

Student Mental Health Supports

Emergent Supports

Crisis Support Services of Nevada - If you or someone you know is struggling and needs help, call or text 988, or utilize their website at <https://cssnv.org/> Crisis Support Services of Nevada's staff and volunteers are available 24/7/365.

Nevada 211 - Find help 24/7 by dialing 2-1-1; texting 898-211 or visiting <https://www.nevada211.org/>

Mobile Crisis Response Team – Call 775-688-1670 or visit <http://www.knowcrisis.com/>

SAFEVOICE, Use the SAFEVOICE App or log onto SafeVoiceNV.org, select your school, select event type, or concern type or you may call the hotline at 1-833-216-7233

Suicide Prevention Hotline – Call 1-800-273-TALK (8255)

Trevor Lifeline – Nonprofit organization focused on suicide prevention efforts among lesbian, gay, bisexual, transgender, queer, and questioning youth. Call 1-866-488-7386 or text TREVOR to 1-202-304-1200

Reno Behavioral Healthcare Hospital Acute Care – Call 775-393-2200

NAMI Helpline – 800-950-NAMI (6264), 10am-8pm or text “HelpLine” to 62640 or email helpline@nami.org

Mobile Outreach Safety Team (18 yrs and older)- Washoe County (775) 334-2677 or email a referral to MOST@washoecounty.gov

Therapy Referrals:

Children’s Cabinet <https://www.childrenscabinet.org/> 775-352-8090

Health Psychology Associates <https://hpareno.com/> 775-448-6828

Great Basin Behavioral Health <https://greatbasinbehavioral.com/> 775-453-4143

True North Treatment Center <https://tntcreno.com/> 775-870-5027

Quest Counseling <https://www.questreno.com/> 775-786-6880