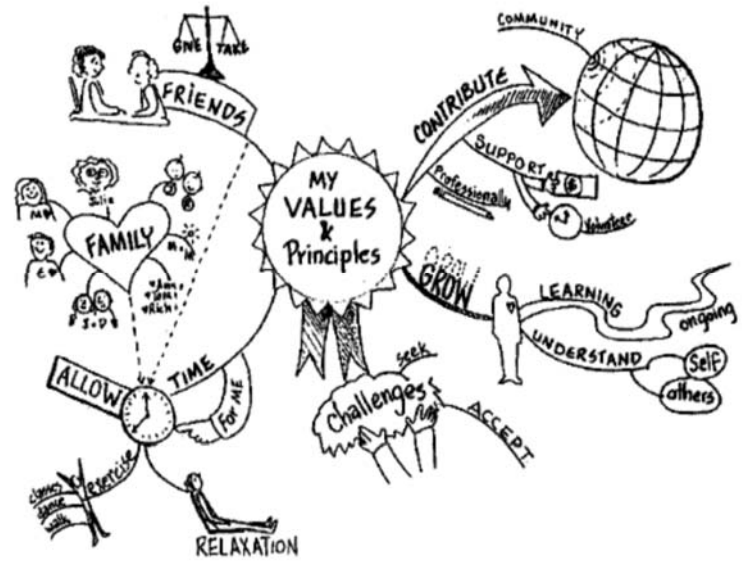


6th Grade S.H.A.R.E.

Sexuality, Health, and Responsibility Education
Washoe County School District
<http://www.washoeschools.net/Page/495>



Values are what we believe to be important in life. Part of growing up means we are able to stick to our positive values even under pressure.

LIST SOME OF YOUR MOST IMPORTANT VALUES

- | | |
|----------|----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |

Goals are things you want to achieve.
Setting your goals should be based on your values.

LIST SOME OF YOUR GOALS:

SHORT-TERM GOALS: goals for tomorrow or next week

1. _____
2. _____

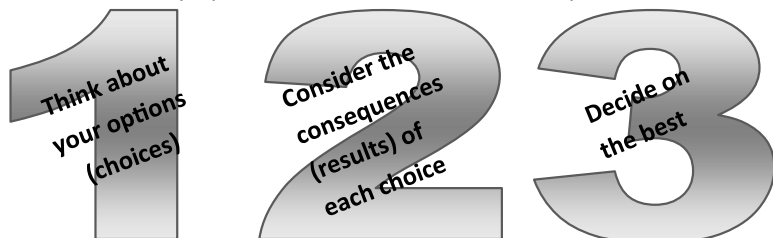
LONG-TERM GOALS: goals for the next few years

1. _____
2. _____

DECISION MAKING

VALUES \rightleftarrows GOALS \rightleftarrows DECISIONS

Decision making is an on-going process.
Before making a decision, thinking about how it fits in with your values. Will your decision help you or could it harm you?



Notes

WHAT HAPPENS WHEN...

1. You're at a party. Someone there seems really attracted to you. You're definitely interested. Some people at the party are drinking and so is this person. He or she comes over and offers you a drink.

Choices

_____ OR _____

Consequences

_____	_____
_____	_____
_____	_____
_____	_____

2. A friend has asked you to sleepover this weekend. The plan is to sneak out after the parents are asleep to meet a group of friends of the opposite sex.

Choices

_____ OR _____

Consequences

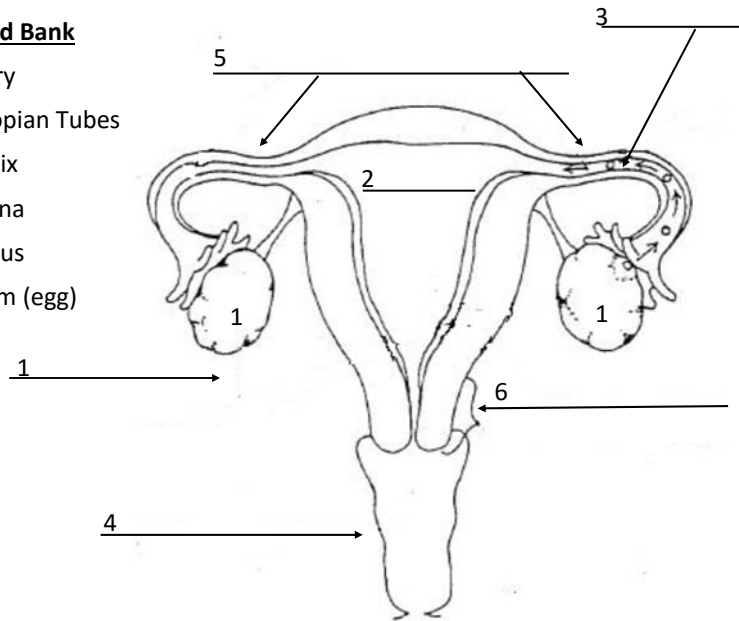
_____	_____
_____	_____
_____	_____
_____	_____

Homework: Discuss with your parents your values, goals, and review the steps in decision making. Talk to them about a hard decision they had to make when they were your age.

Female Reproductive System

Word Bank

Ovary
Fallopian Tubes
Cervix
Vagina
Uterus
Ovum (egg)



Notes

1. _____ Two glands that contain a woman's egg cells and produce female hormones (estrogen).
2. _____ Muscular organ line with soft, nourishing tissue that carries the fetus until birth.
3. _____ Female reproductive cell.
4. _____ Flexible passageway leading from the cervix to the outside of the body; cleanses itself by making normal mucous secretions.
5. _____ two tubes through which the ovum travels to the uterus.
6. _____ The narrow part of the uterus that opens into the vagina.

Decision Making

Making good decisions involves gathering information, thinking about possible outcomes, choosing a path, and taking responsibility for what happens as a result.

Choosing how to protect yourself involves learning about sexual behaviors and risks, understanding pregnancy and STIs, exploring disease prevention, and learning to communicate.

Pitch Lines: Pitch lines are a form of peer pressure and they can make you feel like you have no choice, but **YOU DO HAVE A CHOICE!** Prepare yourself by thinking of how you will react in sexual situations.



•PITCH LINE•	•WHAT I PLAN TO DO AND/OR SAY•••
"Trust Me! Nobody gets pregnant the first time they have sex."	
"Everybody's doing it."	
"You say you love me, prove it."	
"What's the matter, are you scared?"	

In your opinion, which qualities are the most important when deciding to date someone?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Express your Love...HOW?

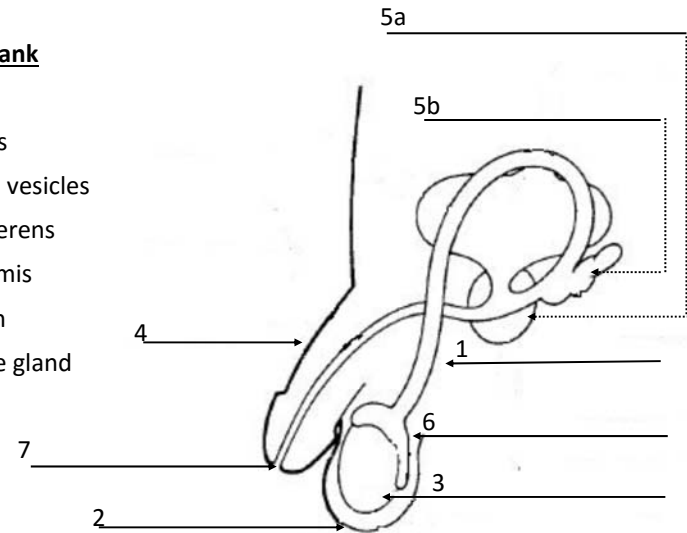
List non-sexual ways to express love



Male Reproductive System

Word Bank

- Penis
- Testicles
- Seminal vesicles
- Vas deferens
- Epididymis
- Scrotum
- Prostate gland
- Urethra



1. _____ The tubes which transport sperm from the testicles to the urethra (7).
2. _____ the sack of skin that holds the testicles.
3. _____ Two oval shaped glands in the scrotum that produce a male hormone (testosterone) and sperm.
4. _____ Male sex organ; also allows urine to leave the body.
5. a. _____ b. _____ The glands whose fluids combine with sperm to make semen.
6. _____ Storage chamber attached to each testicle where the sperm grow and mature.

ABSTINENCE

In the S.H.A.R.E. Program,
Abstinence means postponing
or waiting for sexual
intercourse until you
grow up, fall in love,
and form a long-term,
faithful, loving



When do you think a person is ready to be in a long-term committed relationship?



Abstinence is a responsible,
healthy choice for me because...

1. _____
2. _____
3. _____

HIV/AIDS FACTS

DEFINITIONS

H - HUMAN

I - IMMUNODEFICIENCY

V - VIRUS

A - ACQUIRED

I - IMMUNE

D - DEFICIENCY

S - SYNDROME

HIV is the virus that causes AIDS

Why is this disease so dangerous? How does it hurt you? _____

Three common ways to transmit HIV

1. _____
2. _____
3. _____

What 4 body fluids can transmit HIV?

1. _____
2. _____
3. _____
4. _____

**There is no cure!
Only Prevention!**

AIDS HOTLINE: 1-800-342-AIDS (2347)