



“**They helped motivate me.**”

OUR GOAL is to get involved as early as possible in kids’ lives to establish positive coping skills, to make good decisions, and to set goals. We help kids to be successful in school and have positive family relationships. We are youth advisors who want to help kids stay away from negative coping mechanisms, and live healthy, successful lives. Our services are free and confidential.



775-823-2700

to schedule a free appointment



**safetalkforteens@
safetalkforteens.org**

English and Spanish available



Office Hours:

M-F: 8-5 or by appointment

6490 S. McCarran Blvd., Bldg. D1 #36, Reno, NV 89509

Safe Talk

FOR TEENS

safetalkforteens.org

How to Donate

Our services are 100% free for the youth that we serve. Our organization is funded from grants from private foundations, and generous donations from community members, businesses, parents and organizations. Call or visit our website above to contribute.

Safe Talk

FOR TEENS



I was provided with tools to succeed.”

HELPING KIDS identify their positive & healthy coping skills, improve decision making, and set goals for their success.

WE WANT ALL KIDS TO BE HAPPY, HEALTHY AND SUCCESSFUL.

Our free, confidential services include:



Teaching positive & healthy coping skills.



Facilitating good decisions through Values Clarification.



Motivation through our Goal Setting exercise.



A safe place for kids and/or parents to talk while maintaining confidentiality.



Being a first line of defense, a place for "early listening."



When necessary, referrals to counseling services and/or programs.



We can help with:

- » Parent & child relationship issues
- » Dealing with life's negative yet normal emotions such as anger, stress, anxiety, sadness, and grief.
- » Motivation, self-esteem, and decision making
- » Positive friendships & relationships
- » School success and improving grades
- » Effects of and combating bullying
- » Improved self-esteem and worth
- » Overall youth success

Safe Talk For Teens is a free and confidential program for any youth aged 8 to 19.



Learn more at
safetalkforteens.org

"The program has helped me and a few of my friends so much."

"No matter the problem, they can solve it."

"I absolutely loved talking to their case managers. We connected really well."