

Prideland Family Connection

O'Brien Middle School



Academic Warnings

Academic warnings will be mailed out in the next few weeks. Academic warnings are a snapshot of progress provided to parents and guardians as a means to communicate academic areas of concern. It is important to remember that grades and information may have changed by the time the notice reaches you. For the most up to date information, please log on to Infinite Campus Parent Portal. You can find a very informative video explaining academic warnings, how to log on to infinite campus, staff contact information, and O'Brien tutoring opportunities at the O'Brien Counseling webpage <https://www.washoeschools.net/Page/2341>.

21/22 Celebrations and Challenges

We are so happy to have all of our Lions back on campus this year! We also understand that this year has presented its own set of celebrations and challenges. Students are experiencing many shifts in their schedules and daily routines, including, transitioning back to being on campus every day, managing temporary distance learning, and wearing masks every day. With these additional stressors, you may be seeing increased signs of stress or anxious feelings from your student.

There are ways to help you student recognize and ease their feelings of stress. Creating consistency and routine in the things we can control, such as bedtime, morning and homework routines can help reassure students during times of transition.

Getting enough sleep, nourishment, and exercise are also important for you mind and body to feel strong enough to handle daily ups and downs. Along with a structured routine during the week your student can access free breakfast and lunch on campus.

Connecting with others. Spending time with friends or family can be a great way to release some of the pressures of the day. Student clubs are one of the things we are celebrating this school year. They can be a great way for students to connect with peers. Student clubs at O'Brien are offered at lunch and after school. For a complete list of clubs and meeting times go to the O'Brien webpage <https://www.washoeschools.net/obrien>.

If you are interested in finding additional support for your student, please reach out to your student's school counselor.

Counseling and Social Work Department

Mr. Howe

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Ms. Reyes

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Mrs. Hendrixson-Metcalf

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Mrs. Jeakins

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Website:

www.washoeschools.net/obrien

To find up to date school information and community resources.

O'Brien Resource List

[Click Here](#)