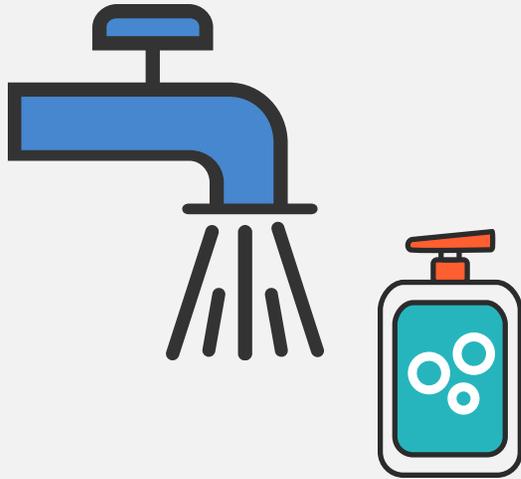


# HAND WASHING

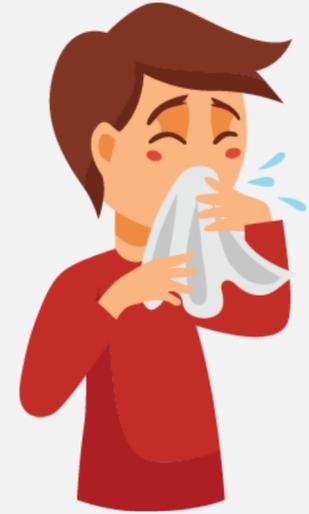
I need to wash my hands to stay healthy.



I should wash my hands after using the bathroom.



I should wash my hands after I sneeze or cough.



I need to use soap and water to wash my hands.



I need to first get my hands wet.



Next I put soap on my hands.



I need to rub the soap all over my hands.



I should rub my hands together for 20 seconds.

1, 2, 3, 4, 5...



I can sing "Happy Birthday" twice to make sure I wash my hands long enough.



Happy birthday to you...

I rinse my hands with water.



I dry off my hands with a paper towel.



Now my hands are clean!

