

# **PineMiddle School Physical Education Rules and Regulations**

## **Responsible Uniform**

- A. For safety, hygiene, and freedom of movement, the following clothing is required for all PinePE students.
1. T-shirt and shorts may be purchased from the PE teacher for \$25.00. All uniforms will have student name. This will facilitate the returning of all uniforms.
  2. White socks preferred.
  3. Gym shoes only. Non-marking soles only please!
  4. Sweatsuits are recommended, not required, for outdoor activities.
  5. Towel if intending to shower.
  6. No jewelry.
- B. Showering: Showers are available but not mandatory. A towel, deodorant, and other personal items must be kept in their assigned PE locker. Do not bring aerosol/glass containers.
- C. Any deviation from the required PE uniform will result in a NON-SUIT being recorded for that class period. The student will not be allowed to participate that day.
- D. Non-suits may not be made up.**
- E. Students are asked to take outfits to be washed once a week.
- F. Loaners are offered **three times** each **quarter** for those who forget their clothes. Unreturned loaners will effect grade.

## **G. PE non-suit procedure**

- 1 non-suit – student conference with teacher/warning/Tier 1 /IC notification  
2 non-suits – Note/Phone home/Student conference with teacher/Tier 1/IC notification  
3 non-suits – Note/Phone home/Student conference with teacher/Tier 1/IC notification  
4 non-suits – Tier 2 Referral to RTI (Response to Intervention coordinator) IC notification, Parent presences requested.

## **Respect Lockers**

- A. All students will be assigned a PE locker. When in class, students should lock-up their street clothes, books, and any other belongings in their locker.
- B. Lockers are not to be shared.
- C. The security of the locker room cannot be guaranteed. Do not leave items unattended on benches.
- D. Locks: Students are required to use the school combination locks. If locks are lost the cost is \$6.00.
- E. Take pride in keeping your locker room area free of litter and trash.
- F. Rules in Locker room
- |                |                          |                          |
|----------------|--------------------------|--------------------------|
| No glass       | No sharing locks         | No horseplay             |
| No aerosol can | Do not tell combinations | Shower if you have towel |
- Leave locker room only after the instructor dismisses you/Leaving early will effect grade, it will be considered a cut.
- No returning to locker room without teacher permission

## **Responsible Attendance**

- A. Please remember that PE is a participation class. Make every effort to attend class on a regular basis. Students are allowed 4 excused absences from PE without their grade being affected. After the 4<sup>th</sup> excused absences, students are expected to make up the class absences. All absences after the 4<sup>th</sup> will result in the academic and citizenship grade lowered by point deductions.
1. Make-up Procedure
- a. Make-up must be done at least 1 week before the end of the grading period.
  - b. Sports/activities done outside the PE class may count as make-up provided they are supervised by an adult and approved by the PE instructor beforehand.
  - c. Students may write a 4-page report on any sport or health related topic pre-approved by the PE instructor.
- B. Students will not be given passes from PE to other classes to complete make-up work, take test, etc. Do not ask.

- C. Tardies: Students must be inside the locker room doors before the tardy bell. Students must be seated in squad lines or receive another tardy. Consequences for tardiness refer to the student handbook. Tardies will also affect behavior grade.
- D. Students are to remain in the locker room until called for roll call.
- E. Students will remain in the locker room at the end of class until the passing bell rings. Leaving early at anytime will result in an unexcused absence for that day.

#### **Illness or Injury**

- A. **Three days or less** – The parent may write a note to the teacher to excuse a student from participation in PE for a maximum of 3 consecutive days. These classes **must be made up**.
- B. Illness or injury **exceeding 3 consecutive days** must be covered by a **doctor's excuse**. Students will be placed in a medical study hall if the medical excuse exceeds 10 days. Absences of 10 or more days, with a doctor's excuse, do not need to be made up. You may be transferred to another class. Fax number for the doctor to send the excuse is 689-2539.

#### **Responsible Grading Procedure**

- A. Academic Grade – Participation, excessive absences, effort written test, final, homework, excessive non suits, disruption of class, defiance, unsportsmanlike conduct.
- B. Behavior- Excessive absences, effort, tardies, defiance, gum, theft, forgery, unsportsmanlike behavior.
- C. Work Ethic - Participation, excessive absences, effort, homework, non-suits, disruption of class, defiance.
- D. It is the responsibility of the student to know what his/her individual teacher requires. Any PE staff member may give input to your primary P.E. instructor in relation to your grade.
- E. Parents are requested to review Infinite Campus minimum once every quarter prior to the end of the grading period.

#### **Problem Solving Injuries:**

- A. All injuries, however minor, sustained during PE should be reported to your teacher immediately.

#### **Respect Lost and Found:**

- A. There is a lost and found area located in each PE office.