

Lesson Topic: Consent

- The content of this lesson could be triggering for some students

Objectives:

- Define the term consent

Activities:

Video: Consent Explained (1:46) <https://youtu.be/5vmsfhw-czA>

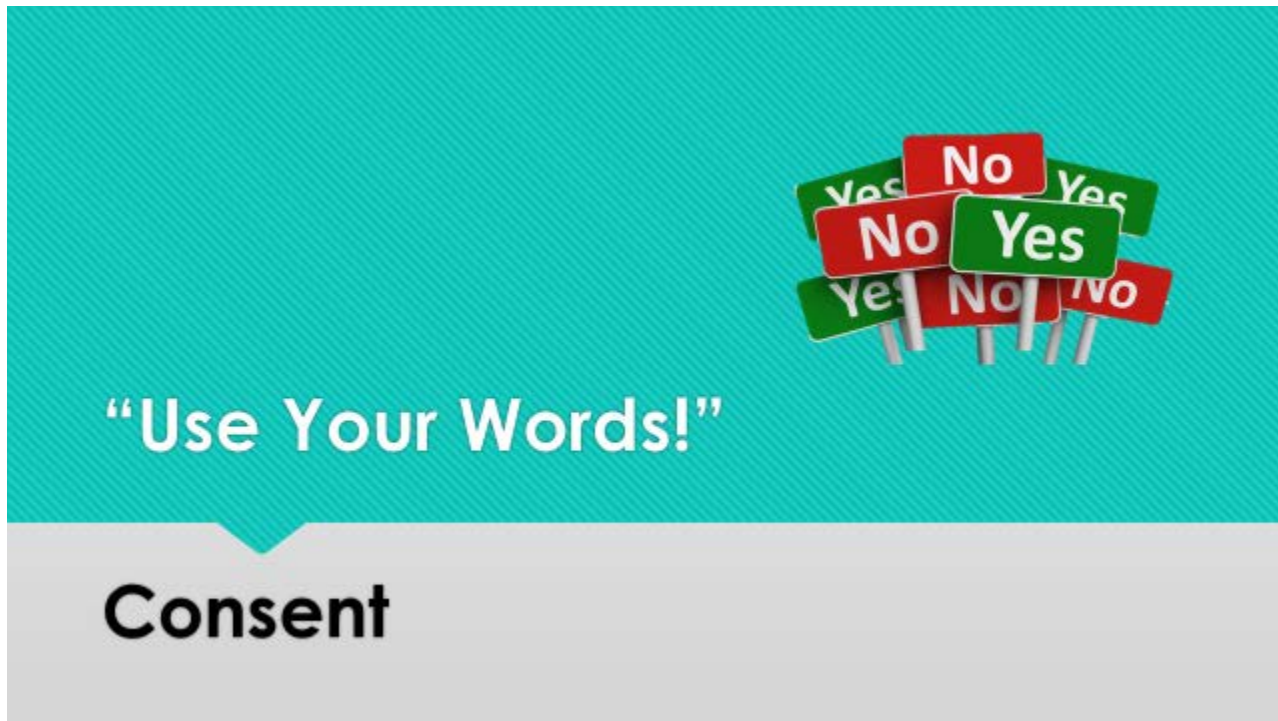
Lesson Intro:

- SHARE is important for everyone in the class.
- The goal is for every one of you to feel that these classes relate to you and your life.
- This curriculum and resulting class discussions are intended to be respectful and inclusive of many perspectives and allow all students to see themselves and understand their own health and sexuality.
- The purpose of SHARE is to assist you in making informed choices and avoid behaviors that put you at risk.
- All questions are welcome. If you don't feel comfortable asking in class, I've provided paper for anonymous questions or you may talk with me later.

Sexual Consent- "Use Your Words"

The lesson focus we have today is on the topic of Consent.

Slide 1:



Sexual consent is an agreement to participate in a sexual activity. Before being sexual with someone, you need to know if they want to be sexual with you too. It's also important to be honest with your partner about what you want and don't want.

Slide 2:

Consent...

- Is a clear and **ENTHUSIASTIC** "Yes"
- Any signs of discomfort should be read as a "No"
- Only meaningful if it is NOT coerced
- A shared responsibility of everyone engaging in or who wants to engage in any kind of sexual interaction.

- Must be...
 - freely given, reversible, enthusiastic, informed and specific with both words and behaviors matching.

Slide 3: Age of Consent

Important to note: **Nevada does not have a close-in-age exemption.** [Close in age exemptions](#), commonly known as "Romeo and Juliet laws", are put in place to prevent the prosecution of individuals who engage in consensual sexual activity when both participants are significantly close in age to each other, and one or both partners are below the age of consent.

Because there is no such "Romeo and Juliet law" in Nevada, it is possible for two individuals both under the age of 16 who willingly engage in intercourse to [both be prosecuted for statutory rape](#), although this is rare. Similarly, no protections are reserved for sexual relations in which one participant is a 15 year old and the second is a 16 or 17 year old. <https://www.ageofconsent.net/states/nevada>

Age of consent



○ The legal age at which an individual is considered mature enough to consent to sex.

○ **NV: 16**

- The age of consent varies by state.
- Consent **CAN NOT** be given when an individual is under the influence of drugs and/or alcohol.

Slide 4-6:

Consenting and asking for consent are all about setting your personal boundaries and respecting those of your partner — and checking in (throughout), if things aren't clear. Both people must agree to sex — every single time — for it to be consensual.

Consent → Communication



- In a healthy relationship, both partners are able to openly talk about and agree on what kind of activity they want to engage in.
- Whether it's holding hands, kissing, touching, intercourse, or anything else, it's really important for everyone in the relationship to feel comfortable with what's happening.



Consent looks like...

- When you're engaging in sexual activity, **consent is about communication.**
- And it should happen every time - continuously checking in with your partner.
- Giving consent for one activity, one time, does not mean giving consent for increased or recurring sexual contact.
 - For example, agreeing to kiss someone doesn't give that person permission to remove your clothes or touch your genitals.
 - Having sex with someone in the past doesn't give that person permission to have sex with you again in the future.
 - Sexual activity should only occur at the pace at which everyone is comfortable with.

You can change your mind at any time



- You can withdraw consent at any point.
- It's important to clearly communicate to your partner that you are no longer comfortable with this activity and wish to stop.
- The best way to ensure both parties are comfortable with any sexual activity is to talk about it.

Slide 7: Video- "Consent Explained"

Video: Consent Explained



Without consent, sexual activity (including oral sex, genital touching, and vaginal or anal penetration) is sexual assault or rape.

Slide 8: What Consent is not

Consent is **NOT** ...

- Refusing to acknowledge “no”
- Assuming that wearing certain clothes, flirting, or kissing is an invitation for anything more
- Someone being under the legal age of consent, as defined by the state
- Someone being incapacitated because of drugs or alcohol
- Pressuring someone into sexual activity by using fear or intimidation
- Assuming you have permission to engage in a sexual act because you've done it in the past

Slides 9-10 Sexual Assault

About Sexual Assault

- Sexual violence happens in every community and affects people of all genders and ages.
- Sexual violence is any type of unwanted sexual contact. This includes words and actions of a sexual nature against a person's will and without their consent.
- A person may use force, threats, manipulation, or coercion to commit sexual violence.

What it may look like...

- Rape or sexual assault
- Child sexual assault and incest
- Sexual assault by a person's spouse or partner
- Unwanted sexual contact/touching
- Sexual harassment
- Sexual exploitation and trafficking
- Exposing one's genitals or naked body to other(s) without consent
- Masturbating in public
- Watching someone engage in private acts without their knowledge or permission
- Nonconsensual image sharing (sexting)

WCSD Admin Reg 5701: Sexual Harassment is defined as unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature when submission to or rejection of this conduct explicitly or implicitly affects an individual's ability to receive an education, unreasonably interferes with an individual's educational performance or creates an intimidating, hostile or offensive educational environment. The term sexual harassment includes sexual violence under Title IX.

Slide 11: What should I do...

Important to note: remind students to seek a trusted adult if anyone is in danger

What should I do if I see someone being assaulted?

Create a distraction: Do what you can to interrupt the situation. A distraction can give the person at risk a chance to get to a safe place.

Ask directly: Talk directly to the person who might be in trouble.

Refer to an authority: Sometimes the safest way to intervene is to refer to a neutral party with the authority to change the situation, like a teacher or other trusted adult.

Enlist others: It can be intimidating to approach a situation alone. Enlist another person to support you.

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org y rainn.org/es)

Slide 12: Remember...

Remember...

Unless it's an **ENTHUSIASTIC YES** for both you and your partner, it's an absolute no.



Slide 13: Leave up and encourage students to take pics for future reference

Who to contact for help... take a pic!

SASS – Sexual Assault Support Services

- Call (775) 221-7600 & ask to speak with an Advocate
- Text: "SASS" to 839863

- Domestic Violence Resource Center: 775-329-4150
- Safe Embrace: 775-322-3466
- Crisis Support Services: 1-800-273-8255
 - Text "care" to 839863
- Wingspan– serves people who are LGBTQ
Hotline 520-624-0348 or 1-800-553-9387
Bilingual 24/7

- The Anti Violence Project– serves people who are LGBTQ
Hotline 212-714-1124 Bilingual 24/7
- GLBT National Help Center
Hotline 1800-246-PRIDE (1-800-246-7743) or
Online Chat
at <http://www.volunteerlogin.org/chat/>
- National Sexual Assault Hotline – supports LGBTQ people
1-800-656-HOPE (4673) 24/7 or
Online Counseling at <https://ohl.rainn.org/online/>
- Awaken- 775-393-9183
- Love Is Respect hotline: 1-866-331-99474 (24/7)
or Text "loveis" 22522
- Step Up! Nevada, Stop Violence!
<http://www.stepupstopviolence.org/>