

# Helpers in Your Community (KeepSafe Connections)

**KeepSafe Connections** are **Able, Approachable, and Available** to help with suicide. They know how to do suicide first aid (trained in suicide intervention). Different kinds of helpers in your community may have this training but some may not. It is best to check before adding them to this list.

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1.800.992.5757 / 784.8090 Crisis Call Ctr (CCC)  
CRISIS (DISTRESS) CENTER

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1.800.273.8255 Nat'l Suicide Prevention  
Lifeline/Veterans Hotline  
SUICIDE PREVENTION CENTER

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Text "listen" to 839863 (CCC)/ or "start" to  
741741(CTL)  
TEEN LINE

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784.8090 CCC/Sexual Assault Support Services  
RAPE/SEXUAL ASSAULT CENTER

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1.800.799.7233 Nat'l Domestic Violence Hotline  
DOMESTIC VIOLENCE HOTLINE

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1.800.656.4673 Nat'l Sexual Assault Hotline (RAINN)  
SEXUAL ABUSE HOTLINE

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785.8600 Washoe County Social Services  
1.800.992.5757 Crisis Call Line  
CHILD ABUSE HOTLINE

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911  
POLICE

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911  
PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT

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688.1670 NV Child and Family Services Mobile Crisis  
688.2001 No. NV Adult Mental Health Services  
323.0478 West Hills Hospital  
TMCC-Counseling 686-8302  
MENTAL HEALTH CRISIS

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911  
HOSPITAL EMERGENCY SERVICES

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322.3466 – A Safe Embrace (Women and Children  
only) / CAAW – 329-4150  
EMERGENCY SHELTERS

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1.800.536.4588 - SafePlace  
YOUTH SHELTER

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688.2001 No. NV Adult Mental Health Services  
323.0478 West Hills Hospital  
MENTAL HEALTH OUTREACH CLINIC

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688-1670 NV Child and Family Services Mobile Crisis  
CHILDREN/YOUTH PSYCHIATRIC CLINIC

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PRIVATE PRACTITIONERS

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329.6300 Community Health Alliance (HAWC) / No.  
Nevada Hopes 786-4673  
MEDICAL CLINIC

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786-4673 No. Nevada Hopes  
AIDS INFORMATION AND TESTING SITES

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688.1600 Children's Behavioral Health Services  
CHILDREN'S SERVICES OFFICES

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673.7060 TMCC Counseling Center  
877.234.5151 LifeWorks (NSHE)  
445.3266/445.3288 WNC Student Services  
353.5533 – Education Alliance, Washoe County  
SCHOOL STUDENT SERVICES

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(866) 434.2221—Children's Cabinet  
CHILD CARE REFERRALS

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856.6200—Children's Cabinet  
PARENT TRAINING

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Family Resource Centers—No. Valleys-677-5437;  
Central Reno-321-3185; Northeast Reno-337-9979  
Sparks-353-5733; Sun Valley-674-4411  
FAMILY SUPPORT SERVICES

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SELF HELP GROUPS

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1-800-450-9530 Join Together No. Nevada (JTNN)  
NRAP (Recovery & Prevention)-TMCC/UNR 843-7381  
SUBSTANCE ABUSE COUNSELING

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355.1151 No. NV Intergroup of Alcoholic Anonymous  
ALCOHOLICS ANONYMOUS

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329.3260 – Nat'l Alliance on Mental Illness (NAMI)  
MENTAL HEALTH ASSOCIATION

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RELIGIOUS/SPIRITUAL SUPPORT

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329.2727 (Washoe Legal Services)  
LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE

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688.1000 NV Dept. of Parole and Probation  
PROBATION OFFICERS