

Employee Algorithm for COVID Symptoms and Testing

SYMPTOMS

Employee has symptoms* of COVID-19: One (1) or more of the following symptoms*:

- Fever (temperature of >100.4°F at rest)
- New/worsening respiratory symptoms (cough, shortness of breath, and/or difficulty breathing)
- New loss of smell or taste

Two (2) or more of the following symptoms*:

Chills

Headache

Diarrhea

Fatigue

- Feeling cold and shivering
- Muscle pain or aches
- Nausea or vomiting
- Nasal congestion
- Sore throat

Employee has been exposed (within 6 feet for more than 15 minutes) to a person who has COVID-19 (positive lab test or clinically diagnosed) when they are contagious (48 hours before symptoms begin through recovery).

CLOSE CONTACT

HOUSEHOLD CONTACT

Employee who shares a household with a person who has COVID-19 (positive lab test or clinically diagnosed).

QUARANTINE

(You have been exposed to COVID-19. Limit contact with others during the 14-day incubation period.)

- Do <u>NOT</u> go to work.
- Contact your supervisor.
- **Contact Employee Health Nurse** at 775-348-0338 for guarantine instructions (required).

* New symptoms are different than symptoms of ongoing health issues such as asthma, allergies, reflux, or COPD.

ISOLATE

(You have COVID-19 or have COVID-19 symptoms. Stay away from others.)

- Do <u>NOT</u> go to work.
- Contact your supervisor.
- **Contact Employee Health** Nurse (EHN) at 775-348-0338.

Monitor Health

If, at any point, employee develops symptoms, follow EHN quidance and ISOLATE.

Employee Health Nurse (EHN) will provide employee with paperwork required to receive COVID test.

- Paperwork can be scanned and emailed to employee, OR
- Employee can pick up at EHN work site. (Employee should stay in their vehicle and call EHN to deliver to the vehicle.)

Proceed immediately, within same day, to Renown's drive through testing: 10315 Professional Circle, Reno 7 AM - 2:30 PM, M-Sat

- Present current insurance card AND required paperwork at time of testing.
- If you do not have insurance, advise Renown staff AND required paperwork for testing.

TESTING IS FREE TO WCSD EMPLOYEES.

Test Result: NEGATIVE

TEST for COVID-19 performed.

Test Result: **POSITIVE**

- No known exposure to COVID case(s) in the last 14 days, AND
- At least 24 hrs since fever stopped
- At least 48 hrs since last vomiting

- At least 10 days have passed since symptoms started, AND
- At least 24 hours have passed since last fever, vomiting, or diarrhea without medication, AND
- Other symptoms have improved.