



¿NECESITAS AYUDA?



Washoe County
School District



- Call Suicide & Crisis Lifeline- 988
- SafeVoice- 833-216-SAFE (7233)
- Mobile Crisis Response Team- 775-688-1670
- Quest Crisis Management-775-786-6880
- Vitality Crisis Intervention-775-322-3668
- Children's Cabinet Crisis Stabilization- 775-856-6200
- NAMI Warmline (adults) 775-241-4212
(non-crisis/peer support)



- Call or Text: 988
- www.safevoicenv.org (anonymous reporting)
- NV Teen Text line (peer support) 775-296-8336
- Get connected to counseling at-
<https://www.caresolace.com/site/washoe>



- Reno Behavioral Healthcare Hospital 775-393-2201
- Renown Hospital- 775-982-5318
- St. Mary's Hospital- 775-770-3000
- Northern NV Medical Center- 775-331-7000

No estás solo. Siempre hay esperanza.