

Tema de la lección: Consentimiento

- El contenido de esta lección podría ser desencadenante para algunos estudiantes.

Objetivos:

- Definir el término consentimiento

Actividades:

Video: Consentimiento explicado (1:46) <https://youtu.be/5vmsfhw-czA>

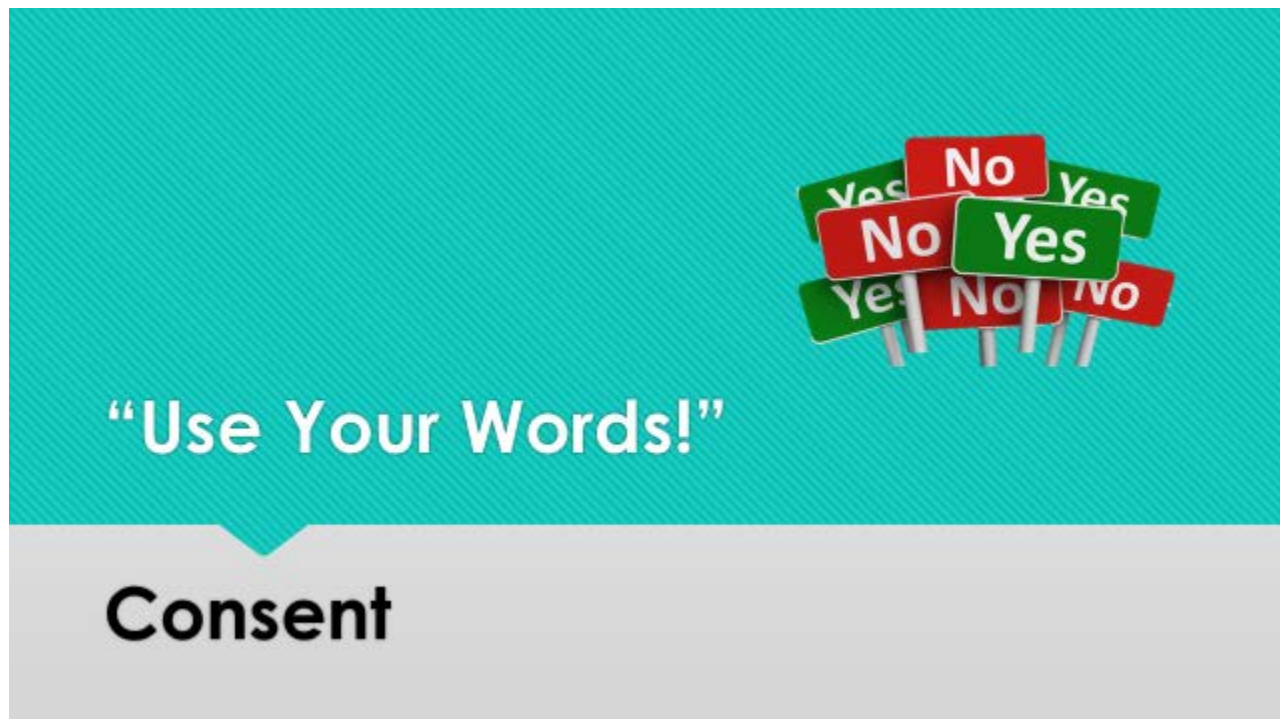
Introducción de la lección:

- COMPARTIR es importante para todos en la clase.
- El objetivo es que cada uno de ustedes sienta que estas clases se relacionan con usted y su vida.
- Este plan de estudios y los debates de clase resultantes tienen la intención de ser respetuosos e inclusivos de muchas perspectivas y permitir que todos los estudiantes se vean y comprendan su propia salud y sexualidad.
- El propósito de COMPARTIR es ayudarlo a tomar decisiones informadas y evitar comportamientos que lo pongan en riesgo.
- Todas las preguntas son bienvenidas. Si no se siente cómodo preguntando en clase, le proporcionaré papel para preguntas anónimas o puede hablar conmigo más tarde.

Consentimiento Sexual- "Usa tus palabras"

El enfoque de la lección que tenemos hoy es sobre el tema del Consentimiento.

Slide 1:



El consentimiento sexual es un acuerdo para participar en una actividad sexual. Antes de tener relaciones sexuales con alguien, debes saber si ellos también quieren tener relaciones sexuales contigo. También es importante ser honesto con tu pareja sobre lo que quieres y lo que no quieres.

Slide 2:

Consent...

- Is a clear and **ENTHUSIASTIC** "Yes"
- Any signs of discomfort should be read as a "No"
- Only meaningful if it is NOT coerced
- A shared responsibility of everyone engaging in or who wants to engage in any kind of sexual interaction.
- Must be...
 - freely given, reversible, enthusiastic, informed and specific with both words and behaviors matching.

Slide 3: Edad de consentimiento

Importante tener en cuenta: Nevada no tiene una exención por ambos tener la misma edad o cerca en la edad. [Close in age exemptions](#), comúnmente conocidas como "leyes de Romeo y Julieta", se implementan para evitar el enjuiciamiento de las personas que participan en actividades sexuales consensuadas cuando ambos participantes tienen una edad significativamente cercana y uno o ambas parejas tienen menos de la edad de consentimiento.

Debido a que no existe tal "ley de Romeo y Julieta" en Nevada, es posible que dos personas menores de 16 años que estén dispuestas a tener relaciones sexuales sean procesadas por violación legal [-both be prosecuted for statutory rape](#), aunque esto es raro. Del mismo modo, no se reservan protecciones para las relaciones sexuales en las que un participante tiene 15 años y el otro tiene 16 o 17 años.

<https://www.ageofconsent.net/states/nevada>

Age of consent



○ The legal age at which an individual is considered mature enough to consent to sex.

○ **NV: 16**

- The age of consent varies by state.
- Consent **CAN NOT** be given when an individual is under the influence of drugs and/or alcohol.

Slide 4-6:

Consentir y pedir consentimiento se trata de establecer sus límites personales y respetar los de su pareja, y de registrarse (en todo momento), si las cosas no están claras. Ambas personas deben aceptar tener sexo, cada vez, para que sea consentido.

Consent → Communication



- In a healthy relationship, both partners are able to openly talk about and agree on what kind of activity they want to engage in.
- Whether it's holding hands, kissing, touching, intercourse, or anything else, it's really important for everyone in the relationship to feel comfortable with what's happening.

Consent looks like...

- When you're engaging in sexual activity, **consent is about communication.**
- And it should happen every time - continuously checking in with your partner.
- Giving consent for one activity, one time, does not mean giving consent for increased or recurring sexual contact.
 - For example, agreeing to kiss someone doesn't give that person permission to remove your clothes or touch your genitals.
 - Having sex with someone in the past doesn't give that person permission to have sex with you again in the future.
 - Sexual activity should only occur at the pace at which everyone is comfortable with.

<https://www.rahn.org/articles/what-is-consent>

You can change your mind at any time



- You can withdraw consent at any point.
- It's important to clearly communicate to your partner that you are no longer comfortable with this activity and wish to stop.
- The best way to ensure both parties are comfortable with any sexual activity is to talk about it.

Video: Consent Explained



Sin consentimiento, la actividad sexual (incluido el sexo oral, el contacto genital y la penetración vaginal o anal) es agresión sexual o violación.

Slide 8:¿Qué no es un consentimiento?

Consent is **NOT** ...

- Refusing to acknowledge "no"
- Assuming that wearing certain clothes, flirting, or kissing is an invitation for anything more
- Someone being under the legal age of consent, as defined by the state
- Someone being incapacitated because of drugs or alcohol
- Pressuring someone into sexual activity by using fear or intimidation
- Assuming you have permission to engage in a sexual act because you've done it in the past

About Sexual Assault

- Sexual violence happens in every community and affects people of all genders and ages.
- Sexual violence is any type of unwanted sexual contact. This includes words and actions of a sexual nature against a person's will and without their consent.
- A person may use force, threats, manipulation, or coercion to commit sexual violence.

What it may look like...

- Rape or sexual assault
- Child sexual assault and incest
- Sexual assault by a person's spouse or partner
- Unwanted sexual contact/touching
- Sexual harassment
- Sexual exploitation and trafficking
- Exposing one's genitals or naked body to other(s) without consent
- Masturbating in public
- Watching someone engage in private acts without their knowledge or permission
- Nonconsensual image sharing (sexting)

Regulación Administrativa 5701 del WUSD: El acoso sexual se define como avances sexuales no deseados, solicitudes de favores sexuales y otra conducta verbal o física de naturaleza sexual cuando la sumisión o el rechazo de esta conducta afecta explícita o implícitamente la capacidad de un individuo para recibir una educación, sin razón interfiere con el

desempeño educativo de un individuo o crea un ambiente educativo intimidante, hostil u ofensivo. El término acoso sexual incluye violencia sexual bajo el Título IX.

Slide 11:

Qué tengo que hacer...

Importante tener en cuenta: recuerde a los estudiantes que busquen a un adulto de confianza si alguien está en peligro.

What should I do if I see someone being assaulted?

Create a distraction: Do what you can to interrupt the situation. A distraction can give the person at risk a chance to get to a safe place.

Ask directly: Talk directly to the person who might be in trouble.

Refer to an authority: Sometimes the safest way to intervene is to refer to a neutral party with the authority to change the situation, like a teacher or other trusted adult.

Enlist others: It can be intimidating to approach a situation alone. Enlist another person to support you.

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org y rainn.org/es)

Slide 12: Recueden...

Remember...

Unless it's an **ENTHUSIASTIC YES** for both you and your partner, it's an absolute no.



Slide 13: Leave up and encourage students to take pics for future reference

Who to contact for help... take a pic!

SASS – Sexual Assault Support Services

- Call (775) 221-7600 & ask to speak with an Advocate
- Text: "SASS" to 839863

- Domestic Violence Resource Center: 775-329-4150
- Safe Embrace: 775-322-3466
- Crisis Support Services: 1-800-273-8255
 - Text "care" to 839863
- Wingspan– serves people who are LGBTQ
Hotline 520-624-0348 or 1-800-553-9387
Bilingual 24/7

- The Anti Violence Project– serves people who are LGBTQ
Hotline 212-714-1124 Bilingual 24/7
- GLBT National Help Center
Hotline 1800-246-PRIDE (1-800-246-7743) or
Online Chat
at <http://www.volunteerlogin.org/chat/>
- National Sexual Assault Hotline – supports LGBTQ people
1-800-656-HOPE (4673) 24/7 or
Online Counseling at <https://ohl.rainn.org/online/>
- Awaken- 775-393-9183
- Love Is Respect hotline: 1-866-331-99474 (24/7)
or Text "loveis" 22522
- Step Up! Nevada, Stop Violence!
<http://www.stepupstopviolence.org/>