

Dear Washoe County School District Families,

We would like to take the time to inform you about the Nevada School Wellness Policy that was developed and approved by the State of Nevada and how it applies to Washoe County School District (WCSD) schools and students. Nevada's School Wellness Policy addresses many important areas of the school environment which impact student health and wellness including increased consumption of healthy foods, increased opportunities for physical activity throughout the school day, and support of a healthy lifestyle. Washoe County School District takes school wellness seriously and as such, we want to share information about the Nevada School Wellness Policy and the steps WCSD is taking to ensure every school is a healthy learning environment.

WCSD has been receiving a number of questions about this policy and would like to clarify some of these questions in this letter.

The Nevada School Wellness Policy applies to public schools in the State of Nevada. This policy applies to any food items that are given away or sold during the school day. It does not apply to the items that are packed in a personal snack or lunch as long as it is not shared with other students. For purposes of this policy, the school day is defined as midnight through thirty minutes after the end of school. For example, if the school day is from 8:30 a.m. to 3:00 p.m., the policy will apply from midnight to 3:30 p.m. After 3:30 p.m., these standards do not apply.

What you should know:

- Foods may be given away or sold during the school day only if it meets the nutritional standards.
- No foods may be sold while breakfast and lunch is being served in the cafeteria. This requirement is part of the district's food service management contract.
- These guidelines apply to student stores and vending machines.

At this time, this policy applies to every school day including holidays, birthdays, and special events. However, the state policy does allow WCSD to have some flexibility in regards to holidays and/or special events. WCSD's Student Wellness Advisory Committee, comprised of community volunteers, is currently working on the district-level policy that will address this issue. Once this policy has been finalized, we will send out the information letting parents know the details.

WCSD has a question and answer document for further information and links to the Nevada School Wellness policy at <http://bit.ly/1WSzYe6>.

Traci Davis, Superintendent

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