

NORTH VALLEYS HIGH SCHOOL



FREE SCREENING

De-stigmatizes anxiety by helping people understand what it is, what it feels like, how to manage it, and the importance of reaching out for help.

It features World Champion Swimmer Michael Phelps, experts in the field, and regular teenagers.



1/28/2025

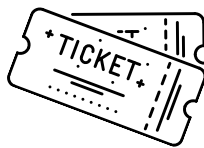
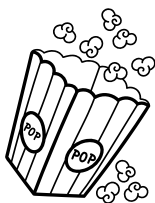
6:30pm to 8:00pm

1470 E Golden Valley Rd.

Watch the movie trailer
www.indieflix.com/angst



Includes a post-film panel discussion and Q&A.
FREE Spanish Interpretation and
FREE Chilcare for children 3 & up



NORTH VALLEYS HIGH SCHOOL

Angst

RAISING
AWARENESS
AROUND
ANXIETY



PROYECCIÓN GRATUITA

Desestigmatiza la ansiedad ayudando a las personas a comprender qué es, cómo se siente, cómo manejarla y la importancia de buscar ayuda.

Presentando al nadador campeón mundial Michael Phelps, expertos en la materia y adolescentes.



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Mire el trailer de la película
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Chilcare for children 3 & up

