



# WCSD ELEMENTARY LUNCH MENU

NOVEMBER 2020

**02**

CRISPY CHICKEN TENDERS ▲▲  
 FRENCH BREAD PIZZA ▲▲▲  
 TURKEY/CHEESE SUB ▲▲▲

BABY CARROTS, APPLESAUCE,  
 ASSORTED MILK

**03**

**ELECTION DAY  
 NO SCHOOL**

**04**

POPCORN CHICKEN ▲▲▲  
 CHICKEN DRUMMY ▲▲▲  
 HAM/CHEESE SUB ▲▲▲

BAKED BEANS, KIWI-  
 STRAWBERRY SLUSH, FRESH  
 BANANA, ASSORTED MILK

**05**

CHICKEN PARMESAN SUB ▲▲▲  
 CHEESE QUESADILLA ▲▲▲  
 HAM/CHEESE SUB ▲▲▲

TATER TOTS, BABY CARROTS,  
 DICED PEACHES, ASST. MILK

**06**

CHICKEN NUGGETS ▲▲▲  
 CHEESE PIZZA ▲▲▲  
 ITALIAN SUB\*\* ▲▲▲

FRESH BROCCOLI, SEASONAL  
 FRESH FRUIT, ASSORTED MILK

**09**

BEAN & CHEESE BURRITO ▲▲▲  
 CHEESEBURGER ▲▲▲  
 TURKEY/CHEESE SUB ▲▲▲

BABY CARROTS, DICED  
 PEARS, ASSORTED MILK

**10**

MAC & CHEESE W/  
 CHICKEN NUGGETS ▲▲▲  
 HOT DOG ▲▲▲  
 TURKEY/CHEESE SUB ▲▲▲

KICKIN' PINTO BEANS, FRESH  
 APPLE, ASSORTED MILK

**11**

**VETERANS DAY  
 NO SCHOOL**

**12**

CHICKEN NUGGETS ▲▲▲  
 CHEESE QUESADILLA ▲▲▲  
 HAM/CHEESE SUB ▲▲▲

SWEET CORN, FRESH APPLE  
 SLICES, ASSORTED MILK

**13**

CHICKEN & WAFFLES ▲▲▲  
 PEPPERONI PIZZA ▲▲▲  
 ITALIAN SUB\*\* ▲▲▲

FRESH BROCCOLI, SEASONAL  
 FRESH FRUIT, ASSORTED MILK

**16**

PIZZA SNACKABLE ▲▲▲  
 GRILLED CHEESE SNOWCH ▲▲▲  
 TURKEY/CHEESE SUB ▲▲▲

BABY CARROTS, DICED PEACHES,  
 STRING CHEESE, ASSORTED MILK

**17**

FRENCH BREAD PIZZA ▲▲▲  
 CHICKEN ENCHILADA ▲▲▲  
 TURKEY/CHEESE SUB ▲▲▲

SWEET GOLDEN CORN, FRESH  
 APPLE, ASSORTED MILK

**18**

FRENCH TOAST & SAUSAGE ▲▲▲  
 CHALUPA ▲▲▲  
 HAM/CHEESE SUB ▲▲▲

GREEN PEAS, FRESH BANANA,  
 ASSORTED MILK

**19**

CHEESEBURGER ▲▲▲  
 CHILI W/ CHIPS ▲▲▲  
 HAM/CHEESE SUB ▲▲▲

TATER TOTS, APPLE JUICE,  
 ASSORTED MILK

**20**

CHICKEN DRUMMY ▲▲▲  
 CHEESE PIZZA ▲▲▲  
 ITALIAN SUB\*\* ▲▲▲

FRESH BROCCOLI SEASONAL  
 FRESH FRUIT, ROLL, ASST. MILK

**23**

CHICKEN PATTY ▲▲▲  
 CHEESE QUESADILLA ▲▲▲  
 TURKEY/CHEESE SUB ▲▲▲

BABY CARROTS, MIXED FRUIT,  
 ASSORTED MILK

**24**

MEATBALL PENNE ▲▲▲  
 CHEESEBURGER ▲▲▲  
 TURKEY/CHEESE SUB ▲▲▲

CORN & PEA SUCCOTASH,  
 DICED PEARS, ASSORTED MILK

**25**

**THANKSGIVING  
 NO SCHOOL**

**26**

**THANKSGIVING  
 NO SCHOOL**

**27**

**THANKSGIVING  
 NO SCHOOL**

**30**

HOT DOG ▲▲▲  
 PEPPERONI PIZZA ▲▲▲  
 TURKEY/CHEESE SUB ▲▲▲

BABY CARROTS, APPLESAUCE,  
 ASSORTED MILK

**MENU ITEM AVAILABILITY NOTICE**

Menus are subject to change, and based on availability or school service preferences, certain items may not be offered, and/or not all items will be served every day. Please contact your student's school for more specific menu availability.

**SCHOOL MEAL APPLICATIONS**

Have you filled out your student's meal application? Even though **all meals are currently free**, it's still worth getting your application in if/when regulations change. Completing the application is quick and easy, and even if you're not sure if you'd qualify, it doesn't hurt to apply! More info below:

[www.rocket.WashoeSchools.net](http://www.rocket.WashoeSchools.net)

**WHAT MAKES A REIMBURSABLE MEAL?**

Students must select a minimum of three components, at least one of which must be a fruit or vegetable. Please use the color-coded symbols to identify the meal components and help you select a balanced meal.

▲ MEAT/MEAT ALTERNATIVE ▲ GRAIN ▲ VEGETABLE ▲ FRUIT ▲ MILK

For more information on nutrition requirements, please visit [www.WashoeSchools.net](http://www.WashoeSchools.net).

**MEAL PRICES**

STUDENT LUNCH:	FREE
LUNCH ENTRÉE:	\$2.25
ADULT LUNCH:	\$3.75

**MY SCHOOL BUCKS**

This institution is an equal opportunity provider.  
 Menu subject to change without notice.  
 \*Item offered with roll/mini pretzel \*\*Item contains pork

**NUTRITION INFORMATION**  
 We offer a daily rotation of vitamin-rich fruits, vegetables and assorted milk. Grain choices include nutrient-dense whole grain breads, pastas, tortillas and snacks. All items are whole grain and low sodium. Please visit [www.WashoeSchools.net](http://www.WashoeSchools.net) for nutrition details.

