

COMMUNITY RESOURCES
WASHOE COUNTY LAW LIBRARY

24 HOUR HOTLINES

A Safe Embrace (24 Hr Crisis Hotline-DV/Sexual Violence, Sexual Assault, Human Trafficking).....	775-322-3466
220 S. Rock Blvd., Suite 7, Reno, NV	
Addictions.com	800-662-4357
Alzheimer's Association of Northern Nevada (639 Isbell Rd., Suite 240, Reno, NV).....	1-800-272-3900
24/7 Support, Advice, and Information Regarding Alzheimer's Disease	
Child Protective Services ...(Human Services Agency).....	775-785-8600
24 Hr. Hotline	
Children's Mobile Crisis Response Team	775-688-1670
Intervention and Short-Term Support for Youth Dealing with Behavioral or Mental Health Crisis	
Crisis Support Services	TEXT TO 839863 or call 800-273-8255
Domestic Violence Resource Center (24 Hr Hotline for Victims of Domestic Violence).....	775-329-4150
Or email: info@domesticviolenceresourcecenter.org	
MADD (Mothers Against Drunk Driving).....	877-MADD-HELP (1-877-623-3435)
Provide Emotional Support, Compensation, Referrals, and Other Assistance for Victims of Drunk Driving	
National Domestic Violence Hotline	1-800-799-SAFE(7233) or TTY 1-800-787-3224
Nevada211 (Shelter, Food, Counseling, Healthcare, Childcare, Legal Aid, etc.).....	211 or 866-535-5654
Nevada Poison Center (24 Hr Hotline).....	775-982-4129
Real Choices Women's Center (Cost-free pregnancy care and counseling).....	877-398-7734
Sexual Assault Support Services Sexual Assault, Trafficking, Domestic Violence.....	775-221-7600
(PO Box 8016, Reno NV)	
Sierra Community House (Formerly Tahoe SAFE Alliance)	800-736-1060
Provide Hunger Relief, Emergency Rental Assistance, Crisis Intervention, Family Support, Mediation and Legal	
Crisis Support Services of Nevada	988
Help for Victims of Depression, Abuse, Domestic Violence, Sexual Assault, and Substance Use	
Veterans Center (5580 Mill St, Suite 600, Reno, NV) Counseling for Veterans, AA/NA Meetings.....	877-927-8387
Vitality Unlimited (1135 Terminal Way, Suite 108, Reno, NV).....	775-322-3668
Crisis Management for Mental Health, Behavioral Health, and Substance Use	
Washoe311	311
(Non-Emergency Services Such as Special Event Info, Stray Animals, Graffiti, Road Damage etc.)	
Xquisite 24 Hour Emergency help (Sex Trafficking, Sexual Assault and Domestic Violence)	775-410-0536
Youth 24 Hour Emergency	
	775-410-9435

ABUSE/NEGLECT

A Safe Embrace (24 Hr Crisis Hotline-DV/Sexual Violence, Sexual Assault, Human Trafficking).....	775-322-3466
220 S. Rock Blvd., Suite 7, Reno, NV	
Awaken (435B Spokane St., Reno, NV) Commercial Sexual Exploitation	775-393-9183
Child Protective Services (also Child Abuse & Neglect Hotline-Reno) Reno location.....	775-785-8600
350 S. Center St., Reno, NV	
Crisis Support Services of Nevada	988
Help for Victims of Depression, Abuse, Domestic Violence, Sexual Assault, and Substance Use	
Domestic Violence Resource Center (24 Hr. Hotline for Victims of Domestic Abuse)	775-329-4150
1735 Vassar St., Reno, NV	
Elder Abuse/Neglect (Not a 24 Hr. Hotline)	888-729-0571
Human Services Agency (350 S. Center St, Reno, NV) Child services.....	775-786-8600
Domestic Violence Advocates-Nikki Jones (advocate for adults and elderly of CPS cases).....	
	775-337-4468
	-Amanda Knight
	775-337-4531
Helping Survivors	Online Contact Form Only
Information and Support for Survivors of Sexual Assault and Violence	
Nevada Department of Health and Human Services Division of Child and Family Services (CPS) state website	
Clark Co.	702-399-0081
Washoe Co.	833-900-7233

All other counties in Nevada 833-571-1041
 Afterhours, Weekend and Holidays 833-803-1183
[Reno/Sparks Indian Colony Health & Human Services. for Native Americans](#) 775-329-5071
 405 Golden Lane, Reno, NV
 Provide Family-Centered and Culturally Sensitive Protective Services to Children and Adults
[Protection Order Help Center](#) (Protection Order Applications) 775-328-3127
[Sierra Community House](#) (formerly Tahoe SAFE Alliance)
 Incline Village (948 Incline Way, Incline Village, NV) Mon.-Fri. 9am-5pm 530-546-0952
 Kings Beach (265 Bear St., Kings Beach, CA) Mon.-Fri. 9am-5pm 530-546-0952
 Truckee (11695 Donner Pass Rd., Truckee, CA) Mon., Tue., Thur., 9am-5pm; Wed. 10am-6pm 530-546-0952
 Truckee Soaring (12313 Soaring Way, Suite B, Truckee, CA) Mon.-Fri. 9am-5pm 530-546-0010
[Tu Casa Latina](#) 775-432-9929
 Assistance Offered to Immigrant Victims of Domestic Violence, Abuse, and Sex Trafficking
[Women and Children’s Center of the Sierra](#) 775-825-7395
 Helping Women Escape Poverty and Domestic Violence
[Xquisite](#) 24 Hour Emergency help (Sex Trafficking, Sexual Assault and Domestic Violence) 775-410-0536
 Youth 24 Hour Emergency 775-410-9435

ALCOHOL/DRUG/GAMBLERS ABUSE

[Alcoholics Anonymous](#) (436 S. Rock Blvd., Sparks, NV) 775-355-1151
 List of AA Meetings, Recovery Homes, and Recovery Program in Northern Nevada
[Al-Anon/Alateen](#) 775-348-7103
[Crisis Support Services of Nevada](#) 1-800-450-9530
 Help for Victims of Substance Use
[Gambler’s Anonymous](#) 775-356-8070
[Join Together Northern Nevada](#) 775-825-HELP (775-825-4357)
 Building a Drug-Free Community Through Prevention, Education, and Outreach
[Narcotics Anonymous](#) 775-322-4811
[Reps 4 Recovery](#) 508-685-1682
 Free Fitness for Those Seeking a Sober Lifestyle
[Wake Up Nevada](#) Website Only
 Help for Victims of Opioid Abuse

AMERICAN INDIAN SERVICES

[Inter-Tribal Council of Nevada](#) (10 State St., Reno, NV) Supplemental Food, Health Care Referrals, 775-398-4960
 and Nutrition Education for Qualified Pregnant, Breastfeeding and Non-Breastfeeding woman
 Reno Office serves these areas: McDermitt, Fallon, Schurz, Yomba, Yerington, Lovelock, Carson,
 Wadsworth, Dresslerville and Nixon. Mon., Wed., Thu., and Fri. 8 am-4:30 pm; Tue. 8:30 am-4:30 pm
[Nevada Urban Indians](#) (6512 S. McCarran Blvd Suite A/B/C, Reno, NV) 775-788-7600
 (236 E. Winnie Lane, Carso City, NV) 775-350-7701
 Medical, Mental Health, Sub. Abuse, Suicide Prevention & Victim Services
[Reno/Sparks Indian Colony Health & Human Services. for Native Americans](#) 775-329-5071
 (405 Golden Lane, Reno, NV)
 Provide Family-Centered and Culturally Sensitive Protective Services to Children and Adults
[Reno/Sparks Indian Tribal Health Center for Native Americans](#) (1715 Kuenzli St., Reno, NV) 775-329-5162
[Reno/Sparks Tribal Police](#) (405 Golden Lane, Reno, NV 89502) 775-785-8776
 Non-emergency Dispatch 775-323-2677
 Hungry Valley Sub-Station 775-785-1365

ANGER MANAGEMENT PROGRAMS

[American Comprehensive Counseling Services](#) (ACCS) (860 Tyler Way, Sparks, NV) 775-356-0371
 Ridgeview Counseling (3650 Warren Way, Reno, NV) 775-823-4080

ANIMAL HOUSING

[A Safe Embrace](#) (24 Hr Crisis Hotline-DV/Sexual Violence, Sexual Assault, Human Trafficking) 775-322-3466
 220 S. Rock Blvd., Suite 7, Reno, NV **Can House Animals for Current Victims**
[Noah’s Animal House](#)

Small, Large & Exotic Animals for Domestic Violence Victims - Can Assist with Out of State Resources
(Contact Domestic Violence Resource Center to request placement.....775-329-4150)

ASIAN COMMUNITY RESOURCES

[Asian Community Development Council](#) (170 S. Virginia St., Reno, NV)702-489-8866
Youth Leadership, Health Navigator,

CHILDCARE

[Boys and Girls Club \(Clubhouses\) After-School Care/ Summer Program/Activities, Ages 6-18 yrs](#)
(2690 E. Ninth St., Reno, NV)775-331-3605
(1090 Bresson Ave., Reno, NV)775-229-9538
(325 Patrician Way, Reno, NV)775-622-0040
(3905 Neil Road, Reno, NV)775-828-3940
(1300 Foster Dr., Reno, NV)775-360-2469
(School Sites) Before and After School Care
Desert Skies Middle School (7550 Donatello Dr., Sun Valley, NV) 775-360-2436
Donner Springs Elementary School (5125 Escuela Way, Reno, NV)775-689-2626
Ester Bennett Elementary School (5900 Sidehill Dr., Sun Valley, NV)775-673-3307
Greenbrae Elementary School (1840 4th St., Sparks, NV)
Hidden Valley Elementary School (2115 Alphabet Dr., Reno, NV)775-815-2703
Lois Allen Elementary School (5155 Mc Guffey Rd., Sun Valley, NV)775-673-4430
Michael Inskip Elementary School (18001 Briar Dr., Reno, NV)
Nancy Gomes Elementary School (3870 Limkin St., Reno, NV)775-229-9539
Our Lady of the Snows Elementary School (1125 Lander St., Reno, NV)775-322-2773
Pinecrest Academy of Northern Nevada (1150 Silent Sparrow Dr., Sparks, NV).....775-376-1444
Rollan D. Melton Elementary School (6575 Archimedes Ln., Reno, NV)775-746-7440
Sun Valley Elementary School (5490 Leon Dr., Sun Valley, NV)
Verdi Elementary School (250 Bridge St., Verdi NV)775-345-8100
[Catholic Charities of Northern Nevada/St. Vincent's](#) (325 Valley Rd., Reno, NV) 775-322-7073
[City of Reno](#) – Sierra Kids Before and After School Program.....Information-775-334-4280; Register-775-334-2262
[Children's Cabinet](#) (Assistance with Childcare/Respite Care/all age programs up to 24 yrs of age).....775-856-6200
[Community Services Agency/Head Start](#) (Pre-School Program for Low Income Families)775-786-6023
1100 E. 8th St., Reno, NV
[Washoe County Human Services Agency](#) (Information about Childcare/Home Care providers).....775-785-8600
350 S. Center St., Reno, NV

CHILDREN'S SERVICES

[Children's Cabinet](#) (1090 S. Rock Blvd., Reno, NV).....775-856-6200
Counseling, Shelter, Work Programs, Food Pantry and Schooling for Adolescents through 24 yrs of age
[Children's Mobile Crisis Response Team](#).....775-688-1670
Intervention and Short-Term Support for Youth Dealing with Behavioral or Mental Health Crisis
[Community Services Agency Early Head Start/Head Start/Pre-K](#) (1090 E. 8th St., Reno, NV) 775-786-6023
[Northern Nevada HOPES](#) (580 W. 5th St., Reno, NV).....775-786-4673
Pediatric Care
[Washoe County Human Services Agency](#) (350 S. Center St., Reno, NV).....775-785-8600
Child Protection, Foster Care, Adoption, Behavioral Health, and Other Children's Services
[Women and Children's Center of the Sierra](#).....775-825-7395
Helping Women to Provide a Better Life for Their Children

CLOTHING (FREE)

[Casa De Vida](#) (1290 Mill St., Reno, NV) Baby Items for Infants and Children up to 5 yrs of age.....775-329-1070
Must have ID, Birth Certificate or Birth Confirmation T-Th 10 am-3 pm
[Dress for Success](#)-Reno (2295 S. Virginia St., Reno, NV) REFERRALS ONLY-NO WALK-INS775-846-9814
Woman's business attire only (Interviews/Jobs/etc.)
[Domestic Violence Resource Center](#) (1735 Vassar St., Reno, NV)775-329-4150
Monday-Friday 8 am-5 pm, Closed on Holidays - for Victims of Domestic Violence Only
[Ester's Closet](#) (544 Greenbrae Dr., Sparks, NV) Tue.-Sat. 11 am-3 pm775-686-9800

- [Good Shepherd's Clothes Closet](#) (540 Greenbrae Dr., Sparks, NV) 775-348-0605
[St. Vincent's Thrift Shop](#) (500 E. 4th St., Reno, NV) Must get emergency voucher from CCSNN 775-322-9824
 Monday-Saturday 9 am-5:30 pm Sunday 10 am-5:30 pm-Free Clothing Women & Children Only
 (190 e. Glendale Ave., Sparks, NV) 775-393-3884
 Monday-Saturday 9 am-7 pm, Sunday 10 am-6 pm
[The Salvation Army Thrift Store](#) (1931 Sutro St., Reno, NV) 775-688-4588
 Monday-Friday 9 am-6:00 pm, Monday-Friday 9 am-3:30 pm

COUNSELING

- [CEP Clinic at UNR](#) (1664 N. Virginia St., Reno – William J. Raggio Building 3007) 775-682-5515
[Children's Adolescent/Family Counseling](#) (615 Sierra Rose, Ste. 4, Reno, NV Childhood Trmt. Prog.) 775-688-1600
[Children's Cabinet](#) (1090 S. Rock Blvd., Reno, NV)..... 775-856-6200
 Counseling, Shelter, Work Programs, Food Pantry and Schooling for Adolescents through 24 yrs of age
[Children's Mobile Crisis Response Team](#)..... 775-688-1670
 Intervention and Short-Term Support for Youth Dealing with Behavioral or Mental Health Crisis
[Crisis Support Services of Nevada](#).....988
 Help for Victims of Depression, Abuse, Domestic Violence, Sexual Assault, and Substance Use
[Real Choices Women's Center](#) (853 Haskell St. Reno, NV) 775-826-5144
 (50 S. West St., Fernley, NV)..... 775-223-1035
 Counseling/Mentoring/Post-Abortion Recovery Support for Mothers and Dad-E Academy Services
[Domestic Violence Resource Center](#) (Free Support Group for Abused Women) 775-329-4150
[Eddy House](#) (888 Willow St., Reno, NV) Counseling for Youth 18-24 yrs of Age..... 775-384-1129
[Great Basin Counseling Services](#) (Spanish-speaking therapist available)..... 775-827-4454
 (230 E. Liberty St., Reno, NV)
[La Clinica/VIVA](#) (Counseling Domestic Violence Victims-Spanish) Located UNR 775-682-8684
 (Consejería para víctimas de violencia doméstica-español)
[Neighborhood Mediation Center](#) (200 Ridge St. #230, Reno, NV) **No Divorce or Custody** 775-788-2127
[Sexual Assault Support Services](#) Sexual Assault, Trafficking, Domestic Violence..... 775-221-7600
 (PO Box 8016, Reno NV)
[Quest Counseling](#) (3500 Lakeside Ct., Reno, NV) Substance Abuse Prgm. for Adults and Adolescents 775-786-6880
 Ridgeview Counseling Group (3650 Warren Way, Reno, NV) 775-823-4080
[The THRIVE Center](#) (Domestic Violence Victims, Skills Training, Counseling--UNR) 775-682-8609
[UNR](#) (Mack Building 1st Floor) 775-784-6828 opt 1
 Offers Counseling for Victims of Crimes/VOC (Sexual Assault, Domestic Violence, Assault/Battery, Physical Abuse, Child Abuse, Elder Abuse, Homicide, Drunk Driving) *Can do psychological testing as well*
[Veterans Center](#) (5580 Mill St, Suite 600, Reno, NV) Counseling for Veterans, AA/NA Meetings 775-323-1294
[Xquisite](#) 24 Hour Emergency help (Sex Trafficking, Sexual Assault and Domestic Violence) 775-410-0536
 Youth 24 Hour Emergency 775-410-9435

DINING FACILITIES

- [Rise and Dine](#) (Record St., Reno, NV) ...Saturday Only 4-6 PM..... 775-323-0386
 Emergency Assistance or Men's Shelter..... 775-329-0485
[Reno Community Resource Center](#) (355 Record St., Reno, NV) Mon and Frid. 9 am-5 pm 775-657-4675
[Senior Citizens Center](#) (1155 E. 9th St., Reno, NV) 775-328-2575
 Lunch at 11:30 am – 12:30 pm Cost is \$1.00 must be age 60 or older
[St. Vincent's Dining Room](#) (325 Valley Road, Reno)
 Lunch at 11:30 am – 1 pm Monday – Saturday only

EDUCATION

- [Children's Cabinet](#) (1090 S. Rock Blvd., Reno, NV)..... 775-856-6200
 Work programs and High School Graduation.
[Community Services Agency Early Head Start/Head Start/Pre-K](#) (1090 E. 8th St., Reno, NV) 775-786-6023
[Innovations High School](#) (777 W. 2nd St., Reno, NV) GED Programs for Grades 9-12 775-333-5150
 School of Peace (777 W. 2nd St., Reno, NV) Pregnant or Young Mothers; Parenting Ed. and Child Engagement
[Northern Nevada Literacy Council](#) (1400 Wedekind Rd., Sparks, NV) ESL, Adult Ed. Services..... 775-356-1007
[Rise Academy for Adult Education](#) (1301 Cordone Ave, Reno, NV) 775-337-9939
[TMCC Re-Entry Center](#) (7000 Dandini Blvd., Reno, NV) 775-673-7060
 (Providing Needs for Single Mothers and People Who Have Completed Their Court Ordered Sentencing)

[UNR Early Head Start](#) (for Children 0-3 yrs. old at No Cost) 775-327-5100

ELDER ASSISTANCE

[Access to Healthcare](#) (Free Transportation for Medical Appointments)..... 844-469-4933
[Adult Protective Services](#) (Aging/Disability)..... 775-687-4210
[Alzheimer’s Association of Northern Nevada](#) (639 Isbell Rd., Suite 240, Reno, NV)..... 775-786-8061
 24/7 Support, Advice, and Information Regarding Alzheimer’s Disease
[Crisis Support Services of Nevada](#)..... 1-775-440-6490
 Help for Victims of Vulnerable Adult Abuse
[DEER](#) (Dementia Engagement, Education, and Research)..... 775-682-9444
 Help to Improve the Experience of Living with Dementia
[Nevada211](#) (Elder Services, Guides, and Resources)..... 211 or 866-535-5654
[Sanford Center for Aging](#)..... 775-784-4774
 Financial Assistance, Support Groups, Legal Help, and Other Resources
[Seniors in Service](#) (1380 Greg St., #230, Sparks)..... 775-358-2768
 Transportation, Senior Companion Program, Respite Voucher Program, Foster Grandparent Program
[Senior Law Project](#) (1155 E. 9th St. #25, Reno) 775-332-0606
 Free Legal Advice and Legal Services for Individuals Aged 60 and Older
[Washoe County Senior Services](#) (1155 E. 9th St. Reno)..... 775-328-2575
 Support and Services to Meet the Needs of Older Adults and Those Who Care for Them

EMPLOYMENT

[AARP](#) (1155 E. 9th St., Reno, NV) Placement and Training for Senior Citizens..... 775-328-2606
[Community Services Agency](#) (1090 E. 8th St., Reno, NV) Employment Assistance and Training..... 775-786-6023
[Disability Resources, Inc.](#) (50 East Greg St. #102-103, Sparks: Monday-Friday 9 am-5 pm)..... 775-329-1126
 Training and Employment for Disabled Individuals
[Employment Security Division](#) (500 E. 3rd St., Carson City, NV)..... 775-684-3849
[Elwood Staffing](#) (294 E. Moana Lane, Reno, NV) Warehouse/Construction Type Work..... 775-852-5500
[People Ready](#) (523 E. Prater Way, Sparks, NV) Monday – Friday 5:30 am – 6:00 pm..... 775-827-2010
[Manpower](#) (1755 Vassar St., Reno, NV) Monday-Friday 8 am – 4 pm..... 775-322-2000
[Nevada Department of Employment and Rehabilitation DETR](#) (Vocational/Disabled Rehabilitation) .. 775-687-6860
[Nevada JobConnect](#)
 Sparks JobConnect (2281 Pyramid Way, Sparks, NV) Training, Counseling, and Referrals..... 775-284-9520
 Reno JobConnect, American Job Center of Nevada (4001 S. Virginia St., Suite H, Reno, NV)..... 775-284-9600
 Carson City JobConnect (1929 N. Carson Street, Carson City, NV)..... 775-684-0400
 Ely JobConnect (1500 Avenue F, Suite 1, Ely, NV)..... 775-289-1616
 Elko JobConnect (172 Sixth St, Elko, NV) 775-753-1900
 Fallon JobConnect (121 Industrial Way, Fallon, NV) 775-423-5115
 Winnemucca JobConnect (475 West Haskell St. #1, Winnemucca, NV) 775-623-6620
[TMCC Re-entry Program](#) (7000 Dandini Blvd., Reno, NV)..... 775-673-7060
 (Providing Needs for Single Mothers and People Who Have Completed Their Court Ordered Sentencing)
[VOA](#) (Volunteers of America) (3434 Marconi Ave. Sacramento, CA 95821) California and Nevada.... 916-265-3400

FAMILY RESOURCE CENTERS

[Central Reno](#) (1950 Villanova Dr., Reno, NV)..... 775-321-3185
[North East](#) (2750 Elementary Dr., Reno, NV) 775-337-9979
[Sparks](#) (921 12th St., Sparks, NV) 775-353-5733
[Sun Valley](#) (115 W. 4th St., Sun Valley, NV)..... 775-674-4411

FINANCIAL ASSISTANCE

[Community Services Agency](#) (1090 E. 8th St, Reno, NV) Power Assistance and Free Tax Preparation . 775-786-6023
[Washoe County Dept. of Human Services Adult Services](#) (1001 E 9th St., Building C, Reno, NV)..... 775-328-2700
 Senior Services (1155 E. Ninth St., Reno, NV) 775-328-2575
 Children (350 S. Center St., Reno, NV)..... 775-785-8600
 Burial/Cremation Services 775-337-4426
[Nevada 211](#) 211/866-535-5654
[SSI/SSD](#) (Social Security Programs) 800-772-1213

FOOD AND FOOD PANTRIES

- [Catholic Community Services of Northern Nevada](#) (500 E. 4th St., Reno, NV).....775-322-7073
Food Pantry Monday-Friday 9:00 am-4:00 pm
Picture ID and Social Security Card Required
- [Church of Jesus Christ Spirit Filled](#) (3175 Goldy Way, Sparks, NV) Tue. Eve. Beginning 8:30 pm775-358-2842
ID and Proof of Residency
- [CrossRoads-Off Campus](#) (1530 E. Sixth St., Reno, NV) Need to Call First..... 775-813-2076
- [Eddy House](#) (888 Willow St., Reno, NV) Emergency Pantry for Youth 18-24 yrs of age.....775-384-1129
- [First United Methodist Church](#) (209 West 1st Street, Reno, NV) 2nd and 4th Sat monthly 9:00 am..... 775-322-4564
Picture ID Required
- [Food Bank of Northern Nevada](#) (550 Italy Dr., McCarran, NV)..... 775-331-3663
Food Pantry-See Website for List of Dates and Times <https://fbnn.org>
Mobile Harvest (fresh produce-no qualifications) – See Website for List of Dates and Times <https://fbnn.org>
SNAP Outreach (Food Stamps) - See Website for List of Dates and Times<https://fbnn.org>
- [Greater New Hope Baptist Church](#) (1810 Helena, Reno, NV) Mon-Fri 8 am-1 pm (to 11 am on Thurs) 775-329-6260
Food Availability is Based on Donations
- [Little Flower Church](#) (875 E. Plumb Ln., Reno, NV)775-322-2255
- [Nazarene Church](#) (2200 El Rancho, Sparks, NV) Mon-Thur 8:30 am-5 pm, Fri 8:30 am-2:30 pm775-358-4066
- [New Life Assembly of God](#) (11000 Lemmon Drive, Reno, NV) 775-972-1088
2nd and 4th Sat monthly, 10:00 am- 12 pm **No requirements**
- [Our Savior Lutheran Church](#) (1900 1st Street, Sparks, NV) Tue-Fri 9:30 am-11:30 am.....775-358-0743
Must call first, one time only, ID required or Birth Certificate, Income, Proof of Residence
- [Pantry Bag Program/Assistance League Pantry](#) (1155 E. 9th St., Reno, NV).....775-329-1584
Third Tuesday of Each Month 9:00 am-11:00 am (Arrive by 8:00 am)
- [Sierra Community House](#) (formerly Tahoe SAFE Alliance) 775-545-4083
Provide Hunger Relief, Emergency Rental Assistance, Crisis Intervention, Family Support, Mediation and Legal
Sierra Community House Warehouse,12116 Chandelle Way, Suite D2, Truckee, CA –
Tuesdays – Truckee 4:00 -5:00 pm
Community House, 265 Bear Street, Kings Beach, CA, **Wednesday – Kings Beach** 3:00 – 4:30 pm
St. Patrick’s Episcopal Church, 341 Village Boulevard, Incline Village, NV,
Thursdays – Incline Village 2:30 – 3:30pm
- [Sparks Christian Fellowship](#) (510 Greenbrae, Sparks, NV) Wednesday 10:00 am-12 pm775-331-2303
No requirements
- Special Supplemental Program for Women, Infants, and Children (WIC)
Washoe County Health District Clinic (1001 East Ninth St, Building B, Reno, NV).....775-328-2299
South Reno Clinic (601 West Moana, Suite #3, Reno, NV)775-828-6600
- [St. Vincent’s Food Pantry](#) (500 East 4th Street, Reno, NV).....775-786-5266
Mon-Fri, 9:00 am-4:00pm, Sat 9:00 am-3:00 pm; **Picture ID Required, Birth Cert., income, proof of residence**
- [Trinity Episcopal Church](#) (200 Island Ave., Reno, NV.) Sack Lunch M-F 10:30-11:30 AM.....775-329-4279
- [Valley View Christian Fellowship](#) (1805 Geiger Grade Road, Reno, NV) Every Sunday 8:00 am 775-825-4099
No requirements
- [Women and Children’s Center of the Sierra](#).....775-825-7395
Helping Women Escape Poverty and Domestic Violence

GRIEF

- [MADD](#) (Mothers Against Drunk Driving).....877-MADD-HELP (1-877-623-3435)
Provide Emotional Support, Compensation, Referrals, and Other Assistance for Victims of Drunk Driving
- [The Solace Tree](#) (1300 Foster Dr., Suite 200, Reno, NV) For grieving children, teens, and adults 775-324-7723

HEALTH/MEDICAL/HOSPITAL

- [Community Health Alliance Clinics-Medical/Dental](#) (1055 S. Wells Reno, NV)775-329-6300
- [Community Health Alliance Clinics-Medical/Dental](#) (2244 Oddie Blvd., Sparks, NV)..... 775-997-7300
- [Community Health Alliance Clinics-Homeless Clinic and Resources](#) (335 Record St., #254 Reno, NV)775-324-2599
- [Community Health Alliance Clinics-Medical](#) (3915 Neil Road, Reno, NV).....775-870-4333
- [Community Health Alliance Clinics-Medical](#) (5055 Sun Valley Blvd. Suite 100, Sun Valley, NV) 775-870-4301
- [Community Services Agency/Early Head Start](#) (Pregnancy care and birth planning)775-786-6023
1100 E. 8th St., Reno, NV 89512

Family Medicine Center (Brigham Building, UNR Hours 8:00 am-5:00 pm)	775-784-1533
Incline Village Health Clinic (880 Alder Ave, Incline Village, NV)	775-831-6200
Nevada Check-Up -through Division of Health and Human Services of Welfare and Supportive Services Low-cost health care coverage for low income and uninsured children (birth-18) Reno Office – DWSS (4055 South Virginia St., Reno NV) 775-684-7200 Sparks Office – DWSS (630 Greenbrae Dr., Sparks, NV....775-824-7400	
Nevada Early Intervention Services (2677 Enterprise Rd., Reno, NV) Children 0-3 yrs. w/Disabilities.775-688-1341	
Nevada Lockbox (Living Will Lockbox).....	702-486-2887
Northern Nevada HOPES Clinic	775-786-4673
Main Campus (580 W. 5 th St., Reno, NV)	
Bell St. Campus (595 Bell St., Reno, NV)	
Hope Springs Campus (1920 E. 4 th St., Reno, NV)	
Primary, Pediatrics, High Risk, Senior, Woman’s, Chronic Disease, and LGBTQ Healthcare as well as care for the Homeless	
Change Point (580 W. 5 th St., Reno, NV) Syringe Exchange/Disposal, HIV/Hep. Testing-Free.....	775-997-7519
Northern Nevada Medical Center (2375 E. Prater Way, Sparks, NV)	775-331-7000
Real Choices Women’s Center (Cost-free pregnancy care and services) 853 Haskell St. Reno, NV	775-826-5144
50 S. West St., Fernley, NV	775-223-1035
Reno/Sparks Indian Tribal Health Center for Native Americans (1715 Kuenzli St., Reno, NV)	775-329-5162
Renown-Behavioral Health (850 Mill St., Suite 301, Reno, NV)	775-982-5318/775-982-4327
Renown-Behavioral Health (15 McCabe Dr., Suite 200, Reno, NV).....	775-982-5318/775-982-4327
Renown-Children’s Hospital (1155 Mill St., Reno, NV)	775-982-5437
Renown-Main Campus (1155 Mill St., Reno, NV).....	775-982-4100
Renown-Rehabilitation (1495 Mill St., Reno, NV).....	775-982-3500
Renown-South Meadows Medical Center (10101 Double R Blvd., Reno, NV).....	775-982-7000
Renown Healthcare Center (21 Locust Street, Reno, NV) Must Meet Income Guidelines	775-982-5270
Renown Urgent Care Facilities and Primary Care Services. (All Locations)	775-982-5000
Sexual Health Program (1001 East Ninth St, Building B, Reno, NV)	775-328-2470
St. Mary’s Hospital (235 W. 6 th St., Reno, NV).....	775-770-3000
St. Mary’s Medical Group-Senior Wellness Center (595 Bell St., Reno, NV)	775-770-7695
St. Mary’s Medical Groups and Urgent Care Locations (All Locations).....	775-770-3000
VA Medical Center (975 Kirman Ave., Reno, NV).....	775-786-7200/888-838/6256
Washoe County Health Department (1001 E. 9 th St., Reno, NV)	775-328-2400

HOUSING AND SHELTERS

A Safe Embrace (24 Hr Crisis Hotline-DV/Sexual Violence, Sexual Assault, Human Trafficking).....	775-322-3466
220 S. Rock Blvd., Suite 7, Reno, NV	
Awaken (435B Spokane St., Reno, NV) Commercial Sexual Exploitation-Drop-In Center	775-393-9183
Casa De Vida (1290 Mill St., Reno, NV) Young Pregnant Woman-Residential Living/ Transitional	775-329-1070
Children’s Cabinet (1090 S. Rock Blvd., Reno, NV) Emergency Shelter for Abused Children	775-856-6200
CAC (Community Assistance Center) (335 Record St., Reno, NV) Family, Men and Woman drop-in shelter: Men’s Drop-In Center.....	775-329-4141
Women’s Drop-In Center	775-329-4145
Family Shelter Drop-In Center	775-322-9574
Resource Center	775-657-4675
Community Services Agency (1090 E. 8 St., Reno, NV) Affordable Housing for Seniors and Families.775-786-6023	
CrossRoads (Human Services Agency).....	775-328-2700
Supportive Living Community for Those Suffering from Substance Use and/or Mental Health Conditions Includes Men’s Campus, Women’s Campus, and Women and Children’s Campus	
Domestic Violence Resource Center (Shelter for Victims of Domestic Violence).....	775-329-4150
Eddy House (888 Willow St., Reno, NV) Emergency Pantry for Youth 18-24 yrs of age.....	775-384-1129
Gospel Mission (Emergency Shelter/Program for Men with Drug/Alcohol Addiction).....	775-329-0485
Prayer House (Emergency Shelter/Program for Women with Drug/Alcohol Addiction) 355 Record St., Suite #155, Reno, NV	
Hope Springs (1920 E 4 th St., Reno, NV).....	775-786-4673
Bridge Housing for the Chronically Homeless	
Hosanna Home (Transitional Housing for Women, 6-Month program)	775-232-5416

Life Changes Sober Living-Level II/Application Required	775-376-1000
Nevada Housing Division (Rental Search).....	1-877-428-8844
Reno Housing Authority - Administration (1525 E. 9 th St., Building B, Reno, NV)	775-329-3630
Applications	775-331-5138
Reno Unhoused (Resource list for unhoused individuals in Northern Nevada).....	Website Only
Restart/ Project Restart (355 Record St., Reno, NV)	775-324-2622/775-324-5166
Housing for Chronically Homeless with a Mental Illness	
Sierra Community House (formerly Tahoe SAFE Alliance)	800-736-1060
Provide Hunger Relief, Emergency Rental Assistance, Crisis Intervention, Family Support, Mediation and Legal	
Step 1 Men Only-Drug/Alcohol/Gambling Rehab Transitional Housing	775-329-9830
(1015 N. Sierra St., Reno, NV)	
STEP2 (3700 Safe Harbor Way, Reno, NV)	
Woman Only-Substance Abuse Treatment Program Transitional Housing	775-787-9411
Quest Counseling Substance Abuse Specific for Adolescent Boys Only- Transitional Housing	775-786-6880
Vitality Unlimited (1135 Terminal Way, Suite 108, Reno, NV).....	775-322-3668
Veterans' Housing, Transitional Housing, and Affordable Housing	
VOA (Volunteers of America) (3434 Marconi Ave. Sacramento, CA 95821) California and Nevada....	916-265-3400

IMMUNIZATIONS

Washoe County Health District (1001 East Ninth St, Building B, Reno, NV)	775-328-2441
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LEGAL ASSISTANCE

Catholic Charities of Northern Nevada (500 E. Fourth St., Reno NV) Immigration Law	775-393-3877
Federal Bureau of Investigation (FBI) Victim Assistance Program.....	775-328-4028
Family Support Division Child Support Enforcement (1 S. Sierra St., S. Tower; 4 th Fl, Reno, NV).....	775-789-7100
Lawyer in the Library (Washoe County Second Judicial District Court)	775-328-3250
Lawyer Information and Referral Service	1 (800) 789-5747
Resource Center (1 S. Sierra St., 3rd Floor, North Tower)	775-325-6731
Filing of Court Documents, Paying Fees/Fines and Purchasing Packets for Self-Represented Litigants	
Legal Aid Center of Southern Nevada (Legal Assistance)	702-386-1070
Nevada Legal Services (204 Marsh Ave, Reno, NV).....	775-284-3491
Northern Nevada Legal Aid (1 S. Sierra St., 1 st Floor, Reno, NV)	775-321-2062
Reno City Attorney (1 E. 1 st St., 3 rd Floor Reno, NV – Victim’s Advocate).....	775-334-3067
Sparks City Attorney (431 Prater Way, Sparks, NV – Victim’s Advocate).....	775-353-1628
Senior Law Project (1155 E. 9 th St., #25, Reno, NV – for Age 60 and Older-NNLA)	775-329-2727
Tu Casa Latina (help with translation of documents, immigration forms)	775-432-9929
University of Las Vegas Nevada (FREE Legal Education)	
Victims of Crime Program	email: vocep@dcfs.nv.gov ; phone 702-486-2740
(6171 W. Charleston Blvd. Building 9, Las Vegas, NV)	
Ayuda de Víctimas en Español	702-486-2740
Victim Witness Assistance Center (VWAC).....	775-328-3210

LGBTQ RESOURCES

Northern Nevada HOPES	775-786-4673
Main Campus (580 W. 5 th St., Reno, NV)	
OUR Center (1745 South Wells Ave., Reno, NV).....	775-624-3720
TAG	
Resources for Transgender Individuals from Health, Medical, Legal and Alcohol/Substance Abuse Treatment	

MENTAL HEALTH

Children’s Mobile Crisis Response Team	775-688-1670
Intervention and Short-Term Support for Youth Dealing with Behavioral or Mental Health Crisis	
Crisis Support Services of Nevada	988
Help for Victims of Depression, Abuse, Domestic Violence, Sexual Assault, and Substance Use	
Northern Nevada HOPES Clinic Behavioral Health and Substance Use Counseling.....	775-786-4673
Main Campus (580 W. 5 th St., Reno, NV)	
Bell St. Campus (595 Bell St., Reno, NV)	
Hope Springs Campus (1920 E. 4 th St., Reno, NV)	

La Clinica/VIVA (Counseling Domestic Violence Victims-Spanish)	775-525-0979
Northern Nevada Adult Mental Health Services (480 Galletti Way, Sparks, NV).....	775-688-2001
Outpatient (Monday-Friday 7:30 am-4:30 pm).....	775-688-2046
Nevada Urban Indians (Medical, Mental Health, Sub. Abuse, Suicide Prevention & Victim Services) .	775-788-7600
Renown-Behavioral Health (850 Mill St., Suite 301, Reno, NV)	982-5318/982-4327
Renown-Behavioral Health (15 McCabe Dr., Suite 200, Reno, NV).....	982-5318/982-4327
THRIVE (Domestic Violence Victims, Skills Training, Counseling--UNR)	775-682-8609
Vitality Unlimited (1135 Terminal Way, Suite 108, Reno, NV).....	775-322-3668
Mental Health, Behavioral Health, and Substance Abuse Treatment	
West Hills Hospital (1240 E. Ninth St., Reno, NV) Substance Abuse Treatment/Evaluation.....	800-242-0478
Adults and Adolescents 4-17 yrs of age	
Willow Springs Center (690 Edison Way, Reno, NV) Adolescents 5-17 yrs of age-Residential.....	800-448-9454

POLICE DEPARTMENTS

Emergencies (Police, Ambulance, Fire)..... 911

Jan Evans Juvenile Justice Center

Victim Services.....	775-325-7875
Pyramid Lake Police (PO Box 256, Nixon, NV/208 Capital Hill, Nixon, NV)	775-574-1014
Reno Police Department (455 E. 2 nd St., Reno)	775-334-2175
Non-emergency Dispatch.....	775-334-2121
Misdemeanor Investigations	775-334-2134
City Center Substation (333 N. Center St., Reno).....	775-689-2960
South Substation (3905 Neil Rd., Reno)	775-334-2550
Victim Advocate	775-657-4519
Sparks Police Department (1701 E. Prater Way, Sparks, NV)	
Non-emergency Dispatch.....	775-353-2231
Victim Advocate.....	775-353-2217
Reno-Sparks Tribal Police (405 golden Lane, Reno, NV 89502.....	775-785-8776
Non-emergency Dispatch.....	775-334-2677
Washoe County Sheriff's Office (911 Parr Blvd., Reno, NV)	
Non-Emergency Dispatch	775-785-9276
Victim Advocate	775-325-6454

SUBSTANCE ABUSE/ADDICTION/ALCOHOL TREATMENT/REHABILITATION PROGRAMS

Addictions.com	800-662-4357
Center for Behavioral Health (160 Hubbard Way, Suite A, Reno, NV)	775-829-4472
Methadone Treatment- Out Patient	
Crisis Support Services of Nevada	1-800-450-9530
Help for Victims of Substance Use	
Join Together Northern Nevada	775-825-HELP (775-825-4357)
Building a Drug-Free Community Through Prevention, Education, and Outreach	
Nevada Urban Indians (Medical, Mental Health, Sub. Abuse, Suicide Prevention & Victim Services) .	775-788-7600
Reps 4 Recovery	508-685-1682
Free Fitness for Those Seeking a Sober Lifestyle	
Step 1 (1015 N. Sierra St., Reno, NV)	775-329-9830
Men Only-Drug/Alcohol/Gambling Rehab Transitional Housing	
STEP2 (3700 Safe Harbor Way Reno, NV)	775-787-9411
Woman Only-Substance Abuse Treatment Program Transitional Housing	
The Salvation Army Thrift Store (1931 Sutro St., Reno, NV)	775-688-4588
Monday-Friday 9 am-6:00 pm, Monday-Friday 9 am-3:30 pm	
Vitality Unlimited (1135 Terminal Way, Suite 108, Reno, NV).....	775-322-3668
Mental Health, Behavioral Health, and Substance Abuse Treatment	
Wake Up Nevada	Website Only
Help for Victims of Opioid Abuse	

TEEN/YOUTH ASSISTANCE AND PROGRAMS

<u>Boys and Girls Club of Truckee Meadows</u> – Teen Centers – Homework Help, Leadership/Character Building etc.	
The Club at DLC (Donald L. Carano) (1090 Bresson Ave., Reno, NV).....	775-229-9538
The Club at DWR (Donald W. Reynolds) (2680 E. Ninth St., Reno, NV).....	775-331-5437
The Club at Hug High School (2880 Sutro St., Reno, NV).....	775-333-5300
The Club at Larry D. Johnson Community Center (1200 12 th St., Sparks, NV).....	775-353-7780
The Club at Pennington (1300 Foster Dr., Reno, NV).....	775-360-2469
The Club in Fernley (395 Highway 95A, Fernley, NV).....	775-360-2424
William N. Pennington Winnemucca Youth (1973 Whiteworth Way, Winnemucca, NV).....	775-623-7993
<u>Children’s Cabinet</u> (1090 S. Rock Blvd., Reno) Teen Work Program and High School.....	775-856-6200
<u>Children’s Mobile Crisis Response Team</u>	775-688-1670
Intervention and Short-Term Support for Youth Dealing with Behavioral or Mental Health Crisis	
<u>Eddy House</u> (888 Willow St., Reno, NV) Counseling/Clothing/Food/Food Stamps/Other Resources.....	775-384-1129
<u>Innovations High School, School of Peace</u> (777 W. 2 nd St., Reno, NV) Help for Pregnant/Parenting Teens. 333-5150	
<u>RYN</u> (Reno Youth Network).	Online ONLY
<u>The Solace Tree</u> (1300 Foster Dr., Suite 200, Reno, NV) For grieving children, teens and adults.....	775-324-7723
<u>Teen Health Mall</u> (\$5 Exams, Illness, Family Planning, etc. for Teens 12 - 19 yrs).....	775-328-2470
<u>Quest Counseling</u> (3500 Lakeside Ct, Suite 101, Reno, NV) Specializing in Adolescent Sub. Abuse .	775-786-6880

TRANSPORTATION

<u>Access to Healthcare</u>	844-469-4933
Free Transportation for Senior Citizen, Disabled, and Low-Income Residents	
<u>Neighbor Network of Northern Nevada</u> (999 Pyramid Way, Sparks, NV).....	775-453-4774
Shared Ride Project For 60+ Adults and/or 18+ Adults with Disabilities	
<u>Reno Bike Project</u> (216 E. Grove St., Reno, Nevada).....	775-323-4488
Low-Cost Bicycles for Commuting	
<u>Seniors in Service</u> (1380 Greg St., #230, Sparks).....	775-358-2768
Transportation, Senior Companion Program, Respite Voucher Program, Foster Grandparent Program	
<u>Washoe County Human Services Agency</u> (350 S. Center St., Reno, NV).....	775-328-2700
Community Transportation	

VICTIM SERVICES

<u>FBI Victim Assistance</u> (services offered to open FBI cases only).....	desk phone for Jenny 775-328-4028
<u>Helping Survivors</u>	Online Contact Form Only
Information and Support for Survivors of Sexual Assault and Violence	
<u>MADD</u> (Mothers Against Drunk Driving).....	877-MADD-HELP (1-877-623-3435)
Provide Emotional Support, Compensation, Referrals, and Other Assistance for Victims of Drunk Driving	
<u>Nevada Urban Indians</u> (Medical, Mental Health, Sub. Abuse, Suicide Prevention & Victim Services) .	775-788-7600
<u>Sexual Assault Support Services</u> Sexual Assault, Trafficking, Domestic Violence.....	775-221-7600
(PO Box 8016, Reno NV)	
<u>Sierra Community House</u> (formerly Tahoe SAFE Alliance)	
Incline Village (948 Incline Way, Incline Village, NV) Mon.-Fri. 9am-5pm.....	530-546-0952
Kings Beach (265 Bear St., Kings Beach, CA) Mon.-Fri. 9am-5pm.....	530-546-0952
Truckee (11695 Donner Pass Rd., Truckee, CA) Mon., Tue., Thur., 9am-5pm; Wed. 10am-6pm....	530-546-0952
Truckee Soaring (12313 Soaring Way, Suite B, Truckee, CA) Mon.-Fri. 9am-5pm.....	530-546-0952
<u>State of Nevada Victims of Crime Program</u> (1050 E. William St. Suite 400, Carson City, NV).....	775-687-8428
<u>The Solace Tree</u> (1300 Foster Dr., Suite 200, Reno, NV) For grieving children, teens and adults.....	775-324-7723
<u>Tu Casa Latina</u>	775-432-9929
Assistance Offered to Immigrant Victims of Domestic Violence, Abuse, and Sex Trafficking	
<u>Victims of Crime Program</u>	email: voctp@dcsf.nv.gov ; phone 702-4862740
(6171 W. Charleston Blvd. Building 9, Las Vegas, NV)	
<u>Ayuda de Víctimas en Español</u>	702-486-2740
<u>V.I.N.E.</u> (Victim Information and Notification Everyday).....	888-268-8463
<u>Victim Witness Assistance Center</u> (VWAC).....	775-328-3210

REFERRAL SERVICES

<u>Care Chest of Northern Nevada</u> (Assistance with Prescriptions and Medical Equipment).....	775-829-2273
790 N. Virginia St., Reno NV	
<u>Catholic Charities of Northern Nevada</u> (Adoption, Food Pantry, Dining Room, Sr. Nutrition, Housing, Holy Child Early Learning Center, and Kids to Seniors Korner).....	775-322-7073
<u>Confidential Address Program</u>	email address: NVCAP@dcfs.nv.gov or call 888-432-6189
<u>CrossRoads-Off Campus</u> (1530 E. Sixth St., Reno, NV)	775-813-2076
Various Resources-Employment Training/Education, Subs. Abuse Tmt, Mental Health Svcs., Food, Temp Shelter	
<u>Disability Resources</u> (Supportive Living, Job Development and Coaching and Respite).....	775-329-1126
50 E. Greg St. Suite 102, Reno, NV	
<u>Division of Welfare and Supportive Services</u> (General Phone Number for Access to all Resources).....	775-448-5000
Food-SNAP, Financial-TANF, Medicaid, Child Support, Child Care, Energy Assistance, Welfare	
<u>Family Peace Center</u> (75 Court St. 2 nd Floor, Reno, NV)	775-328-3830
Court-Ordered Child Exchange and Supervised Visitation	
<u>Inter-Tribal Council of Nevada</u> (10 State St., Reno, NV) Supplemental Food, Health Care Referrals, and Nutrition Education for Qualified Pregnant, Breastfeeding and Non-Breastfeeding women	775-398-4960
Reno Office serves these areas: McDermitt, Fallon, Schurz, Yomba, Yerington, Lovelock, Carson, Wadsworth, Dresslerville and Nixon. Mon., Wed., Thu., and Fri. 8 am-4:30 pm; Tue. 8:30 am-4:30 pm	
<u>Nevada Coalition to END Domestic and Sexual Violence</u> (250 S. Rock Blvd., Suite 116 Reno, NV)	775-828-1115
<u>Nevada Health Link</u> (Find Affordable Health Insurance).....	800-547-2927
<u>Nevada Lockbox</u> (Living Will Lockbox).....	702-486-2887
<u>Nevada Urban Indians</u> (Medical, Mental Health, Sub. Abuse, Suicide Prevention & Victim Services) .	775-788-7600
<u>Northern Nevada Center for Independent Living</u> (999 Pyramid Way, Sparks, NV).....	775-353-3599
Referrals and Resources for Disabled People – Housing, Work, and Opportunities	
<u>Reno/Sparks Indian Colony Health & Human Services. for Native Americans</u>	775-329-5071
(405 Golden Lane, Reno, NV)	
Provide Family-Centered and Culturally Sensitive Protective Services to Children and Adults	
<u>Seniors in Service</u> (1380 Greg St. #212, Sparks, NV)	775-358-2322
Foster Grandparent, Senior Companion and Senior Respite Programs-Offers Assistance for Seniors	
<u>Silver State Fair Housing</u> (Discrimination).....	888-585-8634
<u>Social Security Office</u> (1170 Harvard Way, Reno, NV) Information on Social Security Benefits.....	1 (800) 772-1213
<u>United Way Information & Referral</u>	775-322-8668
<u>Veterans Center</u> (5580 Mill St, Suite 600, Reno, NV) Counseling for Veterans, AA/NA Meetings	775-323-1294
<u>Washoe County Library Community Resource Center</u> Reno Town Mall.....	775-827-3232
(4001 S. Virginia St., Reno, NV) Free use of Computers for Access to Community Services., Education, Training, On-Line GED Study Program Updating Resume and Skill Testing	
<u>WIC Program</u> (1001 E. 9 th St., Reno, NV).....	775-328-2299
Food supplements for infants, children, and pregnant women	