

How is the food pantry stocked?

- The Food Bank of Northern Nevada provides food
- The SSHS Leadership class & FCCLA organize food drives throughout the year
- Students are allowed to pay their library fines with canned food donations



“Recent research shows that many children who do not have enough to eat wind up with diminished capacity to understand and learn. Children don’t have to be starving for this to happen. Even mild under nutrition – the kind most common among poor people in America – can do it.”

-Carl Sagan



APPLICATION FORMS ARE AVAILABLE IN THE FRONT OFFICE AND COUNSELING OFFICE.



For more information about accessing this resource, please contact Sonia Martinez (Ext. 38061) or Angelica Cisneros (Ext. 38067 Counseling Office).



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Spanish Springs High School Food Pantry



In conjunction with the Food Bank of Northern Nevada, SSHS has a food pantry available to students and their families.



SSHS Food Pantry A Valuable Resource for Students and Their Families

At Spanish Springs High School, we are committed to our students. We recognize the importance of sufficient nutrition for student success, as well as the need for assistance that some of our students face. The food pantry is our way of ensuring that hunger will not have an impact on student achievement. Our goal is to give each student a brighter future. We do not believe hunger should hold students back from achieving their full potential.

“35 million people in the U.S. are hungry or don’t know where their next meal is coming from, and 13 million of them are children. If another country were doing this to our children, we’d be at war.”

-Jeff Bridges



Frequently Asked Questions

Where is the food pantry located?

- The food pantry is located inside SSHS. Please stop by the main office or see the counseling secretary.

When is the food pantry open?

- Distribution of food is available directly to students during school days and directly to families on Tuesdays and Thursdays from 2:30pm – 3:15pm or by appointment.

What kind of food items are available?

- The pantry is stocked with nutritious and essential food items such as dry beans, rice, evaporated milk, pasta, fruit bars, cereal, ready to make dinners, peanut butter, sauces, pasta, microwavable mac-n-cheese, snack foods and canned goods.

Who can receive assistance from the pantry?

- SSHS students and/or families can contact the school in order to access this resource. Any SSHS student or SSHS family who requests assistance may use the pantry. Staff members who are aware of a student needing assistance should let the student or guardian know about the resource. The pantry is not open to the general public.

How do students and families gain access to the food pantry?

- A very brief application form is requested to help maintain records for the Food Bank of Nor. Nevada. Please know that no one is ever turned away from the food pantry.

How can students pick up food from the pantry while ensuring their privacy?

- Students can use backpacks when picking up food, or plain grocery bags are available.



Why is there a need for a food pantry at SSHS?



Throughout many schools in Washoe County School District there are “children in transition.” These students have no permanent place of residence, and many of these students are currently enrolled at Spanish Springs High School. Additionally, the Food Bank of Northern Nevada reports that at least 34.5% of households with children have very low food security. The food pantry at SSHS serves as a resource to help students and families in need of assistance.

“Hunger can affect a student’s ability to learn and can affect their attention span and memory.” (Center of Hunger, Poverty and Nutrition Policy, Tufts University, 1998)

The SSHS Food Pantry provides easy access to food for our students in need. It’s a way to get our students the nutrition they need, as well as allows them to help their families during a difficult time.

It’s also a great opportunity to teach students about the importance of community and giving back.

