

GATE MIDDLE SCHOOL COUNSELING RESOURCE NEWSLETTER

October 2019 Edition: GATE Parent Resources

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As the GATE middle school counselor, I will be sending a monthly newsletter with tips, resources, strategies, and interventions to support GT students. This month's newsletter provides general GATE parent resources.

“Parenting a gifted child is like living in a theme park full of thrill rides. Sometimes you smile. Sometimes you gasp. Sometimes you scream. Sometimes you laugh. Sometimes you gaze in wonder and astonishment. Sometimes you're frozen in your seat. Sometimes you're proud. And sometimes the ride is so nerve-racking you can't do anything but cry.” – Carol Strip & Gretchen Hirsch

The Washoe County School District's Department of Gifted and Talented Education offers SENG (Supporting the Emotional Needs of Gifted) parent support groups. These groups are led by SENG trained teachers and school counselors at various times/locations. Please contact the GATE department at 775-861-4451 for more information.

Recommended Websites:

1. **National Association for Gifted Children (NAGC):** <http://www.nagc.org/>
2. **Supporting Emotional Needs of Gifted (SENG):** <https://www.sengifted.org/>
3. **Twice Exceptional (2e): parenting students who are gifted and have a learning disability, learning disorder, or attention difficulties:**
<https://www.2enewsletter.com/>
4. **Hoagie's Gifted Education:** <https://www.hoagiesgifted.org/>
5. **Dr. Sylvia Rimm Parenting articles:** <http://www.sylviarimm.com/>

Recommended Books:

1. **“Emotional Intensity in Gifted Students: Helping Kids Cope with Explosive Feelings”** - by Christine Fonseca
2. **“A Parent's Guide to Gifted Children”** – by James Webb
3. **“The Gifted Teen Survival Guide”** – by Judy Galbraith & Jim Delisle