

Virtual WCSD Wellness Workshop Series



*Earn 500 points in Virgin Pulse for each workshop you attend. Attend at least four workshops and be entered into a drawing for your choice of an Amazon Echo, Fitbit Inspire 2, or \$100 gift card of your choice!**

How to Participate:

- ⇒ **RSVP to the workshops you would like to attend.**
- ⇒ **Access the workshops by using the link/s you are provided prior to the workshop.**
- ⇒ **[CLICK HERE](#) to view topics and RSVP.**

Questions?

Email us at wellness@washoeschools.net

*Participants who do not participate for the entire workshop will not be eligible for points or prizes. Points will be awarded after each workshop. Grand prize drawing will take place after the final workshop is over.

