



WCSD ELEMENTARY BREAKFAST MENU

NOVEMBER 2020

02 BREAKFAST BURRITO ▲ ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK	03 ELECTION DAY NO SCHOOL	04 STRAWBERRY PANCAKES ▲ ASSORTED CEREALS* CINNAMON APPLESAUCE ASSORTED MILK	05 APPLE-CINN. MUFFIN ▲ JUNGLE CRACKERS ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	06 APPLE FRUDEL ▲ ASSORTED CEREALS* MIXED FRUIT ASSORTED MILK
09 MINI MAPLE WAFFLES ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK	10 CINNAMON FRENCH TOAST STICKS ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	11 VETERANS DAY NO SCHOOL	12 OATMEAL CHOCOLATE CHIP BENEFIT BAR ▲ ASSORTED CEREALS* MIXED FRUIT ASSORTED MILK	13 BREAKFAST BURRITO ▲ ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK
16 MAPLE PANCAKES ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK	17 BERRY FRENCH TOAST ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	18 BLUEBERRY MUFFIN ▲ JUNGLE CRACKERS ASSORTED CEREALS* MIXED FRUIT ASSORTED MILK	19 APPLE BLUEBERRY BAR ▲ ASSORTED CEREALS* FRESH BANANA ASSORTED MILK	20 MINI STRAWBERRY CREAM CHEESE BAGELS ▲ ASSORTED CEREALS* MIXED FRUIT ASSORTED MILK
23 APPLE FRUDEL ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK	24 CHOCOCHIP MUFFIN ▲ JUNGLE CRACKERS ASSORTED CEREALS* ROSY APPLESAUCE ASSORTED MILK	25 THANKSGIVING NO SCHOOL	26 THANKSGIVING NO SCHOOL	27 THANKSGIVING NO SCHOOL

30 BREAKFAST BURRITO ▲ ▲ ASSORTED CEREALS* FRESH APPLE ASSORTED MILK
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SCHOOL MEAL APPLICATIONS

Have you filled out your student's meal application? Even though **all meals are currently free**, it's still worth getting your application in if/when regulations change. Completing the application is quick and easy, and even if you're not sure if you'd qualify, it doesn't hurt to apply! More info below:

www.rocket.WashoeSchools.net

THERE'S AN APP FOR MENUS!

Visit the website below for the online menu, where you can create profiles, use our nutrition calculator, set dietary preferences, access MySchoolBucks and our online meal application, and more! Or, scan the QR code with your phone to Access everything from your phone!

www.schools.MealViewer.com/school/WashoeCountyElementarySchools

WHAT MAKES A REIMBURSABLE MEAL?

Students must select a minimum of three components, at least one of which must be a fruit. Use the color-coded symbols to identify the meal components and help you select a balanced meal.

▲ MEAT/MEAT ALTERNATIVE ▲ GRAIN ▲ VEGETABLE ▲ FRUIT ▲ MILK

For more information on nutrition requirements, please visit www.WashoeSchools.net.

MEAL PRICES

STUDENT BREAKFAST:	FREE
BREAKFAST ENTRÉE:	\$1.50
ADULT BREAKFAST:	\$2.00

MY SCHOOL BUCKS