

SIERRA REGIONAL CENTER (SRC)

Sierra Regional Center is a State agency that provides support and services to individuals with disabilities and/or related conditions. Services may include: service coordination, respite, supported living arrangements, jobs and day training, and clinical services. Through the services/supports offered by Sierra Regional Center, individuals have the opportunity to develop the skills necessary to live more independently in their community.

SERVICE VALUES

Sierra Regional Center values the importance of individuals, their families and guardians being active participants in the life planning, implementation and monitoring process to ensure the health, safety, welfare and success of all individuals.

ELIGIBILITY

An individual must reside in Washoe County and have a diagnosis of Intellectual Disability prior to the age of 18 or diagnosed with a related condition prior to the age of 22 as defined in 42 Code of Federal Regulations (CFR Ch. IV, sec. 435.1009 {10-1-02 Edition}). Individuals must meet current financial eligibility criteria.

APPLICATION FOR SERVICES

An individual interested in services through Sierra Regional Center will be asked to complete the application process. An Intake Coordinator can assist in completing the service application, Medicaid, and Social Security application and coordinating any additional assessments needed to determine eligibility. All medical, school or testing records related to the individual's developmental disability should be presented at this interview.

COMMUNITY SERVICES

Service Coordinators (also known as Targeted Case Managers), provide care coordination to individuals eligible for services through Sierra Regional Center. Service Coordinators are responsible for facilitating access to supports deemed necessary for achieving short and long term goals. A person-centered "team" approach is used in this process. An individual's team is generally comprised of the individual, their family, professional staff, and anyone who is important to the individual. Team members collaborate to develop a person-centered support plan with the goals of promoting health, safety and well being, while making sure that each person's individualized needs and preferences are respected.

This plan includes the goals and action steps necessary for an individual to be successful. It often details the use of natural/informal supports, community resources and paid professionals. On-going involvement from support teams is expected with a minimum of four meetings per year (or more often if needed), to discuss plan implementation, progress and satisfaction with supports and services.

SERVICE COORDINATION

A service coordinator is responsible to help every individual supported by SRC to identify their hopes and dreams and create a life plan that is consistent with his/her own interests, skills and abilities. This plan includes goals and action steps necessary for the individual to be successful through the collaborative use of natural/informal supports, community resources and paid professionals. The service coordinator may assist individuals/family members and/or guardians to develop strength-based, person-centered teams, that convene at least four times per year (or more often if needed), to discuss plan implementation, successes and satisfaction of support/services.

RESPITE

Respite is defined as time away from the ongoing care of an individual with a developmental disability. Families who meet the 300% Federal Poverty guidelines and who receive no other funding for services through Sierra Regional Center may be eligible for this program. The Respite Program allows families the flexibility to choose who cares for their loved one.

SUPPORTED LIVING ARRANGMENTS

This program is designed to ensure the health and safety of the individual, and to assist in the acquisition, retention, and improvement of skills necessary for the person to successfully live in the community. These services are typically provided by community provider agencies in a home setting of approximately four individuals, in an individual's family home, or in a host home setting.

JOBS/DAY TRAINING

This program provides a continuum of services and supports to individuals interested in working competitively with support, integrating into competitive employment, attending a facility-based program, or experiencing enrichment opportunities.

FAMILY PRESERVATION PROGRAM

The Family Preservation Program (FPP) provides financial assistance for relatives to care for a family member with severe or profound Intellectual disabilities in their home. Eligibility is based on several factors, including an appropriate diagnosis and income restrictions.

PSYCHOLOGY SERVICES

SRC maintains a psychology department responsible for conducting assessment and testing as required for eligibility determinations. This department is also available to individual support teams to assist with identifying behavioral and clinical support needs and accessing resources to address those needs.

FEES FOR SERVICES

Under Nevada Revised Statutes, (433.404) services are provided on an ability to pay basis. In many cases Title XIX-Medicaid will pay for services. A person older than age 18 is considered a family of one in establishing a fee. This allows most adults to qualify for Medicaid. In other cases a sliding fee scale applies. Additional information is provided during intake.

RIGHTS

All services provided are confidential. Persons retain their rights as defined in Nevada Revised Statutes, the Constitution of the United States, and State and Federal regulations and legislation. Individuals and guardians are informed of their rights at the time of application for services. A detailed list of rights are provided, posted and available to all interested persons upon request. Sierra Regional Center accepts individuals with Intellectual disabilities and related conditions for services without regard to religion, ethnic origin, sex, age, degree of disability, or ability to pay.

Advocacy services are available through Nevada Disability Advocacy and Law Center (NDLAC)

(775) 333-7878 or 1-800-992-5715