

Whole Grain Trivia ANSWER KEY

1. lawshinrgoe- is **whole-grains**.
2. osmdrneep is **endosperm**.
3. ateaolm is **oatmeal**.
4. bran is **bran**.
5. ceaelr is **cereal**.
6. wtaeh is **wheat**
7. megr is **germ**.
8. bworn eirc is **brown rice**.
9. drabe is **bread**.
10. atspa is **pasta**.
11. iberf is **fiber**.

Secret Message: Eat half of grains as whole grain!