 Information  
COVID-19 Testing Information  
Symptomatic Staff ONLY

[WashoeSchools.net/COVID19](https://WashoeSchools.net/COVID19)  
[WashoeSchools.net/COVID19testing](https://WashoeSchools.net/COVID19testing)  
**Employee Health Nurse**  
[WashoeSchools.net/EHN](https://WashoeSchools.net/EHN) or (775) 348-0338

## 1. Have you had any new or unusual symptoms in the last 24 hours?

*(even if you have been vaccinated and/or boosted)*

### 1 One (1) or more of the following symptoms:

- Fever** (temperature  $\geq 100.4^{\circ}\text{F}$  at rest)
- Respiratory symptoms** (cough, shortness of breath, and/or difficulty breathing)
- New loss of smell or taste**

OR

### 2 Two (2) or more of the following symptoms:

- Chills
- Feeling cold and shivering
- Muscle pain or aches
- Headache
- Sore throat
- Extreme fatigue
- Nasal congestion
- Nausea
- Vomiting *(If only symptom, 48-hour exclusion\*)*
- Diarrhea *(If only symptom, 48-hour exclusion\*)*

\* **48-hour Exclusion:** If vomiting or diarrhea is the only symptom, stay home 48 hours after the symptom stops without using medicine.

YES



SYMPTOMATIC

## If you answer YES to symptoms 1 or 2:

*(First day with symptoms is day 0.)*

- ▶ **Do NOT go to school/work.**
- ▶ **Communicate with your school/supervisor.**
- ▶ Seek care from your healthcare provider, if needed.
- ▶ **STAFF: Contact Employee Health Nurse** *(see above)*.
- ▶ If you test, wait 48 hours after symptoms began. If a laboratory test is negative, send lab results to the school nurse for a return date.
- ▶ **ISOLATE at home until all 3 conditions are met:**
  - (1) **5 days have passed since symptoms began,**
  - (2) **No fever/diarrhea/vomit in last 24 hrs** (no medicine),
  - (3) **Other symptoms are improving.***Eligible to return on day 6, if 3 conditions above are met.*
- ▶ **Wear fitted mask around others for next 5 days.** *If you are not able or willing to wear a well-fitting mask, remain isolated at home for 10 days. You may return on day 11, if symptomatic conditions above are met.*
- ▶ **For moderate** (difficulty breathing) **or severe illness** (hospitalization), **talk with your healthcare provider and consider extend isolation through day 10.**
- ▶ **If your symptoms worsen after ending isolation, restart your isolation at day 0.**

NO



## 2. Are you feeling healthy (no symptoms), but know that you have been in close contact with a person who has been diagnosed with COVID-19 while they were infectious?

*(includes anyone living in your household)*

YES



EXPOSED

## If you answer YES, you are a Close Contact.

- ▶ **Carefully watch for symptoms.** *If symptom(s) begin, move to the SYMPTOMS box above.*
- ▶ Avoid being around anyone with a compromised immune system.
- ▶ **Follow CDC guidance:** Consider wearing well-fitting mask for 10 days and test for COVID-19 on day 5.

NO



**You answered NO to all 3 questions.** You do not have symptoms and have not been exposed.

- ▶ **Go to school/work.**
- ▶ **Continue to monitor your health.** If you begin to feel unwell or are notified of an exposure, use this tool and take action.
- ▶ **Practice healthy habits and good hygiene.**

WCSD will no longer identify COVID-19 close contacts within schools. When school are notified that a person attended while infectious, general notifications are sent to the school community, per Mitigation Plan. Individuals contacted by Washoe County Health District regarding isolation/quarantine must follow instructions. **Update: Directions for returning after a negative laboratory test changed to indicate that school nurse will determine return date.**

Updated 8/30/22