



## Nevada Interscholastic Activities Association

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### NIAA Pre-Participation Physical Evaluation Form - FAQs

The NIAA Board of Control approved updated language to the American Academy of Pediatrics Preparticipation Physical Evaluation forms on April 2, 2025, to align with the newly adopted NIAA Student Eligibility and Participation Position, approved on the same date. Below are responses to frequently asked questions regarding the updated language.

#### **What revisions were made to the forms?**

Medical professionals are now required to indicate the student's "Birth Sex Per Patient History" and check either "Medically eligible for girls sports" or "Medically eligible for boys sports", based on the student's birth sex, on the Medical Eligibility Form. Additionally, medical professionals must initial the Medical Eligibility Form, confirming they have reviewed the student's History Form and provided all relevant medical information to the school to support athletic personnel in supervising and caring for the student-athlete.

#### **Why were these changes made?**

The updates were made to comply with Title IX of the Educational Amendments of 1972, 20 U.S.C. §1681 ("Title IX"), and Executive Orders issued by President Trump that ensure biological males do not participate in girls' sports. The new initial requirement was added in response to recent incidents in Nevada in which critical medical information was not properly completed on the Medical Eligibility Form.

#### **What if the student's gender identity differs from the student's birth sex?**

The medical professional is only required to identify on the Medical Eligibility Form the student's biological sex. This is necessary to ensure that biological male students participate against other biological male students, and do not participate in girls' sports.

#### **Is the medical professional required to perform any new testing with these revisions?**

No. These revisions do not require any additional testing. Medical professionals must complete the Medical Eligibility Form in full, based on the student's history provided by the student as well as their parent or guardian, and the physical examination, typically conducted for sports clearance.

#### **What if my medical professional will not complete the revised section?**

A fully completed Medical Eligibility Form is required for participation in NIAA-sanctioned athletic programs. We recommend confirming in advance that your provider will complete the updated form before scheduling the physical.

#### **What other changes have been made to the Medical Eligibility Form?**

The NIAA Board of Control approved relocating the section that identifies critical medical information, such as allergies and medications, to appear above the healthcare professional's signature. Additionally, the language for "Other Information" was clarified to include "Medical Conditions and/or Surgeries" and "Any relevant YES answers on History Form". These changes ensure that medical professionals have the opportunity to provide critical information, as appropriate, enhancing the NIAA's ability to support the safe participation of student-athletes.