



Course Selection 2025-2026

Enrichment Freshmen - Class of 2028

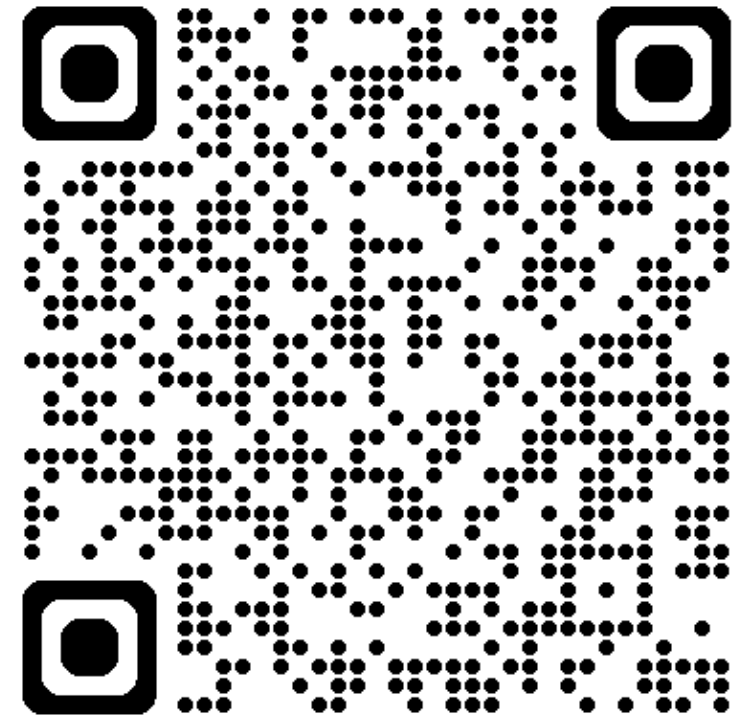
Blank Course Selection Sheet

- Sophomores must take a full year of English, Social Studies, Science, and Math.
- Make sure to consider Health and Computer Science and Applications if you need them – they are graduation requirements
- **Please fill out all four elective choices.**
 - If you write a class under recommended courses, do not rewrite in elective courses

Student Name (please print) _____		Due Date _____	
Sophomore Course Requests 2025-2026			
Required Courses			
English (full year class) - you must choose one: <input type="checkbox"/> (1211-1212) English 3 - 4 <input type="checkbox"/> (1213-1214) Honors English 3 - 4* Other _____ Current English teacher signature: _____		Social Studies (full year class) - you must choose one: <input type="checkbox"/> (4101-4102) World History 1 - 2 <input type="checkbox"/> (4125-4126) AP European History* <input type="checkbox"/> (4181-4182) AP Human Geography* Current SS teacher signature: _____	
Math (full year class) - you must choose one: <input type="checkbox"/> (2211-2212) Geometry 1 - 2 <input type="checkbox"/> (2215-2216) Formal Geometry 1 - 2* <input type="checkbox"/> (2221-2222) Algebra 2 <input type="checkbox"/> (2227-2228) Algebra 2 STEM* Other _____ Current math teacher signature: _____		Science (full year class) - you must choose one: <input type="checkbox"/> (3101-3102) Physical Science 1 - 2 <input type="checkbox"/> (3111-3112) Environmental Science 1 - 2 <input type="checkbox"/> (3131-3132) Earth Science 1 - 2 <input type="checkbox"/> (3165-3166) Oceanography <input type="checkbox"/> (3235-3236) Conceptual Physics 1 - 2 <input type="checkbox"/> (3267-3268) Astronomy 1 - 2 <input type="checkbox"/> (3203-3204) Chemistry 1 - 2 (H)* Other _____ Current science teacher signature: _____	
<small>*Instructor Approval required. AP Exam required for each AP course. Exam fee covered by WCSD for 25-26SY</small>			
Recommended Courses			
Physical Education (two credits required)** <input type="checkbox"/> 1st semester (_____) _____ <input type="checkbox"/> 2nd semester (_____) _____		Computer Literacy/Health (if needed) <input type="checkbox"/> (8344) Comp Sci & App (one half credit) <input type="checkbox"/> (5311) Health (one half credit)	
Art/Humanities/CTE (if needed - one credit required) <input type="checkbox"/> 1st semester (_____) _____ <input type="checkbox"/> 2nd semester (_____) _____ www.washoeschools.net/sshs select "Counseling" then select "Course Selection"		<small>**SSHS athletic participation & instructor approval required to enroll in Athletic Weights, Military Sci & Marching Band (Fall Semester) provide PE exemptions.</small>	
Elective Courses			
<small>Sophomores must be enrolled in a minimum of seven (7) classes. If you are requesting seven of the courses from above, the courses listed below will be used as alternatives in the order you place them. Every effort will be made to give you your first choices.</small>			
Elective/Humanities/Occupational Education (1st semester)		Elective/Humanities/Occupational Education (2nd semester)	
1st Choice: Fall (_____) _____		Spring (_____) _____	
2nd Choice: Fall (_____) _____		Spring (_____) _____	
3rd Choice: Fall (_____) _____		Spring (_____) _____	
4th Choice: Fall (_____) _____		Spring (_____) _____	
<small>*You must choose 4 elective classes for each semester as some of your choices may not be available.</small>			
One Flex credit is required for graduation. Ways to earn the Flex credit include: a 4th year of math, 3rd/4th year of science, 4th year of social studies, or a 2nd or 3rd year of a CTE program (successfully completing the level prior). Consider this graduation requirement when selecting classes.		Course Catalog 	Class of 2028 Survey 
Parent/Guardian Contact Information Parent/Guardian Name: _____ Home Phone: _____ Cell/Business Phone: _____ Email Address (please print legibly) _____ Parent/Guardian Signature _____			
The courses listed above will be used to create your class schedule. Consider your choices carefully as changes will NOT be made unless placement level is incorrect.			

Course Catalog 2025-2026

- Please refer to the course catalog for the following information
 - WCSD & SSHS Policies
 - Graduation Requirements and Diploma Options
 - Review Course Descriptions
 - Review Course Prerequisites
 - Review Course Fees
 - Find Course Numbers



Selecting Classes

- Review SSHS & WCSD Policies and Procedures
- Look in the course catalog – courses are listed by department.
- Pay attention to course prerequisites and fees
- Take time to read the course description!

Human Anatomy and Physiology 1-2

Course #3261-3262

Full Year = 1 credit (Honors)

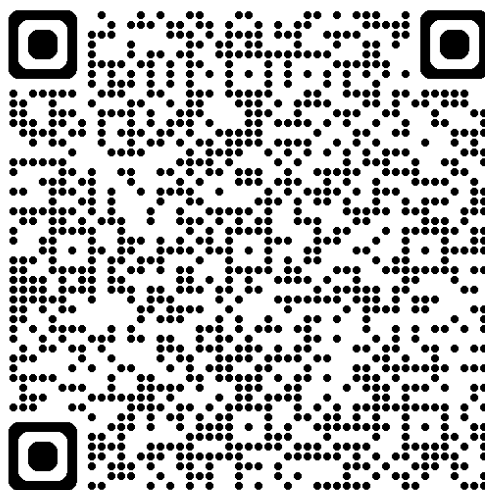
Prerequisites: Successful completion of Biology 1-2 and Chemistry 1-2 and successful completion of Algebra 1 and Geometry.

Fee: \$25.00 lab fee

This one-year advanced level course is intended as a 3rd year science course and will cover an introduction to the structural and functional aspects of the human body. This course is for those students interested in medical fields or biological science. The course is designed to cover the structure and function of cells, tissues, organs, and an in-depth look at body systems. Demonstrations and laboratory experience, including **mandatory dissections (including cats)** are an integral part of the teaching of this course.

Upon successful completion of Human Anatomy and Physiology, students will develop: 1) an understanding of the methods and techniques used to study the human body; 2) knowledge of the structure of all systems in the body; 3) an understanding of the functions of all the systems of the human body; 4) an understanding of the role of each body system in maintaining the homeostatic balance of the human body; 5) an awareness of relevant pathologies associated with human body systems; and 6) an awareness of the professional opportunities and requirements in the health sciences and related fields. **NOTE: This class may be offered Zero period based upon enrollment numbers. The course numbers for students interested in Zero period are 3013-3014.**

Electives



Semester Options

History Through Film
Intro Digital Photography & AD
Intro to Interior Design
Personal Finance
Sports Literature
Video Game Design
Beginning Guitar *
Intermediate Guitar *
Foundations in Art
Music Appreciation
Physical Education Courses
Edgenuity Credit Recovery
Aiding Classes*
Computer Science & Applications
Health
* *Repeatable*

Career Technical Education:
(34201/34202) Princ Hlth Sci * (Y)
(34211/34212) Sports Med H * (Y)
(34221/34222) Sports Med AS * (Y)
(8549/8550) Medical Term H * (Y)
(33701/33702) Teach & Training I (Y)
(33703/33704) Teach & Train II H (Y)
(33721/33722) Teach & Train AS (Y)
(33531/33532) Work Exp T&T (Y)
(35201/35202) Fam/Consumer Sci (Y)
(35203/35204) Fam CS II H (Y)
(35221/35222) Fam CS AS (Y)
(10335/10336) Foods AS (Y)
(39101/39102) Auto Tech I (Y)
(39103/39104) Auto Tech II H (Y)
(39121/39122) Auto Tech AS (Y)
(33101/33102) Princ Bus Mktg (Y)
(36101/36102) ADV Comp Sci I (Y)
(36103/36104) ADV Comp Sci II H (Y)
(36121/36122) ADV Comp Sci AS (Y)
(36201/36202) Cybersecurity I (Y)
(36203/36204) Cybersecurity II H (Y)
(36221/36222) Cybersecurity AS (Y)
(36031/36032) IT Work Exp (Y)
(32101/32102) Graphic Design I (Y)
(32103/32104) Graphic Design II H (Y)
(32121/32122) Graphic Design AS (Y)
(32301/32302) Multimedia Com I (Y)
(32303/32304) Multimedia Com II (Y)
(32321/32322) Multimedia Com AS (Y)
(32601/32602) Video Production I (Y)
(32603/32604) Video Prod II H (Y)
(32621/32622) Video Prod AS (Y)
(32031/32032) Work Exp Arts A/V (Y)
(36501/36502) Web Design I (Y)
(36503/36504) Web Design II H (Y)
(36521/36522) Web Design AS (Y)

Military Science:
(33901/33902) Military Science I (Y)
(33903/33904) Military Sci II H (Y)
(33905/33906) Military Sci III H (Y)
(33921/33922) Military Science AS (Y)

World Language:
(4611/4612) Spanish 1-2 (Y)
(4613/4614) Spanish 3-4 (Y)
(4615/4616) Spanish 5-6 H (Y)
(4641/4642) AP Spanish Lang (Y)
(4771/4772) Paiute 1-2 (Y)
(4773/4774) Paiute 3-4 (Y)

2025-2026 Electives

Physical Education:
(5215/5216) Athl Cond * (S or Y)
(5203/5204) Basket Cond (S or Y)
(5205/5206) A Bskt Cnd * (S or Y)
(5213/5214) Fitn Weights (S or Y)
(5223/5224) Ftbl Wgt * (S or Y)
(5101/5102) PE 9th Grade (S or Y)
(5109/5110) PE 10 – 12 (S or Y)
(5141/5142) Powerwalk (S or Y)
(5191/5192) Volleyball (S or Y)
(5252/5255) Yoga (S or Y)

Fine Arts/Performing Arts:
(6506/6513) Musical Theater (Y)
(6501/6502) Theatre Arts 1-2 (Y)
(6511/6512) Theatre Arts 3-4 (Y)
(6503/6504) ADV Thtr Arts (Y)
(6467/6468) Tech Theatre I (Y)
(6469/6470) Tech Theatre II (Y)
(6801/6802) Concert Choir (S)
(6803/6804) Advanced Choir (S)
(6819/6820) Vocal Ensmble Choir (S)
(6641/6642) Concert Orchestra (Y)
(6643/6644) Chamber Orchestra* (Y)
(6645/6646) Sinfonia Orchestra* (Y)
(6705/6706) March/Sym Band (Y)
(6647/6648) Symphonic Band (Y)
(6707/6708) Jazz Band (Y)
(6715/6716) Band: Percussion (Y)
(6751) Color Guard (S)
(6718) Beginning Guitar (S)
(6720) Intermediate Guitar (S)
(6599) Music Appreciation (S)
(6107) Foundations in Art (S)
(6111/6112) Art 1-2 (Y)
(6115/6116) Art 5-6 H (Y)
(6117-6118) Art 7/8 H (Y)
(6131/6132) Ceramics 1-2 (Y)
(6133/6134) Ceramics 3-4 (Y)
(6135/6136) Ceramics 5-6 H (Y)
(6137/6138) Ceramics 7-8 H (Y)
(6141/6142) Drawing 1-2 (Y)
(6143-6144) Drawing 3-4 (Y)
(6145-6146) Drawing 5-6 (Y)
(6151/6152) Painting 1-2 (Y)
(6153/6154) Painting 3-4 (Y)
AP Studio Art:
(6261/6262) Drawing (Y)
(6263/6264) 2D Design (Y)
(6265/6266) 3D Design (Y)

Miscellaneous:
(14153/14154) Psychology 101 (Y)
* Dual Credit Course
(6267/6268) AP Art History H (Y)
(8301) Personal Finance (S)
(1502) Sports Literature (S)
(4257) History through Film (S)
(8019) Intro to Dig Photo/Photoshop
(6015) Intro to Interior Desing (S)
(6223) Video Game Design (S)
(6411/6412) Speech and Debate (Y)
(6413/6414) Adv Speech and Debate
(1409/1410) Journalism I (Y)
(1411/1412) Adv Journalism (Y)
(1403/1404) Yearbook * (Y)
(7201/7202) Student Leadership * (Y)
(7701/7702) Edge Credit Recovery (S)
(8424/8425) J4NG G10 (Y)
(8426/8427) J4NG G11 (Y)
(8417/8418) J4NG G12 (Y)

Office Assistant*:
(8135/8136) Career Center (Y)
(8125/8126) Counseling Office (Y)
(8151/8152) Discipline Office (Y)
(8145/8146) Main Office (Y)
(8121/8122) Office Exp. (CC) (Y)
(8161/8162) Peer Tutor (S or Y)
(8171/8172) Student Aide (S or Y)
(8095/8096) Lib Assist (S or Y)
(8091-8092) Lab Assist (S or Y)

Math Support:
(2029/2030) Algebra I Support (Y)
(2025/2026) Geometry Support (Y)
(2031/2032) Algebra II Support (Y)

English Support:
(1101/1102) English Support (Y)
(1341/1342) Strat Rdg/Wrtg (Y)

S semester class
Y yearlong class
* Permission must be granted or an additional form needs to be filled out.

What do I do with my sheet?

1. Bring your course selection sheet with you to your core classes.
 - * English; math; science; social studies
2. Teachers will be making ***recommendations*** for core subjects.
 - * Get a signature from each of your current teachers.
3. Take this form with you to your Cougar Pride class – you will be working on completing your form during class.
4. Please include your parents in this process.
 - * Show them your completed course selection sheet
 - * Have them SIGN your form.
5. Scan the Class of 2028 QR Code and complete the survey.
6. Bring your form with you when you meet with your counselor.

Freshman Course Selection Returns				
Date/Period	Teacher/# stus.	Time	Teacher/# stus.	Time
Monday, February 24, 2025 A Day				
2/24/25: 1 st	Kibala (35)	8am	Felker CT (33)	8:45am
2/24/25: 2 nd	Kibala (30)	9:37am	Felker CT (31)	10:22am
2/24/25: 7 th	Kassebaum (33)	11:14am		
2/24/25: 3 rd	Kassebaum (26)	12:58pm	Felker (25)	1:43pm
Wednesday, February 26, 2025 B Day				
2/26/25: 4 th	Kassebaum (28)	8am	Felker (25)	8:45am
2/26/25: 5 th	Kassebaum (28)	9:27am	Kibala (28)	10:12am
2/26/25: 6 th	Kassebaum (28)	12:23pm	Felker CT (30)	1:04pm
Thursday, February 27, 2025 A Day				
2/27/25: 1 st	Reynolds (H) (36)	8am		
2/27/25: 2 nd	Duncan (H) (36)	9:37am		
2/27/25: 7 th	Duncan (H) (36)	11:14am		
2/27/25: 3 rd	Thompson (11)	12:58pm		
Tuesday, March 4, 2025 B Day				
3/4/25: 4 th	Thompson (12)	8am		
3/4/25: 5 th	Reynolds (H) (35)			
3/4/25: 7 th				
3/4/25: 6 th	Reynolds (H) (36)	12:58pm		

When will I meet
with my
counselor? (Due
Date)

* Based on your English
class

Completed Sheet

Student Name (please print) _____

Tarin Myers

Due Date _____

2/24/25

Sophomore Course Requests 2025-2026

Required Courses

English (full year class) - you must choose one:

☒ (1211-1212) English 3 - 4

☐ (1213-1214) Honors English 3 - 4*

Other _____

Current English teacher signature: _____

Math (full year class) - you must choose one:

☒ (2211-2212) Geometry 1 - 2

☐ (2215-2216) Formal Geometry 1 - 2*

☐ (2221-2222) Algebra 2

☐ (2227-2228) Algebra 2 STEM*

Other _____

Current math teacher signature: _____

*Instructor Approval required. AP Exam required for each AP course. Exam fee covered by WCSD for 25-26SY

Social Studies (full year class) - you must choose one:

☒ (4101-4102) World History 1 - 2

☐ (4125-4126) AP European History*

☐ (4181-4182) AP Human Geography*

Current SS teacher signature: _____

Science (full year class) - you must choose one:

☒ (3101-3102) Physical Science 1 - 2

☐ (3111-3112) Environmental Science 1 - 2

☐ (3131-3132) Earth Science 1 - 2

☐ (3165-3166) Oceanography

☐ (3235-3236) Conceptual Physics 1 - 2

☐ (3267-3268) Astronomy 1 - 2

☐ (3203-3204) Chemistry 1 - 2 (H)*

Other _____

Current science teacher signature: _____

Recommended Courses

Physical Education (two credits required)**

☒ 1st semester (5191) Volleyball

☒ 2nd semester (5192) Volleyball

Art/Humanities/CTE (if needed - one credit required)

☒ 1st semester (35103) Teaching II

☒ 2nd semester (33704) Teaching II

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select "Counseling" then select "Course Selection"

Computer Literacy/Health (if needed)

☐ (8344) Comp Sci & App (one half credit)

☐ (5311) Health (one half credit)

**SSHS athletic participation & instructor approval required to enroll in Athletic Weights, Military Sci & Marching Band (Fall Semester) provide PE exemptions.

Elective Courses

Sophomores must be enrolled in a minimum of seven (7) classes. If you are requesting seven of the courses from above, the courses listed below will be used as alternatives in the order you place them. Every effort will be made to give you your first choices.

Elective/Humanities/Occupational Education (1st semester)

1st Choice: Fall (4611) Spanish I

2nd Choice: Fall (6111) Art I

3rd Choice: Fall (4257) hist. through film

4th Choice: Fall (1409) journalism

Elective/Humanities/Occupational Education (2nd semester)

Spring (4612) Spanish 2

Spring (6112) Art 2

Spring (8301) personal finance

Spring (1410) journalism

*You must choose 4 elective classes for each semester as some of your choices may not be available.

One Flex credit is required for graduation. Ways to earn the Flex credit include: a 4th year of math, 3rd/4th year of science, 4th year of social studies, or a 2nd or 3rd year of a CTE program (successfully completing the level prior). Consider this graduation requirement when selecting classes.

Course Catalog



Class of 2028 Survey



Parent/Guardian Contact Information

Parent/Guardian Name: _____

Kelley Myers

Home Phone: 123-4567

Cell/Business Phone: _____

Email Address (please print legibly) _____

kmy4@gmail.com

Parent/Guardian Signature _____

The courses listed above will be used to create your class schedule.

Consider your choices carefully as changes will NOT be made unless placement level is incorrect.

Class of 2028 Survey

**Please complete the Class of
2028 Survey before meeting
with your counselor**

