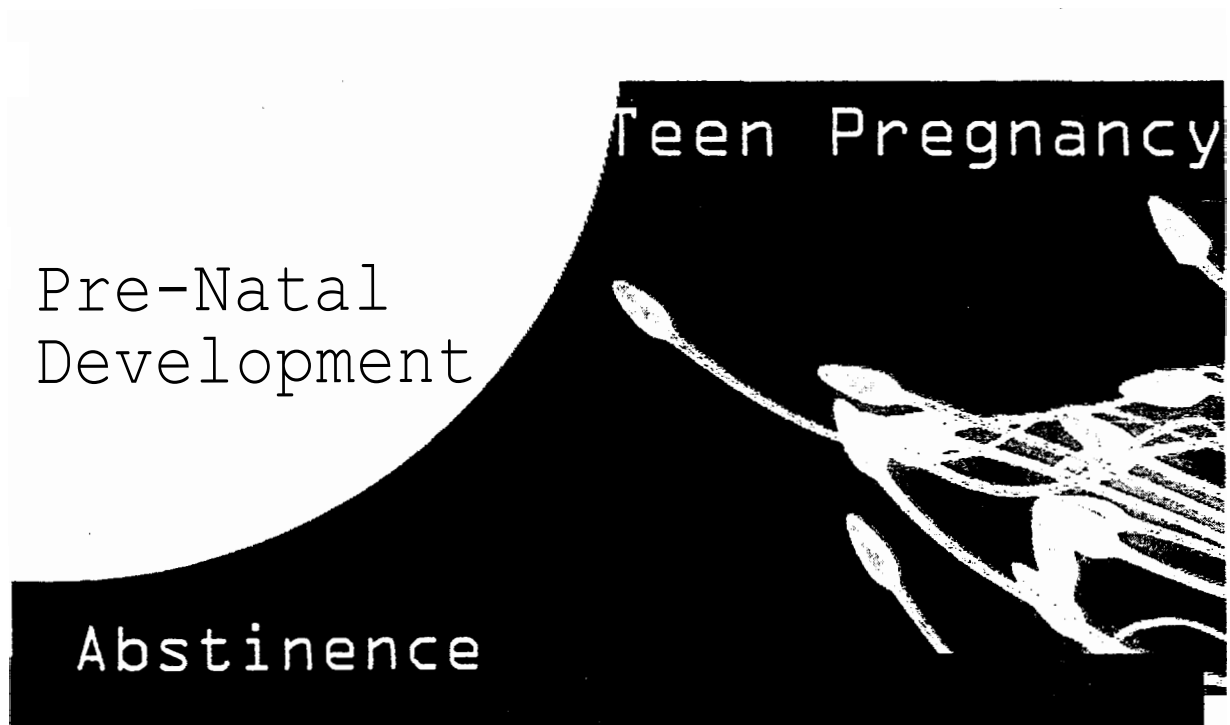


# 7<sup>TH</sup> GRADE

name \_\_\_\_\_

teacher \_\_\_\_\_ period \_\_\_\_\_

**S.H.A.R.E.** Sexuality, Health, and Responsibility Education  
Washoe County School District | Reno Nevada



## Helpful ResouKes

SHARE Teacher \_\_\_\_\_ @ \_\_\_\_\_

SHARE Website [www.washoeschools.net/Domain/483](http://www.washoeschools.net/Domain/483)

School Counselor - - - - -

### Media and Sexuality

1. How are women portrayed in the media?

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2. How are men portrayed in the media?

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3. How do you think the media influences teens?

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4. How does the media influence relationships?

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5. How can you resist negative media influences?

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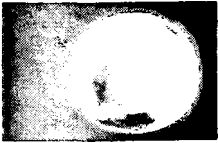
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# Pre-Natal Development

From our discussion and the video, "The Nine Month Journey" answer the following questions:



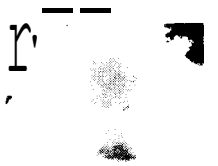
1. A new life is conceived when the male sex cell, a \_\_\_\_\_ fertilizes the female sex cell, an \_\_\_\_\_.

2. Which cell, the sperm or the egg, determines a baby's gender? \_\_\_\_\_.



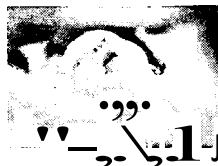
3. The fertilized egg cell implants itself into the lining of the \_\_\_\_\_.

4. The embryo's heart begins to beat at \_\_\_\_\_ weeks. The organs are fully developed by \_\_\_\_\_ weeks.



5. How does a fetus get oxygen and nutrients inside the uterus? \_\_\_\_\_  
\_\_\_\_\_

6. The \_\_\_\_\_ filters out most viruses and bacteria from getting to the fetus. It does NOT filter out drugs and alcohol.



7. How many weeks is a full-term pregnancy? \_\_\_\_\_.

8. What is the safest position for a baby to be born? Feet or head first? \_\_\_\_\_

Why? \_\_\_\_\_

# Understanding Pregnancy

1. What are the first symptoms of pregnancy?

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_



2. Identify 3 things a woman should do if she thinks she is pregnant:

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_



3. Name 3 things a woman should NOT do if she thinks she is pregnant.

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_



# Teen Pregnancy

1. How would your life change if you were a teen parent? Think about school, social life, family life, money and jobs.

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_

2. List three things that you believe EVERY baby deserves when it is born.

- A. .- \_\_\_\_\_
- B. .- \_\_\_\_\_
- C. .- \_\_\_\_\_

3. When do you think a person is ready to be a good parent? Why? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Why is abstinence a healthy and responsible choice for you and your future? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. What should a teen consider before becoming sexually active? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. Who could I go to for help, support, and answers to my questions?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# Establishing Boundaries

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Establishing boundaries in a relationship means telling the other person what you want and expect in your relationship, and *what you don't want*. Let's practice setting your boundaries.

<i>How could establishing boundaries in my relationships protect me?</i>	<i>How could it make the relationship stronger?</i>
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1. I want to spend time with you and have fun together, but I don't want you to \_\_\_\_\_
2. I want to be close to you. I like to kiss and hug, but I don't want to \_\_\_\_\_
3. I want you to respect my values and not \_\_\_\_\_
4. When we disagree on something, I want you to respect my opinion instead of \_\_\_\_\_
5. I want to be honest and open with you about my feelings, my likes and dislikes, but I don't want you to \_\_\_\_\_
6. I want you to enjoy hanging out with my friends, but I don't want you to \_\_\_\_\_

**I want you to respect who I am,  
and understand that I have the  
right to make my own decisions.**



A  
B  
S  
T  
I  
N  
E  
N  
C  
E

VIDEO: Real People: Teens Who Choose Abstinence



*Why Do Teens Choose  
To Have Sex*

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*Why Do Teens Choose to Wait  
(Abstinence)*

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**YOU HAVE THE RIGHT TO SAY, "NO"!**

# Refusal Skills

The following steps will help you get out of a pressured situation:

1. \_\_\_\_\_ -
2. \_\_\_\_\_ -
  - a. \_\_\_\_\_ -
  - b. \_\_\_\_\_ -
3. \_\_\_\_\_ -
5. \_\_\_\_\_ -



# Notes

# Notes

WASHOE COUNTY SCHOOL DISTRICT

SEXUALITY, HEALTH AND RESPONSIBILITY  
EDUCATION (SHARE) PROGRAM

Parent Feedback Form  
for Parents of 7<sup>th</sup> Grade Students

Your feedback about the SHARE program is very important to us. The information you provide will make it possible for us to improve this program. Please answer all the questions below. Do not put your name on this form. This information is confidential and anonymous.

A. COMMUNICATION WITH YOUR CHILD ABOUT SHARE

1. Has your child communicated with you about the information he/she has learned in the SHARE program? (Choose ONE)

- Yes                       No (if NO, continue to question 2)

IF YES, which of the following have you talked with your child about since being in the SHARE program? (Check ALL that apply)

- Curfew (what time to be home at night)  
 Dating  
 Relationship stages/qualities  
 Puberty  
 Male reproductive system  
 Female reproductive system  
 The menstrual cycle  
 Sexual intercourse  
 How pregnancy occurs  
 Abstinence  
 Sexual transmitted infections (STIs)  
 HIV/AIDS  
 Methods of birth control  
 Peer pressure  
 Refusal skills  
 Decision-making/choices  
 Consequences  
 The goals he/she has set as a result of the SHARE program  
 Other:

2. Based upon your discussions with your child, how much do you believe your child learned from this program? (Choose ONE)

- My child learned a great deal.                       My child did not learn very much.  
 My child learned a few things.                       My child did not learn anything at all.  
 I am not sure since I have not discussed this with my child.

3. Which topic covered through the SHARE program did your child express the most interest in?

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4. Was there a topic that was covered through the SHARE program that your child seemed confused about? (Choose ONE)

Yes       No (continue to Section B)       I am not sure (continue to Section B)

Yes, which topic? \_\_\_\_\_

**B. GENERAL INFORMATION ABOUT YOUR CHILD**

1. Which school does your child attend? \_\_\_\_\_

For each of the following questions, choose ONE response.

2. Which of the following is correct?

My child attended all lessons of the SHARE program.  
 My child attended some of the lessons of the SHARE program.

3. Which grade is your child in?

7th Grade       8th Grade       9th Grade

4. How old is your child?

12       13       14       15       16       17

5. Which gender is your child?

Male       Female

6. Which best describes the race/ethnicity of your child?

Asian/Pacific Islander       Black, Not Hispanic  
 Hispanic       Native American/Alaskan Native  
 White, Not Hispanic