

Kindness Week

Monday 4/15-Friday 4/19



Monday 4/15 Kindness Wear: Workout problems with kindness.

Wear your favorite workout clothes.

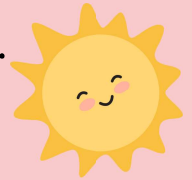
Activity: Paint a rock with a kind message



Tuesday 4/16 Kindness Wear: Brighten someone's day.

Wear bright colors

Activity: Make a bookmark and trade with a classmate



Wednesday 4/17 Kindness Wear: We love Kindness

Wear Red or Pink

Activity: Help clean up at school without being asked



Thursday 4/18 Kindness Wear: Kindness Ties Us Together

Wear Tye-dye clothing

Activity: Invite someone you don't know to play with you



Friday 4/19 Kindness Wear: Team Up for Kindness

Wear favorite sports team or Lenz gear

Activity: Write a kindness recipe and give it to a friend



Kindness
Matters

