



Youth Mental Health + Wellness Series

Presented by Renown Health's Stacie Mathewson Behavioral Health & Addiction Institute

From the local nonprofit Life Is Worth It, this 12-month virtual series helps educate parents, families and caregivers of youth on total life wellness to prevent youth suicide.

When: Every third Wednesday of the month starting January 17, 2024

Time: 6-7:15 p.m.

Where: Virtual Zoom, register with the QR code or by visiting lifeisworthit.org/events.

For more information, email Emma White at Emma@lifeisworthit.org or Steve Shell at Steve.Shell@renown.org.

