

WASHOE COUNTY SCHOOL DISTRICT 2020-2021

MIDDLE SCHOOL ATHLETIC AND ATHLETIC SUPPORT GROUP CLEARANCE FORMS

INTRODUCTION

This packet will serve as a reference source for parents and students interested in participating in any middle school athletic program.

Potential athletes are encouraged to fill out this packet at the beginning of the school year and turn it in to the main office. All forms herein will be kept in the student's file and given to the appropriate coaches at the time of the scheduled sport.

All student athletes are required to pay a **\$10** transportation fee. This is an annual fee that needs to only be paid once, not per sport. The fee must be paid at the time the packet is turned in.

CROSS COUNTRY	August 17 - September 10
GIRLS BASKETBALL	September 14 - October 29
BOYS SOCCER (site based)	September 14 - October 29
BOYS BASKETBALL	November 2 - December 10
VOLLEYBALL	January 11 - February 18
WRESTLING	February 22 - April 13
GIRLS SOCCER (site based)	February 22 - April 13
TRACK & FIELD	April 15 - May 11

Discrimination Statement:

The Washoe County School District is committed to providing an environment free from bullying, harassment and discrimination on the basis of race, color, national origin or ethnic identification, marital status, ancestry, sex, sexual orientation, gender identity or expression, genetic information, religion, mental or physical disability, and military status in educational programs or activities.

Disclaimer:

This document contains references to Board Policies and other documents pertaining to the rules and regulations of the Washoe County School District. The District reserves the right to revise any of these documents during the course of the school year. For the current version of any of these documents, please check the District's website at www.washoeschools.net/Page/2903.

Revised: March 31, 2020

**WASHOE COUNTY SCHOOL DISTRICT
MIDDLE SCHOOL REGULAR SEASON AND OFF-SEASON
SPORT/CONDITIONING PARTICIPATION PERMIT**

**AGREEMENT TO OBEY INSTRUCTIONS, RELEASE, ASSUMPTION OF RISK AND
AGREEMENT TO HOLD HARMLESS IN ATHLETICS**

Instructions to Student and Parent/Guardian:

Please read both the STUDENT and PARENT/GUARDIAN provisions of this form. Sign, date and return this form.

STUDENT

I am aware playing or practicing to play/participate in any sport can be a dangerous activity involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play/participate in an off-season sport/conditioning program include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in a sporting activity, I recognize the importance of following coaches' instructions regarding playing techniques, training, and other team rules, etc., and agree to obey such instruction, this packet, policies and regulations.

In consideration of the Washoe County School District permitting me to participate in a regular season or off-season sport/conditioning program and to engage in all activities related to said program, I hereby assume all risk associated with participation and agree to indemnify, defend, and hold the Washoe County School District, its Trustees, employees, agents, representatives, coaches and volunteers harmless from any and all liability, actions, causes of action, debts, claims or demands of any kind and nature whatsoever which may arise by or in connection with my participation in a regular season or off-season sport/conditioning program.

I fully understand that participation in an off-season program does not guarantee me a position on a team and/or a place in the starting line-up. I have not been pressured by a coach to participate nor have I been informed that this off-season program is a requirement in order to be a member of said team.

The terms hereof shall serve as a release and assumption of risk for me, my heirs, estate, executor, administrator, assignees, and for all members of my family.

Signature of Student

Date

PARENT/LEGAL GUARDIAN

I affirm that I am the lawful parent/legal guardian of the previously mentioned student, _____ . I have read the student warning and release and understand its terms. I understand that all sports can involve **RISK OF INJURY**, those risks outlined in the **Student** section above. I also certify that my child/ward has no ailment or organic defect that would make participation in a sporting activity dangerous to his/her health.

In consideration of the Washoe County School District permitting my child/ward to participate in a regular season or off-season sport/conditioning program and to engage in all activities related to said program, I hereby expressly relieve, indemnify, save, and hold harmless the Washoe County School District, its Board of Trustees, and all its volunteers, agents or employees thereof from and against any and all liability or claims arising from injury or damage suffered or incurred by said child/ward as a result of the acts, omissions, or conduct of any person other than the negligence of the Washoe County School District while said child/ward is participating in this activity.

I further agree to assume the responsibility of seeing that my child/ward cooperates and conforms to the fullest extent with the directions and instructions of the individual(s) supervising my child/ward.

I understand it is my responsibility to carry and maintain medical insurance for my child/ward. In the case of an emergency and the parent/guardian cannot be reached, I hereby authorize the Washoe County School District or any of its employees, agents, representatives, instructors, coaches, or volunteers to obtain whatever medical treatment they deem necessary for the welfare of my child/ward. I further understand and agree that I will be financially responsible for all charges/fees incurred in the rendering of said treatment even if such charges/fees are not covered by medical insurance.

I fully understand that participation in an off-season program does not guarantee my child/ward a position on a team and/or a place in the starting line-up.

The terms hereof shall serve as a release for me, my heirs, estate, executor, administrator, assignees, and for all members of my family.

Signature of Parent/Guardian

Date

**WASHOE COUNTY SCHOOL DISTRICT
ATHLETIC EMERGENCY INFORMATION FORM**

Student's Name _____

Date of Birth _____

Parent/Guardian's Name _____

Address _____

Home Phone _____

Cellular Phone number(s) _____

Mother's Business Phone _____

Father's Business Phone _____

Two persons you recommend we call in the event you cannot be reached:

1. _____ Phone: _____

2. _____ Phone: _____

Preference of physicians: (Please include name, telephone number and address.)

1. _____
Name Phone Address

2. _____
Name Phone Address

Preference of Hospital: _____

Medical history and physical limitations or problems that should be known by the coach:

HEALTH/ACCIDENT INSURANCE: I understand my child/ward must be covered by health/accident insurance to participate in this athletic activity and it is solely my responsibility to ensure my child/ward is covered by health/accident insurance. By signing this form, I attest that my child/ward is covered by health/accident insurance.

As parent/legal guardian, I authorize and direct WCSD to obtain medical care for my child/ward in the event such care is necessary. I understand that, if possible, I will be contacted in the event my child/ward requires medical attention. I grant to a licensed health care provider or accredited hospital permission to perform any necessary medical and/or surgical procedures that are essential for the treatment of my child/ward and agree to be responsible for payment for such care. I release WCSD, its Board of Trustees, employees, volunteers and agents from any costs, damages, liability or loss resulting from the exercise of discretion in securing medical care for my child/ward.

Student Signature _____ Parent Signature _____

Date _____

Date _____

ORIGINAL
YELLOW
PINK

Office
Athletic Trainer
Coach – With Athletic Eligibility Clearance Form (must have both forms before athlete can participate)

**STUDENT TRAVEL (FIELD & ACTIVITY TRIP) PERMISSION &
WAIVER OF LIABILITY AND ASSUMPTION OF RISK**

Student Full Legal Name: _____

Nick Name: _____

Date of Birth: _____ Gender: ___ Female ___ Male

Medical Treatment Information for Medical Treatment

Allergies to Medications:	
Allergies (Other):	
Conditions for which the child is currently receiving treatment:	
Other significant medical information:	

I acknowledge that I have reviewed and understand all of the above, and I hereby consent and give permission for my child/ward to participate in this activity.

I hereby **consent** to allow my child/ward (name), _____, to participate in this field/activity trip and I acknowledge that I have reviewed and understand the above.

OR

I hereby **decline** to allow my child/ward (name), _____, to participate in this field/activity trip.

Date

Parent/Guardian Name (Please Print)

Parent/Guardian Signature

STUDENT TRAVEL (FIELD & ACTIVITY TRIP) PERMISSION &
WAIVER OF LIABILITY AND ASSUMPTION OF RISK

I hereby acknowledge that I am the lawful parent or legal guardian of (student name)

_____.

On _____ . (school/dept/class)_____ will be participating in a field/activity trip to _____ . Transportation to the field/activity trip will be provided by (school bus/charter bus/approved driver in private vehicle/foot, etc.) _____.

I hereby expressly relieve, indemnify, save, hold harmless, and agree to defend the Washoe County School District, its Board of Trustees, and all its volunteers, agents or employees thereof from and against any and all liability or claims arising from injury or damage, including property loss or damage, suffered or incurred by my child/ward as a result of the acts, omissions, or conduct of any person, including an employee, trustee, volunteer and/or agent of the Washoe County School District and assume all risk associated with participating in this activity.

I understand that this activity can involve risk of injury including but not limited to neck and spinal injuries, and injury to bones, joints, ligaments, muscles, and tendons. I also certify that my child/ward has no ailment or organic defect that would make participation in this activity dangerous to his/her health.

I further agree to assume the responsibility of seeing that my child/ward cooperates and conforms to the fullest extent with the directions and instructions of the individual(s) supervising my child/ward.

I understand it is my responsibility to carry and maintain medical insurance for my child/ward. In the case of an emergency and the parent/guardian cannot be reached, I hereby authorize the Washoe County School District or any of its employees, agents, representatives, instructors, coaches, or volunteers to obtain whatever medical treatment they deem necessary for the welfare of my child/ward. If the injury or illness is life threatening or my student is in need of emergency treatment, I authorize the District or any of its employees, agents, representatives, instructors, coaches, or volunteers to summon any and all professional emergency personnel to attend, transport, and treat the student. I further understand and agree that I will be financially responsible for all charges/fees incurred in the rendering of said treatment even if such charges/fees are not covered by medical insurance.

v2, 10/10/2016

Administrative Form 5308 Student Travel Permission Form and Waiver of
Liability/Assumption of Risk

WASHOE COUNTY SCHOOL DISTRICT OFFICE OF ACTIVITIES AND ATHLETICS
MIDDLE SCHOOL PARENT/GUARDIAN SPORTSMANSHIP EXPECTATIONS:

Instructions to the Student and Parent/Guardian:

Parent/Guardian please read expectations and provisions of this form. Sign, date and return form.

Parents/Legal Guardian:

Parents/Legal guardians and family members of student-athletics participating in sports at the middle school level are representatives of the school while watching their student-athlete participate. These expectations listed below are for all games or events home and away. Following these expectations will make the viewing of this event and athletic participation a positive one.

- To provide a positive support, care and encouragement to your child, and his/her team, coaches and school.
- To provide positive support and encouragement to the visiting team, their coaches and school.
- Maintain positive behavior and attitude at all athletic contest.
- Respect the position and professionalism of the game officials.
- Refrain from using foul or unnecessary language during and/or after the athletic contest.
- Refrain from making derogatory remarks/comments towards players, coaches, other parents, school representatives or officials.
- Refrain from yelling criticism at your child and his/her coach or team.
- As an involved parents/legal guardian make sure to attend all pre-season meeting to meet the coach and:
 - Review coaches expectations of his players
 - Review team rules and requirements with your son/daughter
 - Location of practice times and schedules
 - Game Schedule
 - Contact information
 - Cost and Fundraising Activities

Signature of Parent/Guardian

Child's Name

Date:

STUDENT ELIGIBILITY

1. All middle school students will be able to try out for a middle school sports program regardless of their previous or current grades.
*The grade check may be used for the final cut.
2. In order to participate in contests (including scrimmages with other schools) students must meet both of the following criteria.
 - a. Establish a 2.0 GPA in both academics and citizenship.
 - b. Have no F's in academics and/or citizenship.
 - c. If a student athlete is deemed ineligible during a grade check, he/she will not be allowed to participate in (1) athletic contest. After completion of the 1 game suspension, another grade check will determine further participation.
3. Grades will be checked by the Friday before the first week of scheduled contests.
4. Once the above criteria is met, students will have a grade check a minimum of every two weeks from the Friday of the initial grade check through the completion of the season.
5. *If an athlete becomes ineligible on Friday they are ineligible for **one game**. When the athlete becomes ineligible on Friday they are ineligible for the next game. If they bring up their grade by next game they regain eligibility.*
6. Grades can be checked more frequently than every two week to **re-establish a student's eligibility**.
7. The 2.0 GPA grade check for academics and citizenship and the check for no F's in academics and/or citizenship is not a cumulative check. It is a measure of the student's performance over the last two-week period of time.
8. A middle school athlete may only participate in four (4) consecutive semesters, beginning the first semester of their 7th grade year.
9. A first semester 9th grade pupil will be eligible for athletic competition and follow all other Washoe County School District and NIAA regulations.
10. A student must be in school a minimum of 220 minutes the day of participation whether it is practice, games, or team photos. (Admin Regulation 5134.2)

6th graders – At this time 6th graders are not allowed to compete in Middle School Sports but can participate in practice.

1. They can participate in Practice Only-(no matches, games or meets) and only the sports where we have no cuts (XC, wrestling, track, soccer). Admin and coaches have the final say whether the coach has room.
2. All forms are required for them to participate
3. Wrestling – make sure 6th grader is only wrestling against 6th graders and in the correct weight class.

Private Schools – No private school students can participate

Pursuant to Nevada Interscholastic Activities Association (NIAA) regulations, Nevada Administrative Code 386.792, and Nevada Revised Statute 386.430, a pupil who attends a private school that does not offer a sanctioned sport is not eligible to participate in that sanctioned sport at his or her school of residence.

Charter Schools – Can participate at their zoned school only.

Home Schooled Students – Can participated at their zoned school only after they meet the following criteria:

1. The parent will have to turn in the “Home School Notice of Intent to Homeschool” form to the Extended Studies office. When they show up at your school they should be able to produce a receipt from the Supplemental Credit office that they have turned it in.
2. The parent will also need to produce a “Notice of Intent of a Homeschooled Child to Participate in Programs and Activities” form. This must be filled out each year of participation.
3. The parent will need to produce a birth certificate.
4. All Athletic forms will need to be completed just as it is for any other student athlete that attends that school.

These regulations are subject to change.

EXPECTATIONS OF ATHLETES

General Guidelines

1. To meet all academic and citizenship eligibility requirements.
2. To demonstrate good citizenship in both the school and community.
3. To maintain excellent physical condition throughout the season.
4. To follow the coaches’ instruction as to diet, rest, and sleep.
5. To report all injuries to the coach.
6. To avoid the use of alcohol, drugs, and tobacco.
7. To attend school and classes on time.
8. To care for their equipment and return all equipment at the end of the season.
9. To have all participation documents filed with the Athletic Department on time.
10. To respect the rules of the contests and those who administer them.

Athletes who cannot live up to these general standards or additional ones in each sport are subject to disciplinary action. This could mean temporary or permanent suspension from the team.

Classroom Assignments

Athletics should never be used as an excuse to avoid responsibilities to classroom assignments. Participation in athletics is a privilege. **Athletes must attend a minimum school day the day of an activity to participate in that activity. This includes games as well as practices. It is the belief of the Washoe County School District that if a student athlete is too ill to attend school, he/she should not be allowed to practice or compete on that day. Special exceptions to this rule will be made by the principal and/or athletic administrator at the school site.**

VIOLATION OF TRAINING RULES MANDATORY PENALTIES

A. Use of Tobacco

Any student/athlete guilty of using or being in possession of tobacco (i.e., smoking, chewing, snuff) at any time during a sport season they are participating in, whether on campus during regular school hours, after regular school hours, at any academic intramural or interscholastic activity, or at any other location or time, will be subject to the following discipline:

1. Upon a first violation, suspension from participation in the next scheduled interscholastic contest following the violation.
2. Upon a second violation, suspension from the team and all athletic participation for the remainder of the season.

B. Alcohol/Controlled Substance/Narcotics Occurring On Campus

Any student guilty of using or being in possession of an alcoholic beverage, a controlled substance, and/or narcotics at any time, whether on campus during regular school hours or at any academic, intramural, or interscholastic activity will be subject to the following discipline. Records will be kept for grades 7 through 12.

First Violation

1. Parents come to school and remove student.
2. Student is suspended for ten (10) days of which eight (8) are waived if the student attends the Substance Abuse Intervention Program. A student will not practice during the period of suspension.
3. Six (6) week ineligibility from all activities. Four (4) weeks of the ineligibility may be waived if the student participates in all sessions of the Substance Abuse Intervention Program. A student may practice during this period if approved by the coach and principal.

Second Violation

1. Parent/administrator conference.
2. Student is suspended for ten (10) days (no practice) of which five (5) are waived if the student meets the following requirements:
 - a. Chemical assessment – parent/guardian expense, unless otherwise waived.
 - b. Minimum of eight (8) alcohol/drug related support sessions.
 - c. Parent conference following above sessions.
3. Ten (10) week ineligibility from all activities. Four (4) weeks of the ineligibility may be waived if the student participates in all sessions of the Substance Abuse Intervention Program. A student may practice with the approval of the coach and principal.

Third Violation

1. Parent/administrator conference.
2. Placed on emergency suspension not to exceed ten (10) school days (no practice).
3. Chemical assessment at the expense of parent/guardian during the ten (10) school days of suspension.
4. Minimum of ten (10) alcohol/drug related support sessions during the ten (10) school days of suspension.
5. Parent/student/administrator conference.
6. Indefinite ineligibility. Minimum ninety (90) school days if the above is not followed. Eligibility will be determined from a parent, principal, substance abuse program coordinator, athletic director, and coach conference. A student may practice after ninety (90) school days with the approval of this group.

C. Alcohol/Controlled Substance/Narcotics Violations Occurring Off Campus

Any student/athlete guilty of using or being in possession of an alcoholic beverage, a controlled substance and/or narcotics while off campus, at any time during a sport season in which they are a participant, will be subject to the following discipline. Violations will be cumulative for grades 9 through 12.

First Violation

1. Six (6) week ineligibility from all activities. Four (4) weeks of this ineligibility may be waived if the student participates in all sessions of the Substance Abuse Intervention Program. A student may practice during this period if approved by the coach and principal.

Second Violation

1. Parent/administrator conference.
2. Ten (10) week ineligibility from all activities. Four (4) weeks of this ineligibility may be waived if the student participates in all sessions of the Substance Abuse Intervention Program. A student may practice with the approval of the coach and principal.

Third Violation

1. Parent/administrator conference.
2. Placed on emergency suspension not to exceed ten (10) school days (no practice).
3. Chemical assessment at the expense of parent/guardian during the ten (10) school days of suspension.
4. Minimum of ten (10) alcohol/drug related support sessions during the ten (10) school days of suspension.
5. Parent/student/administrator conference.
6. Indefinite ineligibility. Minimum ninety (90) school days if the above is not followed. Eligibility will be determined from a parent, principal, substance abuse program coordinator, athletic director, and coach conference. A student may practice after (90) school days with the approval of this group.

D. Additional Considerations for Eligibility Purposes

1. If a student, parent, or legal guardian approaches a coach, teacher, counselor, or administrator about a non-school related chemical incident, the coach, teacher, counselor or administrator may discuss this situation with the athlete involved without affecting his eligibility. The coach, teacher, counselor, or administrator must inform the athlete involved and his/her parent or legal guardian that this type of discussion can occur only one time without penalty.
2. Ineligibility begins at the time of school suspension. Monday through Sunday constitutes a normal week of ineligibility.
3. If an offense occurs during a vacation (i.e. Christmas or spring), ineligibility would begin immediately. For ineligibility to be officially in effect over a vacation period, a student must miss the same number of contests as he/she would miss in a normal week of school activity.
4. A student who misses an intervention session will retain his ineligibility status on a week-to-week basis.
5. Any student who does not complete the athletic season in good standing will not receive an athletic award.
6. Any non-alcohol/substance abuse violation will be handled in accordance with administration regulations.

WASHOE COUNTY SCHOOL DISTRICT HAZING POLICY

Student / Parent Agreement Concerning Hazing

The Washoe County School District supports only those athletic activities which are constructive, educational, inspirational, and that contribute to the personal development of student/athletes. The Washoe County School District unequivocally opposes any situation created intentionally to produce mental or physical discomfort, embarrassment or ridicule.

Definition

Hazing is a broad term that encompasses any intentional action or activity which does not contribute to the positive development of a student/athlete; which inflicts or intends to cause physical or mental harm or anxieties; which may demean, degrade or disgrace any person regardless of location, intent or consent of participants; any action or situation which intentionally or unintentionally endangers a student for admission or affiliation with any athletic team or other school organization. Additionally, hazing can include any exaggerated or excessive teasing. Any requirements by a student which compels another student to participate in any hazing activity which is against this Washoe County School District policy or state/federal law will be defined as hazing. The fact that a hazing victim may seem willing or may even agree to participate in some form of personal embarrassment or physical/mental danger does not change or lighten the responsibility of the one who is doing the hazing. Any person who knowingly witnesses or fails to report knowledge of any incidents of hazing may be considered to be a participant in the hazing.

Actions and activities which are prohibited include, but are not limited to, the following:

- Any type of initiation or other activity where there is an expectation of individuals joining a particular team to participate in behavior designed to humiliate, degrade, or abuse the student/athlete regardless of the person's willingness to participate.
- Any requirement or pressure put on an individual to participate in any activity which is illegal, perverse, or publicly indecent, contrary to his/her genuine moral and/or beliefs, e.g. lewd conduct or public profanity.
- Any activity or action that creates a risk to the health, safety, or property of the Washoe County School District or any member of its surrounding community.
- Expecting or pressuring individuals to participate in an activity in which the full membership is not willing to participate in.
- Forcing, encouraging, or pressuring someone to wear in public apparel which is conspicuous and not in accordance with the WCSD dress code policy or what is not generally considered to be in good taste.
- Assigning or endorsing "pranks" such as stealing or the harassment of another organization.
- Degrading or humiliating games or activities that makes the member the object of amusement, ridicule or intimidation.
- Subjecting a member to cruel and unusual psychological conditions.

I have been given an opportunity to read and understand this policy and understand the following:

I agree and promise not to participate in any activity deemed to be hazing. I have read the examples of hazing as described in the Washoe County School District Hazing Policy.

This policy/regulation shall be in effect from the time a student athlete first participates in a NIAA sanctioned sport and shall remain in effect until the student graduates from high school.

If, after an investigation by the school, it is determined that the student/athlete is in violation of this policy, the student/athlete will be referred to the W.C.S.D. Coordinator of Student Activities in the Student Activities Office. The student/athlete will be subject to disciplinary action/procedures of the W.C.S.D. which may include suspension from his/her activity or sport.

CONCUSSION MANAGEMENT

Prevention and Treatment of Injuries to the Head

The intent of the Washoe County School District's Concussion Management Program is to reduce the risk of injury to a student due to a concussion. The program allows a provider of health care to determine when an athlete should continue athletic participation after suffering a concussion or head injury. This may reduce the likelihood of "Second Impact Syndrome", which can lead to serious or permanent head injury or death.

If a student suffers a concussion or head injury, the student must be immediately removed from the competitive sport; and may only return to the competitive sport if the parent or legal guardian of the student provides a signed statement of a provider of health care indicating that the student is medically cleared for participation in the competitive sport and the date on which the pupil may return to the competitive sport.