

“A misbehaving child is a discouraged child.”

-Rudolf Dreikers

Rudolf Dreikurs, an Austrian educator and psychiatrist said it best with his quote, “A misbehaving child is a discouraged child.” According to Dreikers, discouraged children may be the students who are disrupting class and misbehaving in order to gain attention, achieve power, seek revenge and to assume an attitude of inadequacy. What we aim to do is look at the behavior and understand what the child may be trying to communicate to us. School counseling is a great first step for students. It allows them the opportunity to share their feelings, regulate their emotions and control their behavior. It also encourages students to make responsible choices and solve their own problems. Children are incredibly capable!

SERVICES PROVIDED:

- Individual Counseling
- Small Group Counseling
- Monthly Classroom Lessons
- Consultations with Teachers and Parents
- Referrals to Community Resources
- Parenting Support