



Washoe County School District

Illness Screening Tool

If you are not feeling well, stay home and seek care as needed.

If you have questions, contact your school nurse or healthcare provider.
To report an absence, call your school or use the Infinite Campus Absence Request tool.

If you have any new or unusual symptoms of illness...

- ▶ Do **NOT** go to school/work.
- ▶ **Communicate with your school/supervisor.**
Parents may contact the school with exclusion-related questions.
- ▶ Seek care from your healthcare provider, if needed.
- ▶ If you experience any new symptoms, check this tool.

and follow instructions below for specific signs and symptoms.

One or more of the following:
Fever (temperature $\geq 100.4^{\circ}\text{F}$ at rest)
Vomiting
Diarrhea

- ▶ **STAY at home until you have been free of fever, vomiting, and diarrhea for 24 hours without the use of symptom-reducing medication.**
(The 24 hour time period may be extended if illnesses are spreading in a classroom or school. Such information will be communicated to families.)

Undiagnosed skin rash

- ▶ **Rash has resolved -or-**
- ▶ **Healthcare provider statement indicates that the rash is not contagious.**

Yellow or greenish drainage from eyes, nose, or ears

- ▶ **Drainage has resolved -or-**
- ▶ **Provide proof of antibiotic treatment for prior 24 hours.**

Positive for COVID-19 test (home or laboratory test)

- ▶ **ISOLATE at home until all 3 conditions are met:**
 - (1) **5 days have passed since symptoms began,**
 - (2) **No fever/diarrhea/vomiting in last 24 hrs** without medicine, and
 - (3) **Other symptoms are improving.**

Eligible to return on day 6, if 3 conditions above are met.
- ▶ **Wear fitted mask around others for next 5 days.**
If you are not able or willing to wear a well-fitting mask, remain isolated at home for 10 days. You may return on day 11, if symptomatic conditions above are met.
- ▶ **For moderate (difficulty breathing) or severe illness (hospitalization), talk with healthcare provider and consider isolating through day 10.**

Sore throat

- ▶ **As long as you do not experience symptoms listed above, return when symptoms have improved.**

Mildly ill and unable to participate in normal school activities.

*We hope you feel better soon and look forward to seeing you in class.
Eat well. Sleep. Wash your hands.*