

MISSION

Supporting Individuals
with Developmental Disabilities
by Facilitating Independence
Through Choice

OUR APPROACH IS PERSON CENTERED:

WHAT IS PERSON-CENTERED PLANNING?

Person-centered planning is a process-oriented approach to empowering people with disabilities. It focuses on the people and their needs by putting them in charge of defining the direction for their lives. This process identifies the strengths, capacities, preferences, needs and desired outcome of the individual and this ultimately leads to greater inclusion as valued members of both community and society.

Person-centered planning involves the development of a "toolbox" of methods and resources that enable people with disabilities to choose their own pathways to success; the planners simply help them to figure out where they want to go and how best to get there.

DISCOVER: Talk with individuals, family members and/or guardians to develop a support system that will help individuals to discover and achieve their short and long-term goals.

SUPPORT: Through the collaborative team process, individuals are supported in prioritizing their needs and choosing from among the available service options.

SATISFY: Satisfaction with services is a priority to SRC. We actively elicit feedback from individuals served, families, guardians, system partners and providers in order to improve our quality of care.

Comments about our services:

Call 775-687-2600

and ask for the Quality Assurance Department

6/19/2020

GETTING STARTED

Contact the Intake Coordinator at 687-2600

Request an application for services

Attend your scheduled meeting

Think about the following questions:

Who are the family and friends that are most important to you?

What kind of job would you like to have?

Where would you like to live?

Do you want to live in a house or in an apartment?

Do you have Medicaid?

What things are most important to you?

What areas of your life would you like to improve?

What kinds of supports do you need?

What do you like to do for fun?

What have you never tried that you would like to try?



SIERRA REGIONAL CENTER



AGING AND DISABILITY

SERVICES DIVISION

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