



**Washoe County  
School District**

# Illness Screening Tool

*We look forward to seeing you at school! Stay well...  
Eat well. Sleep. Cover coughs with your elbow. Wash your hands.*

**START HERE**  
If you are not feeling well or have new or unusual symptoms of illness...

- ▶ **Do NOT go to school or work.**
- ▶ **Communicate with your school or supervisor to report your illness.**  
**Parents/Guardians:** Report absences by calling the school or use the Infinite Campus Absence Request tool.
- ▶ Contact school with exclusion-related questions.
- ▶ Seek care from your healthcare provider, if needed.
- ▶ If you experience new symptoms, check this tool again.

## AND follow instructions below for specific signs and symptoms.

<p>One or more of the following: <b>Fever</b> ≥100.4°F at rest <b>Vomiting</b> <b>Diarrhea</b></p>	<p>▶ <b>STAY at home until you have been free of fever, vomiting, and diarrhea for 24 hours without the use of symptom-reducing medication.</b> (The 24-hour time period may be extended if illnesses are spreading in a classroom or school. Such information will be communicated to families.)</p>
<p><b>Undiagnosed skin rash</b></p>	<p>▶ <b>Rash has resolved -or-</b> ▶ <b>Healthcare provider statement indicates that the rash is not contagious.</b></p>
<p><b>Yellow or greenish drainage from eyes, nose, or ears</b></p>	<p>▶ <b>Drainage has resolved -or-</b> ▶ <b>Provide proof of antibiotic treatment for prior 24 hours.</b></p>
<p><b>Sore throat</b></p>	<p>▶ <b>As long as you do not experience symptoms listed above, return to school/work when symptoms have improved.</b></p>
<p><b>Mildly ill and unable to participate in normal school activities.</b></p>	<p>▶ <b>If you are unsure about symptoms and when to return, call your healthcare provider or school nurse.</b> ▶ <b>Review this screening tool anytime you experience new symptoms.</b></p>

**Outbreaks** The spread of illness is controlled by early detection, isolation, treatment, diagnosis, and sanitation. The instructions listed above may change as the number and type of illnesses change. Families and staff will be alerted if guidance is temporarily changed for their classroom or school.

**COVID-19** As of March 1, 2024, there are no longer COVID-19 specific isolation or quarantine requirements for those who have been diagnosed with or in contact with those with COVID-19. Please follow the symptom-specific guidance listed above.

**For additional health information, visit [WashoeSchools.net/StudentHealth](https://WashoeSchools.net/StudentHealth).**