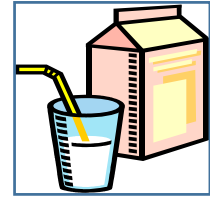




Name: _____

My Healthy Breakfast Plate

1. Circle foods from at least 3 of the 5 food groups to help build a healthy breakfast.



2. Using the foods you circled, draw your healthy breakfast below.

