



INCLINE ELEMENTARY BREAKFAST MENU

NOVEMBER 2020

02 APPLE FRUDEL ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK	03 ELECTION DAY NO SCHOOL	04 TURKEY SAUSAGE PANCAKE WRAP ▲ ▲ ASSORTED CEREALS* FRESH FRUIT CUP ASSORTED MILK	05 MINI MAPLE WAFFLES ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	06 STRAWBERRY PANCAKES ▲ ASSORTED CEREALS* FRESH ORANGE ASSORTED MILK
09 BREAKFAST BURRITO ▲ ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK	10 BERRY FRENCH TOAST ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	11 VETERANS DAY NO SCHOOL	12 APPLE-CINN. MUFFIN ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	13 APPLE FRUDEL ▲ ASSORTED CEREALS* MIXED FRUIT ASSORTED MILK
16 MINI MAPLE WAFFLES ▲ GRAHAM CRACKERS ASSORTED CEREALS* FRESH APPLE ASSORTED MILK	17 CINNAMON FRENCH TOAST STICKS ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	18 BANANA MUFFIN ▲ JUNGLE CRACKERS ASSORTED CEREALS* FRESH FRUIT CUP ASSORTED MILK	19 OATMEAL CHOCOLATE CHIP BENEFIT BAR ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	20 BREAKFAST BURRITO ▲ ▲ ASSORTED CEREALS* FRESH ORANGE ASSORTED MILK
23 MAPLE PANCAKES ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK	24 BERRY FRENCH TOAST ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	25 THANKSGIVING NO SCHOOL	26 THANKSGIVING NO SCHOOL	27 THANKSGIVING NO SCHOOL

30 APPLE FRUDEL ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK

SCHOOL MEAL APPLICATIONS

Have you filled out your student's meal application? Even though **all meals are currently free**, it's still worth getting your application in if/when regulations change. Completing the application is quick and easy, and even if you're not sure if you'd qualify, it doesn't hurt to apply! More info below:

www.rocket.WashoeSchools.net

THERE'S AN APP FOR MENUS!

Visit the website below for the online menu, where you can create profiles, use our nutrition calculator, set dietary preferences, access MySchoolBucks and our online meal application, and more! Or, scan the QR code with your phone to Access everything from your phone!

www.schools.MealViewer.com/school/WashoeCountyElementarySchools

WHAT MAKES A REIMBURSABLE MEAL?

Students must select a minimum of three components, at least one of which must be a fruit. Use the color-coded symbols to identify the meal components and help you select a balanced meal.

▲ MEAT/MEAT ALTERNATIVE ▲ GRAIN ▲ VEGETABLE ▲ FRUIT ▲ MILK

For more information on nutrition requirements, please visit www.WashoeSchools.net.

MEAL PRICES

STUDENT BREAKFAST: FREE
 BREAKFAST ENTRÉE: \$1.50
 ADULT BREAKFAST: \$2.00

This institution is an equal opportunity provider.
 Menu subject to change without notice.
 *Item offered with Animal Crackers

NUTRITION INFORMATION

We offer a daily rotation of vitamin-rich fruits, vegetables and assorted milk. Grain choices include nutrient-dense whole grain breads, pastas, tortillas and snacks. All items are whole grain and low sodium. Please visit www.WashoeSchools.net for nutrition details.

