



# WCSD ELEMENTARY LUNCH MENU

AUGUST 2020

03 <b>SUMMER BREAK NO SCHOOL</b>	04 <b>SUMMER BREAK NO SCHOOL</b>	05 <b>SUMMER BREAK NO SCHOOL</b>	06 <b>SUMMER BREAK NO SCHOOL</b>	07 <b>SUMMER BREAK NO SCHOOL</b>	
10 <b>SUMMER BREAK NO SCHOOL</b>	11 <b>SUMMER BREAK NO SCHOOL</b>	12 <b>SUMMER BREAK NO SCHOOL</b>	13 <b>SUMMER BREAK NO SCHOOL</b>	14 <b>SUMMER BREAK NO SCHOOL</b>	
17 HOT DOG ▲▲ GRILLED CHEESE SNOWCH ▲▲ HAM/CHEESE SUB ▲▲ BABY CARROTS, APPLESAUCE, ASSORTED MILK	18 CHICKEN ENCHILADA ▲▲ CORN DOG ▲▲ HAM/CHEESE SUB ▲▲ GREEN PEAS, DICED PEACHES, ASSORTED MILK	19 CHICKEN NUGGETS ▲▲ CHALUPA ▲▲ TURKEY/CHEESE SUB ▲▲ SWEET CORN, FRESH BANANA, ASSORTED MILK	20 CHILI W/ CHIPS ▲▲ HAM & CHEESE MELT ▲▲ TURKEY/CHEESE SUB ▲▲ GREEN BEANS, APPLE JUICE, ASSORTED MILK	21 PEPPERONI PIZZA ▲▲ PRETZEL SNACKABLE ▲▲ ITALIAN SUB** ▲▲ CELERY STICKS, FRESH FRUIT CUP, ASSORTED MILK	
24 CRISPY CHICKEN TENDERS* ▲▲ FRENCH BREAD PIZZA ▲▲ TURKEY/CHEESE SUB ▲▲ BABY CARROTS, MIXED FRUIT, ROLL, ASSORTED MILK	25 BEEF TACOS ▲▲ GRILLED CHEESE SNOWCH ▲▲ TURKEY/CHEESE SUB ▲▲ CORN & PEA SUCCOTASH, FRESH APPLE, ASSORTED MILK	26 POPCORN CHICKEN ▲▲ CHICKEN DRUMMY ▲▲ HAM/CHEESE SUB ▲▲ GREEN PEAS, KIWI-STRAWBERRY SLUSHY, FRESH BANANA, GRAHAM CRACKERS, MILK	27 CHICKEN PATTY SNOWCH ▲▲ CHEESE QUESADILLA ▲▲ HAM/CHEESE SUB ▲▲ TATER TOTS, BABY CARROTS, APPLESAUCE, ASSORTED MILK	28 ORANGE CHICKEN & RICE ▲▲ CHEESE PIZZA ▲▲ ITALIAN SUB** ▲▲ CELERY STICKS, FRESH FRUIT CUP, ASSORTED MILK	
31 CHEESEBURGER ▲▲ BEAN & CHEESE BURRITO ▲▲ TURKEY/CHEESE SUB ▲▲ BABY CARROTS, FRESH ORANGE, ASSORTED MILK	<b>MENU AVAILABILITY NOTICE</b> Menus are subject to change, and based on availability or school service preferences, certain items may not be offered, and/or not all items will be served every day. For more information, please contact your school or the Nutrition Services Department at 775.325.8410			<b>SCHOOL MEAL APPS</b> Have you filled out a meal app for your student? If qualified, your student will receive daily free meals. Even if you're not sure you'd qualify, it doesn't hurt to apply! For more info or to apply online, visit the link: <a href="http://ROCKET.WASHOESCHOOLS.NET">ROCKET.WASHOESCHOOLS.NET</a>	<b>JOIN OUR TEAM!</b> Interested in working part-time in our cafeterias, while your children are in school, in a fun environment? Then work for Nutrition Services! A variety of locations are available. Visit the link for more info and to apply: <a href="http://WASHOESCHOOLS.NET/EMPLOYMENT">WASHOESCHOOLS.NET/EMPLOYMENT</a>

### WHAT MAKES A REIMBURSABLE MEAL?

Students must select a minimum of three components, at least one of which must be a fruit or vegetable. Please use the color-coded symbols to identify the meal components and help you select a balanced meal.

▲ MEAT/MEAT ALTERNATIVE ▲ GRAIN ▲ VEGETABLE ▲ FRUIT ▲ MILK

For more information on nutrition requirements, please visit [www.WashoeSchools.net](http://www.WashoeSchools.net).

### MEAL PRICES

STUDENT LUNCH: \$2.90  
LUNCH ENTRÉE: \$2.25  
ADULT LUNCH: \$3.75



This institution is an equal opportunity provider.

Menu subject to change without notice.

\*Item offered with roll/mini pretzel \*\*Item contains pork

### NUTRITION INFORMATION

We offer a daily rotation of vitamin-rich fruits, vegetables and assorted milk. Grain choices include nutrient-dense whole grain breads, pastas, tortillas and snacks. All items are whole grain and low sodium. Please visit [www.WashoeSchools.net](http://www.WashoeSchools.net) for nutrition details.

