

SHARE HS

Lesson 5

STIs/STDs & HIV/AIDS – Originally Lesson 5 & 6 – now combined

**INFORMATION TO KEEP** (includes updated data)

**PowerPoint Slide # and Topic**

**3-5:** STI Info

**8-14:** Chlamydia

**15-17:** Gonorrhea

**18-25:** Syphilis

**26-34:** Herpes

**35-43:** HPV

**44:** Genital Warts

**45:** HPV Vaccine info

**46-47:** Hepatitis

**48-49:** Trichomoniasis

**50-52:** Pubic Lice

**53-57:** Monilia

**58-60:** Intro to AIDS/HIV

**61-65:** Transmission of AIDS

**66-69:** Signs & Symptoms of HIV/AIDS

**70-71:** HIV/AIDS testing

**72:** HIV/AIDS Drugs

**73-75:** HIV/AIDS Statistics

**76:** Alcohol & STIs

**77:** Where to get treated

**NEW INFORMATION**

**PowerPoint Slide # and Topic**

**2:** STI vs. STD

**4:** Rates of STDs in US

**7:** Chlamydia-rates by age and sex

**TOPICS to OMIT**

**PowerPoint Slide # and Topic**

- Slides on AIDS causing cells
- Slides on How Does HIV infect a cell
- Slides on HIV/AIDS prescriptions
- Slides on specific AIDS/HIV tests
- Estimated AIDS cases in US-interactive US map

# S.H.A.R.E.

## LESSON 5

SEXUALLY TRANSMITTED INFECTIONS (STI)

SEXUALLY TRANSMITTED DISEASES (STD)

HIV/AIDS

# STI vs STD

## STI

- ▶ Mild signs and symptoms (that may be overlooked)
- ▶ Or no signs or symptoms
- ▶ Sexually transmitted virus or bacteria can result in "infection"
- ▶ Which may or may not lead to disease.

## STD

- ▶ "Disease" suggests a clear medical problem
- ▶ Obvious signs or symptoms

# Sexually Transmitted Diseases (STI)

## Most Common STI's in U.S.A.

1. Human Papilloma Virus (HPV)
2. Chlamydia
3. Trichomoniasis
4. Gonorrhea
5. Genital Herpes
6. Syphilis
7. HIV



## The STATE of STDs in the United States



in 2017

THE NATION EXPERIENCES  
STEEP AND SUSTAINED STD  
INCREASES.



**1.7 million**  
CASES OF CHLAMYDIA  
22% increase since 2013



**555,608**  
CASES OF GONORRHEA  
87% increase since 2013



**30,644**  
CASES OF SYPHILIS  
76% increase since 2013

LEARN MORE AT: [www.cdc.gov/std/](http://www.cdc.gov/std/)

Anyone who has sex is  
at risk, but some groups  
are more affected

- YOUNG PEOPLE AGED 15-24
- GAY & BISEXUAL MEN
- PREGNANT WOMEN

### LEFT UNTREATED, STDs CAN CAUSE:



INCREASED RISK OF GIVING  
OR GETTING HIV



LONG-TERM  
PELVIC/ABDOMINAL PAIN



INABILITY TO GET PREGNANT OR  
PREGNANCY COMPLICATIONS

HELP INTERRUPT THE STEADY CLIMB IN STDs WITH THESE THREE STEPS:

## TALK

Talk openly about STDs with  
your partners & healthcare  
providers.

## TEST

Get tested. It's the only way  
to know if you have an STD.

## TREAT

If you have an STD, work with  
your provider to get the right  
medicine.



Centers for Disease  
Control and Prevention  
National Center for HIV/AIDS  
Disease Prevention  
1115 West 19th Avenue  
Denver, CO 80202

# How common are STI's?

## Statistics for STI's in the US

- ▶ 1 in 2 sexually active people will contract an STI by age 25
- ▶ There are 20 million + new cases of STI's every year, half of those are people aged 15-24
- ▶ Even though young people account for half of new STI cases, a recent survey showed only about 12% were tested for STIs in the last year
- ▶ Half of all STIs occur in people 25 and younger
- ▶ Young people ages 15 to 24 years old accounted for 65% of chlamydia diagnoses and 50% of gonorrhea diagnoses in 2015.



# STI; BACTERIAL OR VIRAL

- ▶ STIs caused by bacteria: Gonorrhea, Chlamydia, and Syphilis

Curable?

- ▶ STIs caused by a virus: Herpes, HIV/AIDS, Human Papilloma virus, Hepatitis B

Curable?

- ▶ Other common STIs are caused by parasites (Trichomoniasis, pubic lice) or fungi (Monilia)



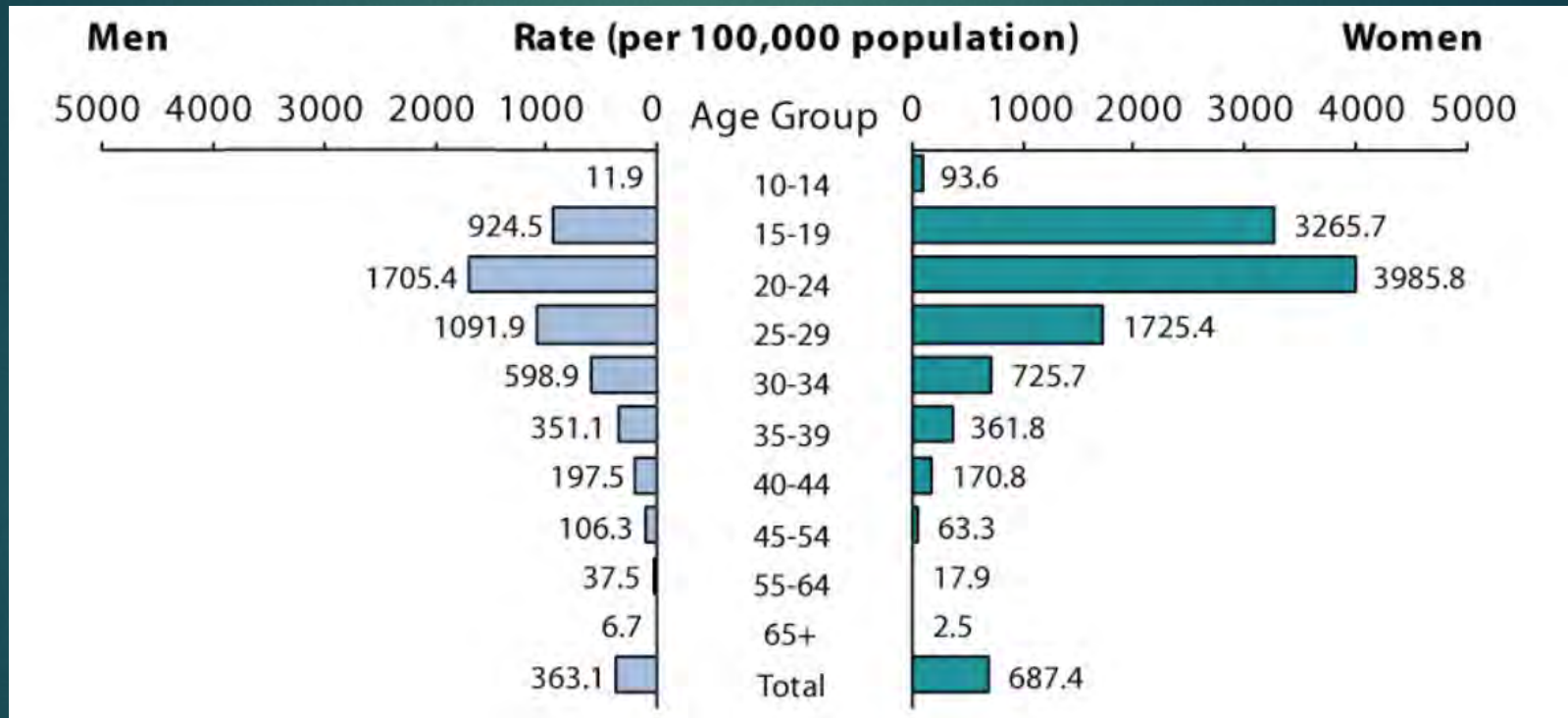
# BACTERIAL STI:

CHLAMYDIA &  
GONORRHEA



# CHLAMYDIA

Rates of Reported Cases by Age Group and Sex, United States, 2017



<https://www.cdc.gov/std/stats17/figures/5.htm>

# CHLAMYDIA-On Cervix

## MOST COMMON STI AMONG TEENS

Symptoms:

- ▶ Pus discharged from genitals
- ▶ Pain when urinating
- ▶ 80% of females have no symptoms



Seattle STD/HIV Prevention Training Center  
Source: Connie Celum, Walter Stamm



# CHLAMYDIA



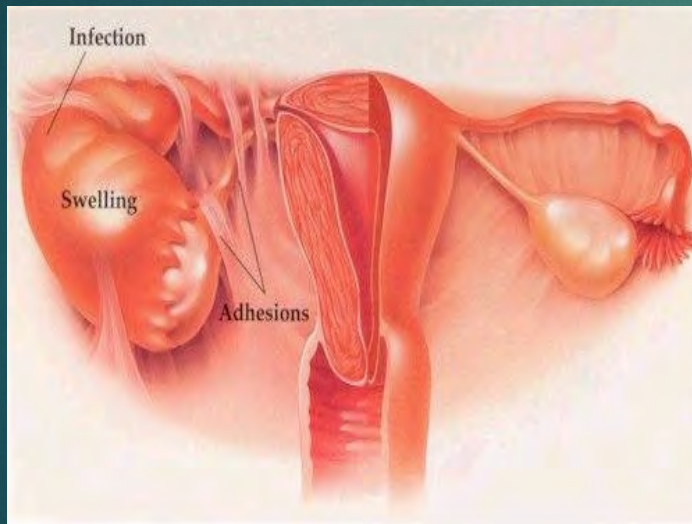


# CHLAMYDIA



# CHLAMYDIA: Pelvic Inflammatory Disease

PID with adhesions  
caused by  
chlamydia

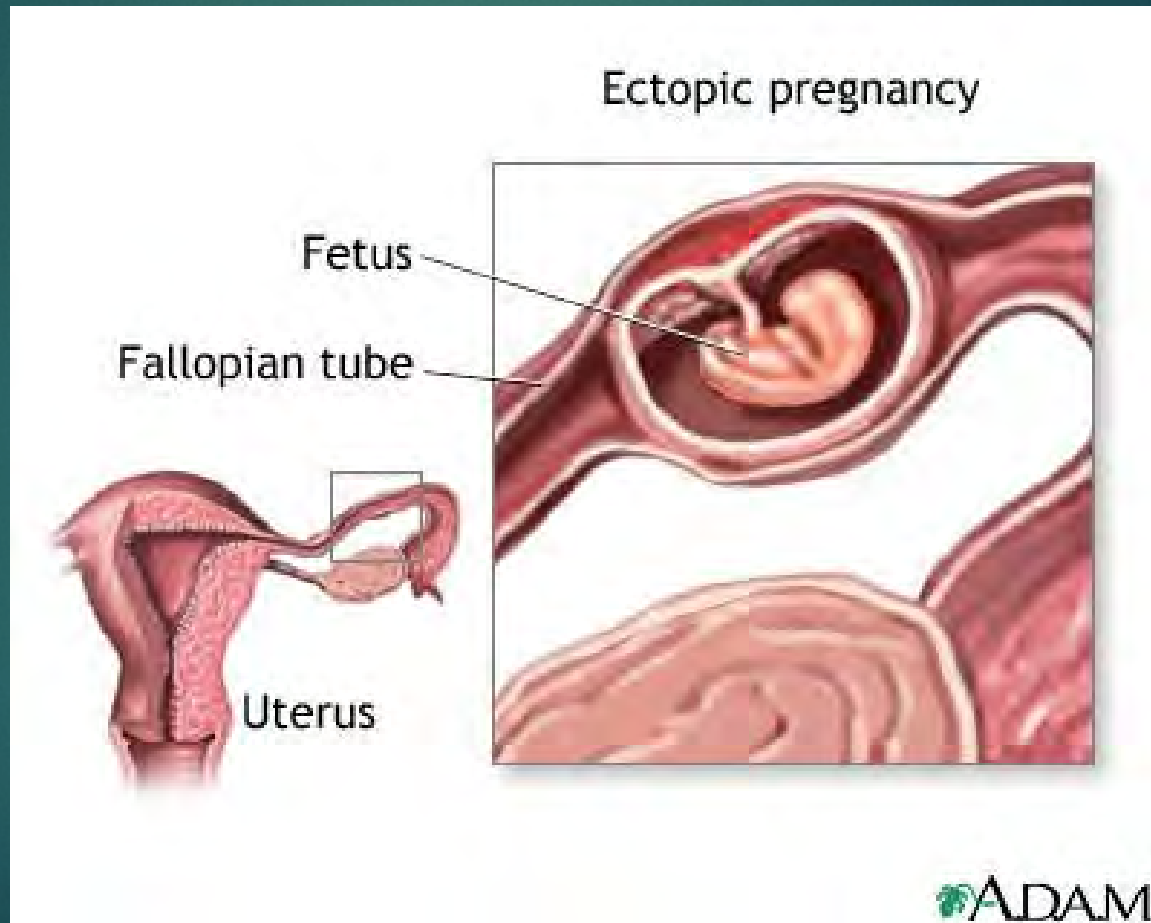


Uterus with severe  
PID in fallopian tubes



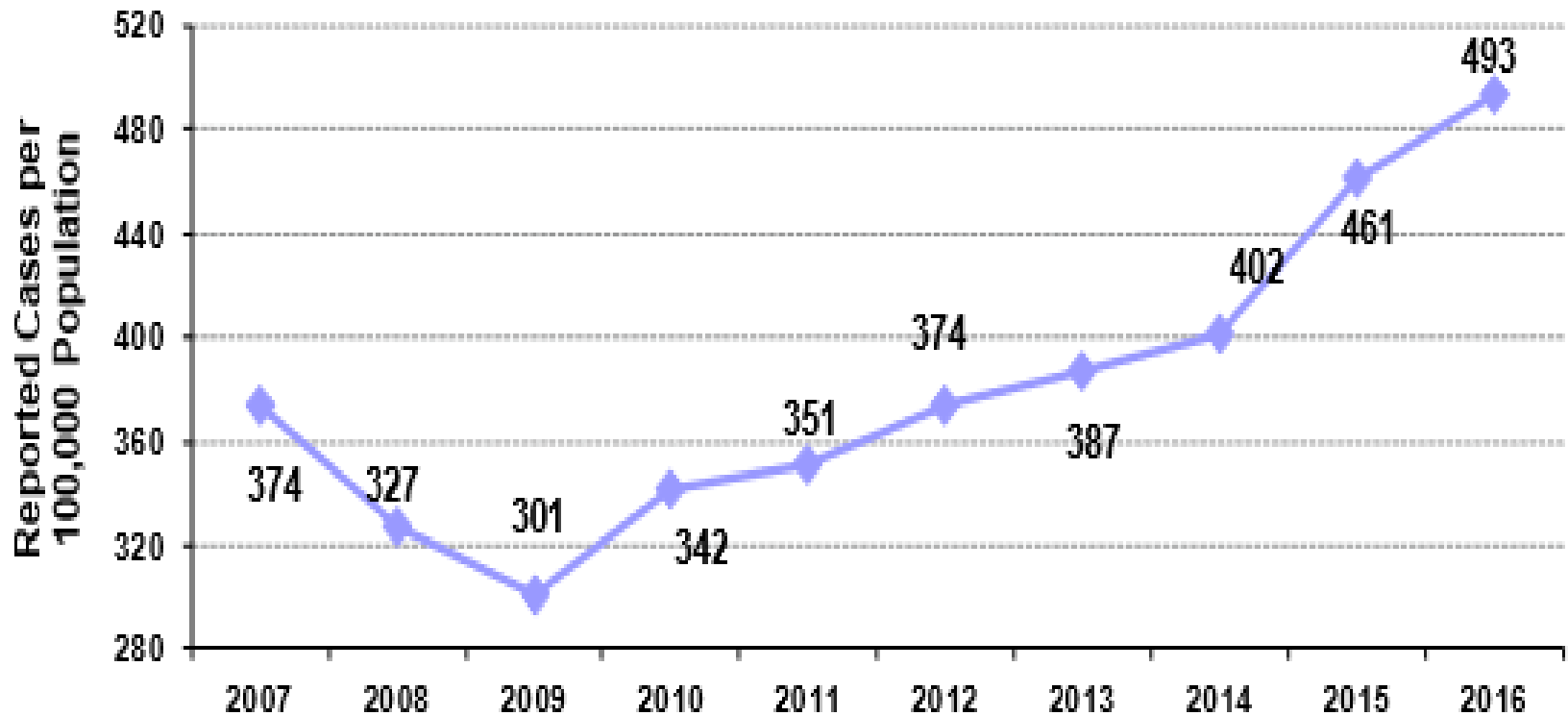


# CHLAMYDIA – Tubal Pregnancy





# Washoe County Chlamydia Rates



females 15-19 and males 20-24  
have the highest rates of infection

# GONORRHEA

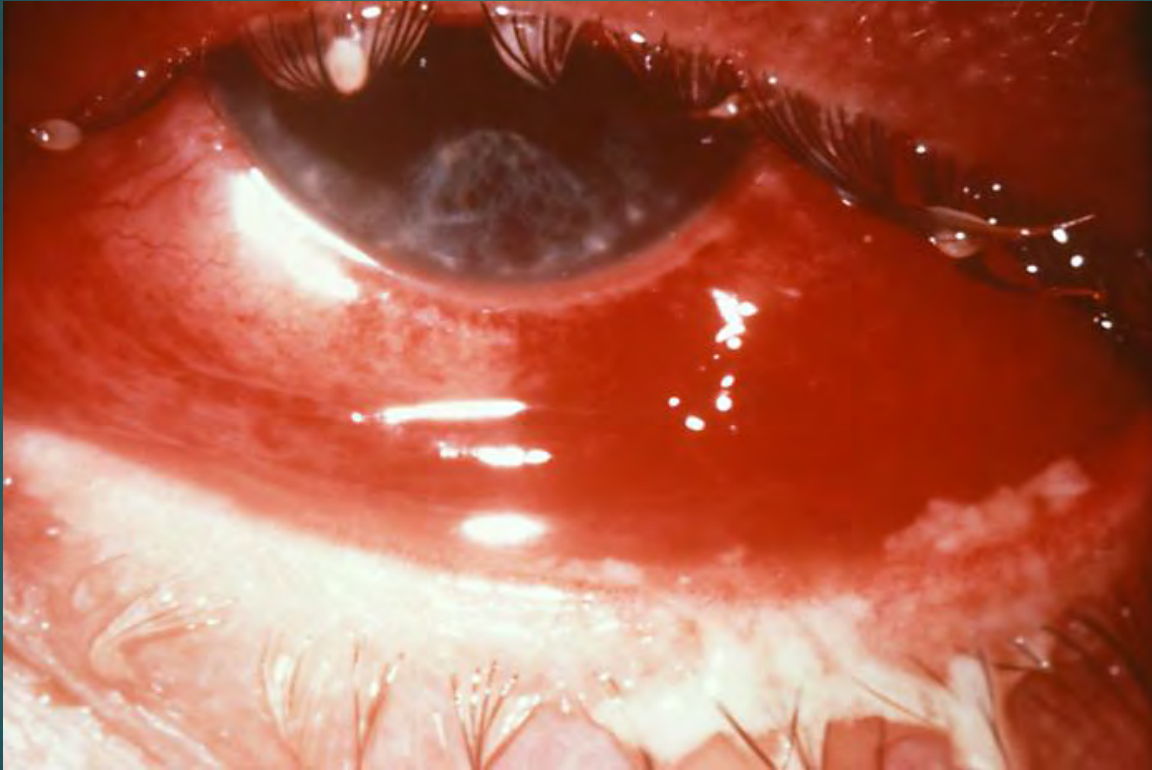
Discharge, Lesions



Lesions on Foot

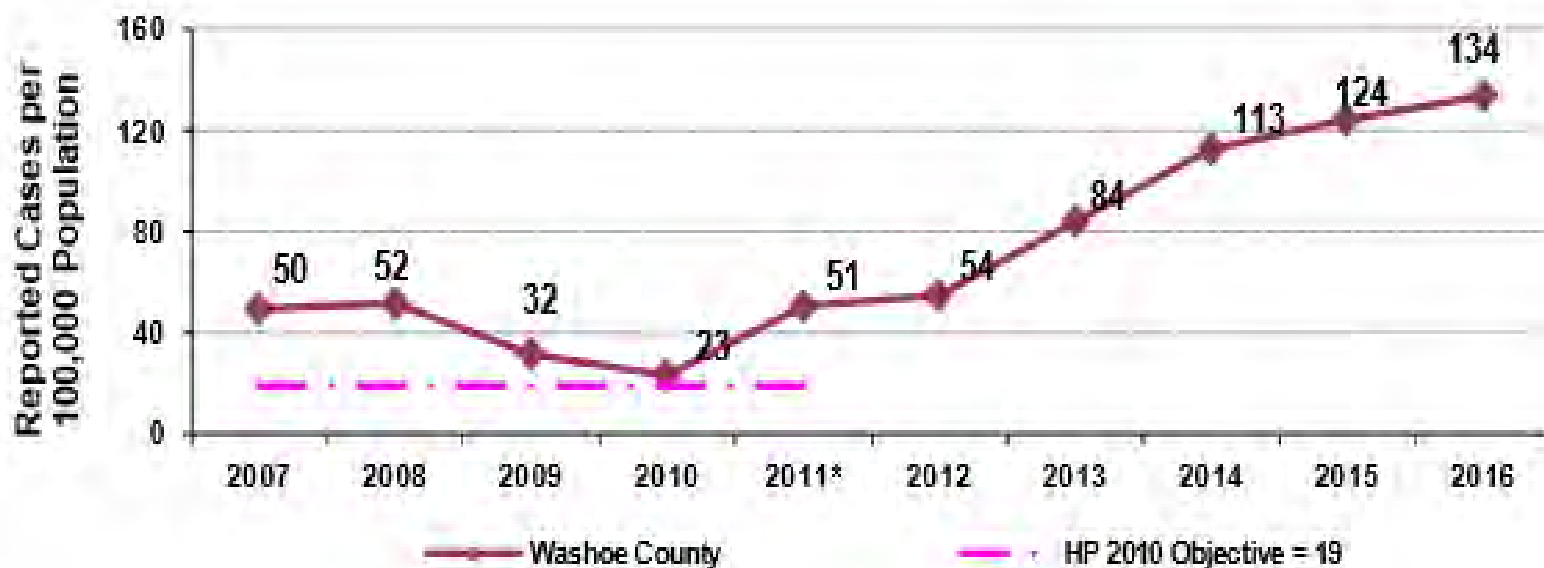


# GONORRHEA – Eye Infection





# Washoe County Gonorrhea Rates



Gonorrhea is becoming resistant  
to multiple antibiotics.



# BACTERIAL STI:

SYPHILIS

# SYPHILIS-Primary Stage

- ▶ Primary syphilis begins with a painless sore called a chancre
- ▶ This occurs where the bacteria enters the body





# PRIMARY SYPHILIS





# Primary SYPHILIS - chancre

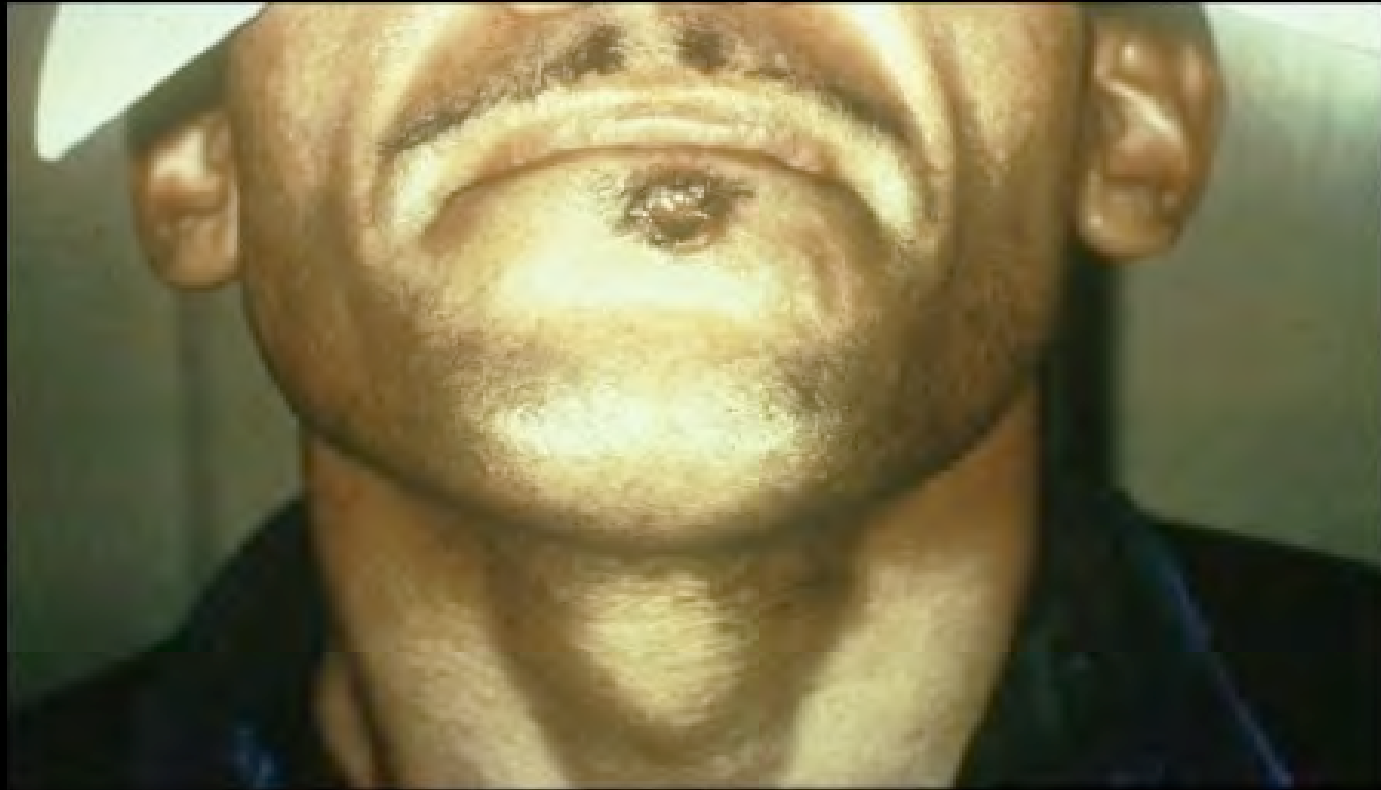


# SYPHILIS





# SYPHILIS



Primary syphilis - chancre

# SECONDARY SYPHILIS

- ▶ Second Stage Syphilis symptoms (up to 2 years)
  - ▶ Rash on the soles of the feet, the hands or the trunk
  - ▶ Flu-like symptoms



Collection of Nicholas Fiumara, MD



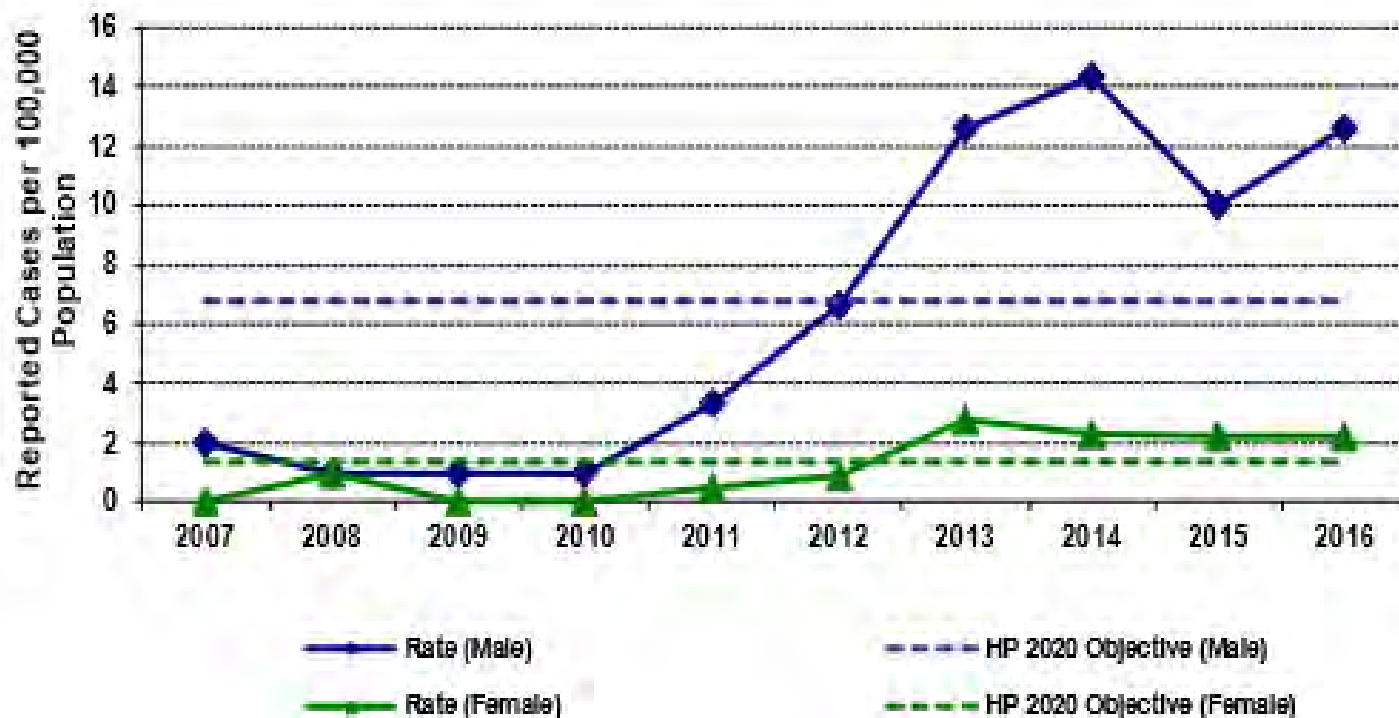
Seattle STD/HIV Prevention Training Center  
Source: Connie Celum, Walter Stamm

# Latent and Late Stages of Syphilis.

- ▶ begins when all of the symptoms you had earlier disappear.
- ▶ Without treatment you can continue to have syphilis in your body for years without any signs or symptoms.
- ▶ When it does happen it is very serious and would occur 10–30 years after your infection began.
- ▶ Symptoms of the late stage of syphilis include difficulty coordinating your muscle movements, paralysis, numbness, blindness, and dementia.
- ▶ In the late stages of syphilis, the disease damages your internal organs and can result death.



# Washoe County Syphilis (Primary and Secondary) Rates



The rate in 2016 was 6x's greater than in 2007



# VIRAL STI

HERPES

# GENITAL HERPES

- ▶ Herpes Simplex Type 1  
Oral herpes
- ▶ Herpes Simplex Type 2  
Genital herpes
- ▶ Either can grow on the genitals or the mouth
- ▶ Infection may be **active** or **dormant**
- ▶ It is a life-long infection





# GENITAL HERPES



# GENITAL HERPES





# GENITAL HERPES







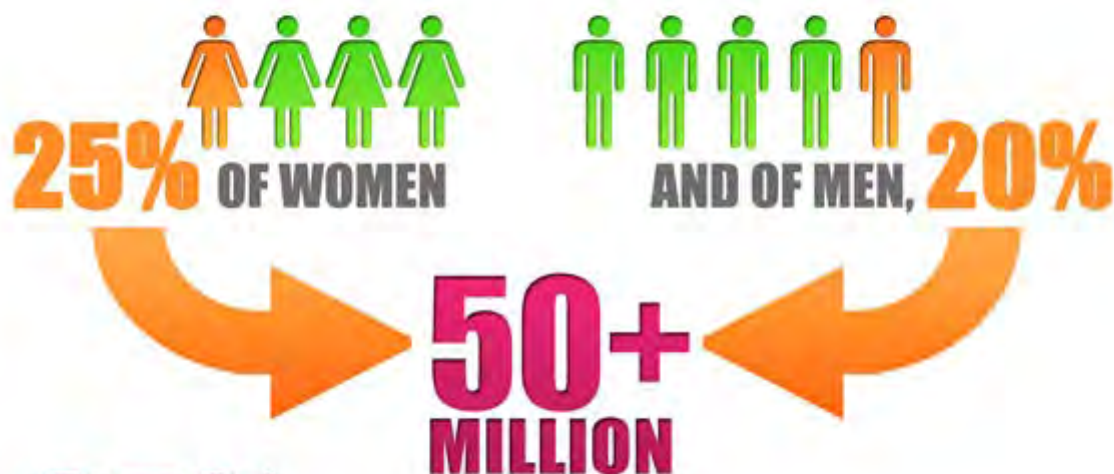


# HERPES ARM/HAND



# Genital Herpes

How many Americans have  
**GENITAL HERPES?**



**85%** OF THOSE WHO HAVE IT **DON'T KNOW**

A horizontal bar chart is shown below the text, with a long pink segment representing 85% and a short orange segment representing the remaining 15%.

to learn more, visit [justherpes.com](http://justherpes.com)





# VIRAL STI

HUMAN PAPILLOMA VIRUS

# Human Papilloma Virus (HPV)



# Human Papilloma Virus (HPV)





# Human Papilloma Virus (HPV)



# HPV-Groin/Cervix



# Human Papilloma Virus (HPV)



Melbourne Sexual Health Centre - [www.mshc.org.au](http://www.mshc.org.au)

warts  
[www.healthac.org](http://www.healthac.org)



warts  
[www.healthac.org](http://www.healthac.org)



# Human Papilloma Virus (HPV)



# Human Papilloma Virus



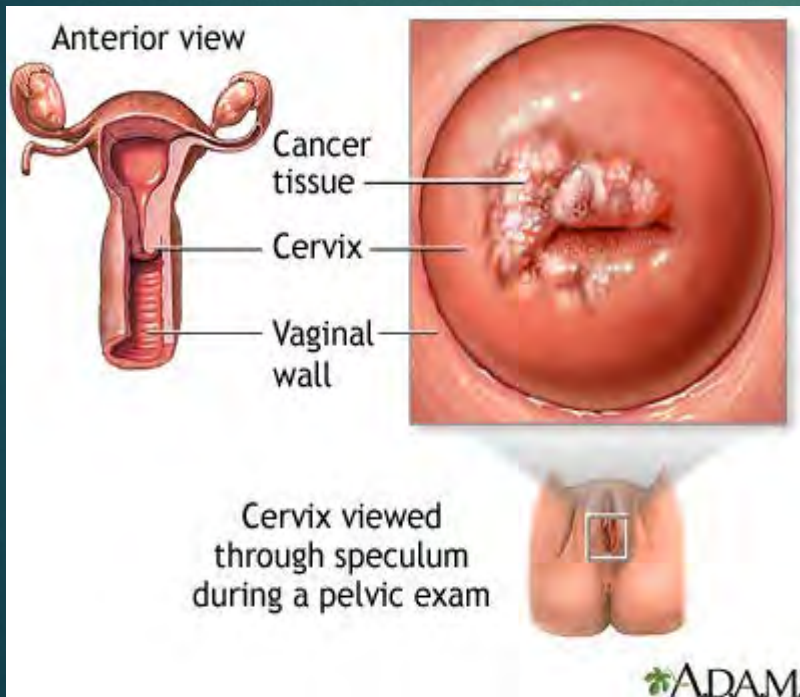
Condyloma acuminata, penile



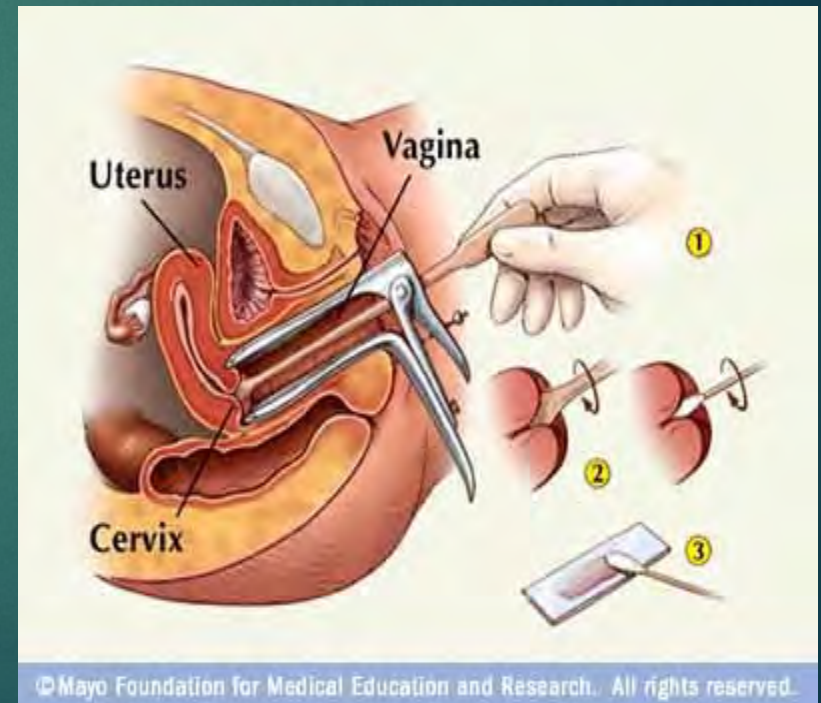
# HPV and Cancer

Can cause cervical, vaginal, anal, penile, and oral cancers

## Cervical Cancer

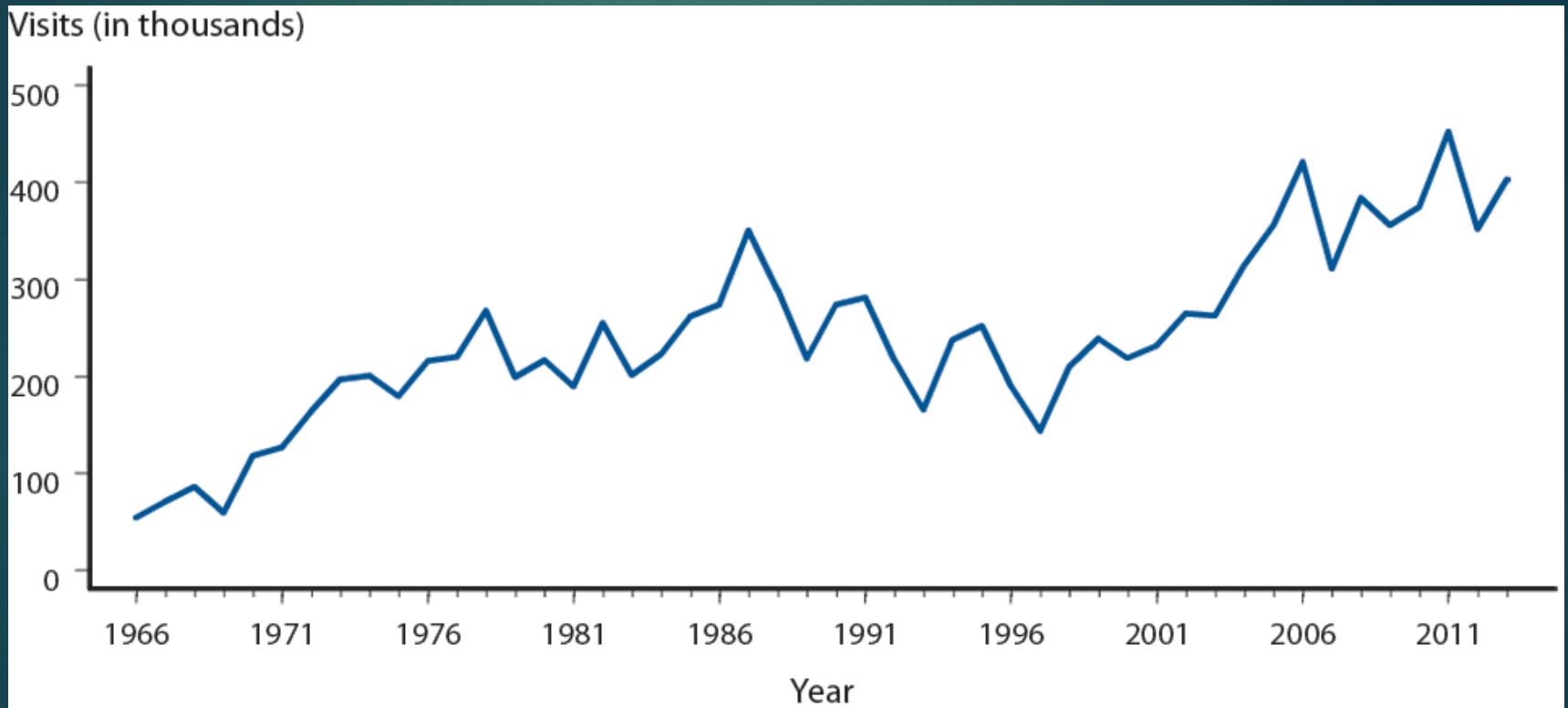


## Pap Test: cervical cancer screening





# Genital warts — Initial visits to physicians' offices: United States, 1966–2013



Note: The relative standard error for genital warts estimates range from 17% to 29.3%.

SOURCE: National Disease and Therapeutic Index (IMS Health)

# HPV VACCINE

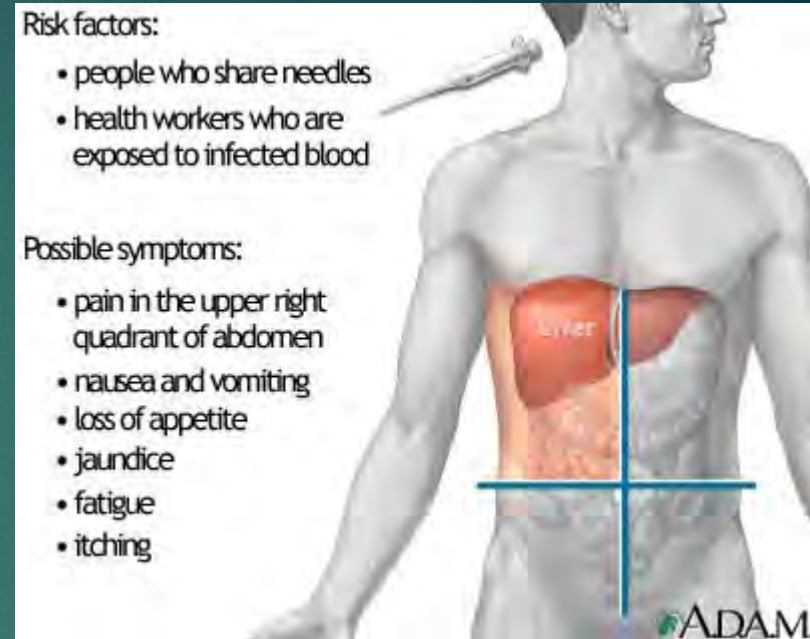


- ▶ HPV Vaccines-Gardasil, Gardasil 9, Cervarix
  - ▶ All Protect against HPV types 16 & 18 which cause 70% of cervical cancer.
  - ▶ Gardasil also protects from types 6 7 11 which cause 90% of genital warts
  - ▶ Gardasil 9 protects against another 5 types of HPV (31, 33, 45, 52, 58) that can lead to cancer of the cervix, anus, vulva, or vagina.
- ▶ Vaccines given in a series of shots.
  - ▶ Ages 15-26 receive 3 shots
  - ▶ Ages 9-14 receive 2 shots. 39.7% of U.S. females were fully vaccinated in 2014
  - ▶ In Nevada only 27% of females vaccinated
- ▶ Available at WCHD, other clinics, or private doctors' offices



# Hepatitis

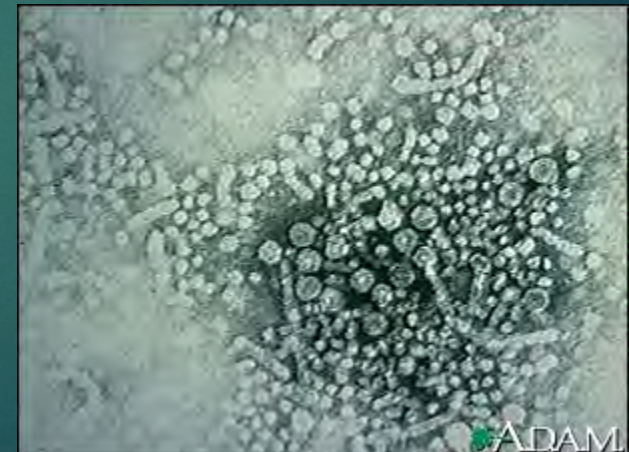
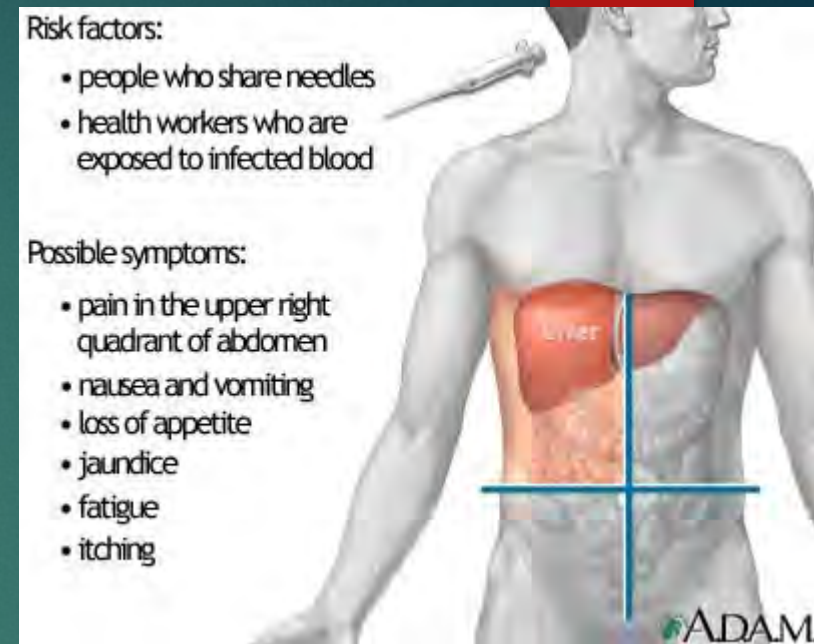
- ▶ Hepatitis is a virus that affects the liver.
- ▶ There are currently vaccinations for Hepatitis A and B.
- ▶ Hepatitis A is commonly spread through contaminated food or water. People can spread it through small amounts of fecal material or by a sexual practice called rimming.





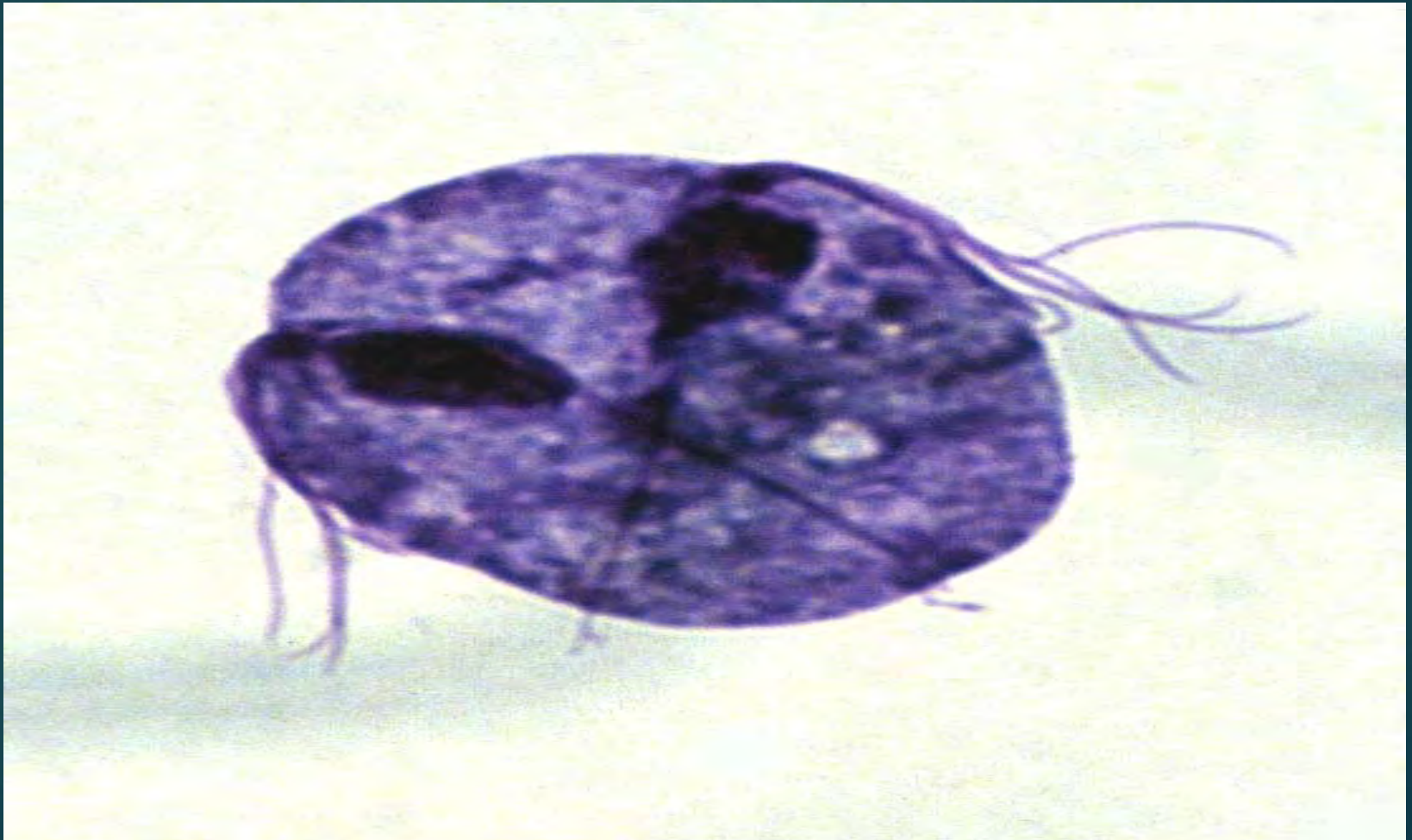
# Hepatitis

- ▶ Hepatitis B is also known as serum hepatitis and is spread through blood and sexual contact. It is seen with increased frequency among intravenous drug users who share needles and among the homosexual population.
- ▶ Hepatitis C is a virus-caused liver inflammation which may cause jaundice, fever and cirrhosis. Persons who are most at risk for contracting and spreading hepatitis C are those who share needles for injecting drugs and health care workers or emergency workers who may be exposed to contaminated blood.



Hepatitis B virus seen through an electron microscope (Image courtesy of the Centers for Disease Control and Prevention.)

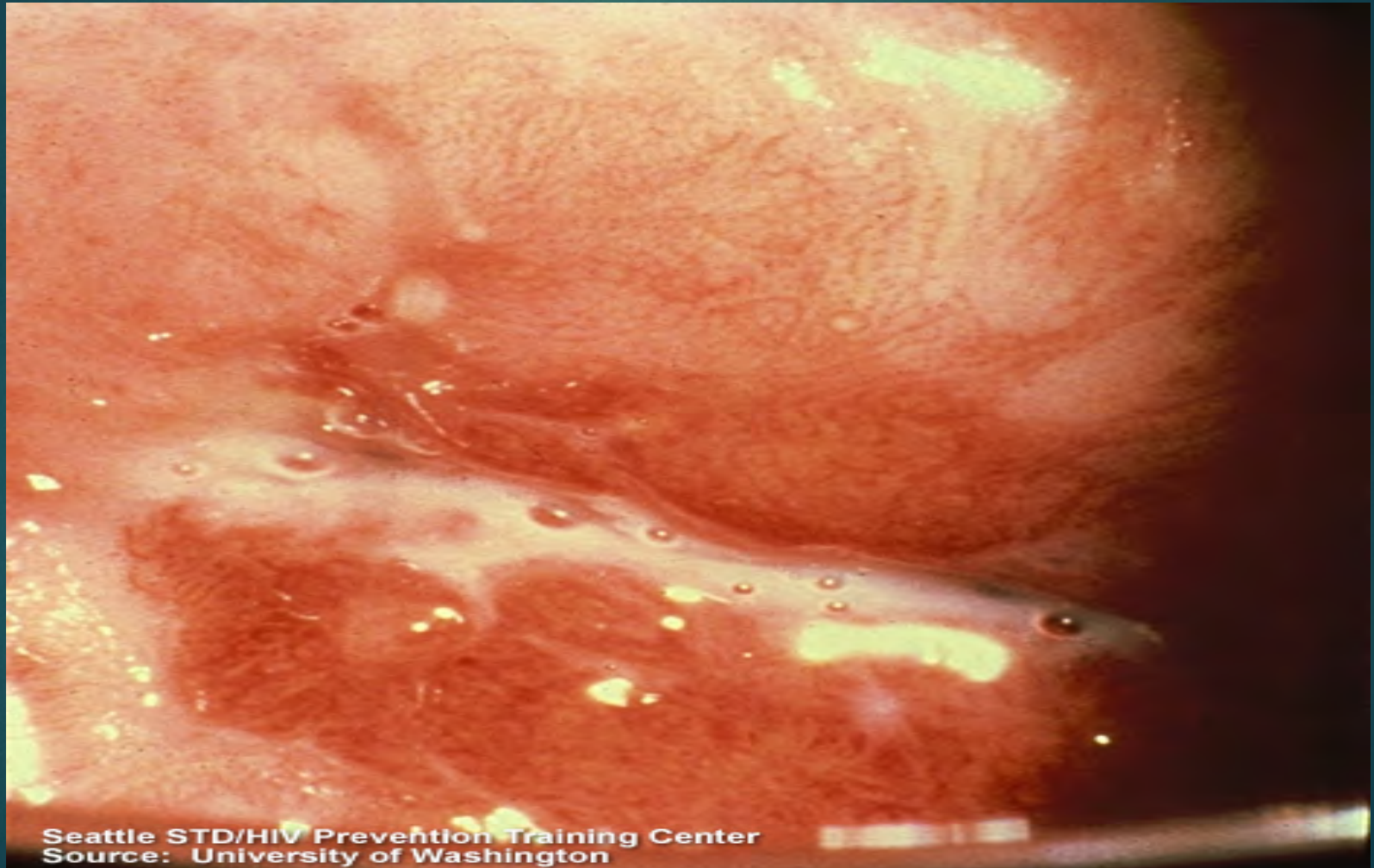
# Trichomoniasis caused by Trichomonas Vaginalis parasite





# Trichomonis Vaginalis

## Cervical Discharge



Seattle STD/HIV Prevention Training Center  
Source: University of Washington



# PUBIC LICE



# PUBIC LICE



HEAD LOUSE



PUBIC LOUSE

# PUBIC LICE





# MONILIA- Yeast



# MONILIA



# MONILIA





# MONILIA



# Contracting Monilia

## Non Sexual

- ▶ tight clothing
- ▶ trapping in heat and moisture
- ▶ women who use anti-biotic can kill healthy bacteria allowing fungus to grow
- ▶ skin-to- skin contact

## Sexual

- ▶ Contact with the fungus
- ▶ Contact with discharge

# HIV/AIDS



**HIV** = HUMAN IMMUNO-  
DEFICIENCY VIRUS

Is the virus that can lead to

**AIDS** = ACQUIRED  
IMMUNE DEFICIENCY  
SYNDROME



# HIV/AIDS- Body Fluids

- **BLOOD**
- **SEMEN**
- **PRE-CUM**
- **RECTAL FLUIDS**
- **VAGINAL FLUID**
- **BREAST MILK**

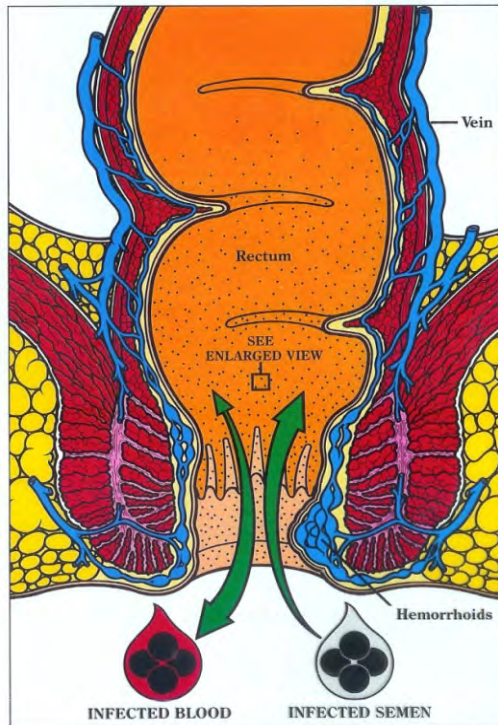
# HIV/AIDS-Who is at Risk

- ▶ Sexually active people
- ▶ Unprotected sex increases risk
- ▶ Sex with multiple partners
- ▶ Spontaneous sexual acts- at parties, one night stands, under the influence
- ▶ Being subject to the Body Fluids that transmit the disease
- ▶ Sharing needles

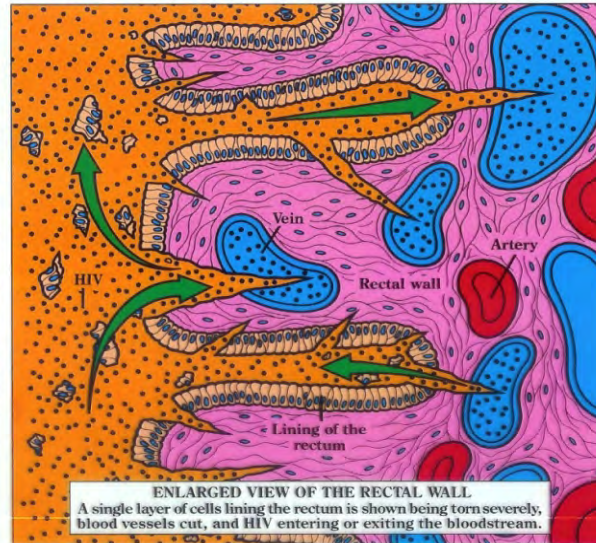


# Sexual Transmission of HIV Through the Rectum

## THROUGH THE RECTUM



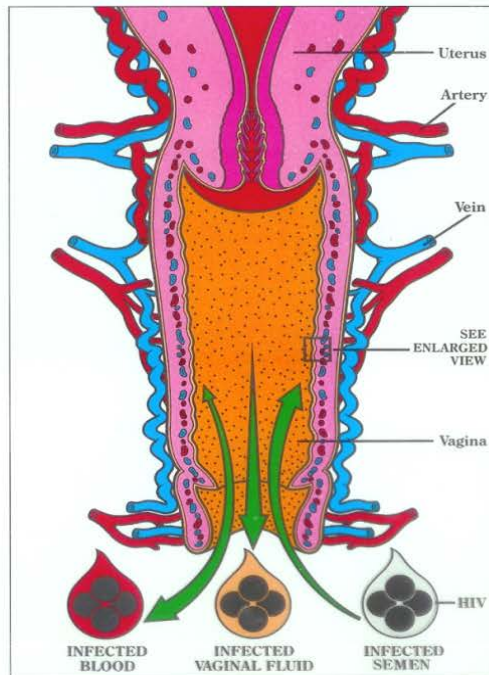
Sexual activity involving the rectum is the most common cause of HIV transmission due to a single layer of cells lining the rectum that tears easily. The rectum is not designed for sexual activity and will tear this fragile lining, causing bleeding, therefore allowing infected fluids easy entrance into the bloodstream. Hemorrhoids commonly found in the rectum (shown protruding into the entry) are thin veins that rupture easily, especially during sexual activity, again allowing HIV access into blood vessels. Transmission occurs most often from infected semen entering open or torn blood vessels of the rectum.



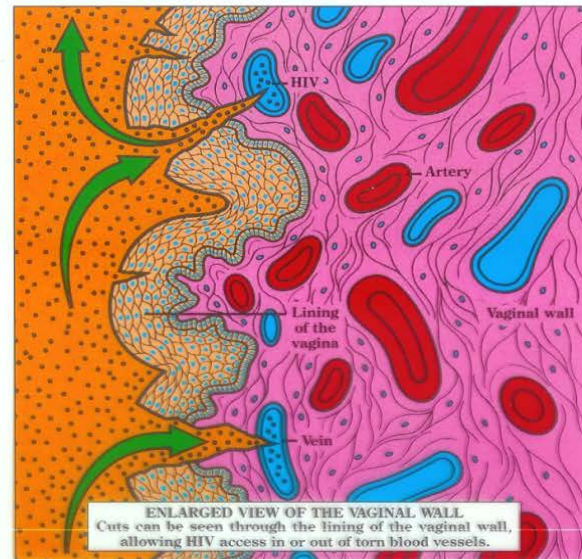


# Sexual Transmission of HIV Through the Vagina

## 1. SEXUAL ACTIVITY INVOLVING EXCHANGE OF HIV INFECTED BLOOD, SEMEN, OR VAGINAL FLUIDS THROUGH THE VAGINA

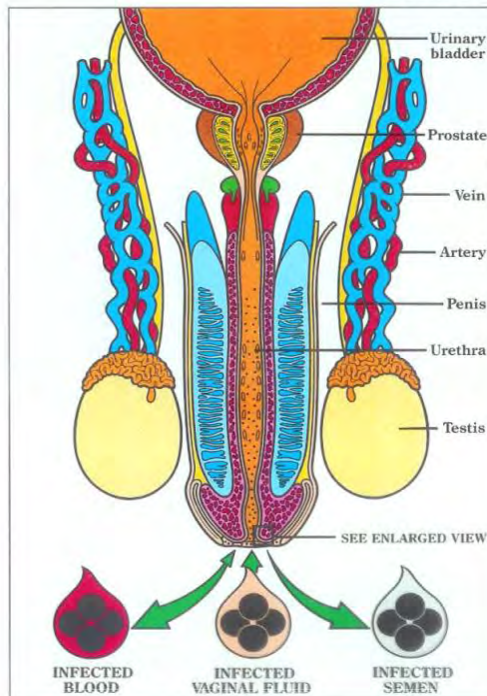


During sexual intercourse with an infected person, microscopic tearing and bleeding occurs in the lining of the vagina, allowing the incredibly small virus living in semen easy entry into the bloodstream. The lining of the vagina is thick and durable having multiple cell layers, but can be penetrated by HIV due to cuts, sores, and during menstruation. Transmission of HIV can occur through infected semen, blood, or vaginal fluids.

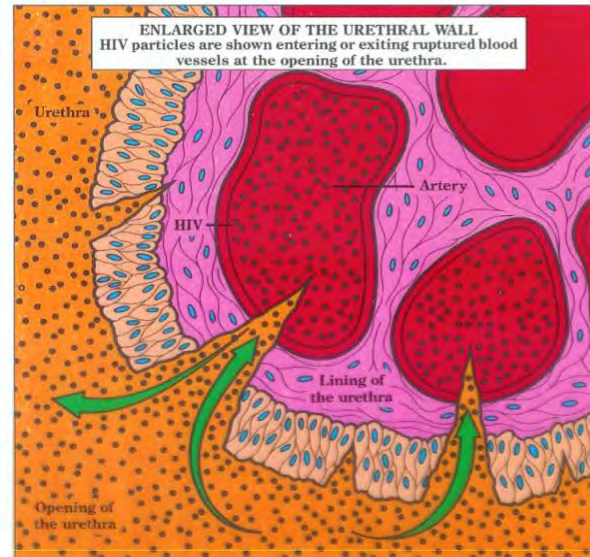


# Sexual Transmission of HIV Through the Penis

## THROUGH THE PENIS



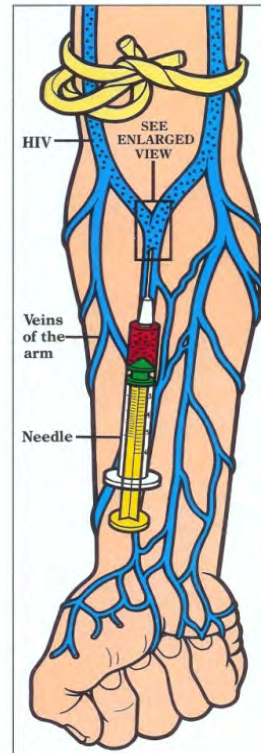
HIV transmission involving the penis usually occurs when infected semen passes into the bloodstream of the vagina or rectum. Intercourse causes unimaginably small cuts to occur in the lining of the penis, with the opening of the urethra being highly vulnerable to tearing and bleeding. The urethra, a tube running the length of the penis and lined with a delicate layer of cells, is easily torn, allowing HIV infected vaginal or rectal fluids easy access into the bloodstream.



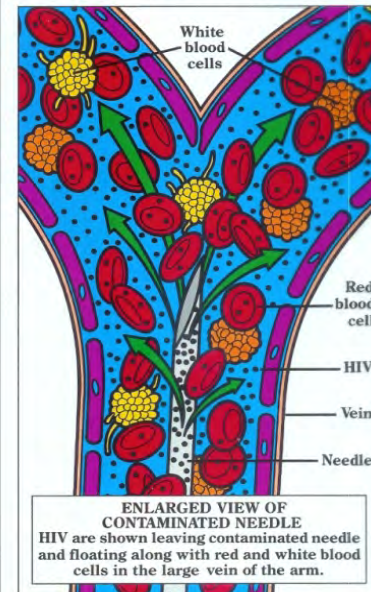


# Transmission from a used needle

## 2. INTRAVENOUS DRUG USE WITH CONTAMINATED NEEDLES OR SYRINGES



Another common way AIDS is spread is sharing HIV contaminated needles during drug use. When an infected drug user inserts the needle into a vein, it picks up a large number of HIV particles living in the blood; when he or she passes the needle to another user not only is the drug injected, but also a deadly dose of the AIDS virus as well.



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# Transmission during Pregnancy

Can usually be  
prevented

## 4. MOTHER TO BABY BEFORE, DURING, OR AFTER BIRTH

Thirty to fifty percent of infants born to HIV-infected mothers are infected with the virus. The virus can be transmitted to the infant before birth through the mother's circulation to the fetus; during labor and delivery, or after birth through infected breast milk.



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# HIV/AIDS-Signs & Symptoms

Shortly after infection:

- ▶ Some people have **no symptoms**
- ▶ Some people have a **flu-like illness** within several days to weeks after exposure
- ▶ They may have fever, headache, tiredness, and enlarged lymph glands in the neck
- ▶ Symptoms usually disappear on their own within a few weeks



# When has HIV infection progressed to AIDS?

HIV is a virus that may progress into AIDS after the virus has infected your body for several years and has weakened your immune system.

- ▶ A person can live with HIV for many years before it turns into AIDS.
- ▶ Without treatment with antiretroviral drugs, the infection will progress to AIDS within 10-15 years.
- ▶ Once a person is diagnosed with AIDS, they always have that diagnosis.



# HIV/AIDS-Signs & Symptoms

Once HIV weakens the body:

- ▶ Lack of energy
- ▶ Weight loss
- ▶ Frequent fevers and sweats
- ▶ Frequent yeast infections
- ▶ Skin rashes and Flaky Skin
- ▶ Short-term memory loss
- ▶ Mouth, genital, or anal sores from herpes infections.

# HIV/AIDS-Signs & Symptoms

## After the diagnosis of AIDS:

- ▶ Cough and shortness of breath
- ▶ Seizures and lack of coordination
- ▶ Difficult or painful swallowing
- ▶ Mental symptoms such as confusion and forgetfulness
- ▶ Severe and persistent diarrhea
- ▶ Fever
- ▶ Vision loss
- ▶ Nausea, abdominal cramps, and vomiting
- ▶ Nerve damage and pain in the extremities
- ▶ Severe headaches, neck stiffness
- ▶ Coma

# HIV Testing

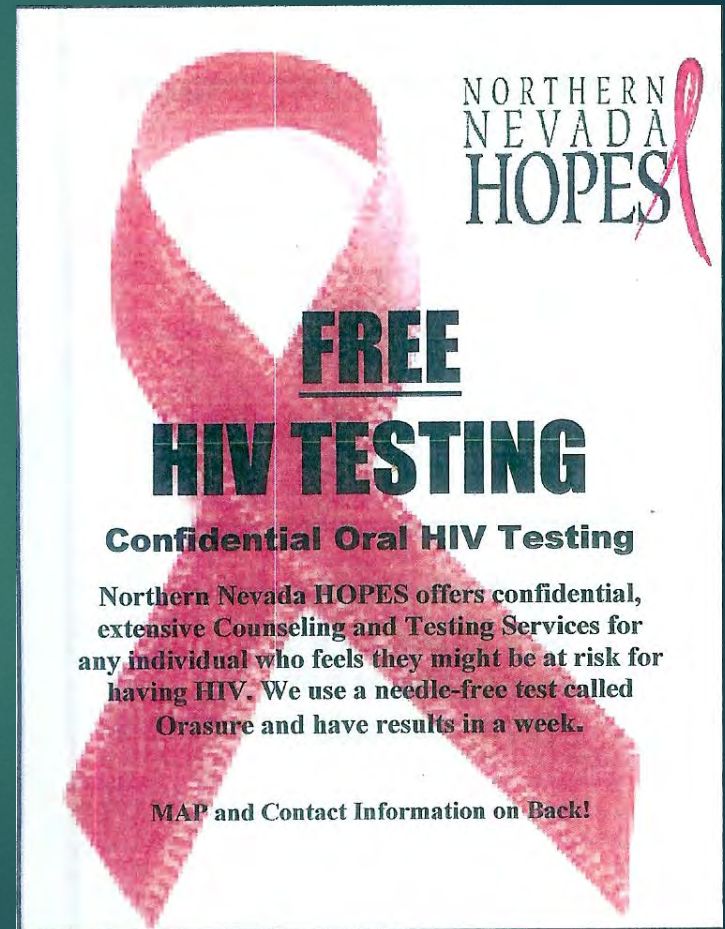


- ▶ Several testing options available
- ▶ Screening tests look for HIV antibodies
- ▶ “Confidential Testing” - Medical personnel, you and the state get results
- ▶ “Anonymous Testing” - Only you know results



# Where to go for HIV testing...

- ▶ Washoe County Health Department – Teen Health Mall
- ▶ Northern Nevada Hopes
- ▶ Planned Parenthood
- ▶ Hospitals, clinics, doctors' offices



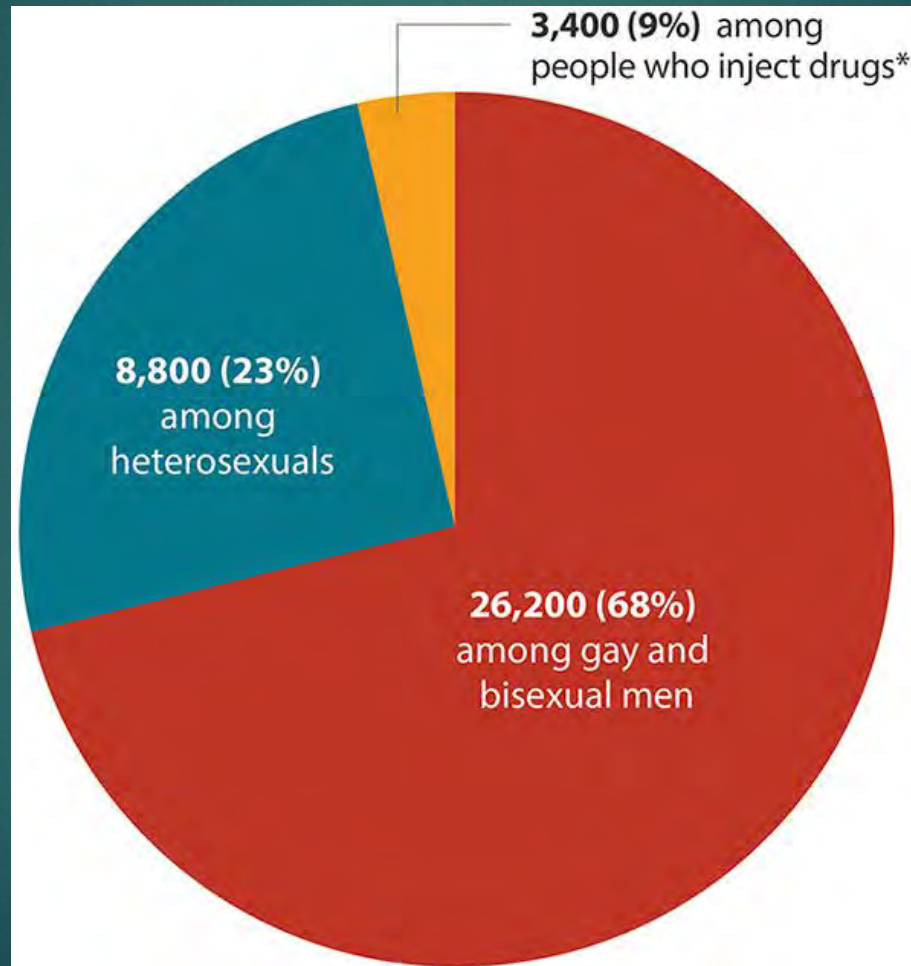
# HIV/AIDS-DRUGS

HIV is treatable, but NOT curable

- ▶ Many drugs have FDA approval for HIV
- ▶ Pill or injections
- ▶ Medications cost \$1500-\$5000 per month
- ▶ HIV treatment is shown to extend life by 24 years, at a cost of \$618,900
- ▶ HIV DRUGS MUST BE TAKEN ACCORDING TO A PRECISE SCHEDULE

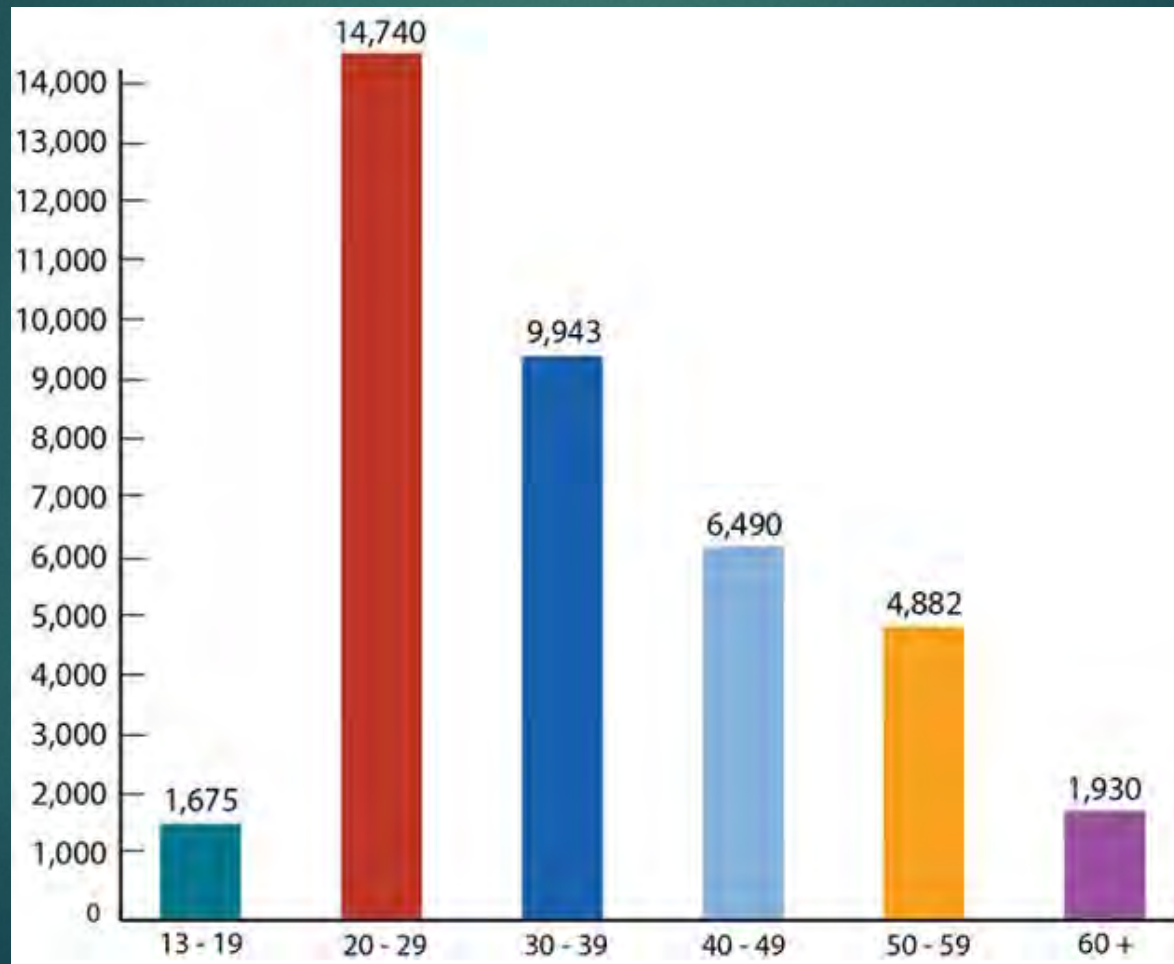


# Estimated New HIV Infections in the US, 2015

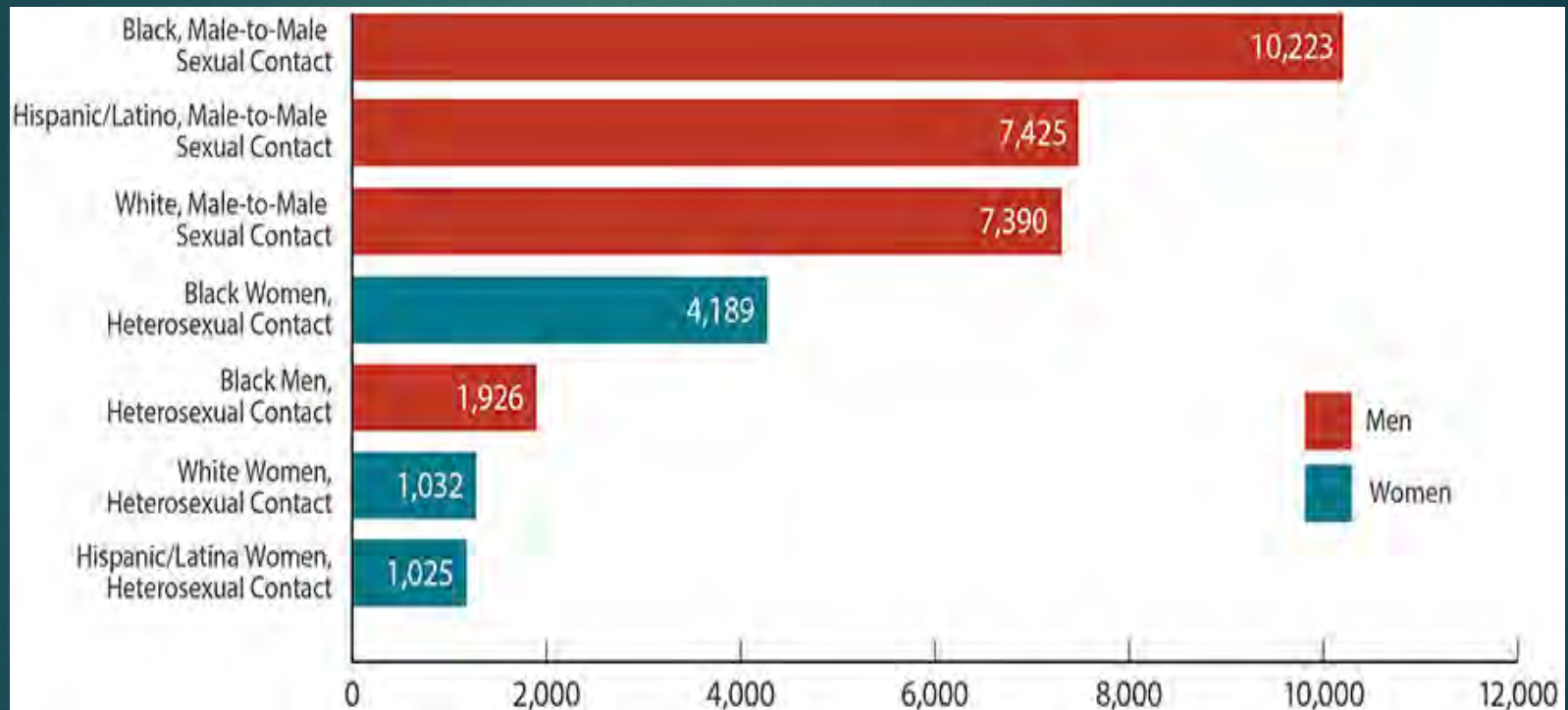




# New HIV Diagnoses in US by Age, 2016



# HIV Diagnoses for Most-Affected Subpopulations, 2016



# ALCOHOL AND STI's

- ▶ Greater risk of contracting STI
- ▶ Greater risk of contracting HIV
- ▶ 60% of STI's are transmitted under the influence
- ▶ 80% of first time sexual encounters occur under the influence and without any protection.
- ▶ 50 of unplanned encounters occur under the influence



# WHERE TO GET TREATED

## TEEN HEALTH MALL

Test/treat for STIs

Test for Pregnancy

Test for HIV/AIDS

Birth Control

Pap Smear and Breast Exam

Counseling

Physical Exams

Treatment for minor illness

**NO PARENT PERMISSION NEEDED**

\$5 Donation

9<sup>th</sup> and Wells-Make an Appointment 328-2470

# STI Jeopardy

Prevention	Symptoms	What is it?	Complications	Treatment
<u>Q \$100</u>	<u>Q \$100</u>	<u>Q \$100</u>	<u>Q \$100</u>	<u>Q \$100</u>
<u>Q \$200</u>	<u>Q \$200</u>	<u>Q \$200</u>	<u>Q \$200</u>	<u>Q \$200</u>
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Final Jeopardy

# Prevention \$100

Body piercing or tattooing with unclean needles could increase risk these STIs.





# Prevention \$100 Answer

What is Hepatitis B and HIV?



# Prevention \$200

Use of these interfere with a person's ability to think and make responsible decisions



# Prevention \$200 Answer

What are alcohol and other drugs?





# Prevention \$300

The only 100% effective method for avoiding an STI.



# Prevention \$300 Answer

What is abstinence?



# Prevention \$400

These STIs have vaccinations to prevent infection





# Prevention \$400 Answer

What are Hepatitis B and HPV?



# Prevention \$500

The only contraceptive method that can also help prevent STIs if used consistently and properly



# Prevention \$500 Answer

What is a condom?





# Symptoms \$100

These bumps cause itching and burning around the genitals.  
Symptoms go away and can come back.



# Symptoms \$100 Answer

What are genital warts and/or herpes?



# Symptoms \$200

Most women and some men have no symptoms when infected with this *bacterial* STI





# Symptoms \$200 Answer

What is Chlamydia?



# Symptoms \$300

This class of STIs cause itching in the genital area.



# Symptoms \$300 Answer

What are parasitic infections?





# Symptoms \$400

Some people who get this virus get sick [headache, nausea, vomiting, dark urine, jaundice...] and symptoms may not appear for several years.



# Symptoms \$400 Answer

What is Hepatitis B?



# Symptoms \$500

The first stage causes a painless sore (chancre), the second stage may cause flu like symptoms, the third stage may cause damage to major organs and death





# Symptoms \$500 Answer

What is Syphilis?



What is it? \$100

This STI is becoming more  
resistant to antibiotics



What is it? \$100 Answer

What is Gonorrhea?





# What is it? \$200

This STI attacks white blood cells allowing illnesses to occur more easily and frequently.



# What is it? \$200 Answer

What is HIV (human  
immunodeficiency virus?)



# What is it? \$300

This viral infection is one of many kinds of infections of the liver, including cancer.





What is it? \$300 Answer

What is Hepatitis B?



# What is it? \$400

This STI can be passed from mother to infant by breastfeeding.



What is it? \$400 Answer

What is HIV, human  
immunodeficiency virus?





# What is it? \$500

Two of the three parasitic STIs that  
can be spread by prolonged skin to  
skin contact



What is it? \$500 Answer

What are scabies and pubic lice?



# Complications \$100

These two STIs can lead to infertility  
if not treated



# Complications \$100 Answer

What are Gonorrhea and Chlamydia?





# Complications \$200

If not treated, this can lead to prostate cancer in men.



# Complications \$200 Answer

What is trichomoniasis?



# Complications \$300

This STI is linked to multiple forms of cancer in men and women



# Complications \$300 Answer

What is HPV (human papilloma virus)?





# Complications \$400

This STI can lead to blindness  
senility, and death if not treated.



# Complications \$400 Answer

What is Syphilis?



# Complications \$500

This STI can cause severe damage to newborns if mother has an active infection at time of delivery.



# Complications \$500 Answer

What is genital herpes?





# Treatment \$100

This class of STIs can be treated but  
not cured



# Treatment \$100 Answer

What are viral STIs?



# Treatment \$200

These STIs can only be treated by a prescription lotion written by a doctor



# Treatment \$200 Answer

What are scabies and pubic lice?





# Treatment \$300

The only parasitic infection that can be cured by antibiotics.



# Treatment \$300 Answer

What is Trichomoniasis?



# Treatment \$400

Adolescents can go here for free  
confidential testing and contraception  
advice



# Treatment \$400 Answer

What is The Teen Health Mall?





# Treatment \$500

Early treatment, healthy lifestyle,  
and safer sex practices to protect  
against infection from other STIs?



# Treatment \$500 Answer

What is HIV (human immunodeficiency virus?)



# Final Jeopardy

Stand tall

Make eye contact

Say “no”

Suggest an alternative



# Final Jeopardy Answer

What are refusal skills?





SHARE HS  
Lesson 6  
Making Healthy Choices and Abstinence

**INFORMATION TO KEEP** (includes  
updated data)

**PowerPoint Slide # and Topic**

**2-5:** Healthy/Unhealthy Relationships

**7-8:** Sexual Assault (SA) defined and  
types

**9-12:** Test your Knowledge

**13-14:** Statutory Sexual Seduction

**15-17:** Consent and Tea Video

**18:** Lewdness with a child

**19:** Sex Offender Registry

**21-25:** Date Rape Drugs

**26:** SA Incidences

**29-31:** Avoiding SA

**32:** Remember-intoxication and SA

**33:** Male Survivors

**NEW INFORMATION**

**PowerPoint Slide # and Topic**

**6:** #MeToo-Ellen video snip

**27-28:** SA and LGBTQ

**38:** Commercial Sexual Exploitation-  
Sex Trafficking

**39:** Sex Trafficking-local victim new  
interview

**40:** Sex Trafficking-Megan Kelly Today  
interview with a survivor

**TOPICS to OMIT**

**PowerPoint Slide # and Topic**



# S.H.A.R.E.

Sexuality,  
Health  
and  
Responsibility  
Education

Lesson 6: Sexual Assault/Laws  
Healthy/Unhealthy Relationships



# HEALTHY AND UNHEALTHY RELATIONSHIPS

# WHAT MAKES A RELATIONSHIP HEALTHY?

- Honesty
- Trust
- Mutual Respect
- Compromise
- Individuality
- Good Communication
- Anger Control
- Fighting Fair
- Problem Solving
- Understanding
- Self Confidence
- Physical touching and sexual limits both agreed upon



# WHAT MAKES A RELATIONSHIP UNHEALTHY

- Control
- Hostility
- Dishonesty
- Disrespect
- Dependence
- Intimidation
- Physical Violence
- Sexual Violence
- Uses manipulation or coercion
- Makes fun of me or calls me negative names



## CONSIDER THESE QUESTIONS AS YOU EXAMINE RELATIONSHIPS IN YOUR LIFE THAT ARE IMPORTANT TO YOU

- Do you accept each other as you are?
- Are you generally interested in one another's concerns?
- Do you respect one another's values?
- Do you consider yourselves equals?
- Do you jointly make decisions?
- Do you spend time with other friends?
- Can you listen to his/her advice and not feel compelled to take it?
- Do you enjoy time alone?
- Do you protect and honor one another's confidences?
- Are you honest with each other?



# SEX AND THE LAW

#MeToo

# SEXUAL ASSAULT – DEFINED

## NRS 200.366

- **Sexual Assault:**
- Subjects another person to sexual penetration, or forces another person to make a sexual penetration on himself or herself or another, or on a beast, against the will of the victim or under conditions in which the perpetrator knows or should know that the victim is mentally or physically incapable of resisting or understanding the nature of his or her conduct.
- Commits a sexual penetration upon a child under the age of 14 years or causes a child under the age of 14 years to make a sexual penetration on himself or herself or another, or on a beast.
  - “Sexual penetration” means cunnilingus, fellatio, or any intrusion, however slight, of any part of a person’s body or any object manipulated or inserted by a person into the genital or anal openings of the body of another, including sexual intercourse in its ordinary meaning. The term does not include any such conduct for medical purposes.



# SEXUAL ASSAULT - TYPES

**Sexual assault can take different forms:**

- **Dating violence:** is the emotional, physical and/or sexual abuse of one partner by another in a dating relationship.
- **Sexual Harassment:** is any unwanted sexual advances, unwanted requests for sexual favors, and other unwanted verbal or physical conduct of a sexual nature. The behavior can be intentional or unintentional and be considered sexual harassment.
- **Drug Facilitated Sexual Assault:** often known as “drug rape” or “date rape”, drug facilitated sexual assault is when someone uses the fact that you’ve taken or been given alcohol or drugs to sexually assault you.

# TEST YOUR KNOWLEDGE:

1. When is the victim responsible for being assaulted?
  - a) when they act or dress in a flirtatious manner
  - b) when they don't say no
  - c) When they drank too much
  - d) Both b & c
  - e) none of the above



**e – the victim is never at fault!**

# TEST YOUR KNOWLEDGE

2. Sexual assault is motivated by:

a. sex and desire

b. power and control

**Sexual assault is always about power and control**

3. True or False: Attractive woman are more at risk for sexual assault.

**False**



# TEST YOUR KNOWLEDGE:

4. The most common date rape drug is:
- a. Rohypnol (Roofies)
  - b. Ecstasy (X)
  - c. None of the above
- Rohypnol**
5. If a person is \_\_\_\_\_ and someone commits sexual acts with them, then a sexual assault has occurred.
- a. Asleep
  - b. Passed out
  - c. Mentally disabled
  - d. All of the above
- All of the above**





# TEST YOUR KNOWLEDGE

6. True or False: If two people are married, there can be no sexual assault between them.

**False** – NRS 200.373 states It is no defense to a charge of sexual assault that the perpetrator was, at the time of the assault, married to the victim, if the assault was committed by force or by the threat of force.



# STATUTORY SEXUAL SEDUCTION: NEVADA LAW - NRS 200.364



## STATUTORY SEXUAL SEDUCTION

- When one person in the consensual relationship is **under 16 years** old (either 14 or 15) and the other person is 18 years or older: then, the older individual is committing the crime of STATUTORY SEXUAL SEDUCTION
- A strict liability crime-the older person is ALWAYS the one responsible even if the younger person lied about their age or the parents gave permission. This is true no matter the type of relationship: LGBTQ, heterosexual, female or male perpetrator.
- **It is about age, not consent.**

# STATUTORY SEXUAL SEDUCTION

If the child is under age 14, age of the perpetrator doesn't matter

**IT'S ILLEGAL**

If the child is 14 or 15 and the perpetrator is 18 or 19 respectively

**IT IS A GROSS MISDEMEANOR**

If the child is under 16 and the perpetrator is 21 or older

**IT IS A FELONY**

A second conviction of sexual assault on a child under the age of 16.

**LIFE IN PRISON, PAROLE POSSIBLE IN 35 YEARS**

16 is the legal age of consent in Nevada



# CONSENT IS NOT THE ISSUE



**The Affirmative Consent Standard states that the person who initiates sexual contact must receive a VERBAL YES (affirmative consent) from the other person before engaging in any sexual activity -- and that consent must be ongoing throughout the sexual encounter.**

- Under the Affirmative Consent Standard, silence is NOT a "yes."
- Under the Affirmative Consent Standard, the absence of a no is NOT a "yes."
- **Under the Affirmative Consent Standard, the only "yes" is a "yes."**
- **Under the Affirmative Consent Standard, an intoxicated person cannot consent to sex, because their judgment is incapacitated by alcohol.**



# TEA CONSENT VIDEO



# STUDIES SHOW...

74% of young people who had  
intercourse before age 14

**and**

60% of those that had  
intercourse before age 15

report having a forced sexual  
experience

**NO ONE HAS  
THE RIGHT  
TO TAKE IT BY  
FORCE.**



Help is within reach.

59% of assault related incidents go unreported. If you or someone you know is a survivor of domestic violence or sexual assault, and would like information about available resources, please visit our website or take a brochure.

Rise-Now.com

 RISE-NOW

# NEVADA LAW: NRS 201.230 LEWDNESS WITH CHILD

- Victim 14 or 15
  - Offender 18 or older
  - Sexual acts = all lewd and lascivious acts except sexual assault
  - Penalty – 1 to 10 years in prison
- Victim < 14
  - Offender 18 or older
  - Sexual acts = all lewd and lascivious acts except sexual assault
  - Penalty – Life in prison, possibility of parole after 10 years



- Victim < 14
  - Offender under 18, but between 16 or 17
  - Sexual acts = all lewd and lascivious acts except sexual assault
  - Considered a “delinquent act” and subject juvenile court proceedings

# SEXUAL OFFENDER REGISTRY

- A person convicted of a Sexual Offense is considered a "Sexual Offender". This is a lifelong legal label.
- *Statutory Sexual Seduction* is a Sexual Offense in Nevada

Nevada Department of Public Safety

**NEVADA**  
SEX OFFENDER PUBLIC WEBSITE

Nevada Sheriff's & Chief's Association

Name Search Vehicle Search Geographical Search Community Notifications FAQs Resources Contact Us Definitions Statistics

**Geographic Radius Search:**

Search for sex offenders that live, work, or attend school within a 1-, 2-, or 3-mile radius of a specific address or within a specific zip code.

Street:

City:

State:

Zip Code:

Search Type:

☒ Distance from this address

☐ In my zip code



# SEXUAL ASSAULT: PATTERNS

- Rape may be **opportunistic**
  - access and availability
- Or it may be **planned**
  - calculated, ex. Stalking
- 4 out of 5 rapes are date or acquaintance rape
- 1 out of 5 is a stranger rape



# SEXUAL ASSAULT: PATTERNS

- Often rapists “groom” their victims
- They may be very sweet and charming, give the victim lots of attention and compliments, and make the victim believe she/he can trust them.
- They may also use manipulation, fear, bribery or threats.
- In a date rape, alcohol or other drugs may be involved.



# DATE RAPE DRUGS

## ROHYPNOL (ROW-HIP-NAWL)

- Odorless, colorless and tasteless, can be snorted, injected and smoked
- Effects begin 15-20 minutes
- Effects peak 1-3 hours (last up to 24 hours)
- Dissolves in any liquid
- 7 to 10 times more potent than Valium
- Primary use is as a sedative prior to surgery
- Impairs psychomotor function, can cause amnesia
- Can be fatal when mixed with alcohol



# DATE RAPE DRUGS

## GHB, GBH, LIQUID E, LIQUID X

- Rough white powder that gives of the order of mothballs, when mixed with water is odorless and colorless but does have a salty, bitter aftertaste
- Used for treatment for alcohol dependence and as an anesthetic
- Banned in the U.S. in 1990
- Effects within 10-15 minutes
- Effects peak in 4 hours
- Central nervous system depressant
- Can lead to seizures and coma





# DATE RAPE DRUGS

## KETAMINE (KETT-AH-MEAN)

- Capsules: clear, red, or black/yellow
- White crystals and tablets
- Effects in 15 minutes
- Peaks 3 hours, last 4-6 hours
- Used as:
  - an anesthetic and analgesic in emergency rooms
  - vets use for spaying cats
  - to abduct hostage victims in terrorist operations
- Central nervous system stimulant
- Causes delusions, and you can quickly build up a tolerance



# SEXUAL ASSAULT: INCIDENCE

- 293,066 average rapes per year ages 12 and over between 2009-2013
- Approximately 68% of rapes are not reported.
- 1 in 4 females will be a victim of either sexual assault or attempted SA in her lifetime
- 1 in 10 males will be a victim of either sexual assault or attempted SA in his lifetime
- 82% of rape victims know their attacker
- 50% of rapes occur within 1 mile of home
- Average of rapist - 31



# SEXUAL ASSAULT AND THE LGBTQ COMMUNITY

- The CDC's National Intimate Partner and Sexual Violence Survey found for LGB people:
- 44 percent of lesbians and 61 percent of bisexual women experience rape, physical violence, or stalking by an intimate partner, compared to 35 percent of heterosexual women
- 26 percent of gay men and 37 percent of bisexual men experience rape, physical violence, or stalking by an intimate partner, compared to 29 percent of heterosexual men
- 46 percent of bisexual women have been raped, compared to 17 percent of heterosexual women and 13 percent of lesbians

# SEXUAL ASSAULT AND THE LGBTQ COMMUNITY

- 44 % of lesbians have been raped by an intimate partner, compared to 35 % of heterosexual women
- 40 % of gay men and 47 % of bisexual men have experienced sexual violence other than rape, compared to 21 % of heterosexual men
- The 2015 U.S. Transgender Survey found that 47% of transgender people are sexually assaulted at some point in their lifetime.
- Nearly half (48 %) of bisexual women who are rape survivors experienced their first rape between ages 11 and 17.



# AVOIDING SEXUAL ASSAULT/ DATE RAPE

- Be wary of someone who calls all the shots.
- Know your own intentions and boundaries
- Avoid risky situations
- Communicate your limits firmly and directly
- Don't rely on ESP to get your message across
- Remember that some people think that drinking, dressing attractively or agreeing to go out are signs that you are willing to have sex.

**SASS – Sexual Assault Support Services**

Call [\(775\) 221-7600](tel:775-221-7600) & ask to speak with an Advocate

# AVOIDING SEXUAL ASSAULT

Sexual Abuse, Assault, and Rape  
**Awareness**



- Talk openly about your sexual expectations.
- If you know your not interested, say so.
- Listen to your gut feeling. If you're uncomfortable leave.
- Don't be afraid to shout, scream, scratch, kick. Do whatever is necessary to show you mean no.
- Go places with friends and have a plan.
- If you are raped tell someone immediately.

# AVOIDING SEXUAL ASSAULT

- **Listen carefully:** If you're not sure ask for clarification
- Don't believe that when someone says "no" they really mean yes. **"No" means no.**
- Be aware of body language. **Respect someone who is pulling away or trying to get up.**
- There is **no such thing as "owing" you sex** no matter how much time or money you spend.
- **Don't make assumptions.** Drinking, dressing sexy or flirting are not invitations to sex



# REMEMBER:



- Be aware that if you have sex with someone who is drugged, intoxicated, passed out, ***incapable of saying "no"*** or unaware of what is happening around them, you can be charged with rape
- Get involved. If you see a friend using pressure or force with someone don't be afraid to intervene. **It's the right thing to do.**

# MALE SURVIVORS OF SEXUAL ASSAULT

## FACTS ABOUT MEN AND RAPE

- Men get raped by other men and by women.
- Afterwards have concerns about sexuality and/or masculinity
- Male rapists who rape men are heterosexual 98% of the time.
  - **Remember rape is about power and control, not sex!**
- Both homosexual and heterosexual men get raped.
- Men are less likely to report rape
- Men have fewer resources and support



I don't understand why people aren't bringing awareness to male rape victims. Guys who has been raped never bring it to court because they feel embarrassed, and that's disheartening



# IF YOU ARE SEXUALLY ASSAULTED:

- **PRESERVE ALL THE EVIDENCE**
- Do not wash, bathe, douche or change clothes until you have been medically examined.
- Do not handle or disturb anything that the attacker might have touched.
- Try to remember as much about your attacker as possible; their clothes, height, weight, age, skin color, etc.



# IF YOU ARE SEXUALLY ASSAULTED:

**NOTIFY THE POLICE or**

Police: 911

**THE CRISIS CALL CENTER**

Crisis Call Center: 775-784-8090

- Use the emergency number for police. Give your location and tell them you were raped
- A police unit or detective will take you to the sexual assault examination facility
- During the exam a specially trained nurse will: treat injuries, collect forensic evidence, offer you emergency contraceptive, and treat for bacterial STI



# RAPE: TO REPORT OR NOT REPORT

## Reporting Immediately

- Allows law enforcement to collect evidence from the scene and the suspect.
- Interview witnesses in a timely fashion.
- Enable the victim to apply for Crime Victims Reparation Funds.

## **Not** Reporting Immediately

- Evidence may be permanently lost.
- Witness interviews may not be possible.
- It may be extremely difficult or impossible for charges to be filed.
- Statute of limitation on rapes prior to 2015 is 4 years
- Perpetrator may repeat actions.

# CRISIS CALL CENTER

- If you are not sure you want to report to police, call the Crisis Call Center
- They will put you in contact with Washoe County's rape exam nurses so that evidence can be collected, and you receive appropriate medical attention



# COMMERCIAL SEXUAL EXPLOITATION "SEX TRAFFICKING"

**Sex trafficking** is a form of modern slavery in which a commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such act has not attained the age of 18. (the US Dept. of Justice)

- 14 The average age a girl enters prostitution in the US.
- 1500+ Women and children sold online for sex each month in the Reno/Tahoe area. (Awaken).

ONE OUT OF EIGHT endangered runaway youths is likely a victim of human trafficking.

—National Center for Missing and Exploited Children





# LOCAL VICTIM SPEAKS OUT



# SELLING SEX

## WOMAN TRAFFICKED BY OWN BOYFRIEND SPEAKS OUT





# RESOURCES

- [Awaken](#)
- [Human Trafficking Hotline](#)