## STUDENT "BRAG SHEET" FOR COLLEGE RECOMMENDATIONS

STUDENT NAME:\_\_\_\_\_

We believe that you should have a certain amount of input into the letters of recommendation that we write to colleges and universities on your behalf. Consequently, we are asking for your perceptions of your educational and personal growth. Please feel free to use a second sheet of paper if your comments do not fit into the spaces provided.		
Please 1	respond to the following questions.	
1.	Are there any factors related to your grades that you would like colleges to be aware of?	
2.	Are there any factors about admission test scores that you would like us to address?	
3.	Are there any circumstances in your life that might have had a negative impact on your academic performance?	
4.	What are your proudest accomplishments? A. Academic?	
	B. Personal?	
5.	List five adjectives that describe something about you as a person.	
6.	What extracurricular activity has been the most meaningful to you? Why?	
7.	What job experience has been especially meaningful? Why? (Please include the place where you worked.)	
Na	me of Counselor Student Signature	

## Personal Information Sheet for (NAME)\_ 1. What are your academic interests? 2. Which courses have you enjoyed the most? 3. Which courses have given you the most difficulty? 4. Which specific courses would you like to study in college? 5. What do you choose to learn when you can learn on your own? What do your choices show about your interests and the way you like to learn? 6. List the books you have read on your own in the past year. 7. Describe an instance in which an article, book, play, or film has caused you to change your way of thinking. 8. What has been your most stimulating intellectual experience in recent years? 9. Is your high school academic record an accurate measure of your ability and potential? If not, what do you consider the best measure of your potential for success in college work? 10. What circumstances, if any, have interfered with your academic performance? 11. Has any summer experience, work, or study been of significant importance to you? Please describe. 12. Have you traveled or lived in different localities? Where? Comment on any significant travel experience(s)? 13. What do you consider your greatest strengths? 14. What do you consider your greatest weaknesses?

15. Is there any other information you would like to share with your counselor in order that

he/she can make an accurate appraisal of you to colleges and universities?

## PARENT "BRAG SHEET" FOR COLLEGE RECOMMENDATIONS

	STUDENT NAME:	
Please feel free to use a second sheet of paper if your comments do not fit into the spaces provided.		
1.	What do you consider to be your child's outstanding accomplishments during the past three o four years? Why did you select these as most important?	
2.	In what areas has your child shown the most development and growth during the past three or four years?	
3.	What do you consider to be his/her outstanding personality traits?	
4.	If you had to describe your son/daughter in five adjectives, what would they be?	
5.	Are there any unusual or personal circumstances that have affected your child's educational or personal experiences?	
Nai	me of Counselor Parent Signature	