

**WELCOME!**

Think Kindness needs your help! Your answers to this survey will greatly aid Think Kindness in establishing a new program for your school. Keep in mind that you do not need to put your name anywhere and your answers will be completely anonymous.

**PLEASE CIRCLE ONE ANSWER PER QUESTION.**

|                                                                       |                |       |          |                   |
|-----------------------------------------------------------------------|----------------|-------|----------|-------------------|
| <b>1. I am excited about coming to school.</b>                        | Strongly Agree | Agree | Disagree | Strongly Disagree |
| <b>2. I am optimistic about the future.</b>                           | Strongly Agree | Agree | Disagree | Strongly Disagree |
| <b>3. I try hard in school.</b>                                       | Strongly Agree | Agree | Disagree | Strongly Disagree |
| <b>4. I make goals for myself.</b>                                    | Strongly Agree | Agree | Disagree | Strongly Disagree |
| <b>5. I believe that I can accomplish my goals.</b>                   | Strongly Agree | Agree | Disagree | Strongly Disagree |
| <b>6. I believe that I can make my school a better place.</b>         | Strongly Agree | Agree | Disagree | Strongly Disagree |
| <b>7. I find it difficult to make decisions.</b>                      | Strongly Agree | Agree | Disagree | Strongly Disagree |
| <b>8. I can easily spot when someone in a group is feeling upset.</b> | Strongly Agree | Agree | Disagree | Strongly Disagree |

|                                                                                       |       |          |                   |
|---------------------------------------------------------------------------------------|-------|----------|-------------------|
| <b>9. I am comfortable asking for help from my teachers.</b>                          |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>10. I can easily express my thoughts and opinions to others.</b>                   |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>11. I am a good listener.</b>                                                      |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>12. I feel that communicating by email or text message is easier than talking.</b> |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>13. I generally get along with my classmates.</b>                                  |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>14. I have helped someone in the last 30 days.</b>                                 |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>15. I participate in extracurricular activities (school clubs, sports, etc).</b>   |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>16. I make friends easily.</b>                                                     |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>17. I would rather spend time alone than with others.</b>                          |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>18. I have experience working as part of a team.</b>                               |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |
| <b>19. I believe that working together is a great way to solve problems.</b>          |       |          |                   |
| Strongly Agree                                                                        | Agree | Disagree | Strongly Disagree |

|                                                                          |                   |                       |                   |
|--------------------------------------------------------------------------|-------------------|-----------------------|-------------------|
| <b>20. Bullying is a problem at my school.</b>                           |                   |                       |                   |
| Strongly Agree                                                           | Agree             | Disagree              | Strongly Disagree |
| <b>21. I have been bullied at my school in the past.</b>                 |                   |                       |                   |
| Never                                                                    | Past Day          | Past Week             | Past 1-6 Months   |
| <b>22. I know someone who has been bullied at my school in the past.</b> |                   |                       |                   |
| Never                                                                    | Past Day          | Past Week             | Past 1-6 Months   |
| <b>23. I want to help prevent bullying at my school.</b>                 |                   |                       |                   |
|                                                                          | Yes               | No                    |                   |
| <b>24. I know how to prevent bullying at my school.</b>                  |                   |                       |                   |
|                                                                          | Yes               | No                    |                   |
| <b>25. Kids at my school say mean things to me:</b>                      |                   |                       |                   |
| Every day                                                                | Once a week       | Less than once a week | Never             |
| <b>26. In my classroom I feel:</b>                                       |                   |                       |                   |
|                                                                          | Scared and unsafe | Kind of safe          | Very safe         |
| <b>27. On the playground I feel:</b>                                     |                   |                       |                   |
|                                                                          | Scared and unsafe | Kind of safe          | Very safe         |
| <b>28. In the cafeteria I feel:</b>                                      |                   |                       |                   |
|                                                                          | Scared and unsafe | Kind of safe          | Very safe         |
| <b>29. In my neighborhood I feel:</b>                                    |                   |                       |                   |
|                                                                          | Scared and unsafe | Kind of safe          | Very safe         |
| <b>30. Going to and from school I feel:</b>                              |                   |                       |                   |
|                                                                          | Scared and unsafe | Kind of safe          | Very safe         |