



WASHOE COUNTY SCHOOL DISTRICT STUDENT WELLNESS ADVISORY COMMITTEE

Wednesday, March 21, 2018 at 5:45 p.m.
WCSD Administration Building,
425 E. 9th Street, East Conference Room
Reno, Nevada 89512

AGENDA

1. OPENING ITEMS

- 1.01 Call to Order - 5:45 P.M., WCSD Administration Building, 425 East 9th Street, Board Room, Reno, Nevada 89512
- 1.02 Roll Call
- 1.03 Public Comment - Comments from the public are invited at this time on topics not specifically addressed elsewhere in the agenda. A "Citizen's Request to Speak" card should be filled out and submitted to the Recording Secretary before speaking during the Public Comment section. All persons are limited to 3 minutes per item. In accordance with Open Meeting Law and on the advice of legal counsel, the public body is discouraged from discussing and precluded from deliberating and/or acting on items raised by Public Comment which are not already on the agenda. The public body may impose reasonable content-neutral restrictions on public comment such as willfully disruptive comments that are irrelevant, repetitious, slanderous, offensive, inflammatory, irrational, or amounting to personal attacks or interfering with the rights of other speakers. Correspondence or written materials submitted for public comment by the general public shall be attached to the minutes of the meeting.
- 1.04 Action to Adopt the Agenda (For Possible Action) – Items on this agenda may be taken out of order; the Public Body may combine two or more agenda items for consideration; and the Public Body may remove an item from the agenda or delay discussion relating to an item on the agenda at any time.

2. DISCUSSION, PRESENTATION AND ACTION ITEMS (Public comment: any individual may address the public body concerning any item listed below. A completed "Citizen's Right to Speak" card must be submitted to the public body at the meeting. During the discussion of each item on the agenda, the Chair will invite the individual to come forward to speak. Individuals are limited to three minutes per item.)

- 2.01 DISCUSSION AND POSSIBLE ACTION TO SELECT A COMMITTEE CHAIR FOR THE REMAINDER OF THE 2017-18 SCHOOL YEAR AND THE 2018-19 SCHOOL YEAR ENDING JUNE 30, 2019 FROM CURRENT MEMBERSHIP: STEVEN SHANE, WARREN LEE, CARRIE LAMBOURNE, CATHERINE POLLEY, ANNA KANAROWSKI, STEPHEN WIGGS, FRED WRIGHT, CINDY RAINSDON, ALISON SIMCOX, SUE EGLOFF, AND PATRICIA CARROLL (FOR POSSIBLE ACTION)
- 2.02 APPROVAL OF THE MINUTES OF THE MEETING OF THE STUDENT WELLNESS ADVISORY COMMITTEE OF NOVEMBER 15, 2017 (FOR POSSIBLE ACTION)

- 2.03 DISCUSSION AND POSSIBLE ACTION TO RECOMMEND THE SUPERINTENDENT APPROVE CHANGES TO THE COMMITTEE BYLAWS, TO INCLUDE UPDATING REFERENCES TO THE ANNUAL MEETING SCHEDULE AND THE APPLICATION AND SELECTION PROCESS TO FILL VACANT POSITIONS (FOR POSSIBLE ACTION)
- 2.04 DISCUSSION OF PROPOSED CHANGES TO ADMINISTRATIVE REGULATION 5600, STUDENT WELLNESS (FOR DISCUSSION ONLY)
- 2.05 PRESENTATION OF PROGRESS TOWARD 2017-18 STUDENT WELLNESS GOALS: Wellness Goal 1 - Nutrition Promotion and Education, "provide education at school sites and in the community on "Smart Snack Standards" to increase understanding among teachers, students and parents;" Wellness Goal 2 - Physical Activity – develop and implement a site plan at each school that provides the opportunity for all students to participate in thirty (30) minutes of daily, moderate to vigorous physical activity; and, Wellness Goal 3 - School Based Activities that Promote Student Wellness, "in each school, document activities that are already occurring that promote student wellness, as well as develop and pilot a system for collecting information annually" (FOR DISCUSSION ONLY)
- 2.06 COMMUNITY PRESENTATION ON UPCOMING NEVADA DEPARTMENT OF AGRICULTURE (NDA) WELLNESS CONFERENCE FOR WASHOE COUNTY SCHOOL DISTRICT (FOR DISCUSSION ONLY)

3. CLOSING ITEMS

- 3.01 Announcement of Next Meeting: May 16, 2018, WCSD Administration Building, 425 East 9th Street, Board Room, Reno, Nevada 89512 at 5:45 p.m.
- 3.02 Public Comment - Comments from the public are invited at this time on topics not specifically addressed elsewhere in the agenda. A "Citizen's Request to Speak" card should be filled out and submitted to the Recording Secretary before speaking during the Public Comment section. All persons are limited to 3 minutes per item. In accordance with Open Meeting Law and on the advice of legal counsel, the public body is discouraged from discussing and precluded from deliberating and/or acting on items raised by Public Comment which are not already on the agenda. The public body may impose reasonable content-neutral restrictions on public comment such as willfully disruptive comments that are irrelevant, repetitious, slanderous, offensive, inflammatory, irrational, or amounting to personal attacks or interfering with the rights of other speakers. Correspondence or written materials submitted for public comment by the general public shall be attached to the minutes of the meeting.
- 3.03 Adjourn Meeting

Forum Restrictions and Orderly Conduct of Business: The Student Wellness Advisory Committee conducts the business of the Washoe County School District during its meetings. The presiding officer may order the removal of any person whose statement or other conduct disrupts the orderly, efficient or safe conduct of the meeting. Warnings against disruptive comments or

behavior may or may not be given prior to removal. The viewpoint of a speaker will not be restricted, but reasonable restrictions may be imposed upon the time, place and manner of speech. Irrelevant and unduly repetitious statements and personal attacks which antagonize or incite others are examples of speech that may be reasonably limited.

Members of the public wishing to request supporting materials for this meeting or who are disabled and require special accommodations or assistance at the meeting are requested to notify the District's Department of Board Services by telephone at (775) 789-4621; by fax at (775) 348-0304; or via email at committees@washoeschools.net prior to the meeting date.

This agenda and supporting materials, when appropriate, have been posted at the following locations:

www.washoeschools.net

www.boarddocs.com/nv/washoe/Board.nsf/Public

State of Nevada website (notice.nv.gov)

WCSD Central Administrative Building

Washoe County Administration Building

Washoe County Courthouse

Reno City Hall

Sparks City Hall

Sparks Library

Pyramid Lake Paiute Tribe Administration Building

Reno Sparks Indian Colony Administrative Office