

Course Selection 2025-2026

Freshmen - Class of 2028

Diploma Types

WCSD Graduation Guide

The credit requirements for each diploma type are listed below:

Note: Standard Diploma requirements subject to change pending State Board of Education approval.

Course Title	WCSD Standard (2025-2028)	State Advanced	College and Career Ready with Endorsement	WCSD Honors	WCSD Honors/ College & Career Ready
English	4.0	4.0	4.0	4.0	4.0
Math (Must include Algebra 1, Geometry & Algebra 2 or equivalent)	3.0	4.0	4.0	4.0 ^Δ	4.0 ^Δ
Science	2.0	3.0	3.0	3.0 [†]	3.0 [†]
American Government	0.5	0.5	0.5	0.5	0.5
Economics and Personal Finance	0.5	0.5	0.5	0.5	0.5
U.S. History	1.0	1.0	1.0	1.0	1.0
World History/World Geography	1.0	1.0	1.0	1.0	1.0
PE	2.0	2.0	2.0	2.0	2.0
Arts/Humanities/CTE	1.0	1.0	1.0	1.0	1.0
Computer Literacy	0.5	0.5	0.5	0.5	0.5
Health	0.5	0.5	0.5	0.5	0.5
World Language	-0-	-0-	-0-	2.0*	2.0*
Electives	6.0	6.0	6.0	4.0	4.0
Flex Credit	1.0**	0	0	0	0
TOTALS	23.0	24.0	24.0	24.0	24.0
# of Honors Credits				8	8
Required Cumulative GPA		3.25 on a 4.0 scale (no rounding)	3.25 on a 4.0 scale (no rounding)	3.40 on a 4.0 scale (no rounding)	3.40 on a 4.0 scale (no rounding)

^Δ Algebra 1; Geometry; Algebra 2 (or their equivalents); plus 1 or more math classes beyond Algebra 2

[†] Two credits must be in Biology, Chemistry, Physics, Human Anatomy & Physiology, AP Environmental Science, Zoology, Microbiology, CTE Animal Sci (H) or CTE Plant Sci (H).

* Two credits in the same world language

** Flex credit must be one full credit of the same course of any one of the following: Level II or above CTE course in one program of study provided the prerequisite course was passed, a 4th year of mathematics Algebra 2 or higher, a 3rd year of science or a 4th year of social studies

+ This diploma also requires additional coursework and either a college or career endorsement to earn the diploma (see page 2).

Transcript

- Each box on the left represents 1 semester. This should reflect your course work.
- Graduation Status: shows current GPA & class rank
 - GPA reflects all courses completed
- Credit Summary: accounts for Standard Diploma
 - Required: # of credits required in that subject
 - Attempted: # of credits you have taken in that subject
 - Earned: # of credits you have completed in that subject
 - Deficient: # of credits you still need in that subject
 - Deficient column must show 0 to be eligible to graduate at the end of your senior year
- Assessments:
 - College & Career Ready Assessment: Junior Year
 - Civics Exam: taken in Government during Senior Year
- Work In Progress: courses you are currently enrolled in, not reflected in your credits earned

If you believe there are any mistakes, please contact your counselor so that we can review and make sure your transcript is accurate.

Class of 2028 Survey



**Please complete the Class
of 2028 Survey before
meeting with your
counselor**

Sophomore Course Requests 2025-2026**Required Courses****English** (full year class) - you must choose one:

- ☐ (1211-1212) English 3 - 4
- ☐ (1213-1214) Honors English 3 - 4*
- Other _____

Current English teacher signature: _____

Math (full year class) - you must choose one:

- ☐ (2211-2212) Geometry 1 - 2
- ☐ (2215-2216) Formal Geometry 1 - 2*
- ☐ (2221-2222) Algebra 2
- ☐ (2227-2228) Algebra 2 STEM*
- Other _____

Current math teacher signature: _____

*Instructor Approval required. AP Exam required for each AP course. Exam fee covered by WCSD for 25-26SY

Social Studies (full year class) - you must choose one:

- ☐ (4101-4102) World History 1 - 2
- ☐ (4125-4126) AP European History*
- ☐ (4181-4182) AP Human Geography*

Current SS teacher signature: _____

Science (full year class) - you must choose one:

- ☐ (3101-3102) Physical Science 1 - 2
- ☐ (3111-3112) Environmental Science 1 - 2
- ☐ (3131-3132) Earth Science 1 - 2
- ☐ (3165-3166) Oceanography
- ☐ (3235-3236) Conceptual Physics 1 - 2
- ☐ (3267-3268) Astronomy 1 - 2
- ☐ (3203-3204) Chemistry 1 - 2 (H)*
- Other _____

Current science teacher signature: _____

Recommended Courses**Physical Education** (two credits required)**

- ☐ 1st semester (_____)
- ☐ 2nd semester (_____)

Art/Humanities/CTE (if needed - one credit required)

- ☐ 1st semester (_____)
- ☐ 2nd semester (_____)

www.washoeschools.net/sshs

select "Counseling" then select "Course Selection"

Computer Literacy/Health (if needed)

- ☐ (8344) Comp Sci & App (one half credit)
- ☐ (5311) Health (one half credit)

**SSHS athletic participation & instructor approval required to enroll in Athletic Weights. Military Sci & Marching Band (Fall Semester) provide PE exemptions.

Elective Courses

Sophomores must be enrolled in a minimum of seven (7) classes. If you are requesting seven of the courses from above, the courses listed below will be used as alternatives in the order you place them. Every effort will be made to give you your first choices.

Elective/Humanities/Occupational Education (1st semester)**1st Choice:** Fall (_____)**2nd Choice:** Fall (_____)**3rd Choice:** Fall (_____)**4th Choice:** Fall (_____)**Elective/Humanities/Occupational Education (2nd semester)**

Spring (_____)

Spring (_____)

Spring (_____)

Spring (_____)

*You **must** choose 4 elective classes for each semester as some of your choices may not be available.

One Flex credit is required for graduation. Ways to earn the Flex credit include: a 4th year of math, 3rd/4th year of science, 4th year of social studies, or a 2nd or 3rd year of a CTE program (successfully completing the level prior). Consider this graduation requirement when selecting classes.

Course Catalog**Class of 2028 Survey****Parent/Guardian Contact Information**

Parent/Guardian Name: _____

Home Phone: _____

Cell/Business Phone: _____

Email Address (please print legibly) _____

Parent/Guardian Signature _____

The courses listed above will be used to create your class schedule.

Consider your choices carefully as changes will NOT be made unless placement level is incorrect.

When will I meet with my counselor?

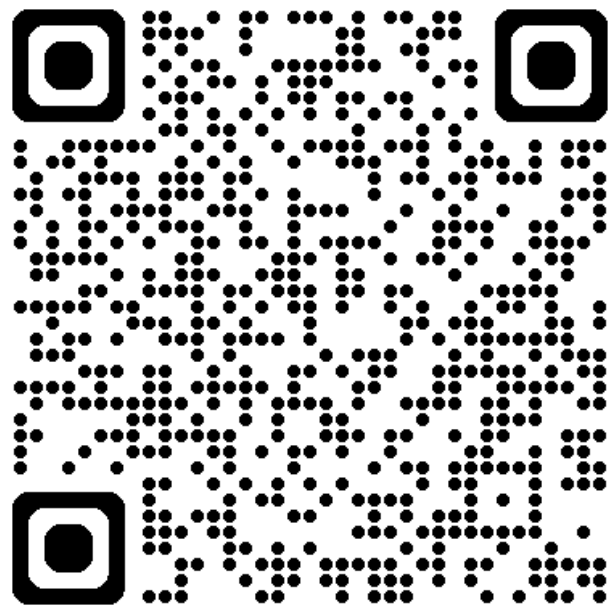
Freshman Course Selection Returns				
Date/Period	Teacher/# stus.	Time	Teacher/# stus.	Time
Monday, February 24, 2025 A Day				
2/24/25: 1 st	Kibala (35)	8am	Felker CT (33)	8:45am
2/24/25: 2 nd	Kibala (30)	9:37am	Felker CT (31)	10:22am
2/24/25: 7 th	Kassebaum (33)	11:14am		
2/24/25: 3 rd	Kassebaum (26)	12:58pm	Felker (25)	1:43pm
Wednesday, February 26, 2025 B Day				
2/26/25: 4 th	Kassebaum (28)	8am	Felker (25)	8:45am
2/26/25: 5 th	Kassebaum (28)	9:27am	Kibala (28)	10:12am
2/26/25: 6 th	Kassebaum (28)	12:23pm	Felker CT (30)	1:04pm
Thursday, February 27, 2025 A Day				
2/27/25: 1 st	Reynolds (H) (36)	8am		
2/27/25: 2 nd	Duncan (H) (36)	9:37am		
2/27/25: 7 th	Duncan (H) (36)	11:14am		
2/27/25: 3 rd	Thompson (11)	12:58pm		
Tuesday, March 4, 2025 B Day				
3/4/25: 4 th	Thompson (12)	8am		
3/4/25: 5 th	Reynolds (H) (35)			
3/4/25: 7 th				
3/4/25: 6 th	Reynolds (H) (36)	12:58pm		

New Science Courses

SSHS will be offering a few new science courses for the 25-26 school year.

- Oceanography
 - Astronomy
 - Conceptual Physics ~ for more questions please see Mrs. Axness in Room 104
-
- Lots of new prerequisites for science courses. Please make sure to review before requesting a science class.

Course Catalog 2025 – 2026



Also available @ www.washoeschools.net/sshs

Please review to be aware and understand WCSD & SSHS policies
and understand course descriptions

What do I do with my sheet?

1. Bring your course selection sheet with you to your core classes.
 - * English; math; science; social studies
2. Teachers will be making ***recommendations*** for core subjects.
 - * Get a signature from each of your current teachers.
3. Take this form with you to your Cougar Pride class – you will be working on completing your form during class.
4. Please include your parents in this process.
 - * Show them your completed course selection sheet
 - * Have them SIGN your form.
5. Scan the Class of 2028 Survey QR Code and complete the survey.
6. Bring your form with you when you meet with your counselor.

Read Course Descriptions

- Pay attention to course pre-requisites and fees

Human Anatomy and Physiology 1-2

Course #3261-3262

Full Year = 1 credit (Honors)

➔ **Prerequisites:** Successful completion of Biology 1-2 and Chemistry 1-2 and successful completion of Algebra 1 and Geometry.

Fee: \$25.00 lab fee ←

- Read Course Descriptions to know what you are learning!

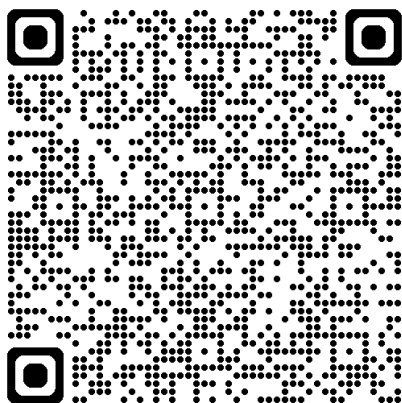
This one-year advanced level course is intended as a 3rd year science course and will cover an introduction to the structural and functional aspects of the human body. This course is for those students interested in medical fields or biological science. The course is designed to cover the structure and function of cells, tissues, organs, and an in-depth look at body systems. Demonstrations and laboratory experience, including **mandatory dissections (including cats)** are an integral part of the teaching of this course.

Upon successful completion of Human Anatomy and Physiology, students will develop: 1) an understanding of the methods and techniques used to study the human body; 2) knowledge of the structure of all systems in the body; 3) an understanding of the functions of all the systems of the human body; 4) an understanding of the role of each body system in maintaining the homeostatic balance of the human body; 5) an awareness of relevant pathologies associated with human body systems; and 6) an awareness of the professional opportunities and requirements in the health sciences and related fields. **NOTE: This class may be offered Zero period based upon enrollment numbers. The course numbers for students interested in Zero period are 3013-3014.**

Electives

Semester Options –

History Through Film
Intro Digital Photography & AD
Intro to Interior Design
Personal Finance
Sports Literature
Video Game Design
Beginning Guitar *
Intermediate Guitar *
Foundations in Art
Music Appreciation
Physical Education Courses
Edgenuity Credit Recovery
Aiding Classes*
Computer Science & Applications
Health
* *Repeatable*



Career Technical Education:

(34201/34202) Princ Hlth Sci * (Y)
(34211/34212) Sports Med H * (Y)
(34221/34222) Sports Med AS * (Y)
(8549/8550) Medical Term H * (Y)
(33701/33702) Teach & Training I (Y)
(33703/33704) Teach & Train II H (Y)
(33721/33722) Teach & Train AS (Y)
(33531/33532) Work Exp T&T (Y)
(35201/35202) Fam/Consumer Sci (Y)
(35203/35204) Fam CS II H (Y)
(35221/35222) Fam CS AS (Y)
(10335/10336) Foods AS (Y)
(39101/39102) Auto Tech I (Y)
(39103/39104) Auto Tech II H (Y)
(39121/39122) Auto Tech AS (Y)
(33101/33102) Princ Bus Mktng (Y)
(36101/36102) ADV Comp Sci I (Y)
(36103/36104) ADV Comp Sci II H (Y)
(36121/36122) ADV Comp Sci AS (Y)
(36201/36202) Cybersecurity I (Y)
(36203/36204) Cybersecurity II H (Y)
(36221/36222) Cybersecurity AS (Y)
(36031/36032) IT Work Exp (Y)
(32101/32102) Graphic Design I (Y)
(32103/32104) Graphic Design II H (Y)
(32121/32122) Graphic Design AS (Y)
(32301/32302) Multimedia Com I (Y)
(32303/32304) Multimedia Com II (Y)
(32321/32322) Multimedia Com AS (Y)
(32601/32602) Video Production I (Y)
(32603/32604) Video Prod II H (Y)
(32621/32622) Video Prod AS (Y)
(32031/32032) Work Exp Arts A/V (Y)
(36501/36502) Web Design I (Y)
(36503/36504) Web Design II H (Y)
(36521/36522) Web Design AS (Y)

Military Science:

(33901/33902) Military Science I (Y)
(33903/33904) Military Sci II H (Y)
(33905/33906) Military Sci III H (Y)
(33921/33922) Military Science AS (Y)

World Language:

(4611/4612) Spanish 1-2 (Y)
(4613/4614) Spanish 3-4 (Y)
(4615/4616) Spanish 5-6 H (Y)
(4641/4642) AP Spanish Lang (Y)
(4771/4772) Painte 1-2 (Y)
(4773/4774) Painte 3-4 (Y)

Physical Education:

(5215/5216) Athl Cond * (S or Y)
(5203/5204) Basket Cond (S or Y)
(5205/5206) A Bskt Cnd * (S or Y)
(5213/5214) Fitn Weights (S or Y)
(5223/5224) Ftbl Wgt * (S or Y)
(5101/5102) PE 9th Grade (S or Y)
(5109/5110) PE 10 – 12 (S or Y)
(5141/5142) Powerwalk (S or Y)
(5191/5192) Volleyball (S or Y)
(5252/5255) Yoga (S or Y)

Fine Arts/Performing Arts:

(6506/6513) Musical Theater (Y)
(6501/6502) Theatre Arts 1-2 (Y)
(6511/6512) Theatre Arts 3-4 (Y)
(6503/6504) ADV Thtr Arts (Y)
(6467/6468) Tech Theatre I (Y)
(6469/6470) Tech Theatre II (Y)
(6801/6802) Concert Choir (S)
(6803/6804) Advanced Choir (S)
(6819/6820) Vocal Ensmble Choir (S)
(6641/6642) Concert Orchestra (Y)
(6643/6644) Chamber Orchestra* (Y)
(6645/6646) Sinfonia Orchestra* (Y)
(6705/6706) March/Sym Band (Y)
(6647/6648) Symphonic Band (Y)
(6707/6708) Jazz Band (Y)
(6715/6716) Band: Percussion (Y)
(6751) Color Guard (S)
(6718) Beginning Guitar (S)
(6720) Intermediate Guitar (S)
(6599) Music Appreciation (S)
(6107) Foundations in Art (S)
(6111/6112) Art 1-2 (Y)
(6115/6116) Art 5-6 H (Y)
(6117-6118) Art 7/8 H (Y)
(6131/6132) Ceramics 1-2 (Y)
(6133/6134) Ceramics 3-4 (Y)
(6135/6136) Ceramics 5-6 H (Y)
(6137/6138) Ceramics 7-8 H (Y)
(6141/6142) Drawing 1-2 (Y)
(6143-6144) Drawing 3-4 (Y)
(6145-6146) Drawing 5-6 (Y)
(6151/6152) Painting 1-2 (Y)
(6153/6154) Painting 3-4 (Y)
AP Studio Art:
(6261/6262) Drawing (Y)
(6263/6264) 2D Design (Y)
(6265/6266) 3D Design (Y)

Miscellaneous:

(14153/14154) Psychology 101 (Y)
* Dual Credit Course
(6267/6268) AP Art History H (Y)
(8301) Personal Finance (S)
(1502) Sports Literature (S)
(4257) History through Film (S)
(8019) Intro to Dig Photo/Photoshop (S)
(6015) Intro to Interior Desing (S)
(6223) Video Game Design (S)
(6411/6412) Speech and Debate (Y)
(6413/6414) Adv Speech and Debate (Y)
(1409/1410) Journalism I (Y)
(1411/1412) Adv Journalism (Y)
(1403/1404) Yearbook * (Y)
(7201/7202) Student Leadership * (Y)
(7701/7702) Edge Credit Recovery (S or Y)
(8424/8425) J4NG G10 (Y)
(8426/8427) J4NG G11 (Y)
(8417/8418) J4NG G12 (Y)

Office Assistant*:

(8135/8136) Career Center (Y)
(8125/8126) Counseling Office (Y)
(8151/8152) Discipline Office (Y)
(8145/8146) Main Office (Y)
(8121/8122) Office Exp. (CC) (Y)
(8161/8162) Peer Tutor (S or Y)
(8171/8172) Student Aide (S or Y)
(8095/8096) Lib Assist (S or Y)
(8091-8092) Lab Assist (S or Y)

Math Support:

(2029/2030) Algebra I Support (Y)
(2025/2026) Geometry Support (Y)
(2031/2032) Algebra II Support (Y)

English Support:

(1101/1102) English Support (Y)
(1341/1342) Strat Rdg/Wrtg (Y)

S semester class
Y yearlong class
* Permission must be granted or an additional form needs to be filled out.

PE Courses Available

Sophomore students may take any of the following PE courses:

- 5109/5110 – PE
- 5213/5214 – Fitness Weights
- 5203/5204 – Basketball
- 5141/5142 – Powerwalking
- 5191/5192 – Volleyball
- 5252/5255 – Yoga
- 5216/5217 – Athletic Weights (must be participating on a SSHS sports team)
- 5205/5206 – Adv. Basketball *coach approval

Internship Opportunities

- An internship is a work-based learning experience that places the student in a real workplace environment to develop and practice career-related knowledge and skills for a specific career field related to the student's career interests, abilities, and goals.
- WCSD is proud to offer ALL students an opportunity to engage with local businesses to learn about career opportunities, understand job skills and expectations, and develop a network of resources to assist students with success after graduation.

For more information on what internships may be available please visit: <https://www.washoeschools.net/Page/8764>

Sophomore Course Requests 2025-2026

Required Courses

English (full year class) - you must choose one: <input checked="" type="checkbox"/> (1211-1212) English 3 - 4 <input type="checkbox"/> (1213-1214) Honors English 3 - 4* Other _____ Current English teacher signature: _____	Social Studies (full year class) - you must choose one: <input checked="" type="checkbox"/> (4101-4102) World History 1 - 2 <input type="checkbox"/> (4125-4126) AP European History* <input type="checkbox"/> (4181-4182) AP Human Geography* Current SS teacher signature: _____
Math (full year class) - you must choose one: <input checked="" type="checkbox"/> (2211-2212) Geometry 1 - 2 <input type="checkbox"/> (2215-2216) Formal Geometry 1 - 2* <input type="checkbox"/> (2221-2222) Algebra 2 <input type="checkbox"/> (2227-2228) Algebra 2 STEM* Other _____ Current math teacher signature: _____	Science (full year class) - you must choose one: <input checked="" type="checkbox"/> (3101-3102) Physical Science 1 - 2 <input type="checkbox"/> (3111-3112) Environmental Science 1 - 2 <input type="checkbox"/> (3131-3132) Earth Science 1 - 2 <input type="checkbox"/> (3165-3166) Oceanography <input type="checkbox"/> (3235-3236) Conceptual Physics 1 - 2 <input type="checkbox"/> (3267-3268) Astronomy 1 - 2 <input type="checkbox"/> (3203-3204) Chemistry 1 - 2 (H)* Other _____ Current science teacher signature: _____

*Instructor Approval required. AP Exam required for each AP course. Exam fee covered by WCSO for 25-26SY

Recommended Courses

Physical Education (two credits required)** <input checked="" type="checkbox"/> 1st semester (<u>5191</u>) <u>volleyball</u> <input checked="" type="checkbox"/> 2nd semester (<u>5192</u>) <u>volleyball</u>	Computer Literacy/Health (if needed) <input type="checkbox"/> (8344) Comp Sci & App (one half credit) <input type="checkbox"/> (5311) Health (one half credit)
Art/Humanities/CTE (if needed - one credit required) <input checked="" type="checkbox"/> 1st semester (<u>33703</u>) <u>Teaching II</u> <input checked="" type="checkbox"/> 2nd semester (<u>33704</u>) <u>Teaching II</u> <u>www.washoeschools.net/sshs</u> select "Counseling" then select "Course Selection"	**SSHS athletic participation & instructor approval required to enroll in Athletic Weights, Military Sci & Marching Band (Fall Semester) provide PE exemptions.

Elective Courses

Sophomores must be enrolled in a minimum of seven (7) classes. If you are requesting seven of the courses from above, the courses listed below will be used as alternatives in the order you place them. Every effort will be made to give you your first choices.

Elective/Humanities/Occupational Education (1st semester)	Elective/Humanities/Occupational Education (2nd semester)
1st Choice: Fall (<u>4611</u>) <u>Spanish 1</u>	Spring (<u>4612</u>) <u>Spanish 2</u>
2nd Choice: Fall (<u>6111</u>) <u>Art 1</u>	Spring (<u>6112</u>) <u>Art 2</u>
3rd Choice: Fall (<u>4257</u>) <u>hist. thought film</u>	Spring (<u>8301</u>) <u>personal finance</u>
4th Choice: Fall (<u>1409</u>) <u>journalism</u>	Spring (<u>1410</u>) <u>journalism</u>

*You must choose 4 elective classes for each semester as some of your choices may not be available.

One Flex credit is required for graduation. Ways to earn the Flex credit include: a 4th year of math, 3rd/4th year of science, 4th year of social studies, or a 2nd or 3rd year of a CTE program (successfully completing the level prior). Consider this graduation requirement when selecting classes.	Course Catalog 	Class of 2028 Survey 
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Parent/Guardian Contact Information

Parent/Guardian Name: Kelley Myers Home Phone: 123-4567 Cell/Business Phone: _____
 Email Address (please print legibly): kmy4@gmail.com
 Parent/Guardian Signature: _____

The courses listed above will be used to create your class schedule.
 Consider your choices carefully as changes will NOT be made unless placement level is incorrect.

Completed Sheet

Changing Classes after Course Selection

Please note that courses selected during course selection must receive careful consideration. **The classes that you select now will most likely be your schedule for next year.** Changes may only be made to your schedule after the start of the year IF:

- The student has been placed into the wrong level of a subject.
- The student has already received credit for the course.
- The student must drop an elective in order to take a required course for graduation.
- The student has an incomplete or over-filled schedule

***** ALL COURSE CHANGES MUST BE MADE PRIOR TO THE END OF THE CURRENT SCHOOL YEAR BY SEEING YOUR COUNSELOR.**

Please...

- Do not come down to the counseling office and sign up to see your counselor about course selection.
- Ask your parents to refrain from calling us and scheduling an appointment prior to your course selection time.
 - We will meet with each student individually and we will answer all of your questions when we meet (feel free to make a list of questions you have and we will answer them).

Please look at the SSHS Counseling Website for many answers to your questions:

<https://www.washoeschools.net/Page/18408>