

# 30 DAY

*ukulele challenge*



*Bernadette Teaches Music*



# 30 DAY *ukulele challenge*

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## HOW TO PRACTICE

1. File your nails
2. Tune your ukulele
3. Review the previous day's lesson
4. Look over today's lesson notes
5. Watch today's video
6. Practice the content
7. Watch the video again to review
8. Play your favorite song or chords on ukulele
9. Clean your ukulele with the microfiber cleaning cloth
10. Tune ukulele before putting it away
11. Put your ukulele away in a safe place

### UKE ZONE



Create a fun setting for you to look forward to your practice. This can be your zen zone :)

## BUILD A HABIT

- Decide that you will practice every day even if you don't "feel" like it.
- Set an alarm one hour before you practice to remind you that your practice time is coming up.
- Set an alarm to start your practice.
- Practice at the same time every day.

I will finish this 30 Day Ukulele Challenge by \_\_\_\_\_  
(goal date)

*Bernadette Teaches Music*





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## **Pre-requisite video 1 UKULELE BODY PARTS**

Before you get started on the 30 day ukulele challenge, there is some information you need to know! I will be referring to different parts of the ukulele by name.

You can find the body parts video on the main YouTube channel

## **Pre-requisite video 2 HOW TO TUNE YOUR UKULELE**

Tuning the ukulele will be a part of our daily routine, so you will need to know how to tune your ukulele before we start the challenge. I have created a video to help you learn how to tune your instrument using a clip-on tuner

## **DOWNLOAD A QR CODE READER ON YOUR SMARTPHONE OR TABLET!**

When you scan this QR code, your phone will take you to the YouTube playlist!





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## VIDEO 1 Setting up

### Checklist

- ☐ Ukulele
- ☐ Pencil
- ☐ Designated area for practice
- ☐ Tuner or tuning application
- ☐ Notebook or binder
- ☐ Book stand or music stand
- ☐ Nail clippers/nail file

### Optional

Track your progress with video on instagram. Type #30dayUKEchallenge in the video's caption so that you can connect with other people participating in the challenge.



**Follow your teacher @plazi**



### To do list *(There is a video to guide you through this)*

- ☐ Subscribe to the Bernadette Teaches Music channel
- ☐ Turn on the notifications on the channel
- ☐ Get the necessary materials from the checklist above
- ☐ Set up your practice/playing space
- ☐ Print this e-book
- ☐ Set up an alarm to remind you to practice daily
- ☐ Decide that you will commit to this challenge
- ☐ Trim your fingerboard hand's nails
- ☐ Tell the people you live with that you will be doing this challenge



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## VIDEO 2 How to hold the ukulele

Most beginners hold the ukulele incorrectly because they want to see the fretboard and they want to see what their hands are doing. This is completely natural! Over time, however, this can lead to poor form and pain in the arms and wrists. In this video we will work on developing proper form while holding the ukulele!

## HOW TO HOLD THE UKULELE

1. Back to belly
2. Sound hole facing audience
3. Seat belt arm
4. Fingertips to waist
5. Thumbs up!
6. Curved fingerboard hand
7. Fingertips squeezing strings
8. Thumb falls down strings

**Keep the ukulele's sound hole facing away from you.**

## HOMEWORK

Try not to look down at the ukulele when you hold it. Look straight ahead and have the sound hole facing out.



Tag me on instagram to let me know you're taking on the challenge! I want to follow your journey!



# 30 DAY *ukulele challenge*

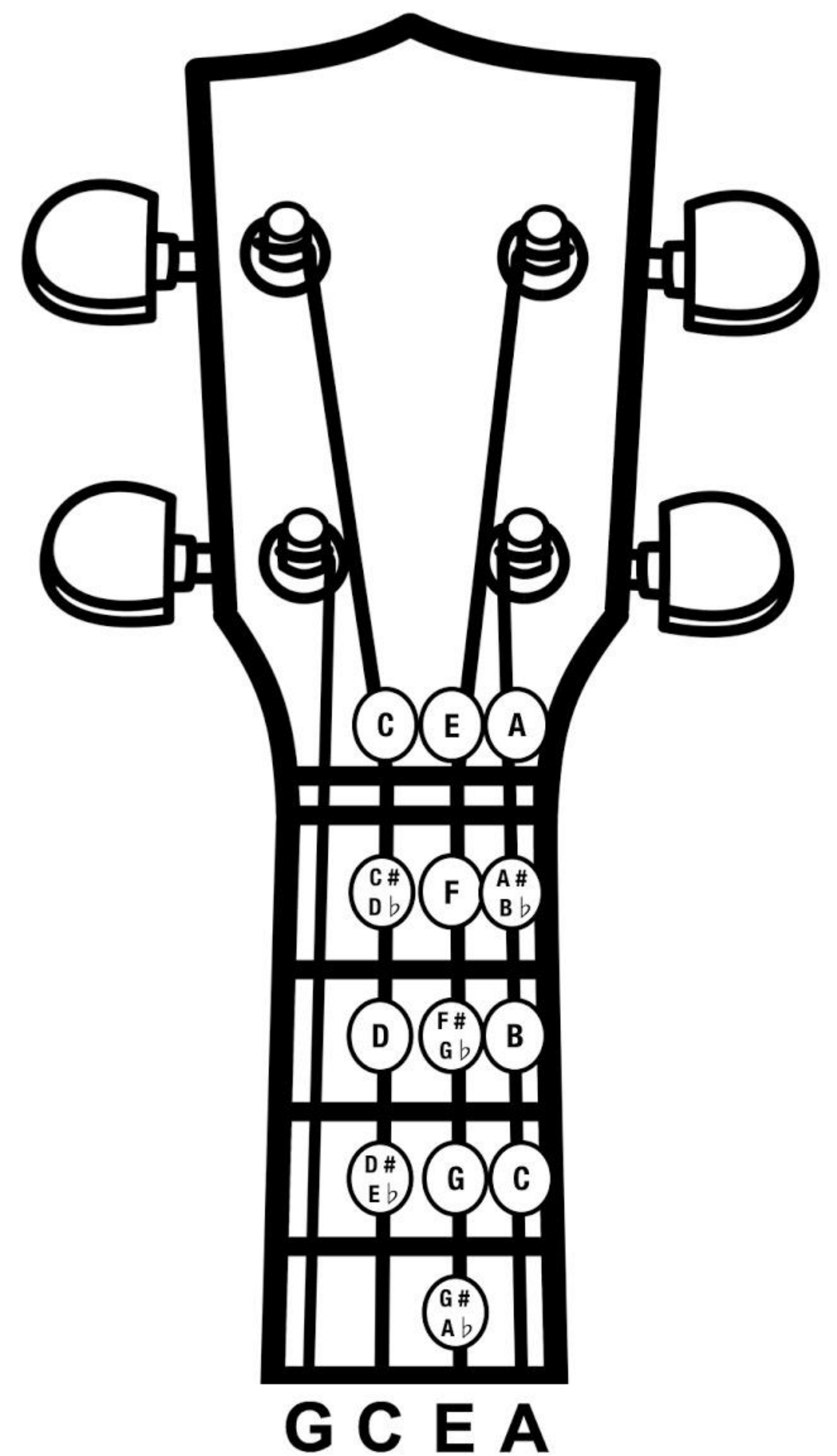
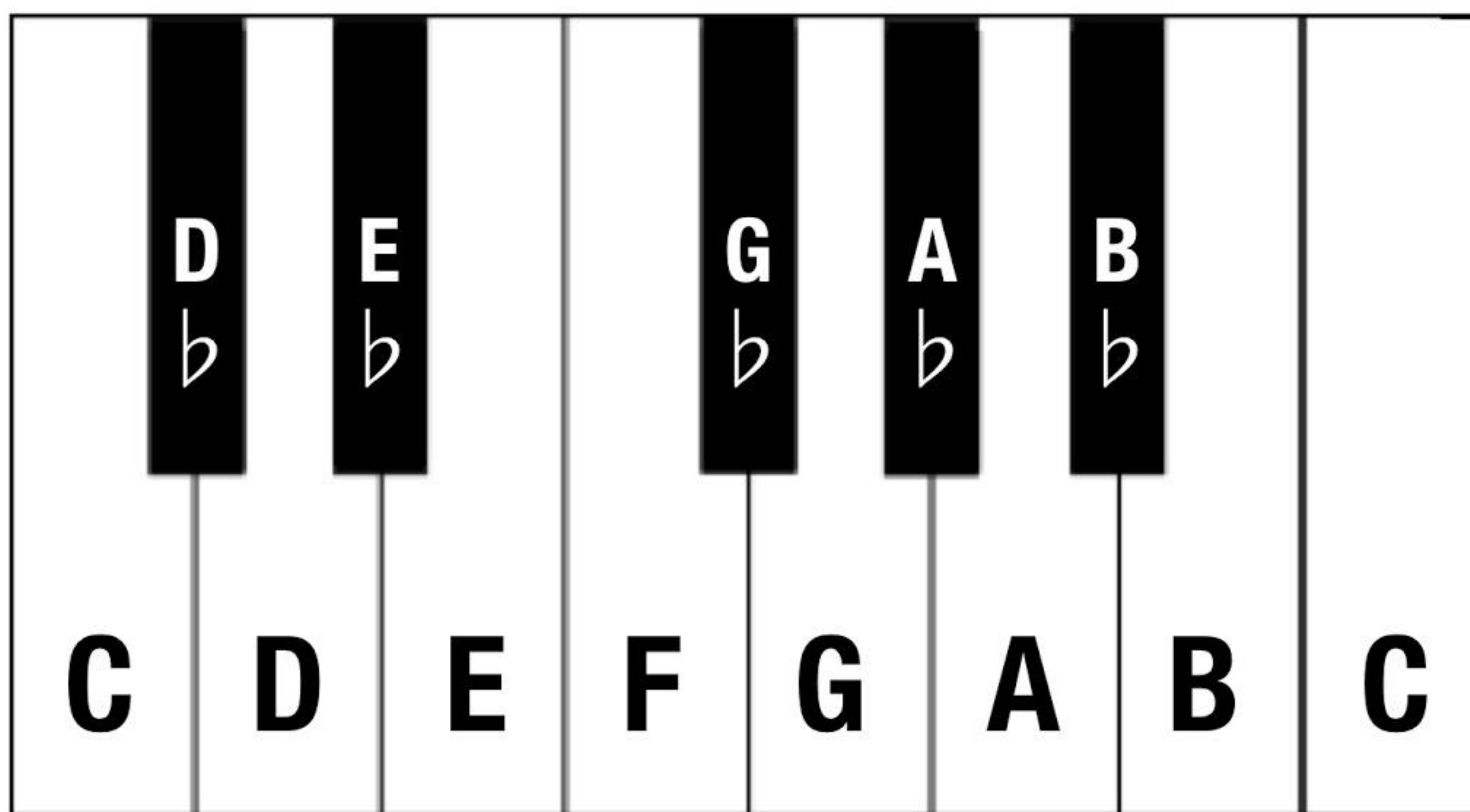
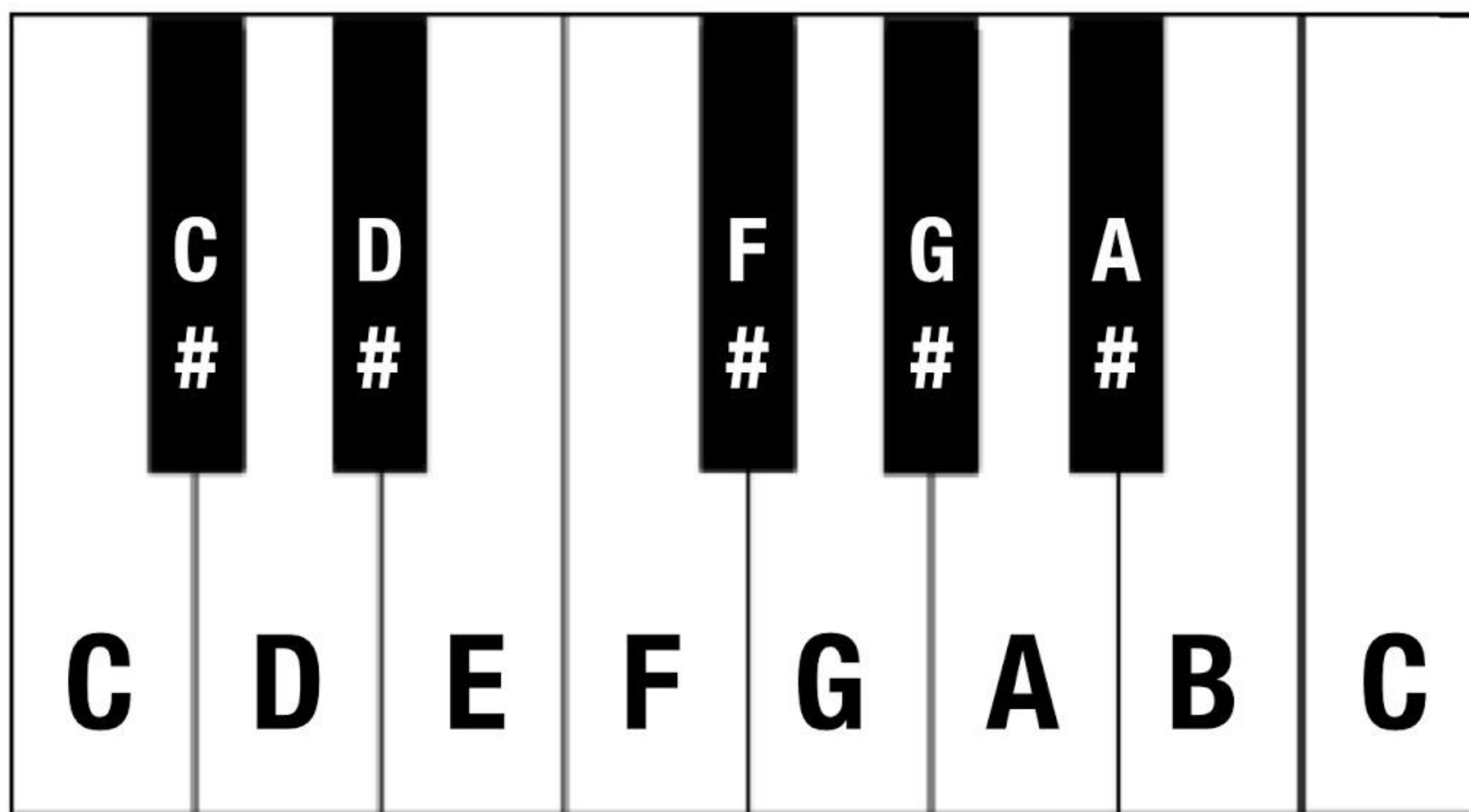


## VIDEO 3 Chromatic scale

Today we will learn the names of the notes in our fingerboard.

When we go up the scale, we will use sharps

When we go down the scale, we will use flats



## HOMEWORK

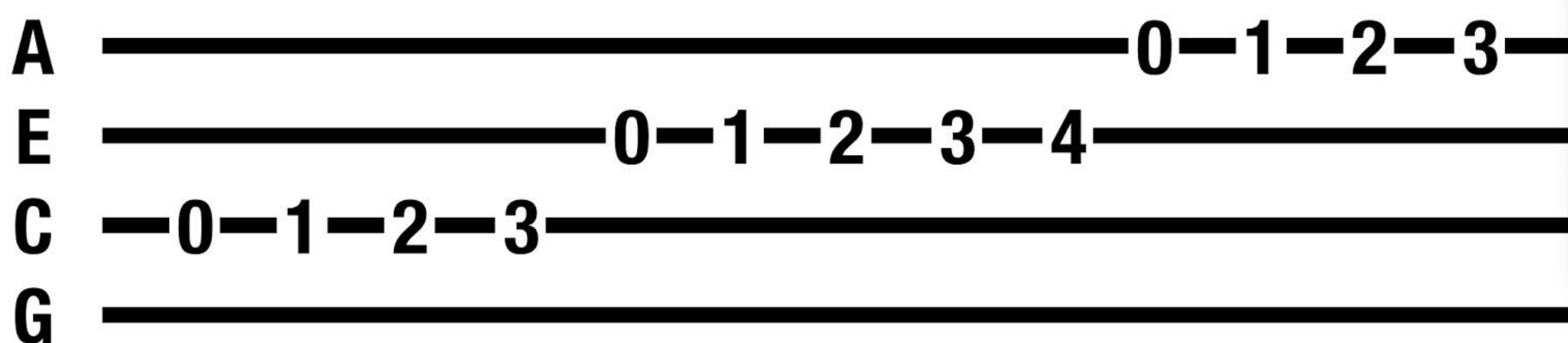
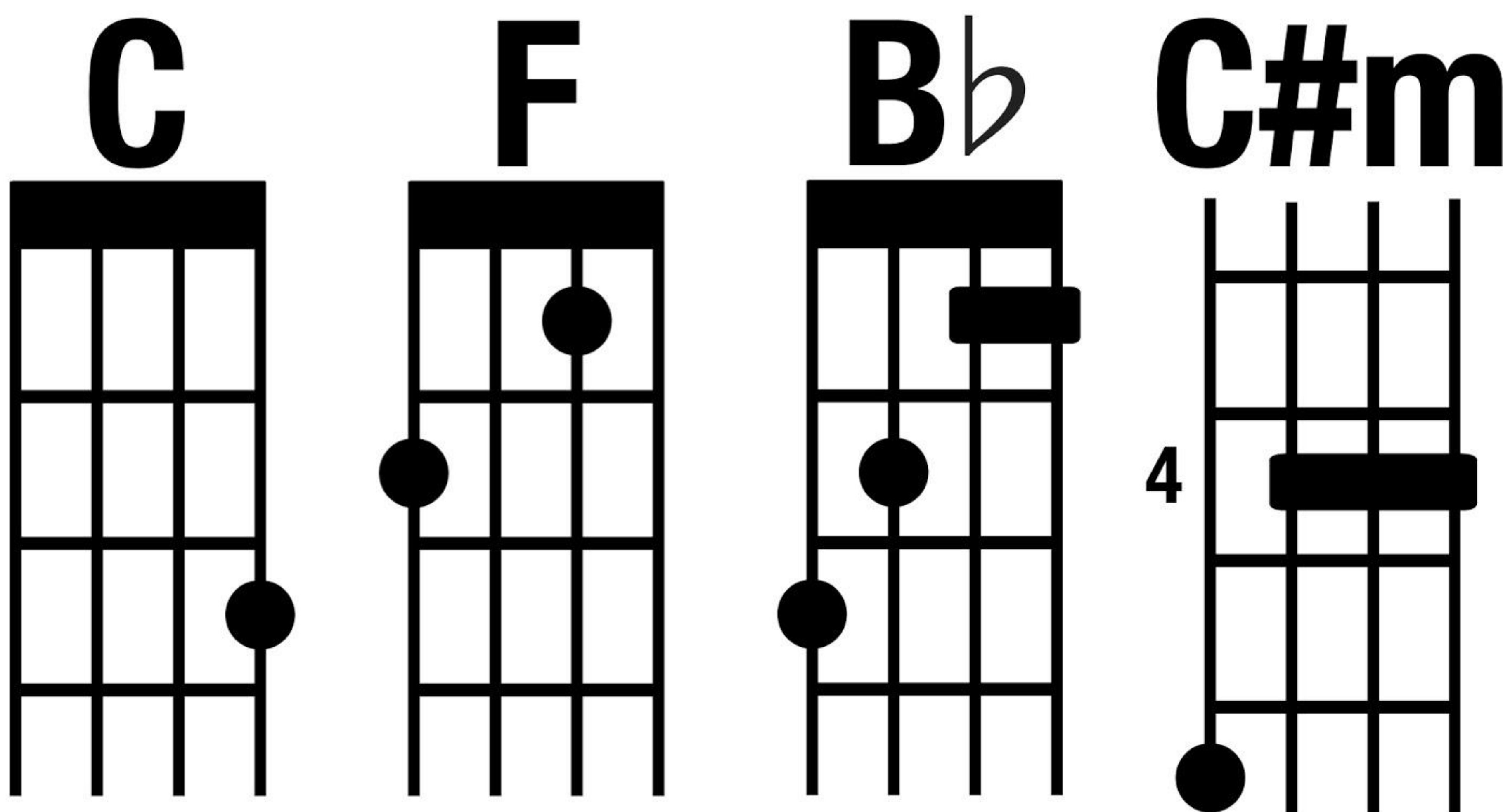
Play the chromatic scale going up and going down. After you are comfortable with the scale, keep your gaze forward. Say the note names as you play them.



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## VIDEO 4 How to read chord charts and tab

The easiest way to become an independent player on ukulele is to learn how to read chord charts and tablature notation (more commonly referred to as "tab"). In this video we talk about how to read charts and tab. The most important part of today's practice is the homework!



### Homework

Read the chromatic scale on the tab here

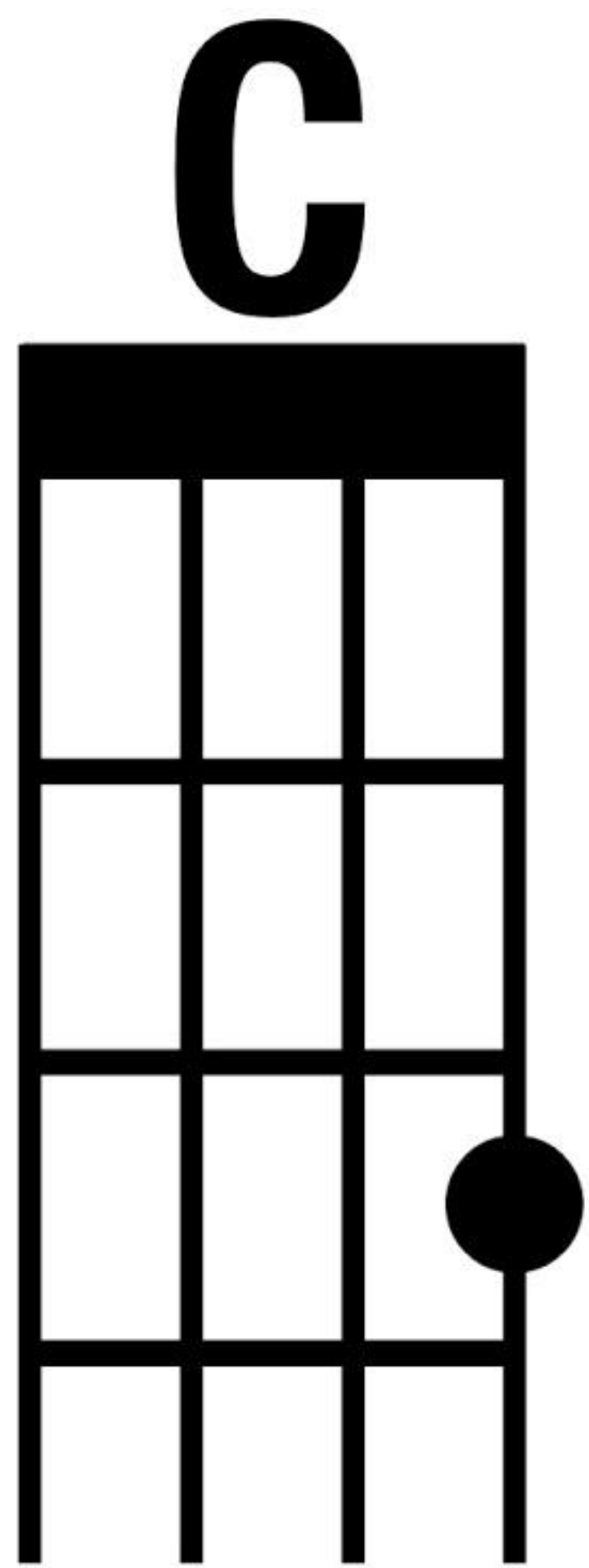


# 30 DAY *ukulele* challenge



## VIDEO 5 Getting a clean-sounding strum

This video will help you get a clean, clear sound when you strum. This video may be too easy for many of the viewers, but I thought we could start with something that would get us all on the same page. If you've been growing your nails out, you will hear a difference in your strum!



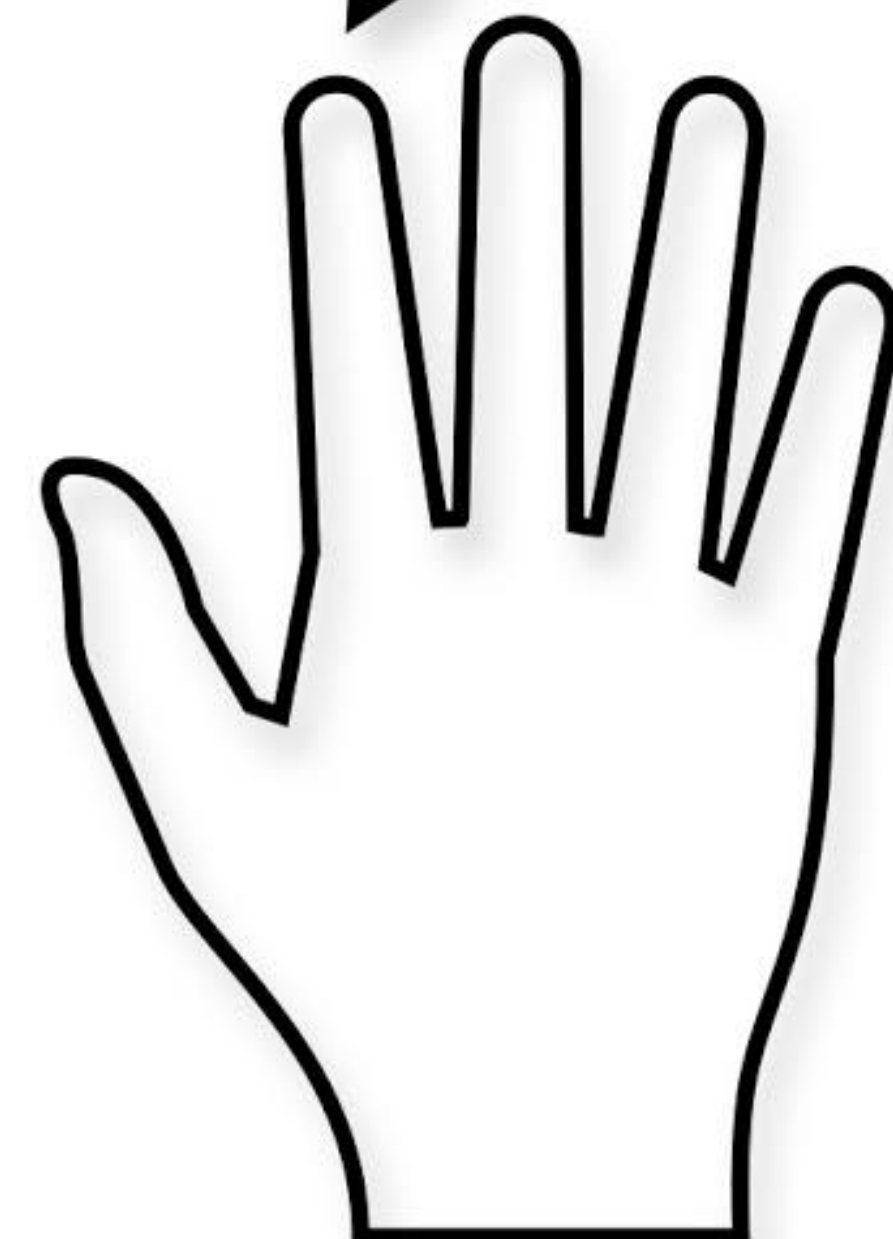
### C chord strumming practice

//// | ////

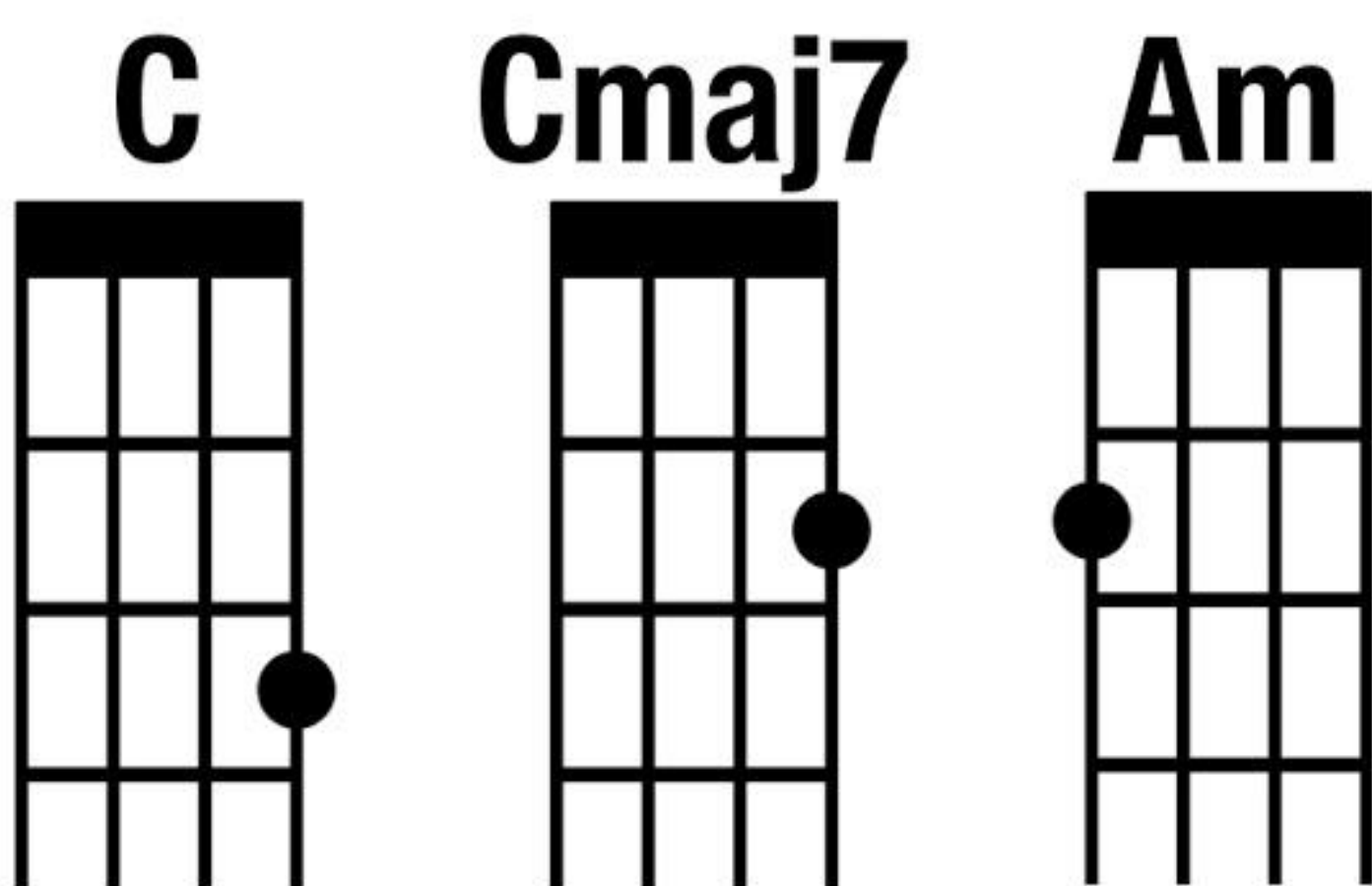
### Row, row, row your boat

Row, row, row your boat  
Gently down the stream  
Merrily, merrily, merrily, merrily  
Life is but a dream

When you strum, try using the index fingernail.  
DO NOT use the skin on the finger to strum.



## HOMEWORK Memorize the following chords



We will use these chords in a future lesson to learn *Imagine* by John Lennon



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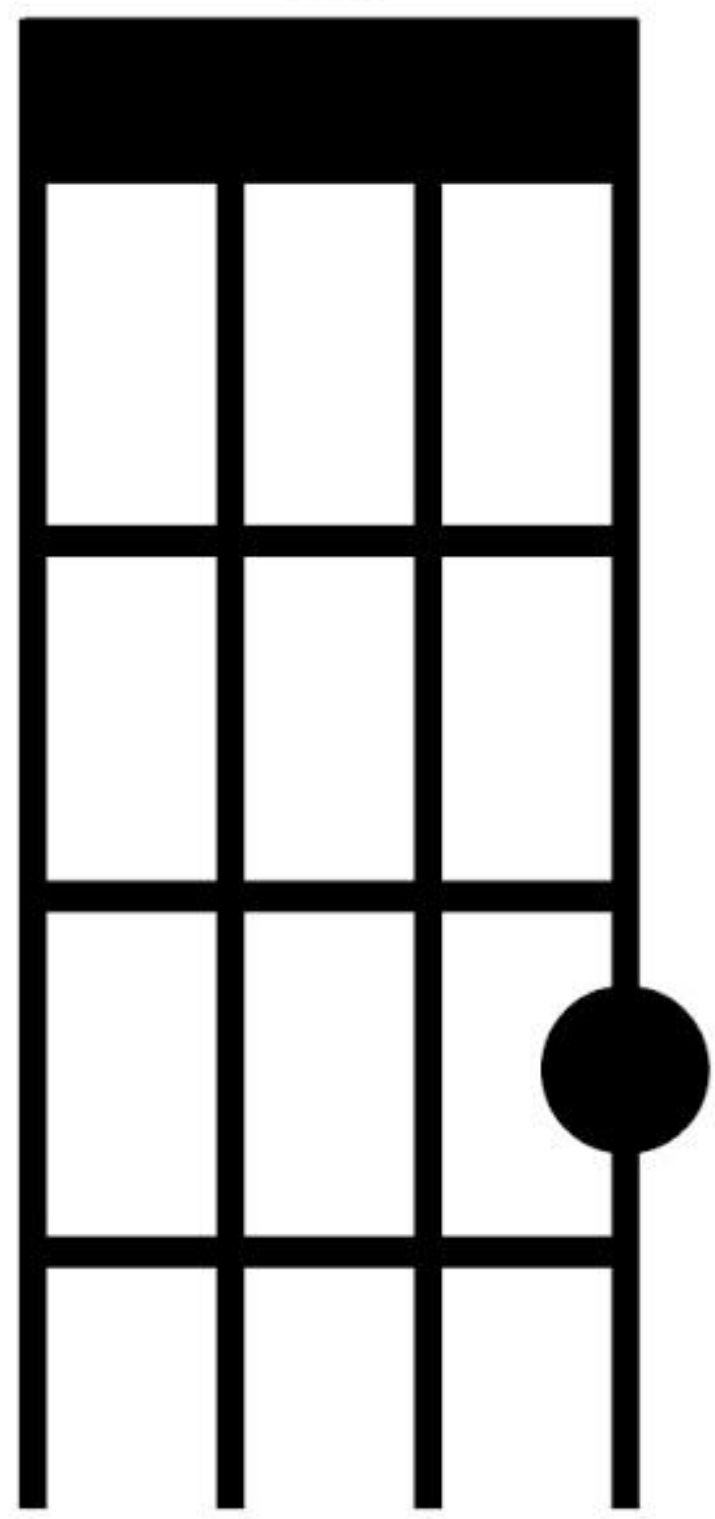


## VIDEO 6 One-finger chords

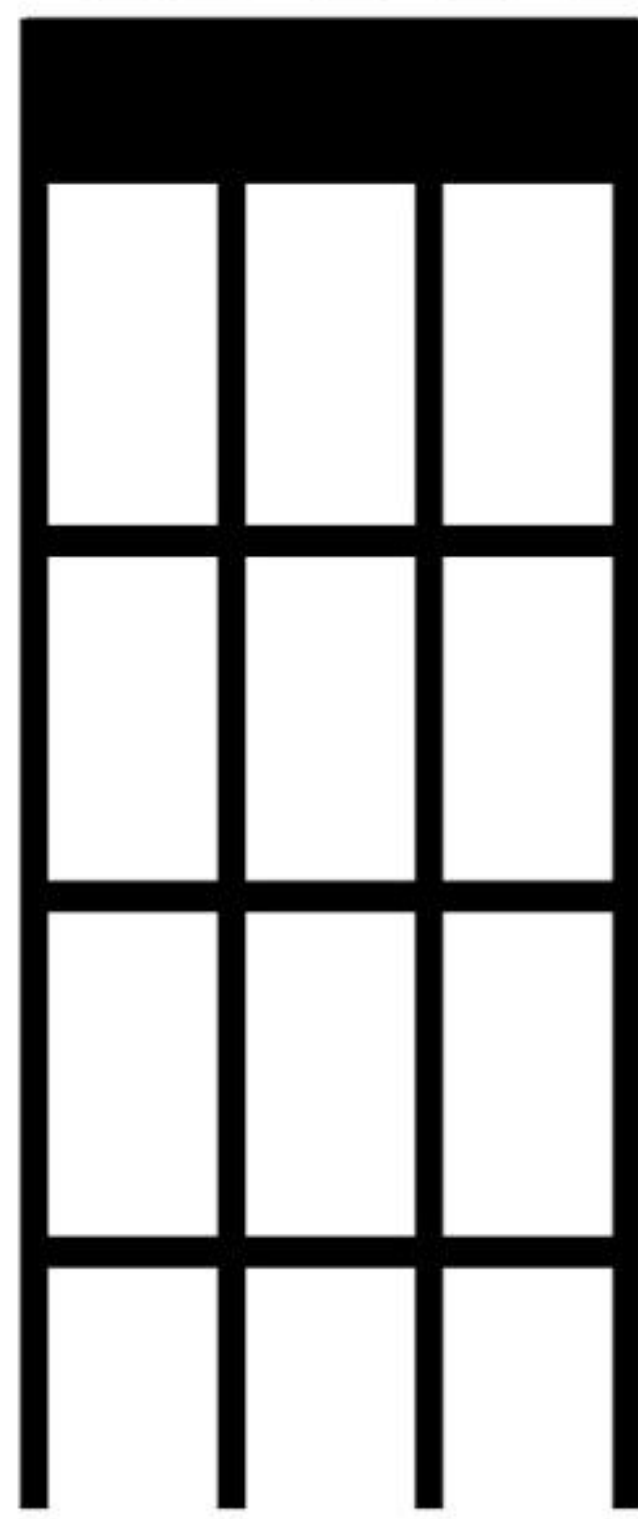
In order to become a better musician and ukulele player, we will begin to build your chord inventory. This means that you will start memorizing ukulele chord names and shapes.

Watch today's video and memorize these chords.

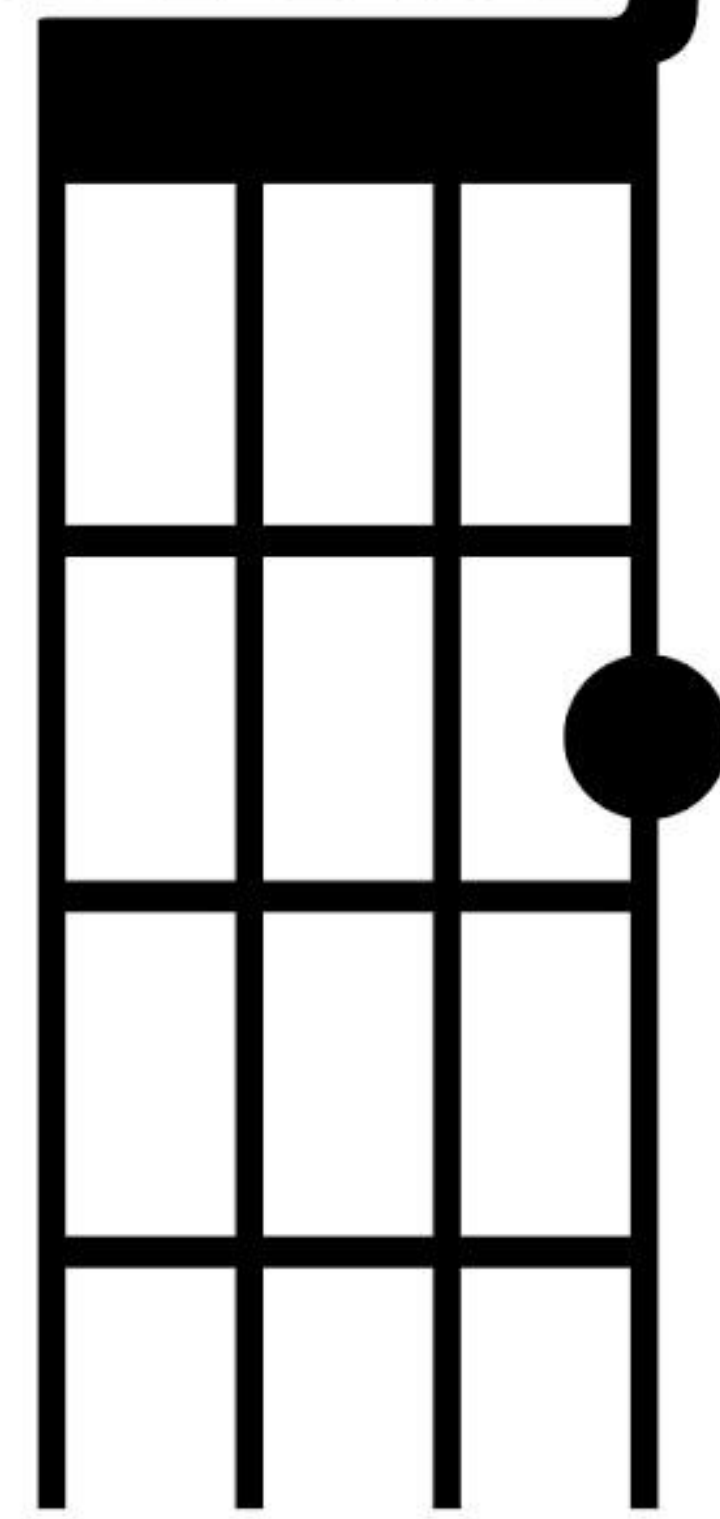
### C



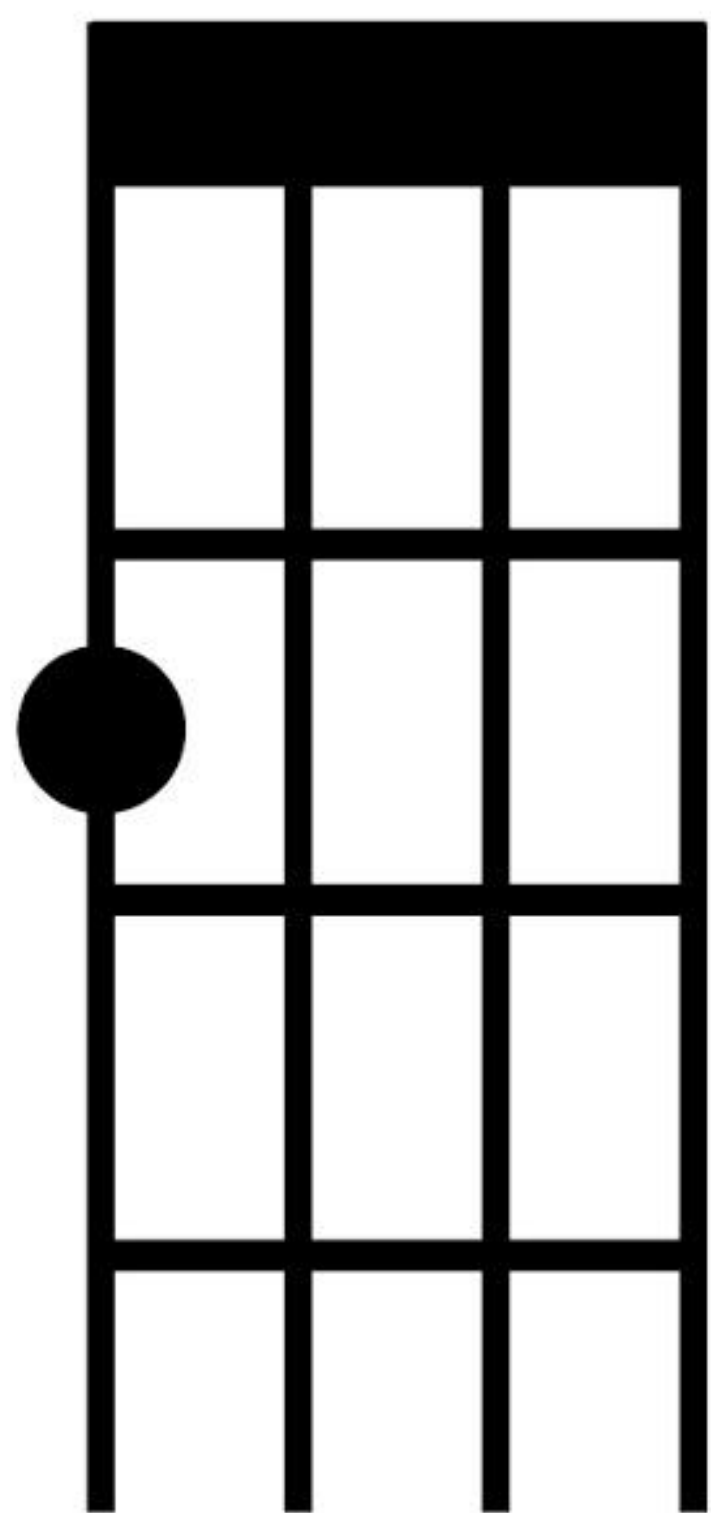
### Am7



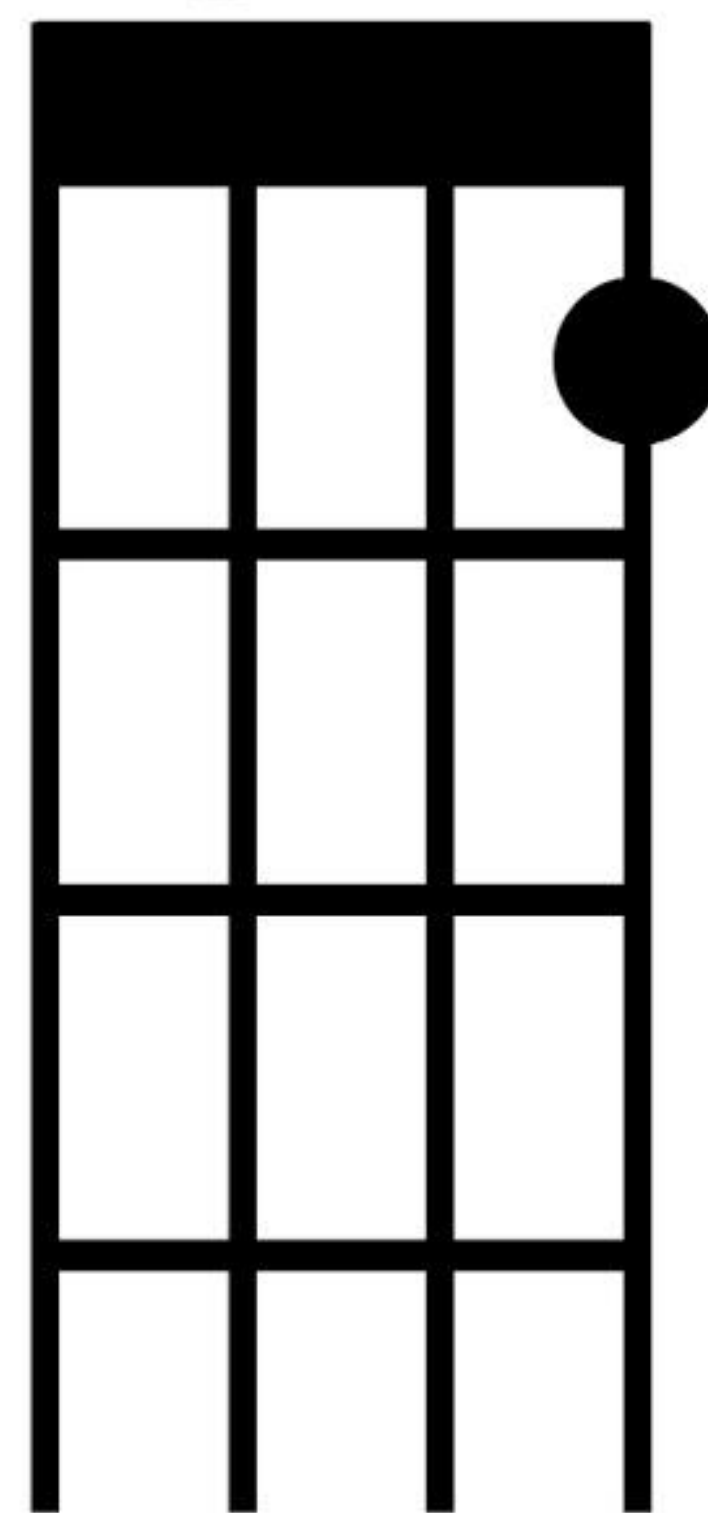
### Cmaj7



### Am



### C7



### Homework

Memorize these one-finger chords.

Say the name of the chord as you play it.



# 30 DAY *ukulele challenge*

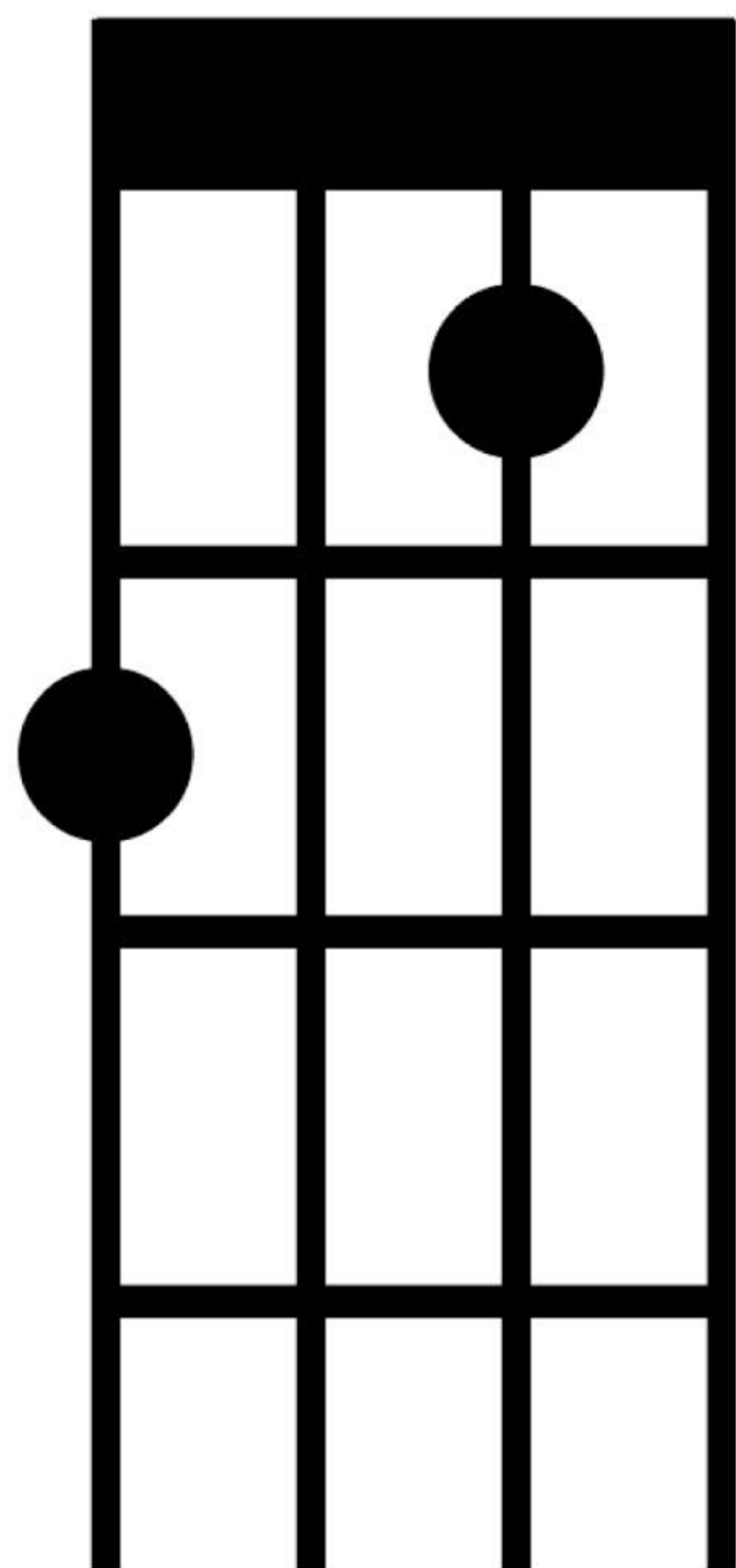
## VIDEO 7 Two-finger chords

Today we continue to build your chord inventory by focusing on two-finger chords.

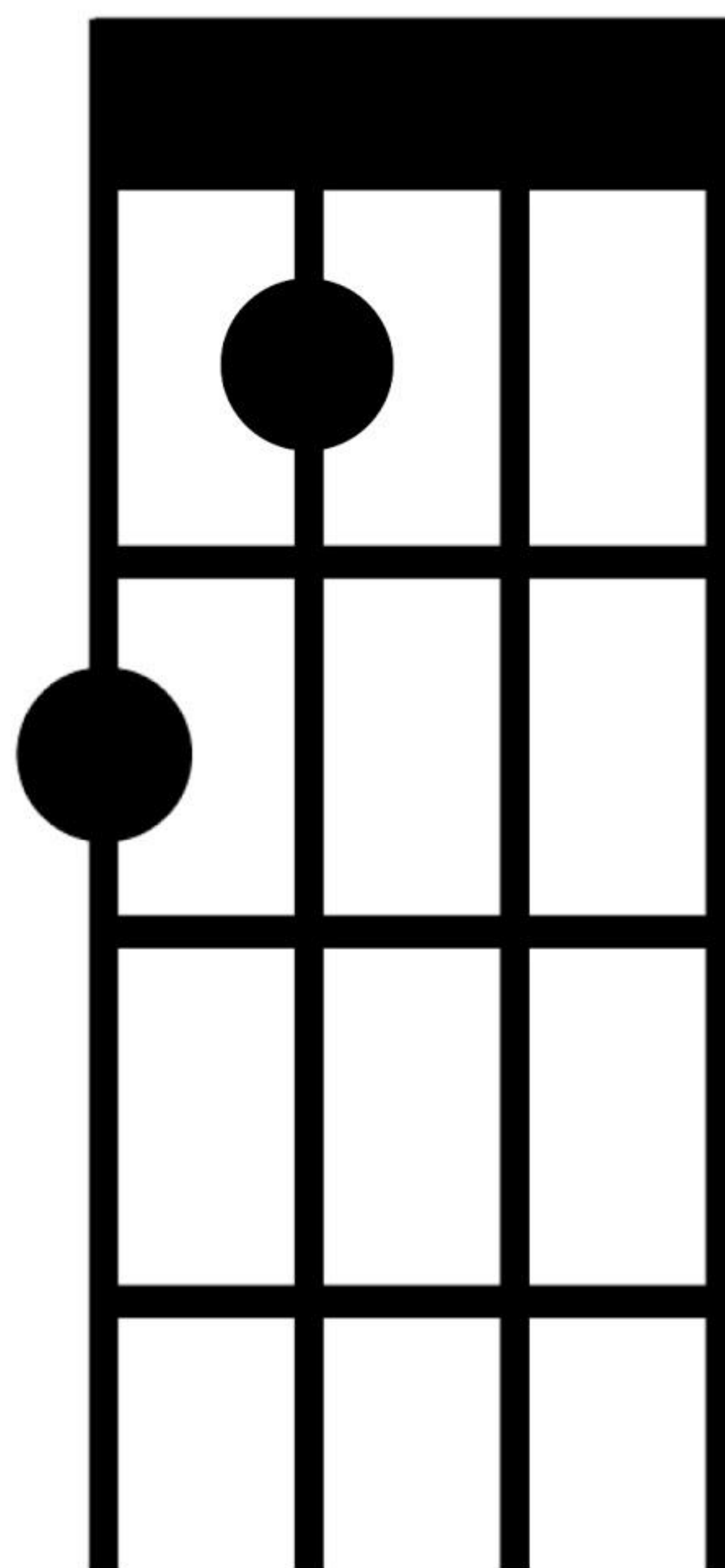
Keep your fingers curved as you play these chords and only touch the string the chord chart tells you to touch.



# F



# A

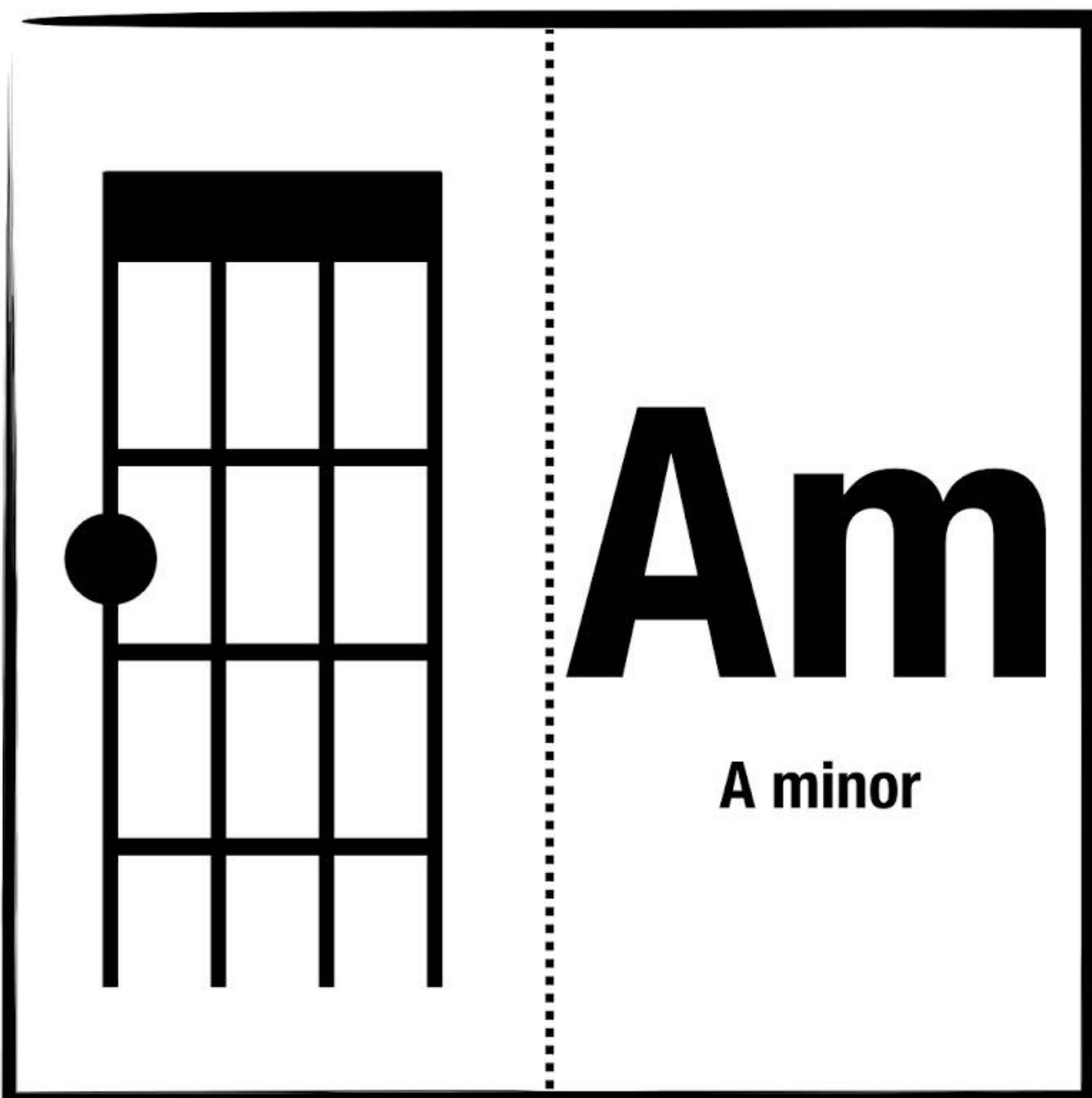
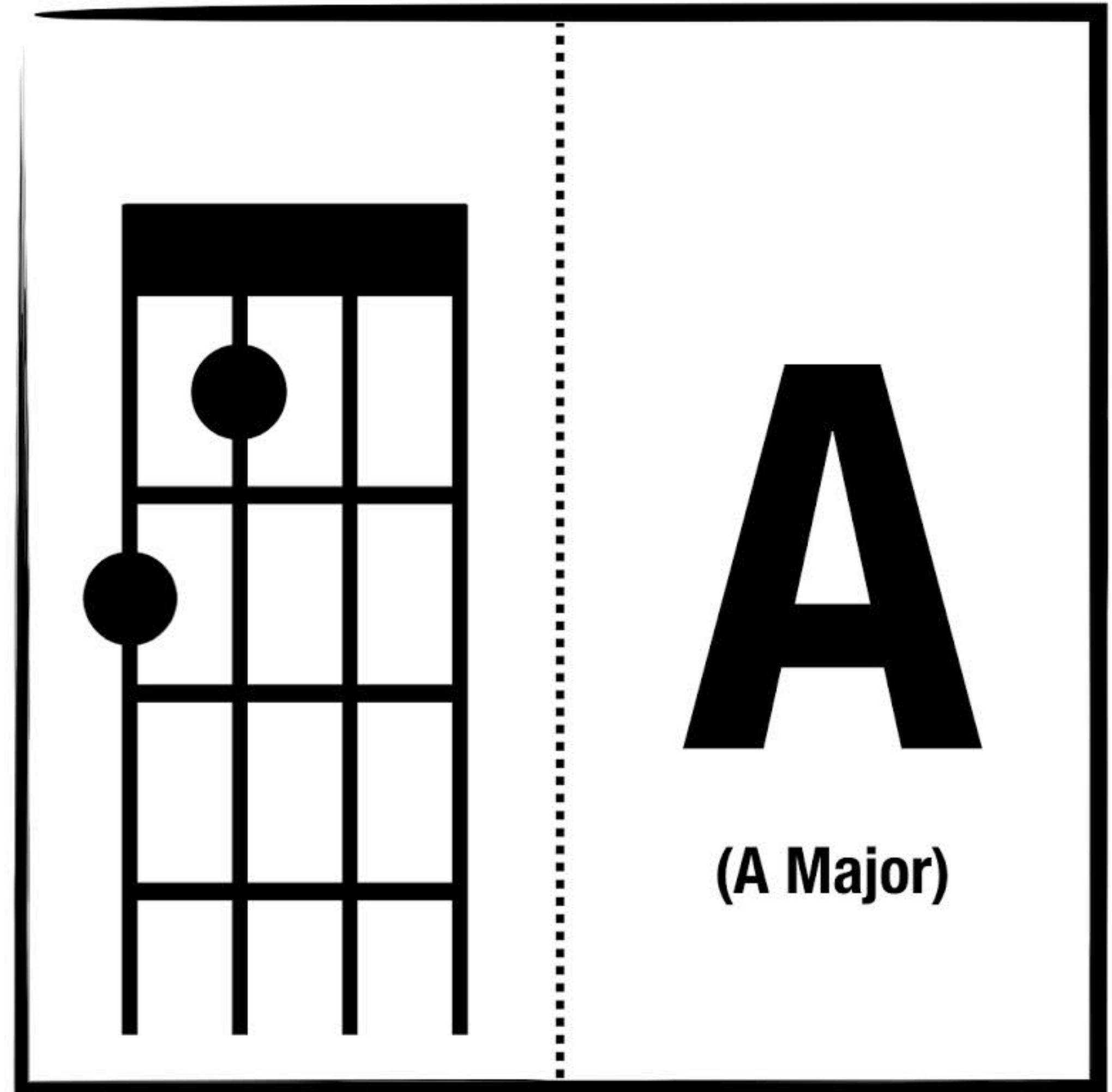
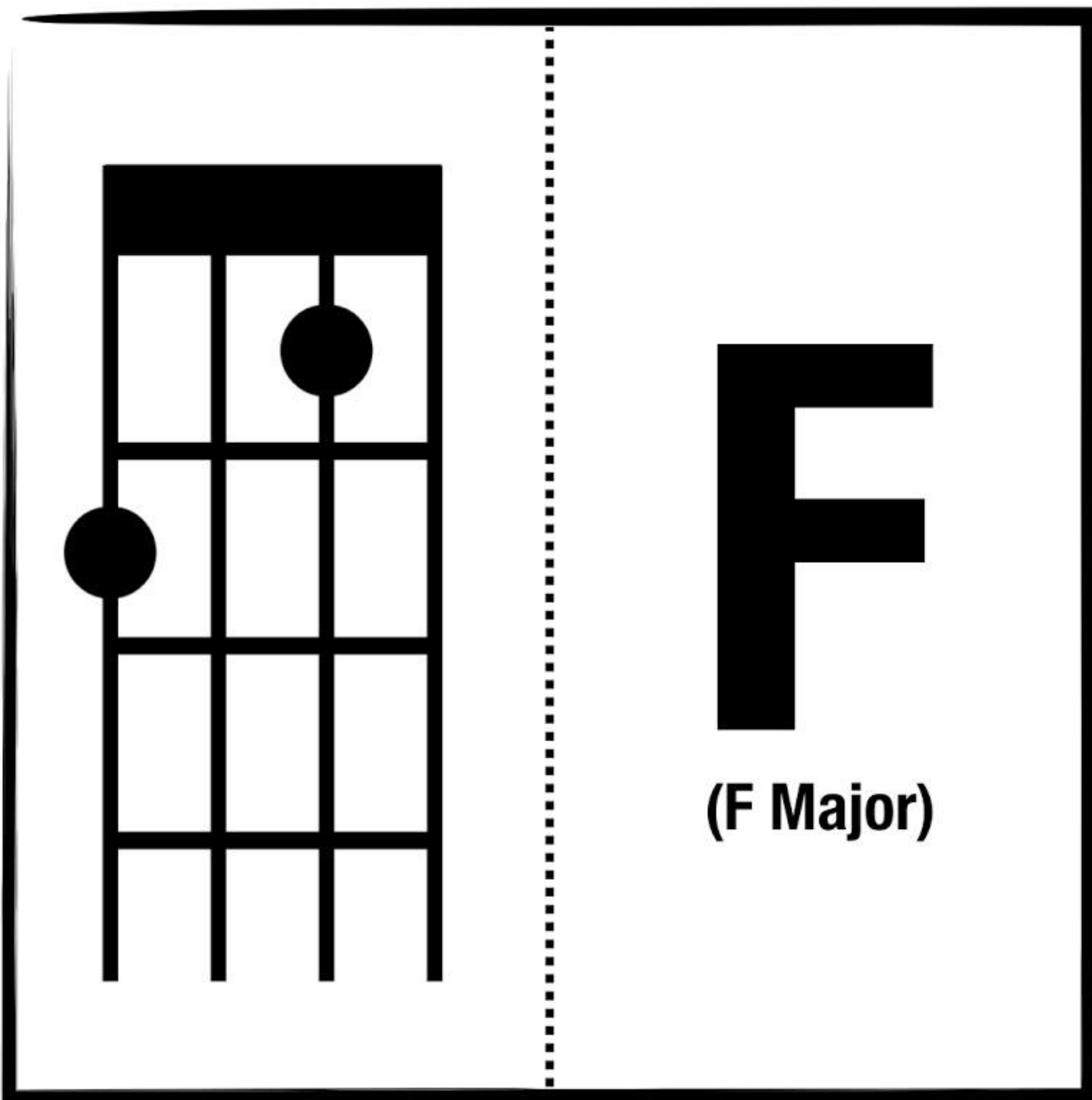


### Homework

Use today to memorize these and review the ones we learned in the previous lesson.



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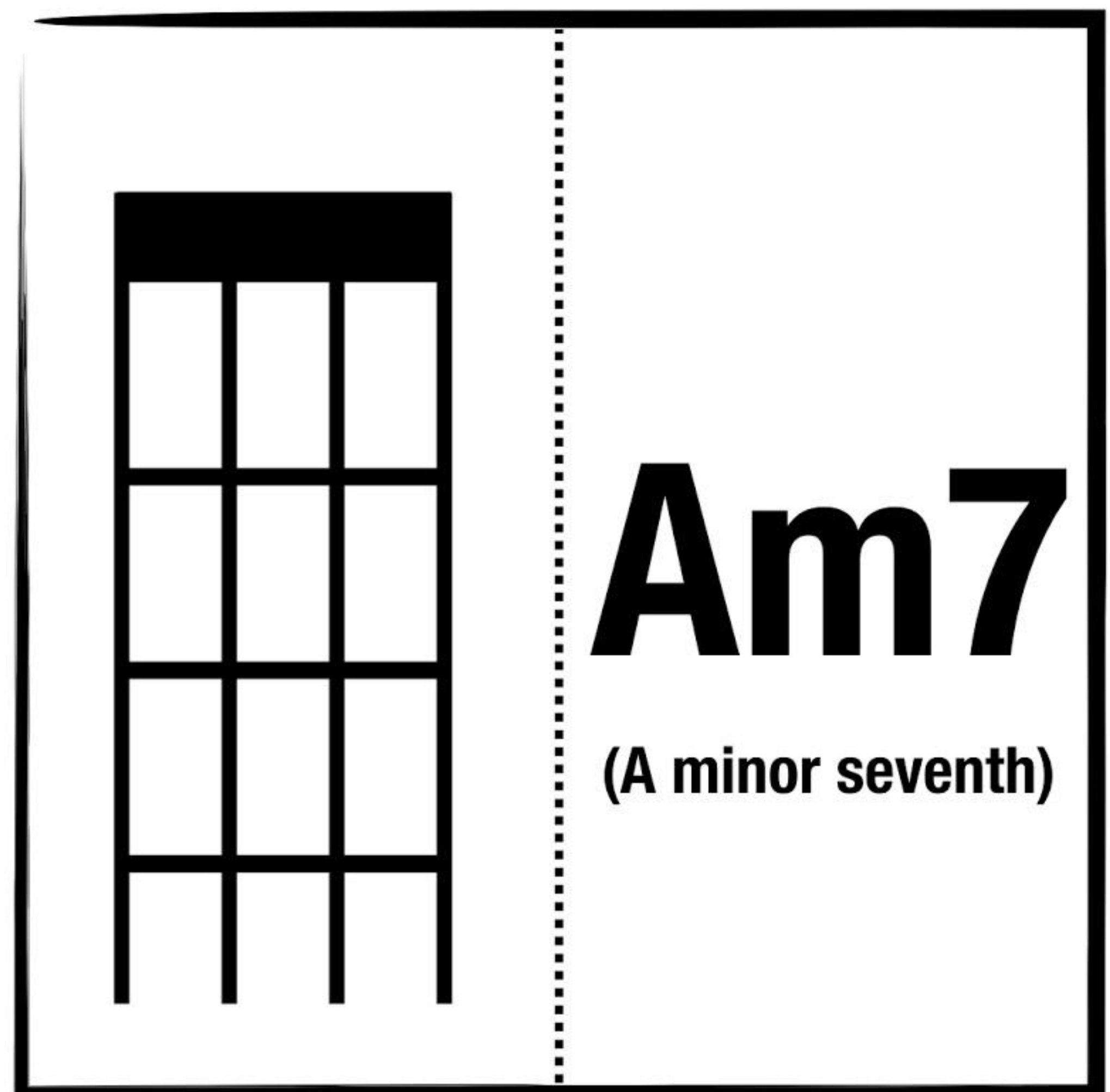
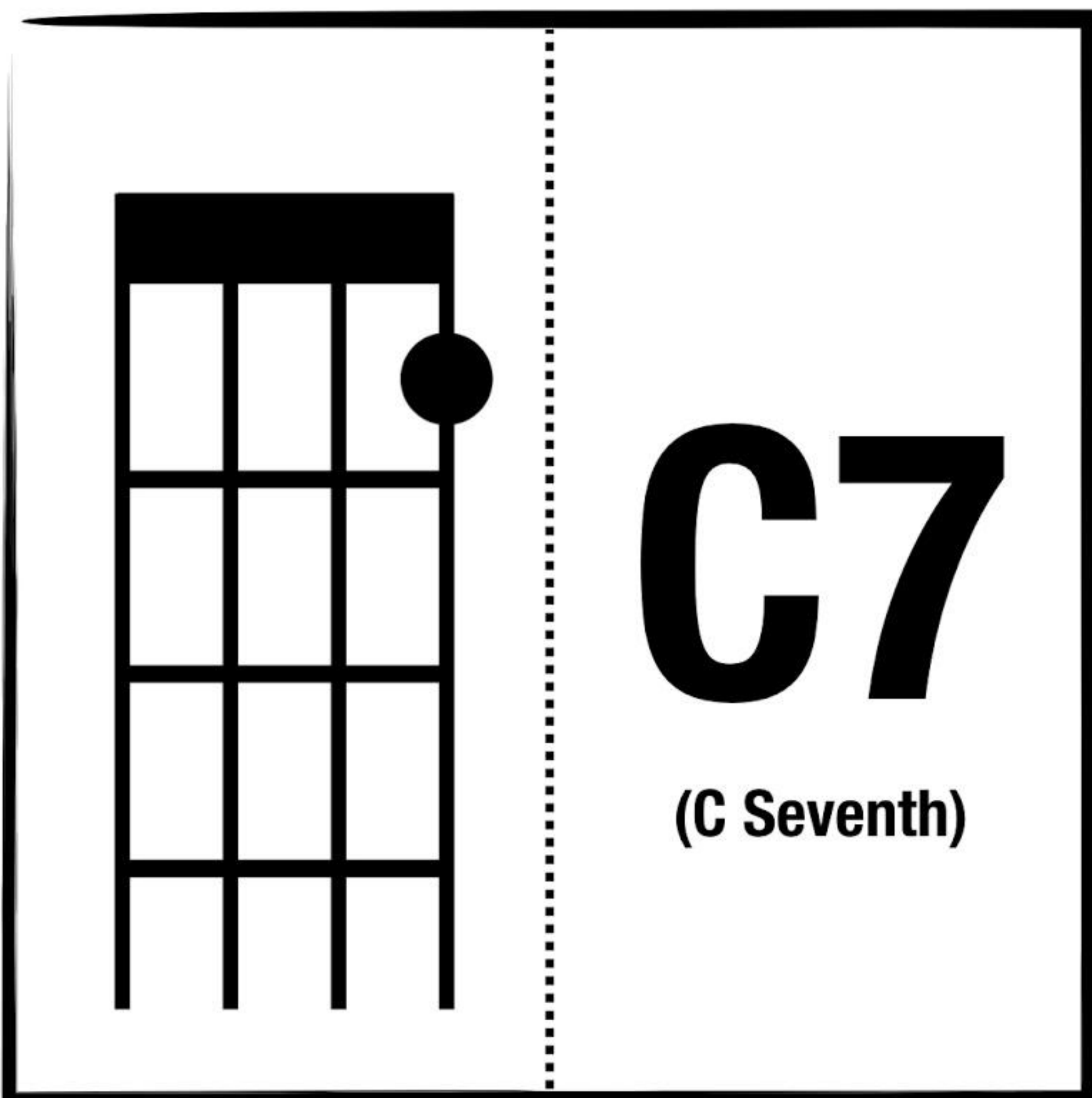
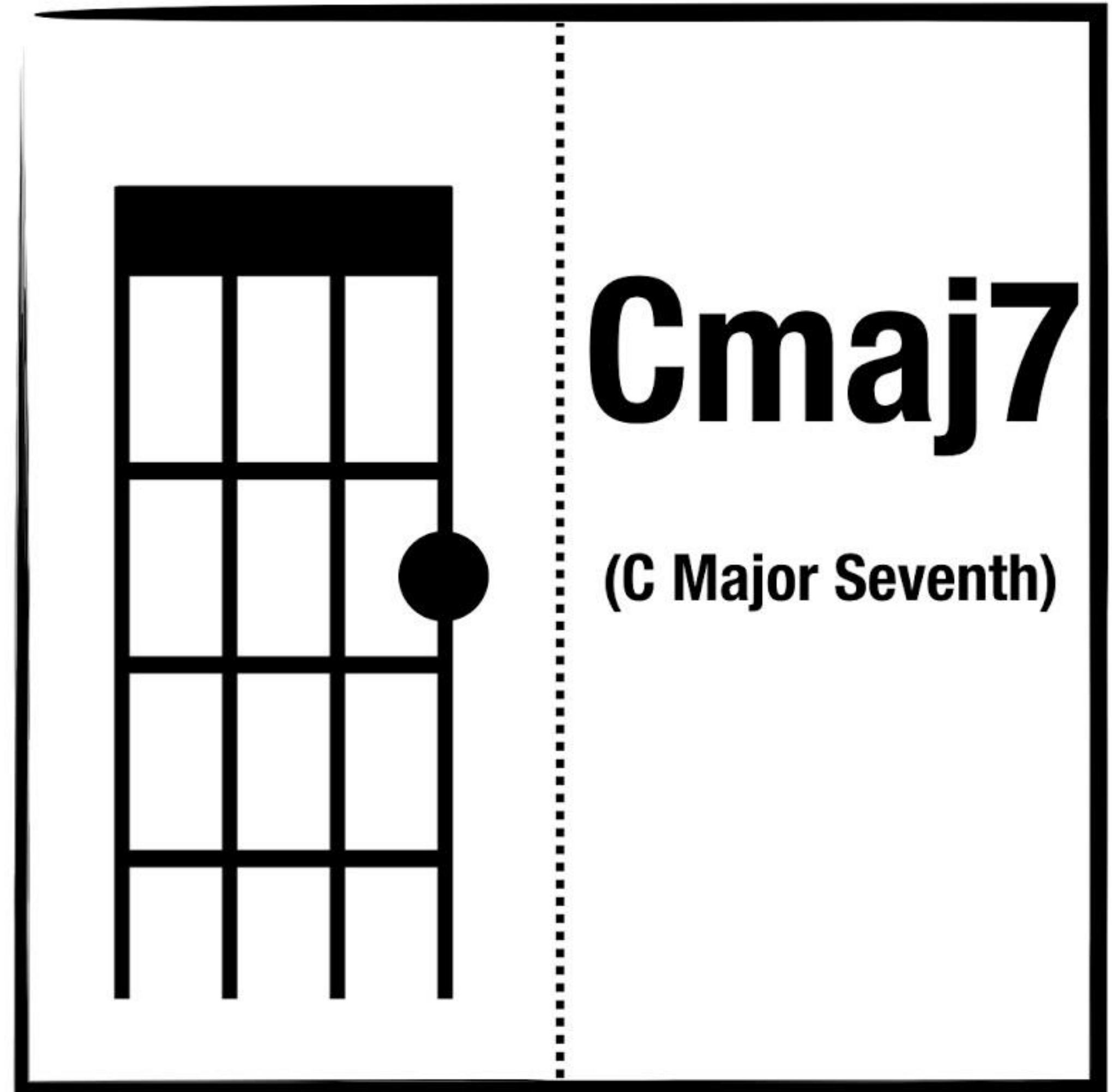
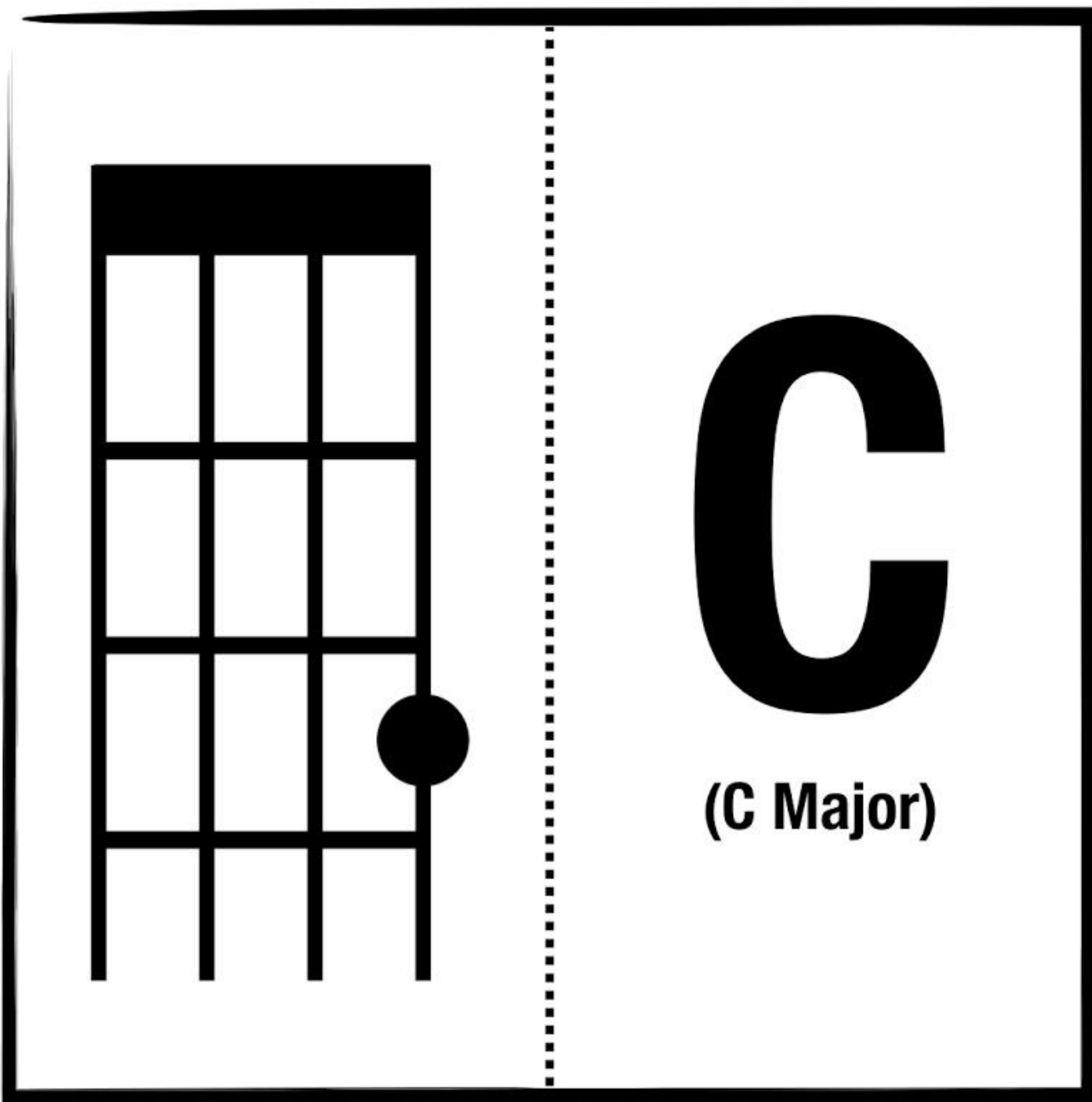
## Homework Uke Chord Flash Cards

- 1) Cut out the boxes
- 2) Fold and glue them at the dotted line
- 3) Test yourself. Look at the chord chart and try to name the chord you're looking at.



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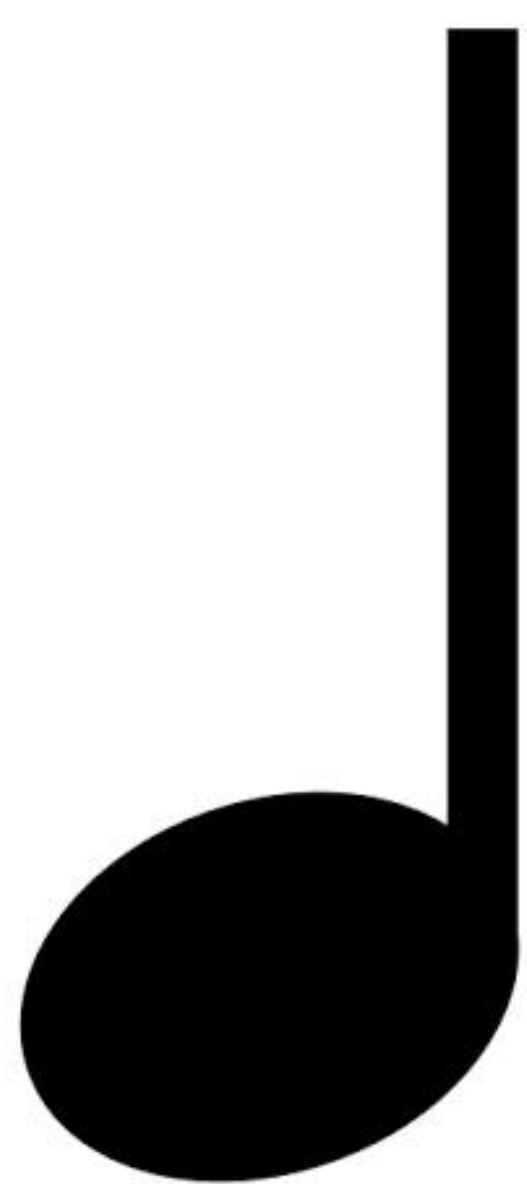
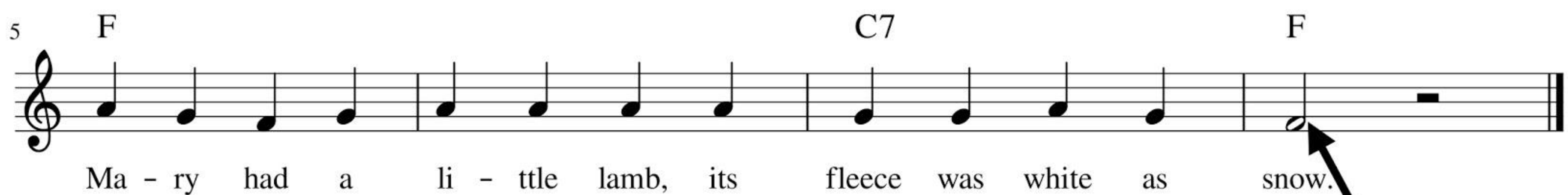
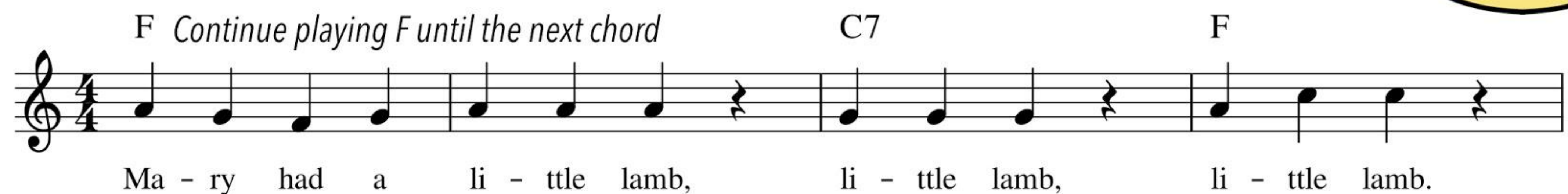
# 30 DAY *ukulele* challenge



## VIDEO 8 Your first song & switching chords

In this video we will learn how to strum & sing *Mary Had A Little Lamb*. The purpose of this video is to get a clean sound from each chord, master switching, and sing while strumming.

## MARY HAD A LITTLE LAMB



### Quarter note

Every time you see one of these, strum downwards for one beat



### Quarter rest

Every time you see one of these, stop playing for one beat.

### Half note

Make this note 2 beats long for a pretty ending.

## CHORDS USED





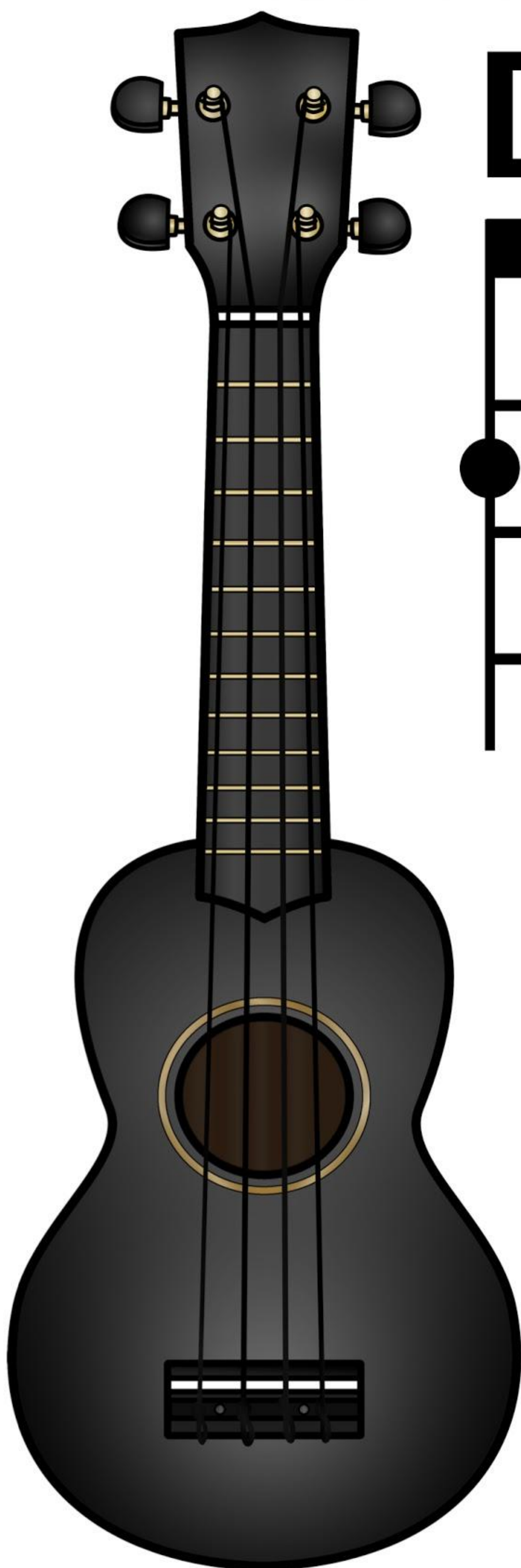
# 30 DAY *ukulele challenge*

## Homework

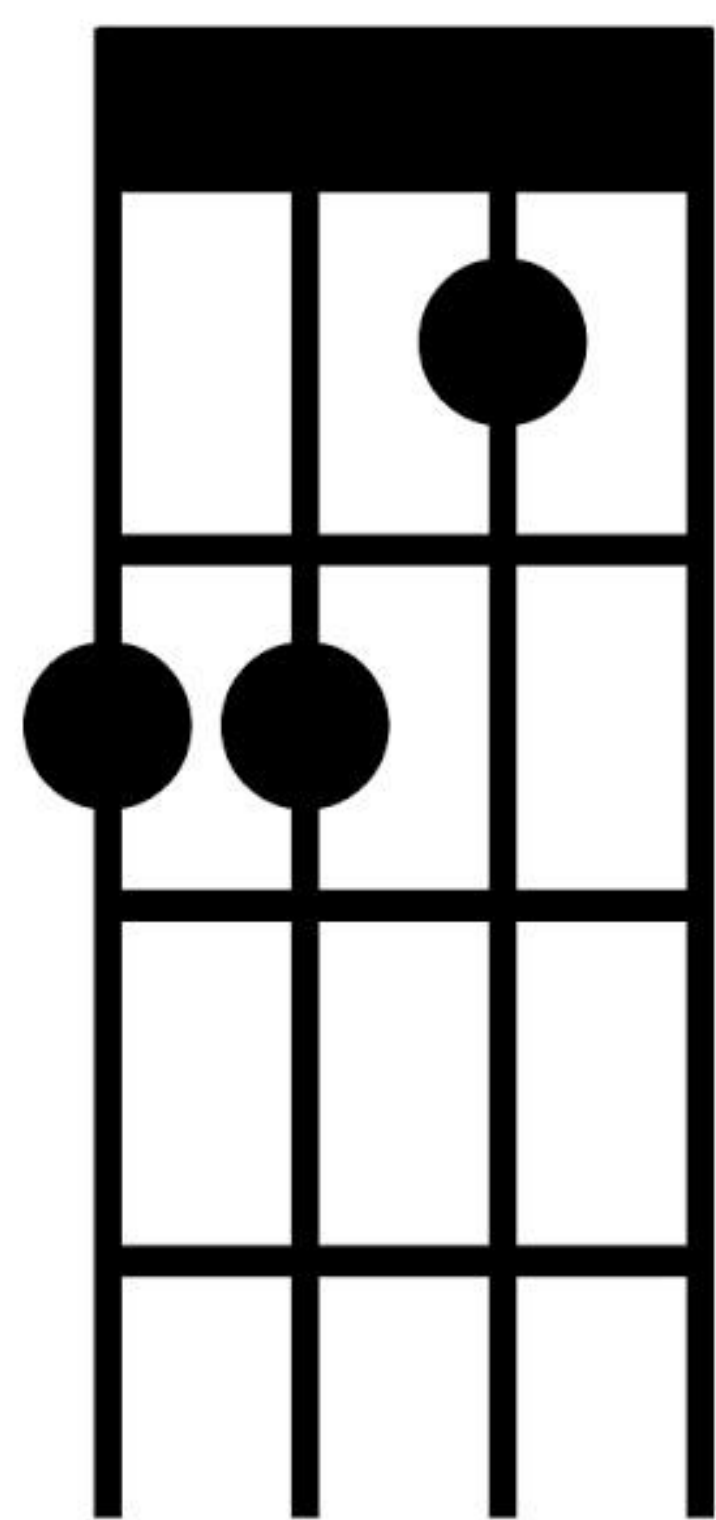
Try to play all of these chords on your own and memorize them.

### VIDEO 9 Playing three-finger chords

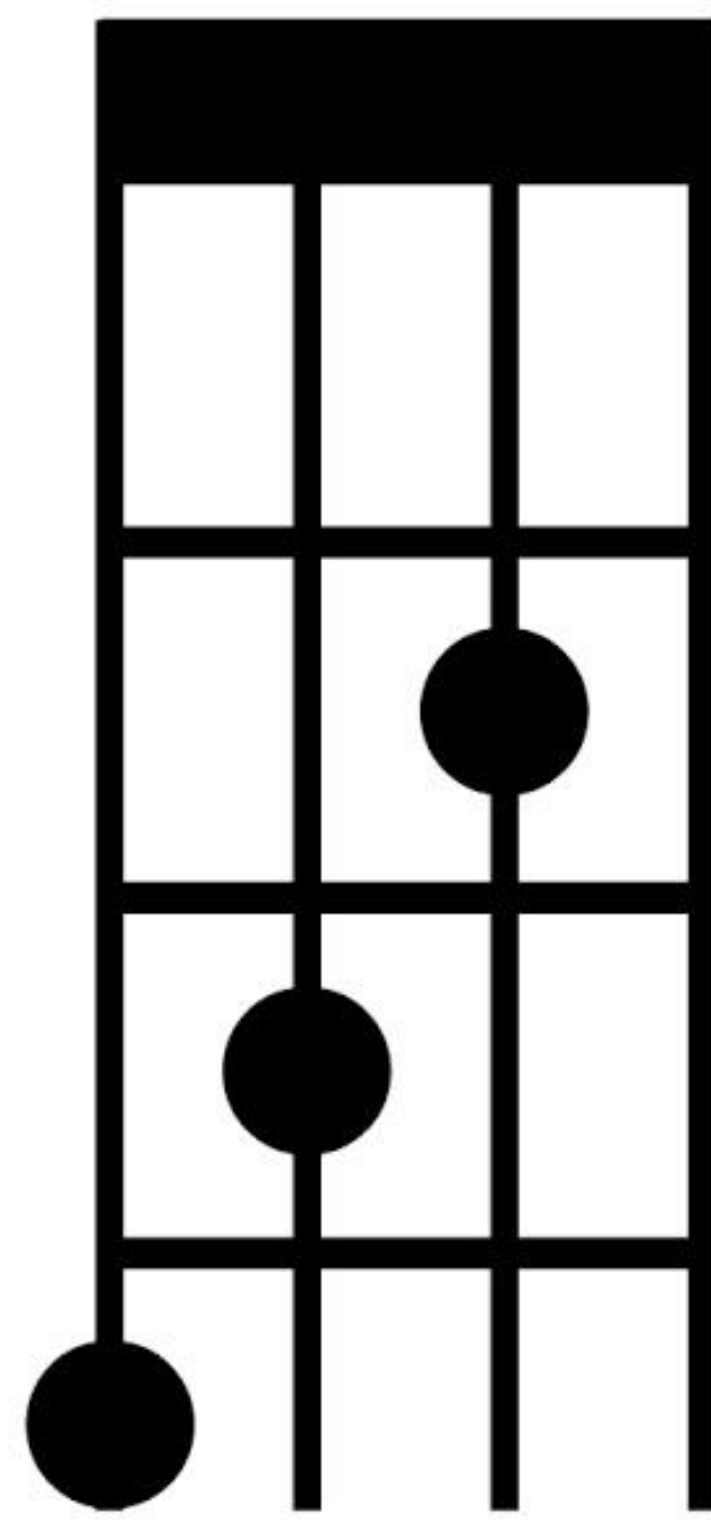
In this video we will play chords that require 3 fingers on the fretboard at the same time. We need this lesson because we will be playing *Imagine* by John Lennon soon.



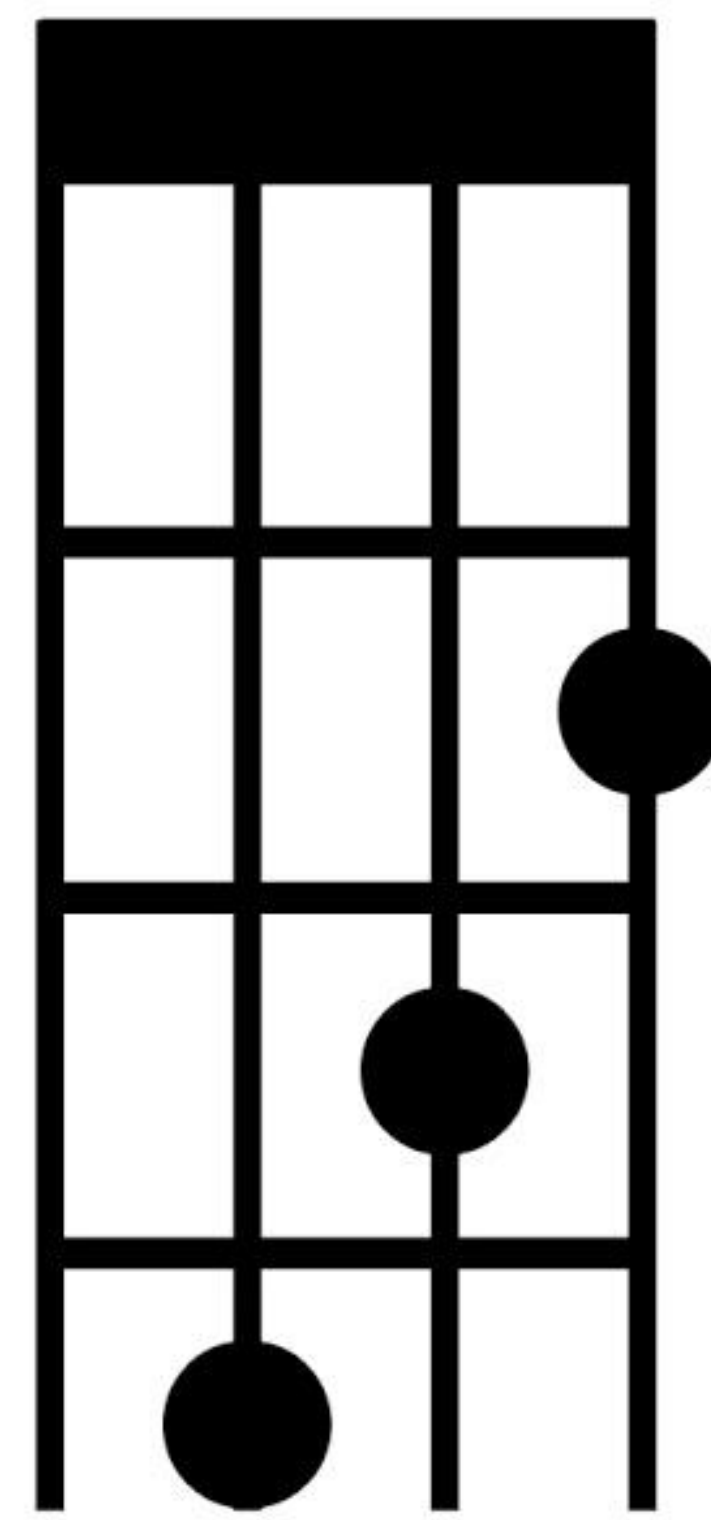
**Dm**



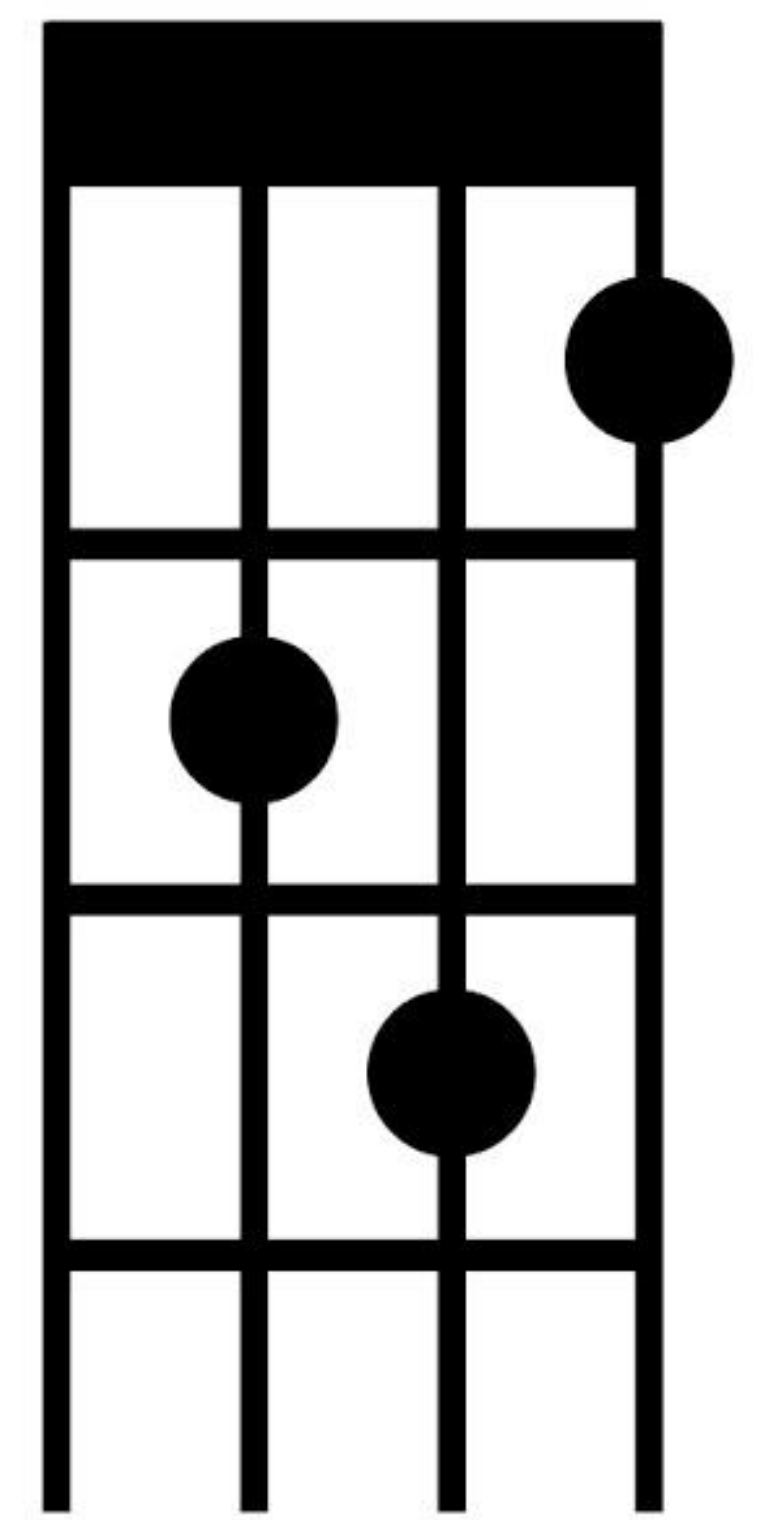
**B7**



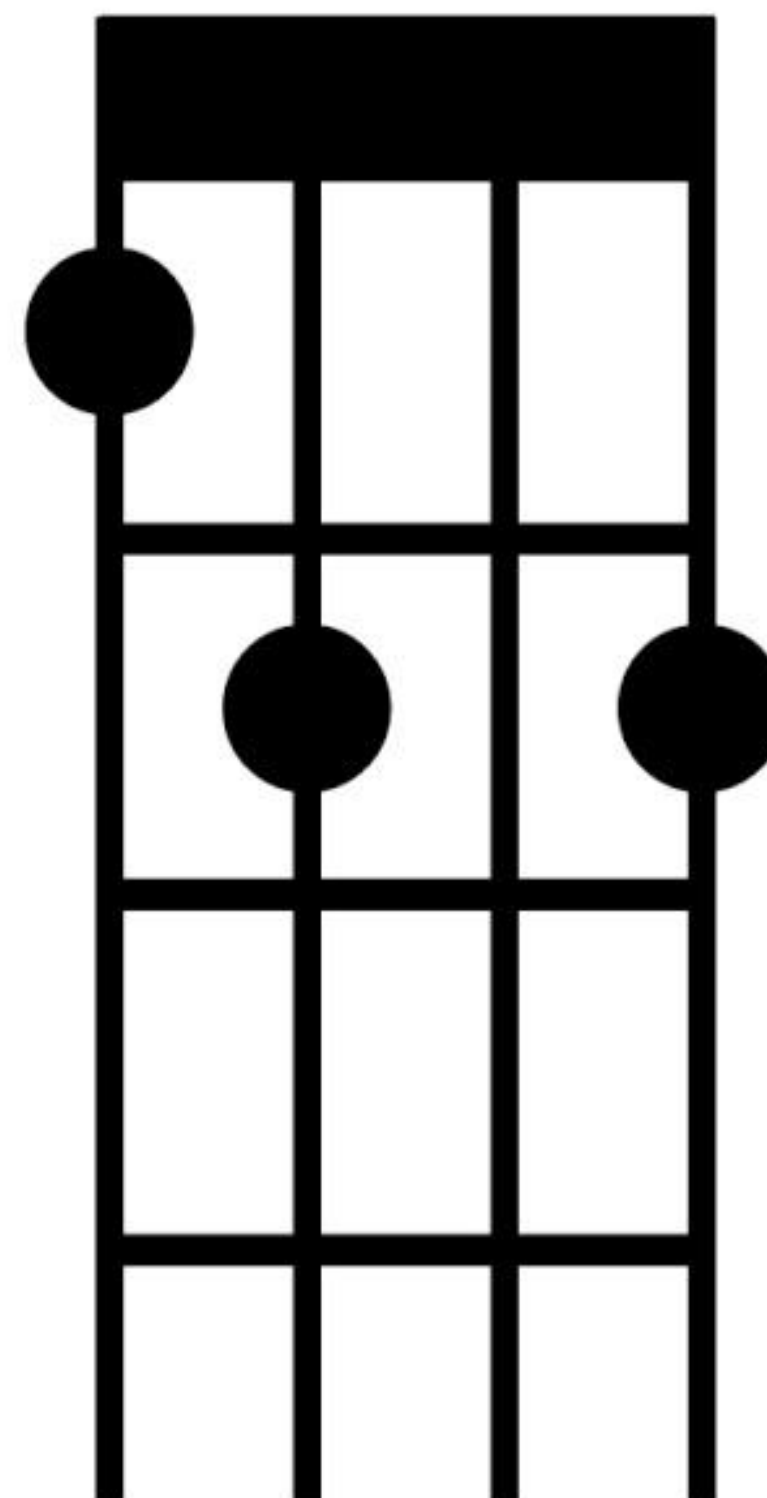
**Em**



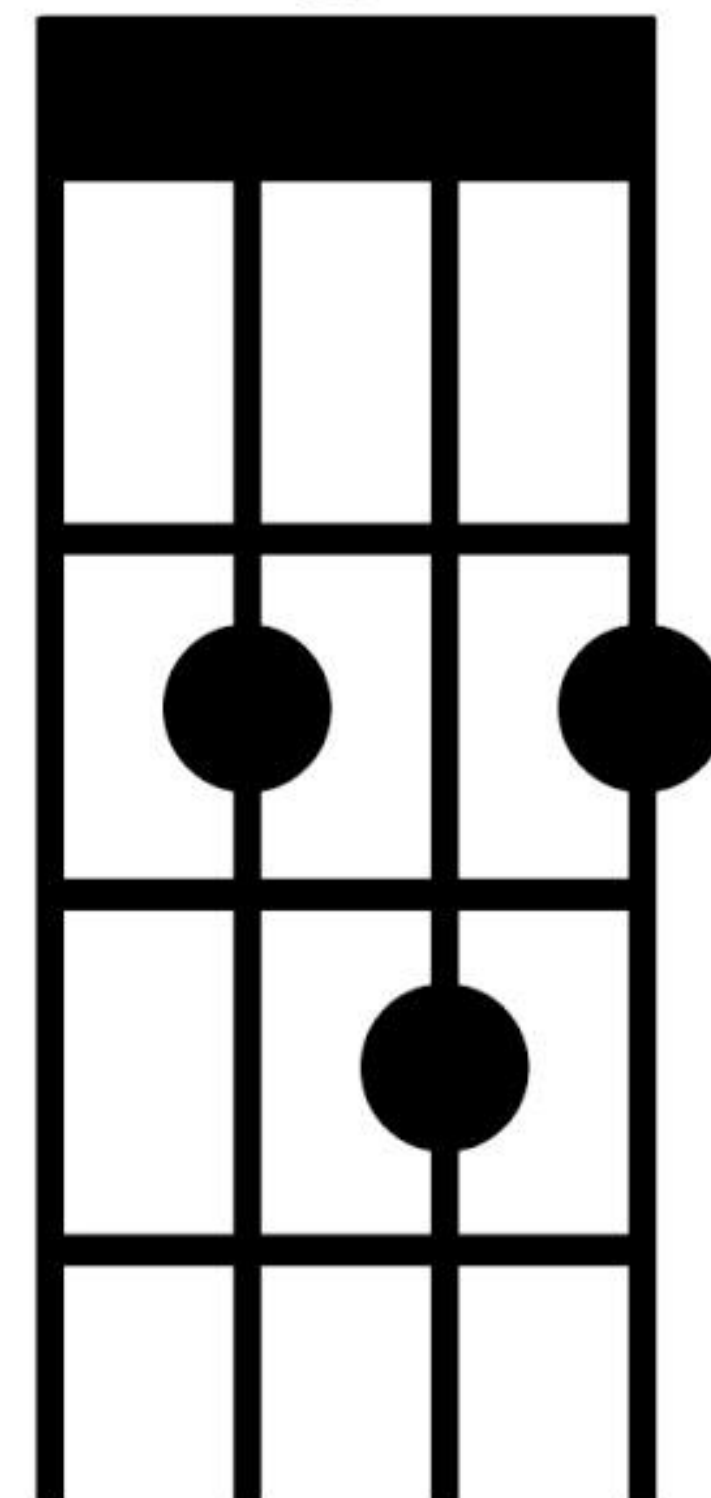
**Gm**



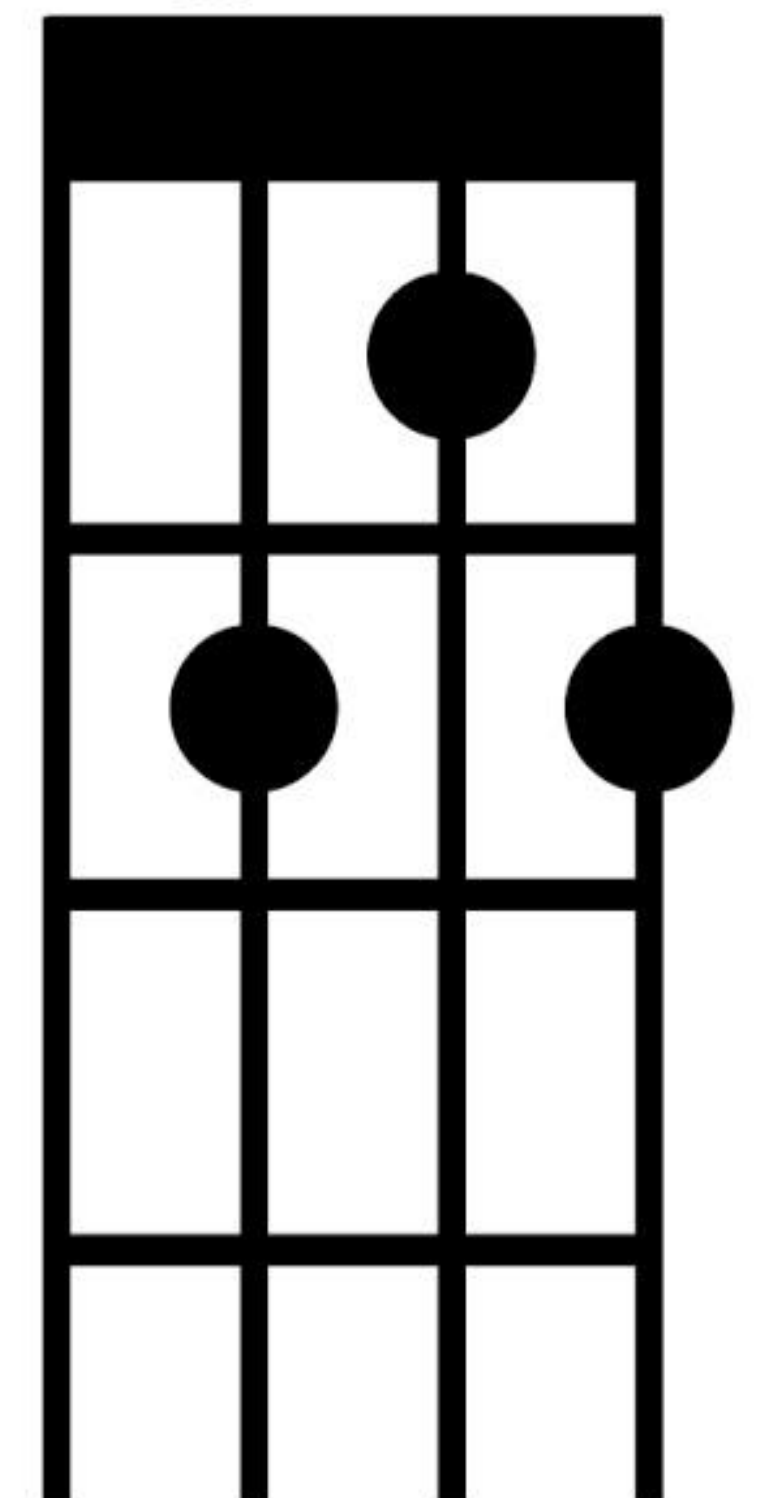
**E7**



**G**



**G7**





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## VIDEO 10 You Are My Sunshine

In this video we will play a song that uses three different chords. The lyrics below show the chords that you will be using today. The first chord is C and it will be played on the word "sunshine." Continue strumming C chord until the word "happy," where you switch to F.

**C**

You are my sunshine, my only sunshine

**F**

**C**

You make me happy when skies are gray

**F**

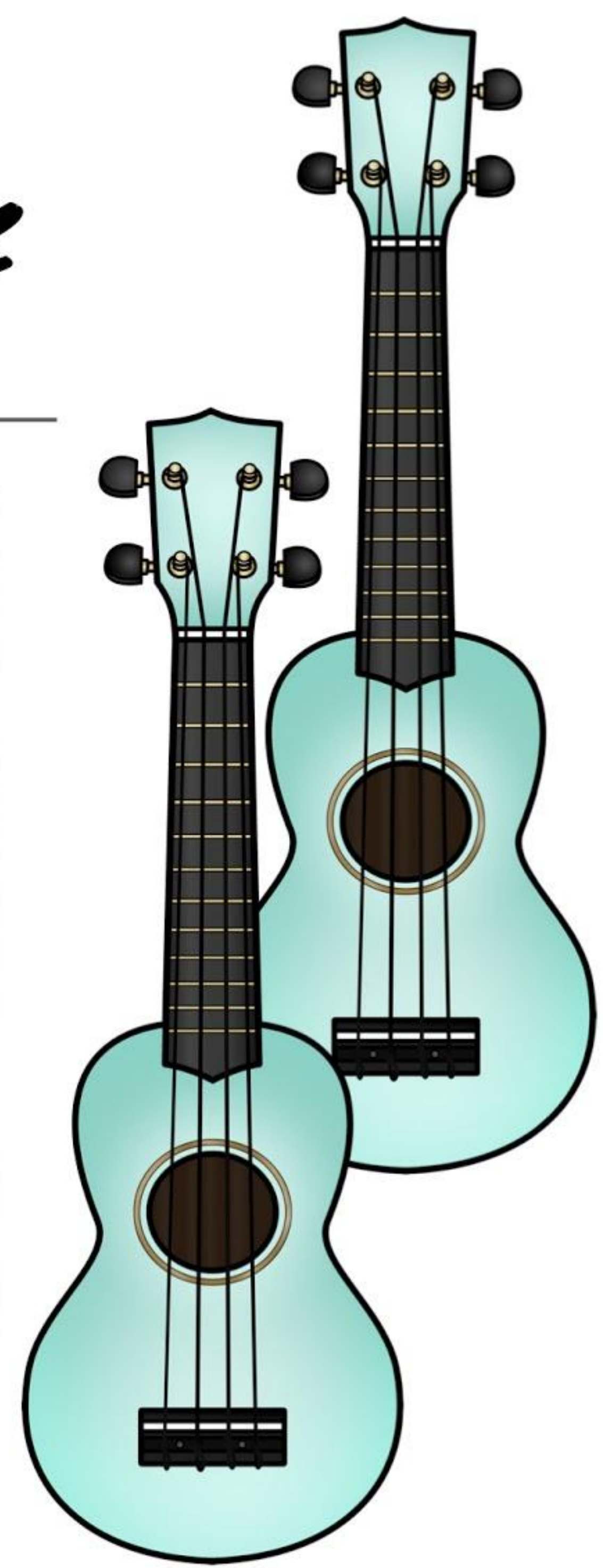
**C**

You'll never know dear, how much I love you

**G7**

**C**

Please don't take my sunshine away



### Homework

Memorize the chords and lyrics to this song.

Try to make your switches as smooth as possible

Let the last note ring for a beautiful ending



# 30 DAY *ukulele challenge*

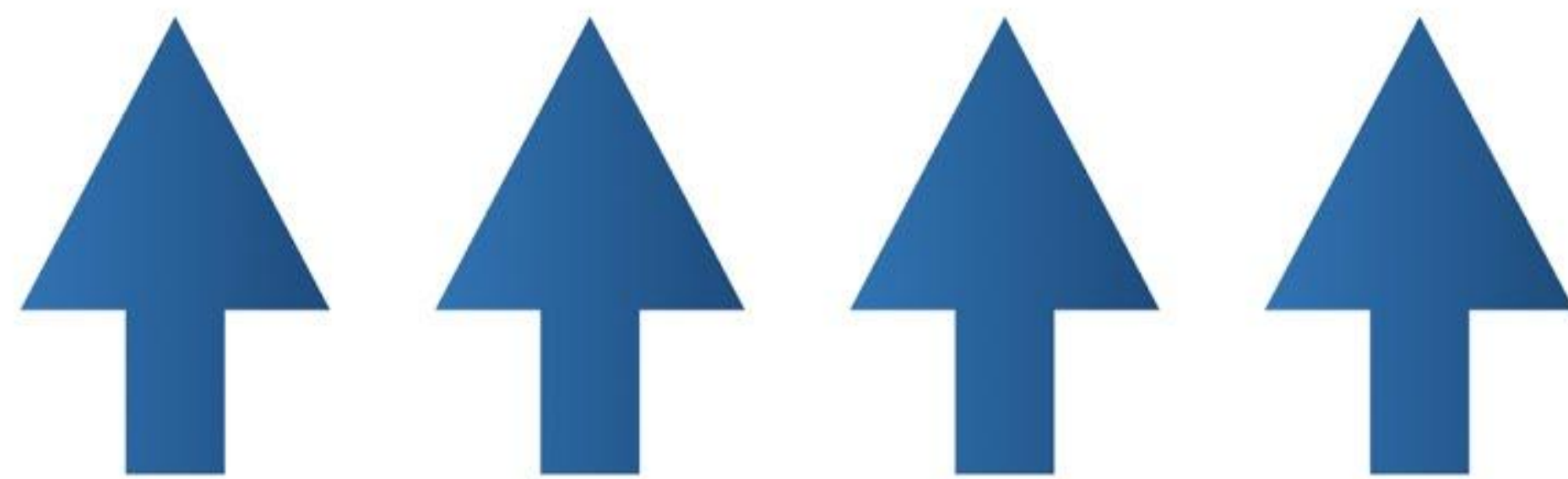


## VIDEO 11 Strum with style

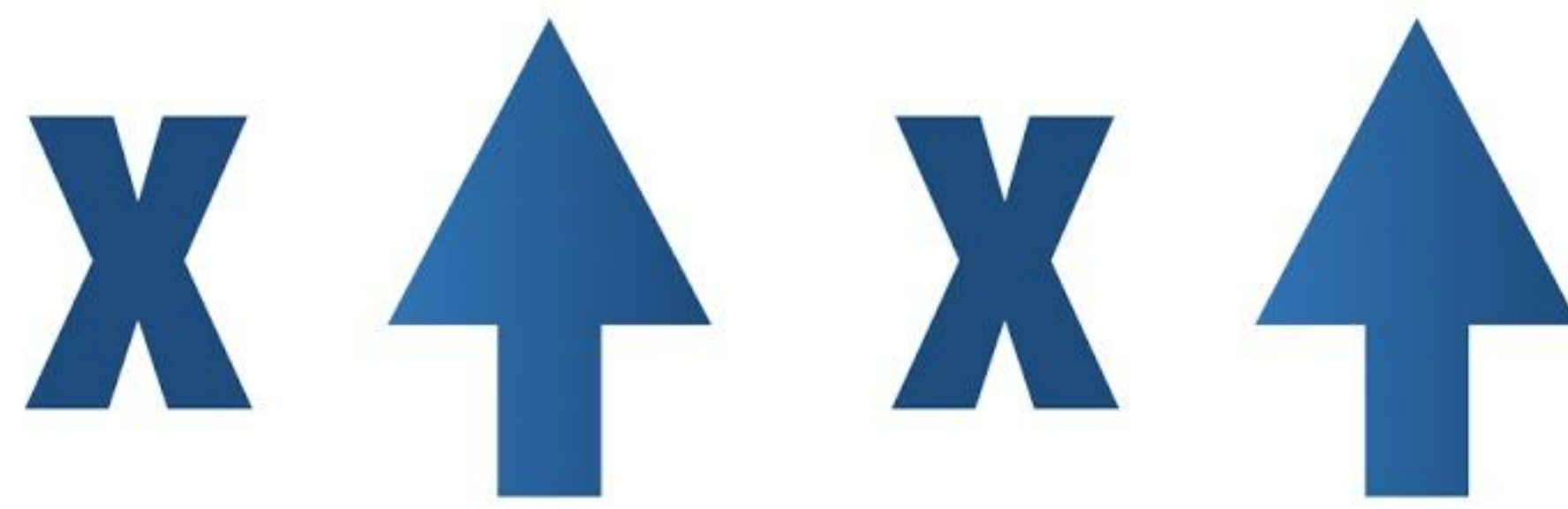
Strumming patterns change the sound of a song just like spices change the way a meal tastes. Without adding the spice of a strum, songs can sound bland!

Today we will work on adding some style to your music!

**Up strum**



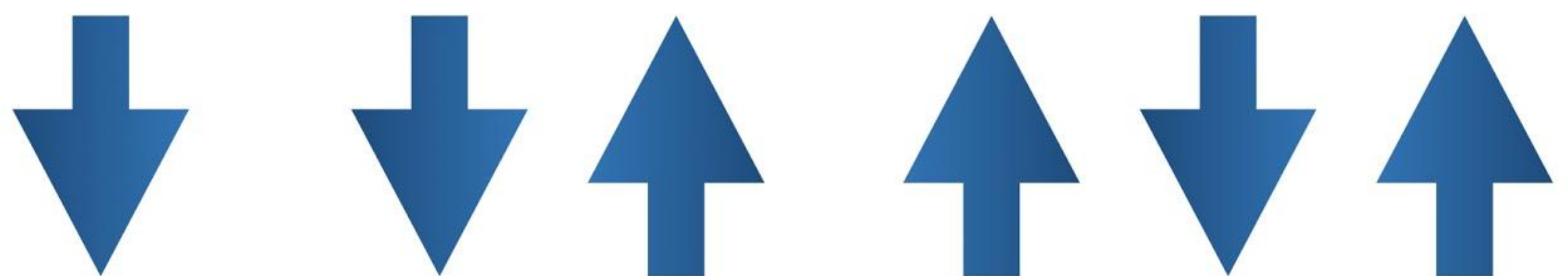
**Slap/Up**



**Slap/Down**



**Island  
Strum**



## Homework

Use 2-3 of these strumming patterns on *Mary Had A Little Lamb* or *You Are My Sunshine*



# 30 DAY *ukulele* challenge



## VIDEO 12 Reading tab - Mary Had A Little

Today we will practice reading tab using *Mary Had A Little Lamb*. I chose this song because we only need to read the tab on two strings/lines.

If you studied the chromatic scale (video 3), you can use the note names to guide you and check that you are playing the correct note.

Ma - ry had a li - ttle lamb, li - ttle lamb, li - ttle lamb.

TAB

0 3 1 3 0 0 0 3 3 3 0 3 3

5

Ma - ry had a li - ttle lamb, its fleece was white as snow.

TAB

0 3 1 3 0 0 0 0 3 3 0 3 1

## Homework

Make each note in this song produce a clear tone.



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## VIDEO 13 Adding a strumming pattern

Today we will learn another three-chord song and we will add a simple strumming pattern to it.

When you play the first down strum, only hit the string closest to your face (it's okay to hit two strings). On the second down strum, make your hand heavier and try to hit most/all of the strings.

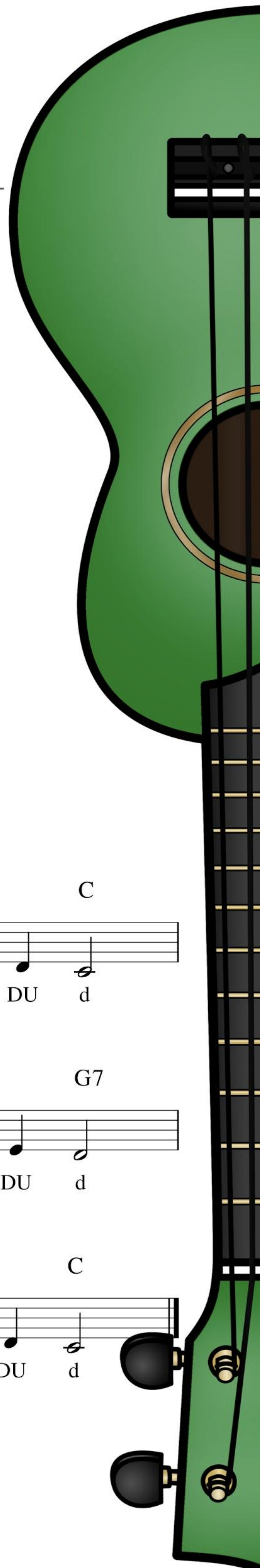
The upstrum should be normal.

**Look under each beat to see how to strum it.**

d - small strum D - heavy strum U - upstrum

The musical notation is presented in three measures, each with a treble clef and a 4/4 time signature. The chords and strumming patterns are as follows:

Measure	Chords	Strumming Pattern
1	C, F, C, G7, C, G7, C	d, DU, d, DU, d, DU, d, d, DU, d, DU, d, DU, d
2	C, G7, C, G7, C, G7, C, G7	d, DU, d, DU, d, DU, d, d, DU, d, DU, d, DU, d
3	C, F, C, G7, C, G7, C	d, DU, d, DU, d, DU, d, d, DU, d, DU, d, DU, d





# 30 DAY *ukulele challenge*

## **VIDEO 14 Adding a chuck to your strum.**

"Chucking" or "chunking" on the ukulele refers to a type of strum that adds a percussive sound as you play. It makes your ukulele sound a little bit like a snare drum.

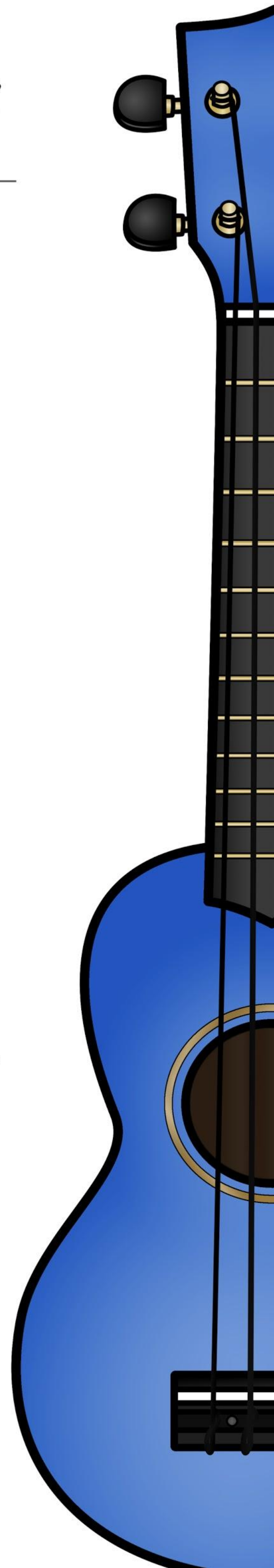
Just to keep things simple in this channel and in this resource we will refer to it as a "chuck." The chuck usually takes weeks to develop, so practice and perfect it daily.

### **How to chuck**

1. Strum downwards with your index fingernail
2. Rotate the wrist after your strum
3. Mute the strings with the chubby part of your hand

Every time you follow these steps, try to do it a little faster. The "chuck" happens when you mute the strings quickly.

Tip: You will achieve the best results if you record yourself chucking and compare your technique to the video tutorial.





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## VIDEO 15 playing the song Imagine

Now that you have learned how to strum, how to read tab, and how to play chords that require one/two/three fingers, you are ready to start playing pop music!

*Imagine* has a few challenging chord changes, so spend time teaching your fingers the muscle memory for these.

Practice one section of the song each day.

### Intro & Verse

C // Cmaj7 // F ////

C // Cmaj7 // F ////

### Bridge

F // Am // Dm // F //

G /// C / G7 /

### Chorus

F // G // C / Cmaj7 / E7 //

F // G // C / Cmaj7 / E7 //

F // G // C / Cmaj7 / E7 //

F // G // C ////

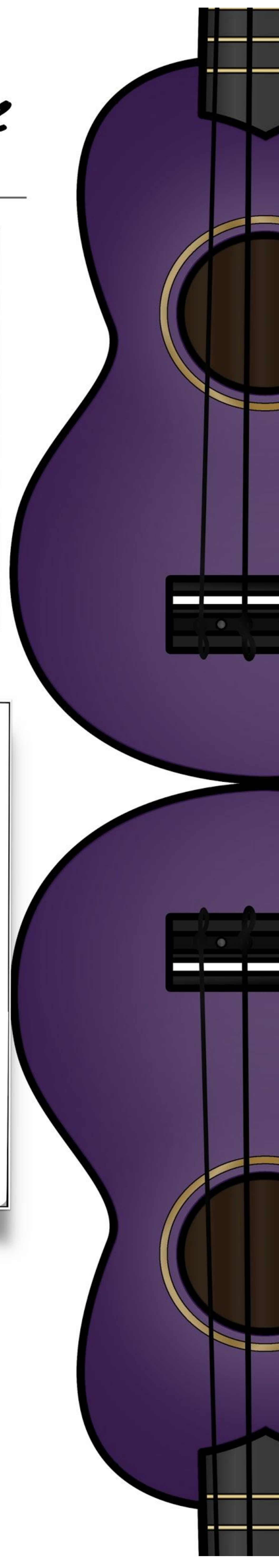
### Homework

Master the intro/verse section on Day 1 of practicing.

Master the bridge on Day 2 of your practice.

Master the chorus on Day 3, 4, and 5 of your practice.

Try singing the lyrics on the sixth day of practicing.





# 30 DAY *ukulele challenge*

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## **Verse**

Imagine there's no heaven  
It's easy if you try  
No hell below us  
Above us only sky

## **Bridge**

Imagine all the people living for today  
Imagine there's no countries  
It isn't hard to do  
Nothing to kill or die for  
And no religion too

## **Chorus**

Imagine all the people living life in peace, you  
You may say I'm a dreamer  
But I'm not the only one  
I hope some day you'll join us  
And the world will be as one

## **Verse**

Imagine no possessions  
I wonder if you can  
No need for greed or hunger  
A brotherhood of man

## **Chorus**

Imagine all the people sharing all the world, you  
You may say I'm a dreamer  
But I'm not the only one  
I hope some day you'll join us  
And the world will be as one

## **Intro & Verse**

C // Cmaj7 // F ////  
C // Cmaj7 // F ////

## **Bridge**

F // Am // Dm // F //  
G /// C / G7 /

## **Chorus**

F // G // C / Cmaj7 / E7 //  
F // G // C / Cmaj7 / E7 //  
F // G // C / Cmaj7 / E7 //  
F // G // C ////

**Imagine**  
*lyrics*





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## VIDEO 16 Happy Birthday Tab

Here's a song you'll have to memorize.

Add it to your daily practice/warmup to make sure that your muscle memory kicks in and you remember it.

A tip: the song starts on the lowest-string on your uke :)

The image shows a musical staff in 3/4 time with a treble clef and a key signature of one flat (Bb). The melody is written in eighth and quarter notes. Below the staff is a guitar tablature line with numbers 0-3 representing frets. An arrow points from the '3' in the first measure of the tab to the '3' over the '4' in the time signature. Another arrow points from a fermata symbol over a note in the eighth measure of the staff to the same note in the tab.

The 3 over the 4 is this song's time signature. We will talk more about time signature a little later in this challenge.

This is a fermata. It tells the musician to hold the note before moving on to the next one.

*Tip: sing as you play!*

## Homework

Memorize this song

Play it for your friend/neighbor/pet snake

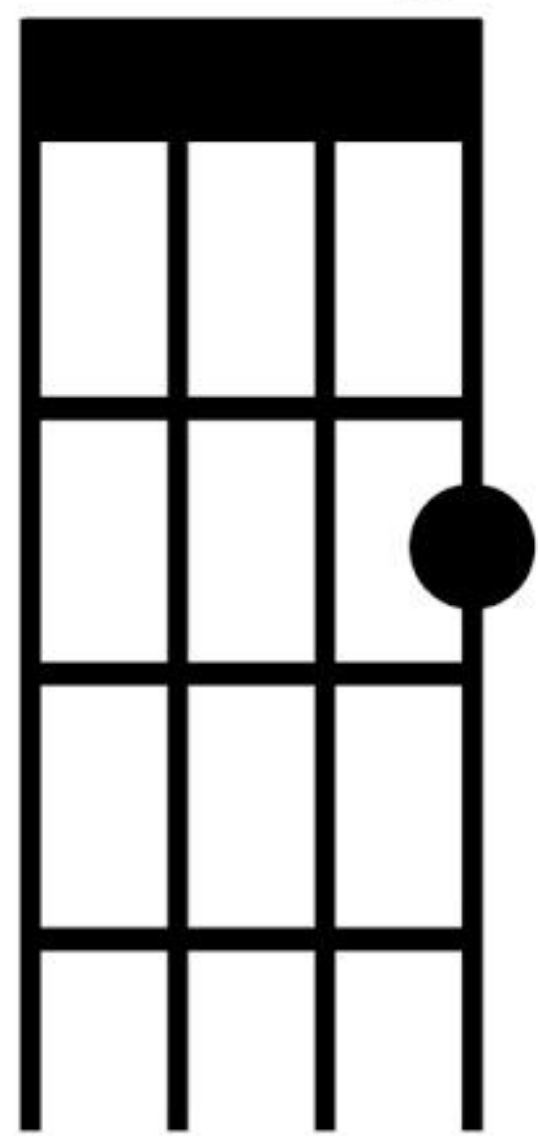




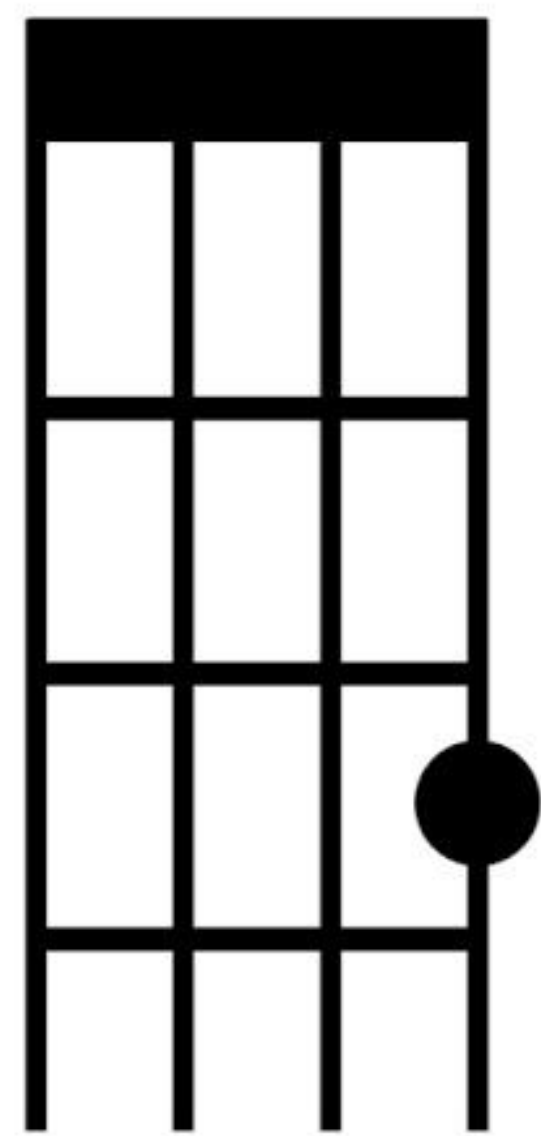
# 30 DAY *ukulele challenge*

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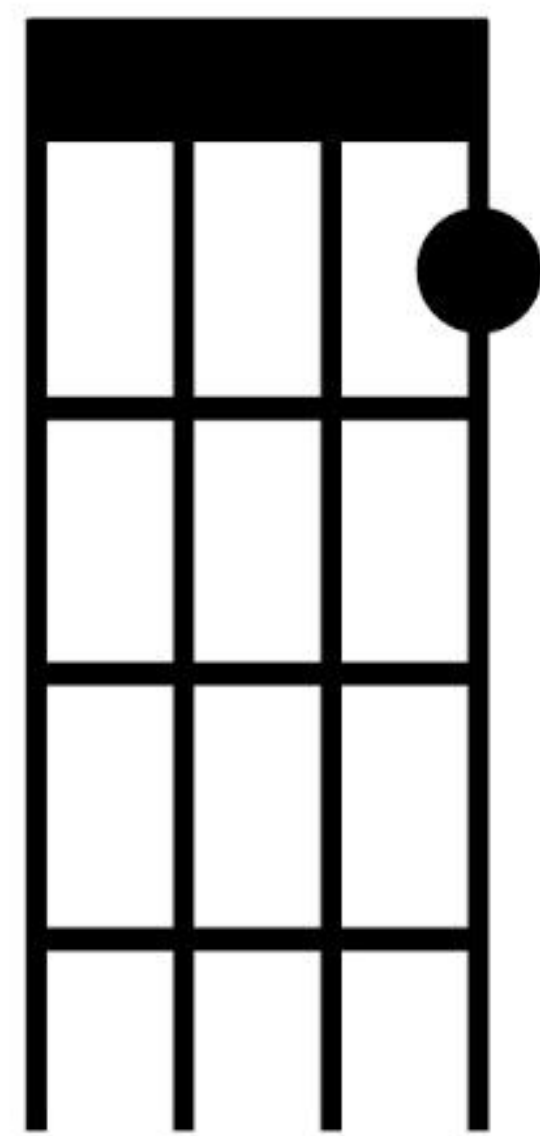
**Cmaj7**



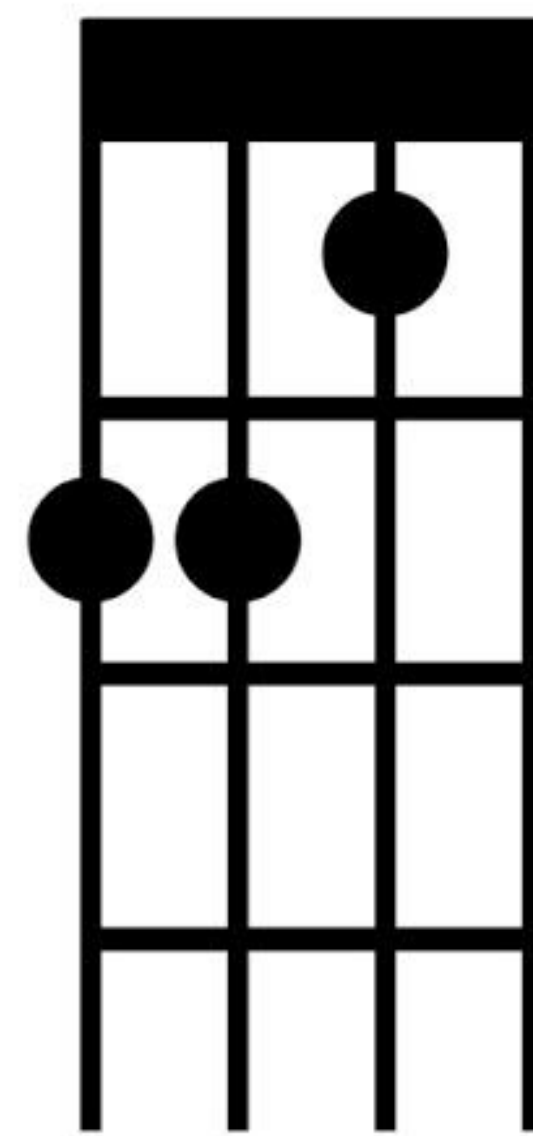
**C**



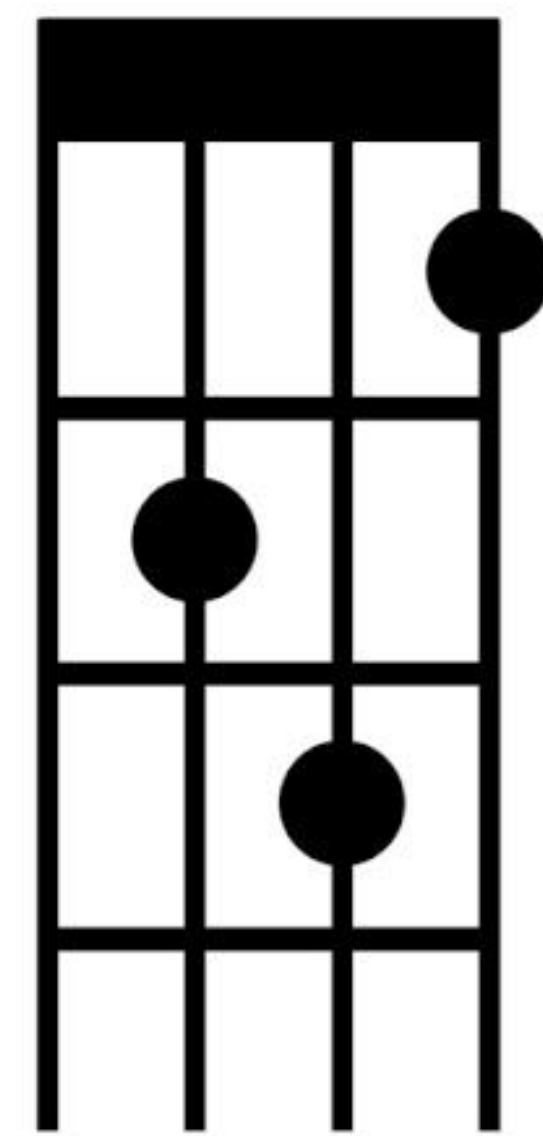
**C7**



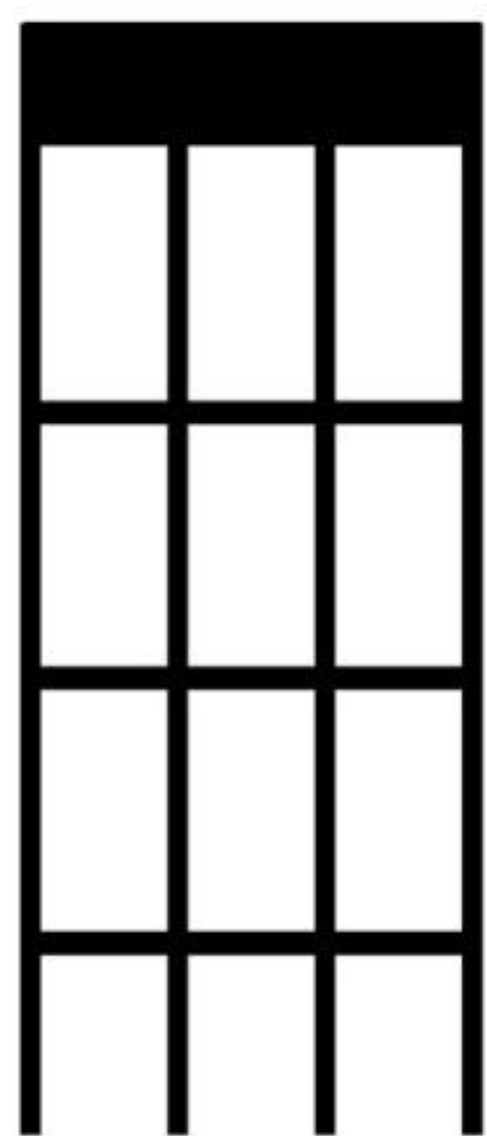
**Dm**



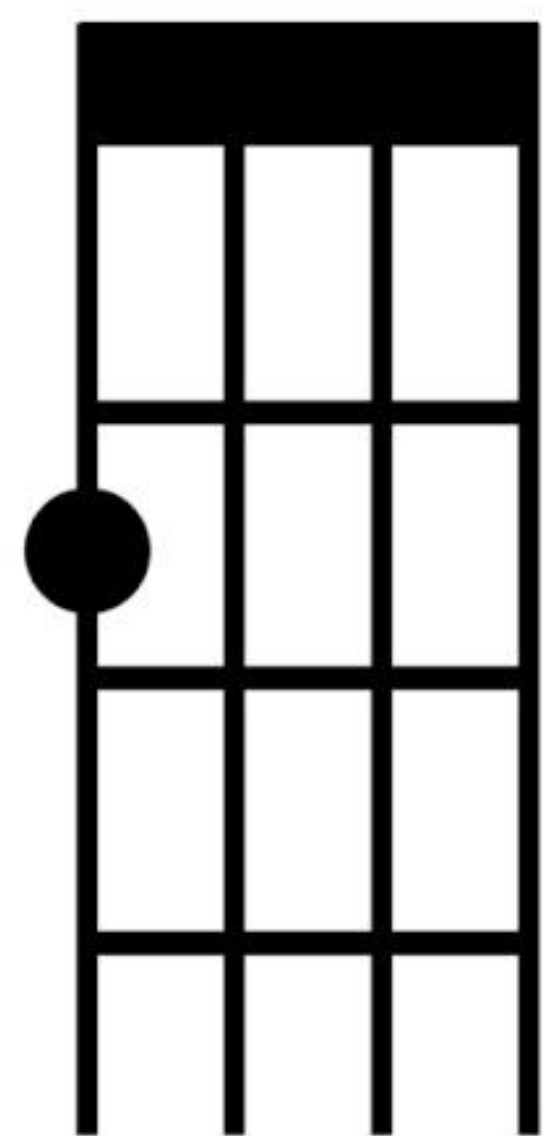
**Gm**



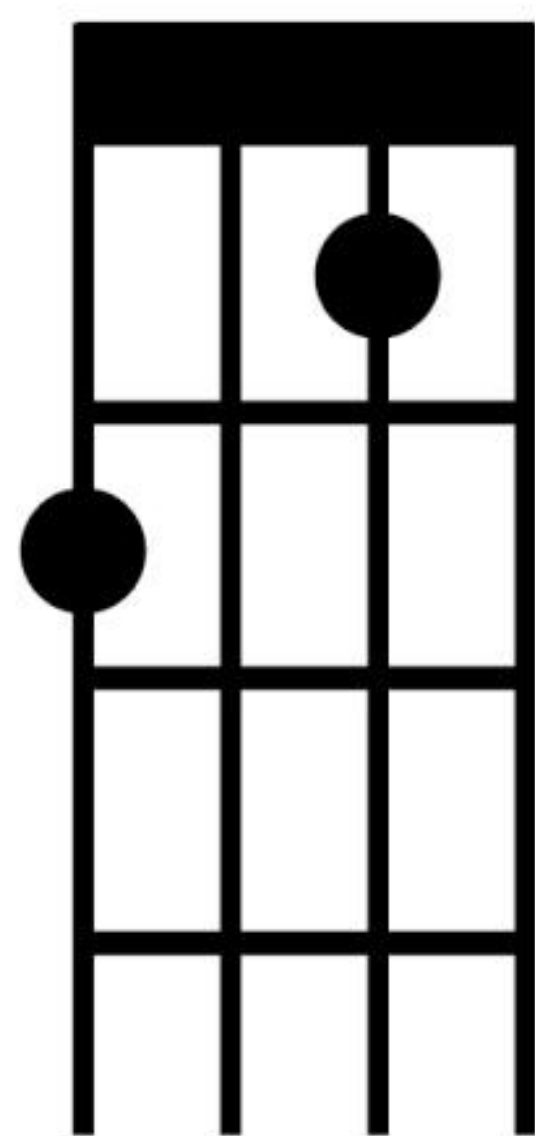
**Am7**



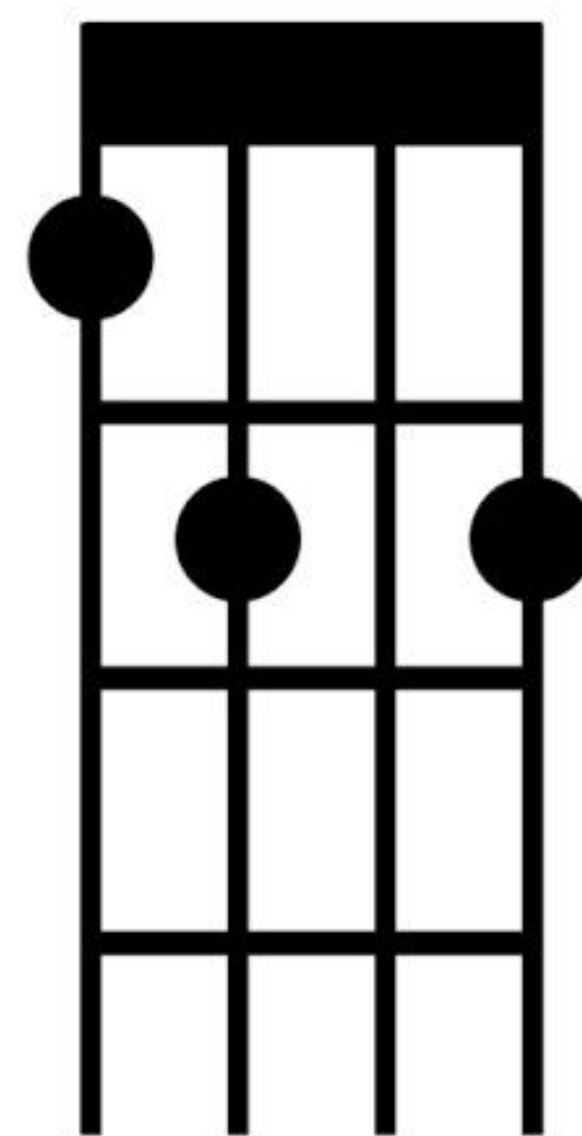
**Am**



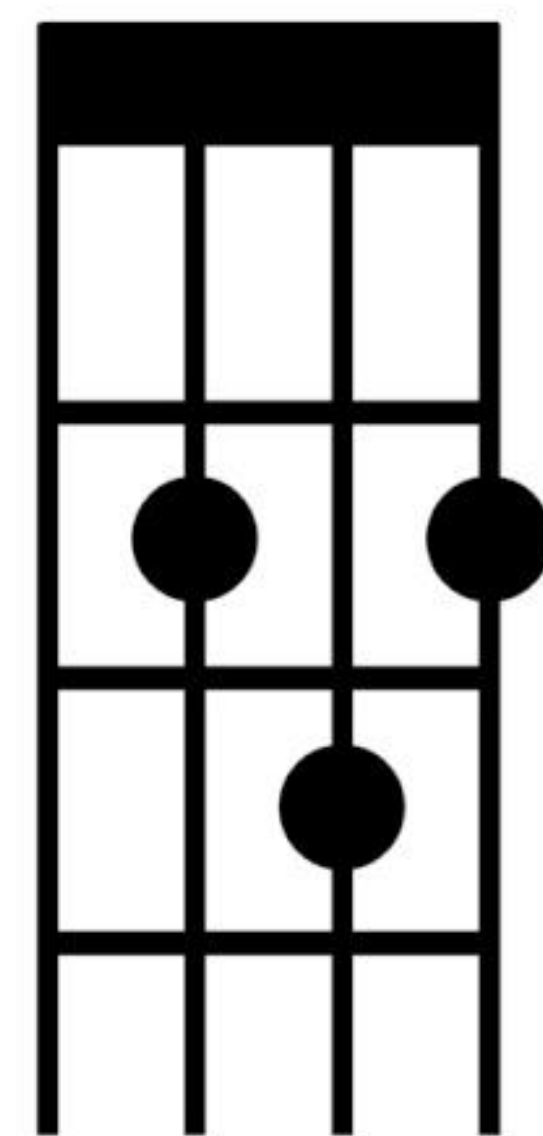
**F**



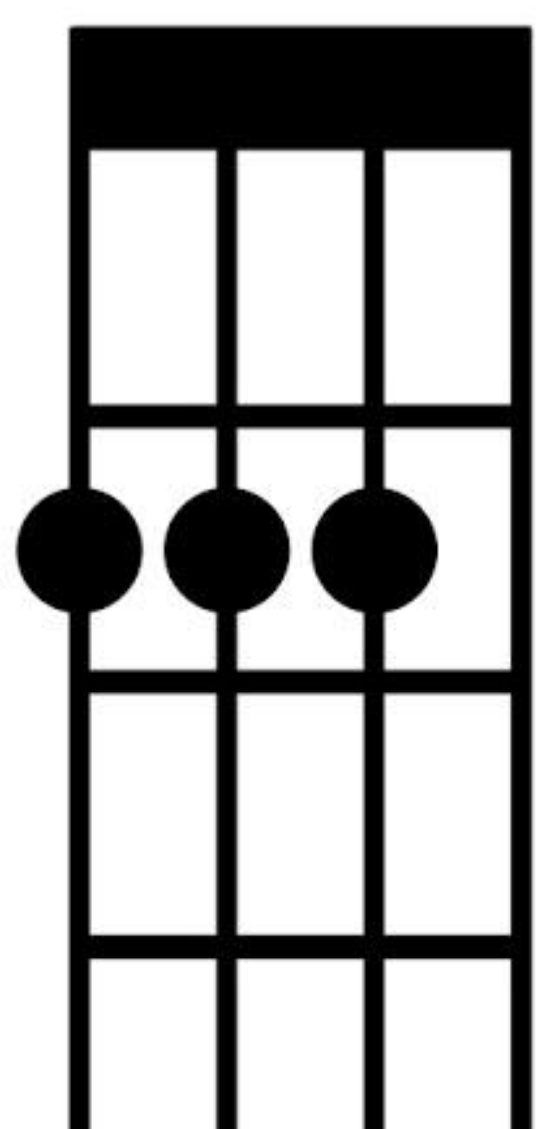
**E7**



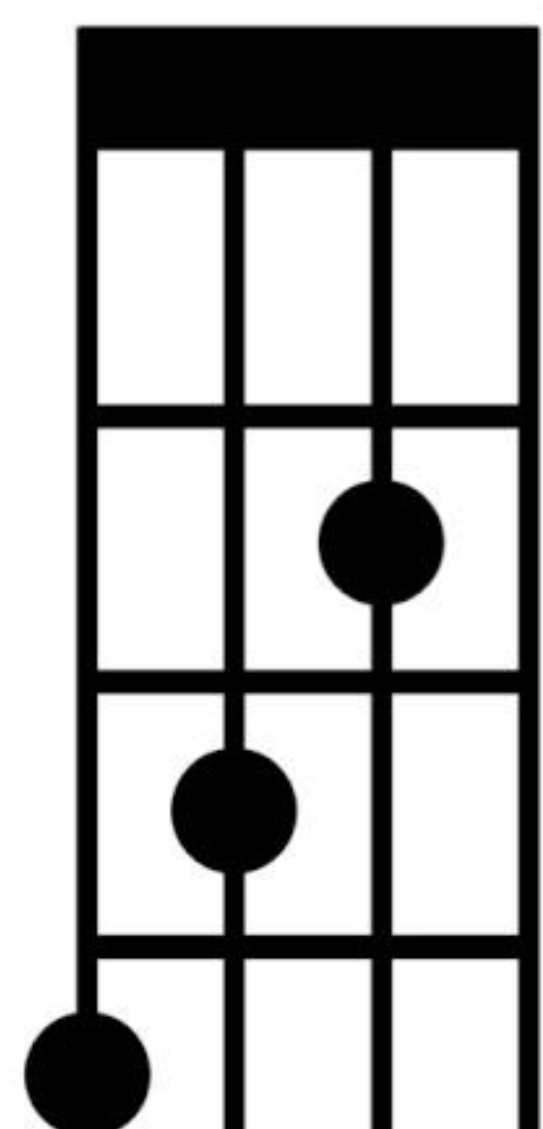
**G**



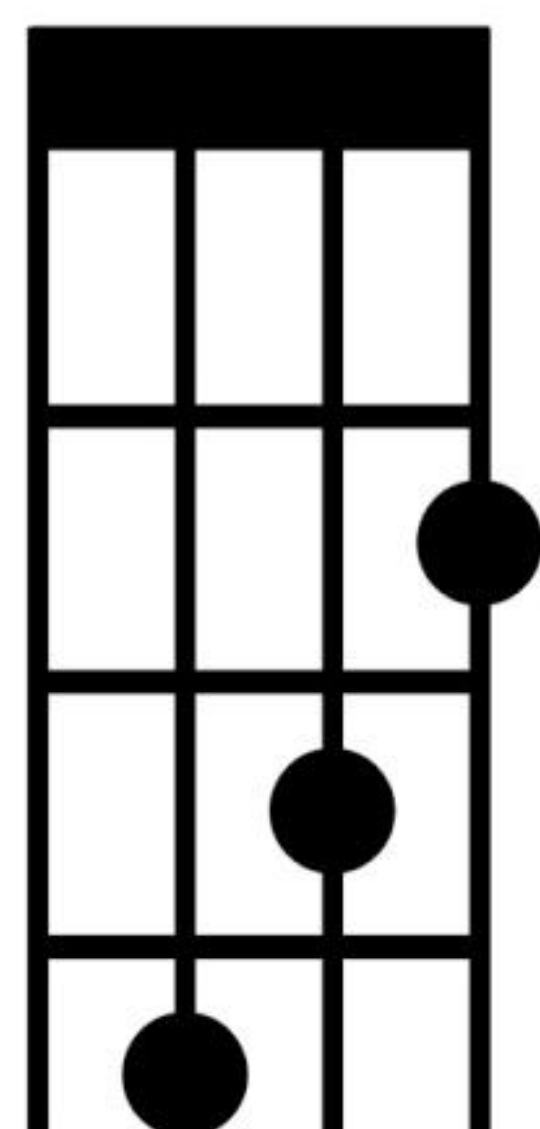
**D**



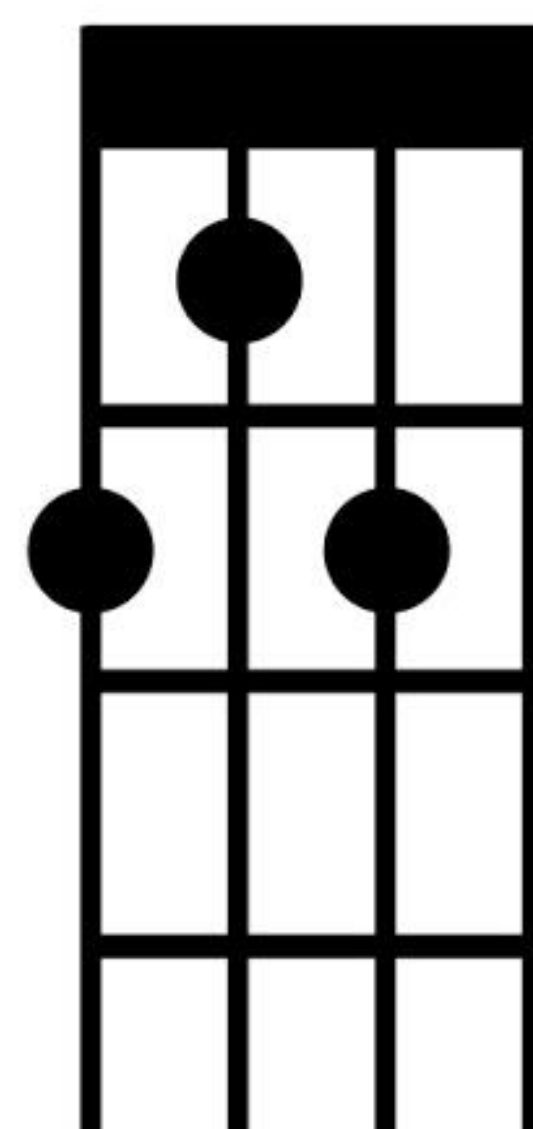
**B7**



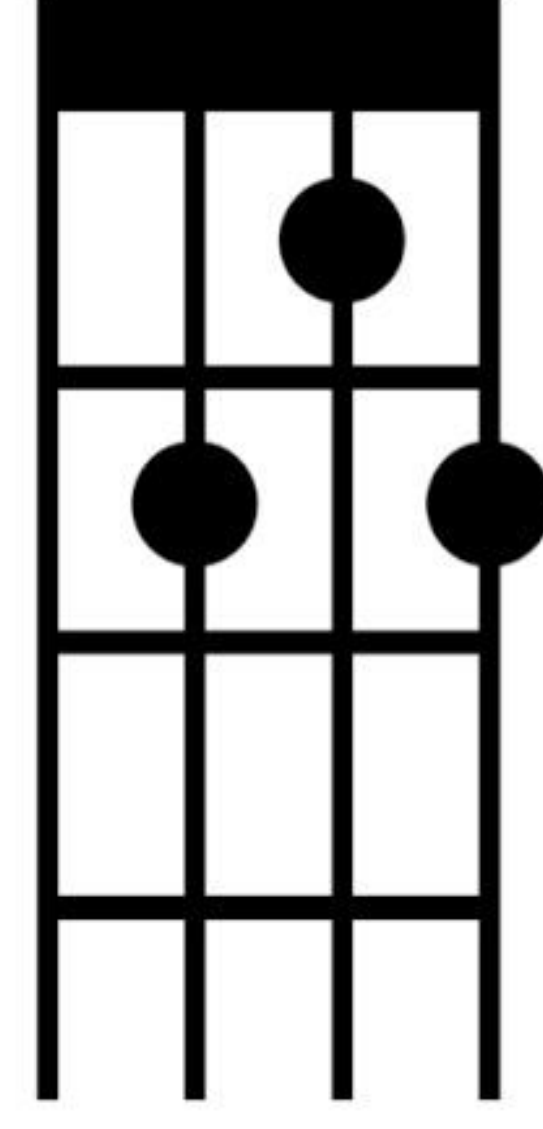
**Em**



**F#m**



**G7**





# 30 DAY *ukulele challenge*

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## *Ode to Joy* Ludwig van Beethoven

Musical notation for measures 1-4 of "Ode to Joy" in B-flat major, 4/4 time. The notation includes a treble clef, a key signature of two flats, and a 4/4 time signature. The melody is written on a single staff, and the guitar tablature is written below it.

Tablature for measures 1-4:

0 0 1 3 | 3 1 0 3 | 1 1 3 0 | 0 3 3

Musical notation for measures 5-8 of "Ode to Joy" in B-flat major, 4/4 time. The notation includes a treble clef, a key signature of two flats, and a 4/4 time signature. The melody is written on a single staff, and the guitar tablature is written below it.

Tablature for measures 5-8:

0 0 1 3 | 3 1 0 3 | 1 1 3 0 | 3 1 1

Musical notation for measures 9-12 of "Ode to Joy" in B-flat major, 4/4 time. The notation includes a treble clef, a key signature of two flats, and a 4/4 time signature. The melody is written on a single staff, and the guitar tablature is written below it.

Tablature for measures 9-12:

3 3 0 1 | 3 0 1 0 | 3 0 1 0 | 1 3 0

Musical notation for measures 13-16 of "Ode to Joy" in B-flat major, 4/4 time. The notation includes a treble clef, a key signature of two flats, and a 4/4 time signature. The melody is written on a single staff, and the guitar tablature is written below it.

Tablature for measures 13-16:

0 0 1 3 | 3 1 0 3 | 1 1 3 0 | 3 1 1



# 30 DAY *ukulele* challenge

## Love Me Tender

Poulton, Darby

5/4

Love me ten - der, love me sweet, ne - ver let me go.

TAB

0	1	0	1	3	2	3	1	0	2	0	1
---	---	---	---	---	---	---	---	---	---	---	---

5

You have made my life com - plete, and I love you so.

TAB

0	1	0	1	3	2	3	1	0	2	0	1
---	---	---	---	---	---	---	---	---	---	---	---

9

Love me ten - der, love me true, all my dreams ful - filled.

TAB

0	0	0	0	0	0	0	0	3	1	3	0
---	---	---	---	---	---	---	---	---	---	---	---

13

For my dar - lin' I love you, and I al - ways will.

TAB

0	0	1	0	3	2	3	1	0	2	0	1
---	---	---	---	---	---	---	---	---	---	---	---



# 30 DAY *ukulele challenge*

---

## *Twinkle Twinkle*

5

Twinkle, twinkle little star how I wonder what you are.

TAB: 0 0 3 3 | 0 0 3 | 1 1 0 0 | 2 2 0

Detailed description: This system contains the first four measures of the song. The melody is written on a treble clef staff with a key signature of one flat (Bb) and a 4/4 time signature. The lyrics are 'Twinkle, twinkle little star how I wonder what you are.' Below the staff is a guitar-style tablature with four measures. The first measure has notes 0, 0, 3, 3. The second measure has 0, 0, 3. The third measure has 1, 1, 0, 0. The fourth measure has 2, 2, 0.

5

Up above the world so high, like a diamond in the sky.

TAB: 3 3 1 1 | 0 0 2 | 3 3 1 1 | 0 0 2

Detailed description: This system contains measures 5 through 8. The melody continues on the treble clef staff. The lyrics are 'Up above the world so high, like a diamond in the sky.' The tablature for these measures is: 3 3 1 1 | 0 0 2 | 3 3 1 1 | 0 0 2.

9

Twinkle twinkle little star, how I wonder what you are.

TAB: 0 0 3 3 | 0 0 3 | 1 1 0 0 | 2 2 0

Detailed description: This system contains measures 9 through 12, which repeat the first four measures of the song. The melody is on the treble clef staff. The lyrics are 'Twinkle twinkle little star, how I wonder what you are.' The tablature is identical to the first system: 0 0 3 3 | 0 0 3 | 1 1 0 0 | 2 2 0.



# 30 DAY *ukulele challenge*

DAY 19



## C MAJOR SCALE

4/4

C D E F G A B C B A G F E D C

TAB 0 2 0 1 3 0 2 3 2 0 3 1 0 2 0

## D MAJOR SCALE

5

D E F# G A B C# D C# B A G F# E D

TAB 2 0 2 3 0 2 4 5 4 2 0 3 2 0 2

## E MAJOR SCALE

9

E F# G# A B C# D# E D# C# B A G# F# E

TAB 0 2 4 0 2 4 6 7 6 4 2 0 4 2 0

## HOMEWORK

After watching today's video, you know that C major chord has the 1st, 3rd, and 5th notes of the C major scale.

Now try to figure out which notes from the D major scale are in D major chord.

Do the same for the E major scale.

Once you are done, write your answer in the comments section of the YouTube video for this lesson





# 30 DAY *ukulele challenge*

DAY 20

## VIDEO 20 FINGERSTYLE - PIMA

### PIMA PATTERN

Assign one finger per string.

Each finger will only play that string (for today's lesson)

Practice getting a clear tone when you play

Take deep breaths as you do this.

String G - P

String C - I

String E - M

String A - A

Play PIMA PIMA PIMA PIMA

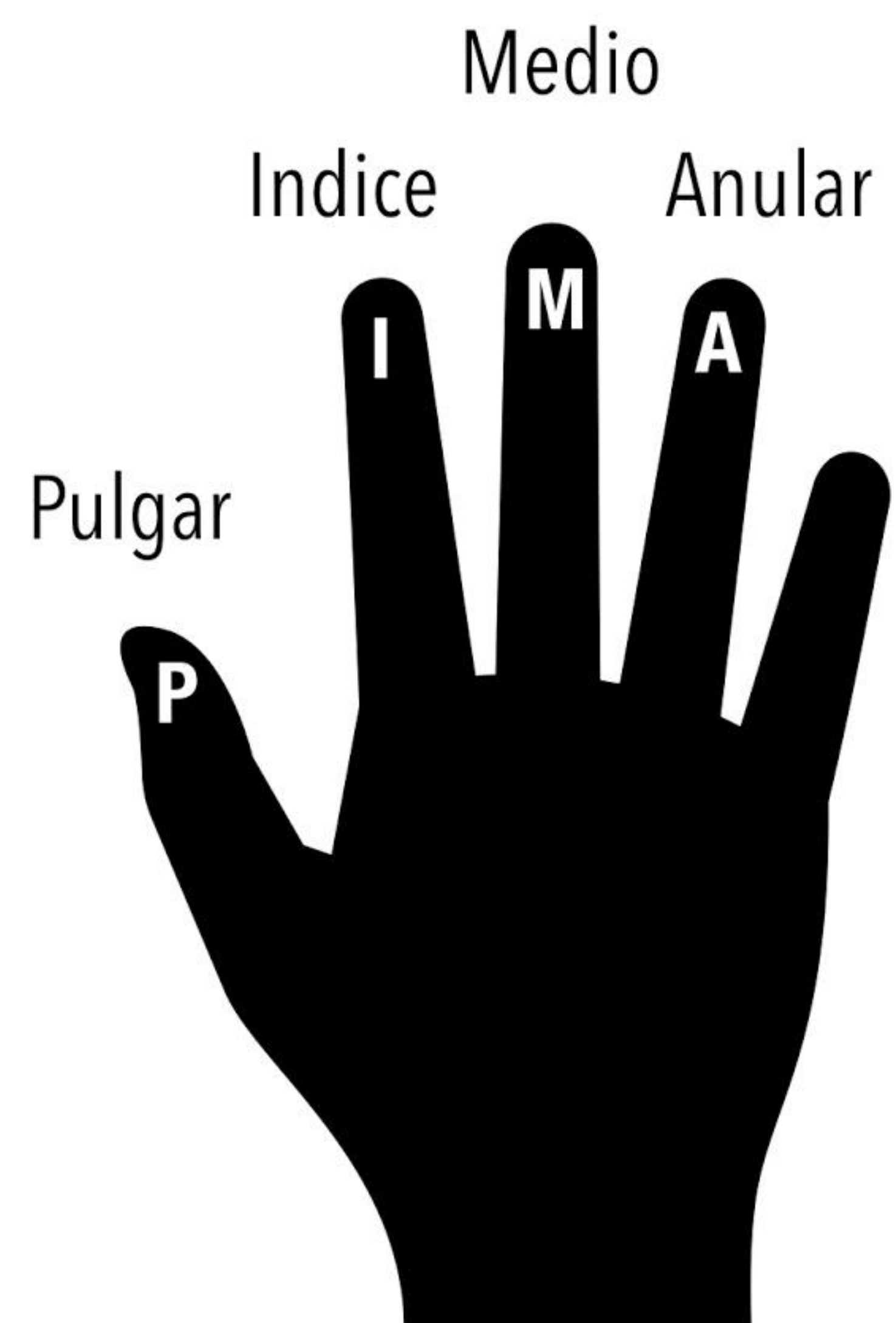
Try to count as you do it

1 2 3 4, 1 2 3 4, 1 2 3 4

### Homework

Play the PIMA pattern on the chords you  
have learned so far

Try to apply the pattern to a song!





# 30 DAY *ukulele challenge*

DAY 21

## VIDEO 21 STRUMMING PATTERNS

### The down strum D D D D

Use this one when you're learning a new song. This one will help you focus on learning the chord changes first.

### The ballad strum D D D DU

Use this one when you're playing slow songs, romantic songs, and any song that you're not sure how to strum.

### The mariachi strum DDDDDDDDD

If you play any mariachi songs, use this strumming pattern!  
If you want to do something different, you can play DUDUDU

### The island strum D DU UDU (review)

We had played this one in a previous video, but we reviewed it today. Use this strumming pattern any time you're not sure how to strum a song.

### The Bernie strum D DU UD

Use this strumming pattern if you'd like to change up the island strum. This one sounds better with rock music, in my opinion.

### The Riptide strum D D UDU

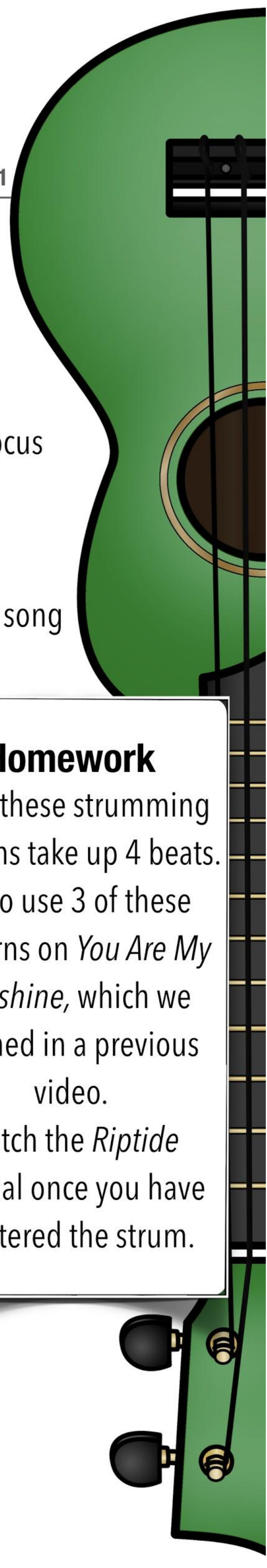
Work on the "fake" strums in this song. Keep the hand moving.

### Homework

All of these strumming patterns take up 4 beats.

Try to use 3 of these patterns on *You Are My Sunshine*, which we learned in a previous video.

Watch the *Riptide* tutorial once you have mastered the strum.





# 30 DAY *ukulele challenge*

DAY 22

## VIDEO 22 Have You Ever Seen The Rain

### INTRO

Am /// F /// C /// G /// C /// C ///

### VERSE 1

C  
Someone told me long ago, there's a calm before the storm  
G C  
I know, it's been coming for some time.

When it's over so they say, it'll rain a sunny day  
G C  
I know, shining down like water

### CHORUS

F G C Am  
I wanna know have you ever seen the rain  
F G C Am  
I wanna know have you ever seen the rain  
F G C  
Coming down on a sunny day

### VERSE 2

C  
Yesterday and days before, sun is cold and rain is hard  
G C  
I know, been that way for all my time

'Til forever on it goes, through the circle fast and slow  
G C  
I know, it can't stop I wonder

Go back to **CHORUS** and play it 2 times.  
Song ends when you repeat the chorus.

### Homework

DAY 1

Master the intro

DAY 2

Master the verse

DAY 3

Master the chorus

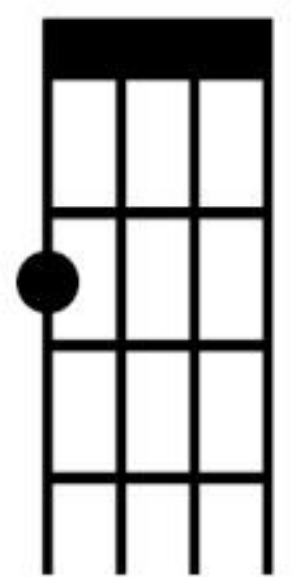
### Island Strum

D DU UDU

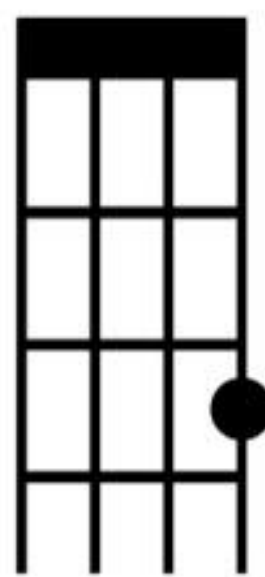
Keep the island strum  
going throughout the  
song.



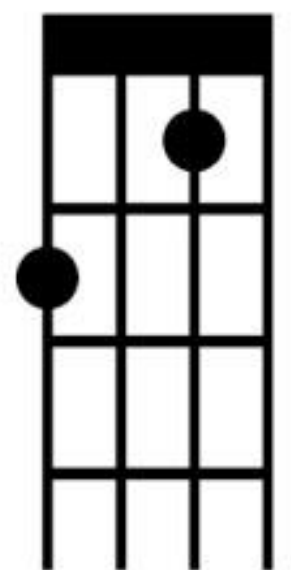
Am



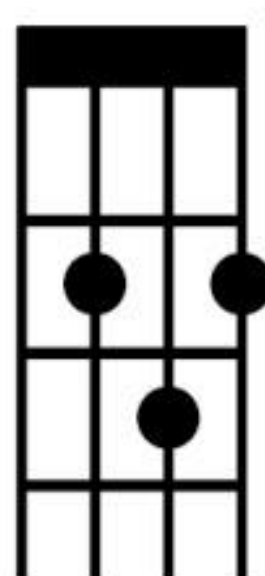
C



F



G





# 30 DAY *ukulele challenge*

DAY 23



## VIDEO 23 Half Barre Chords

### STEP 1

Check your ukulele's action. The action is the space between the strings and the fretboard. If the action is too high, it will be very difficult to hold barre chords.

### STEP 2

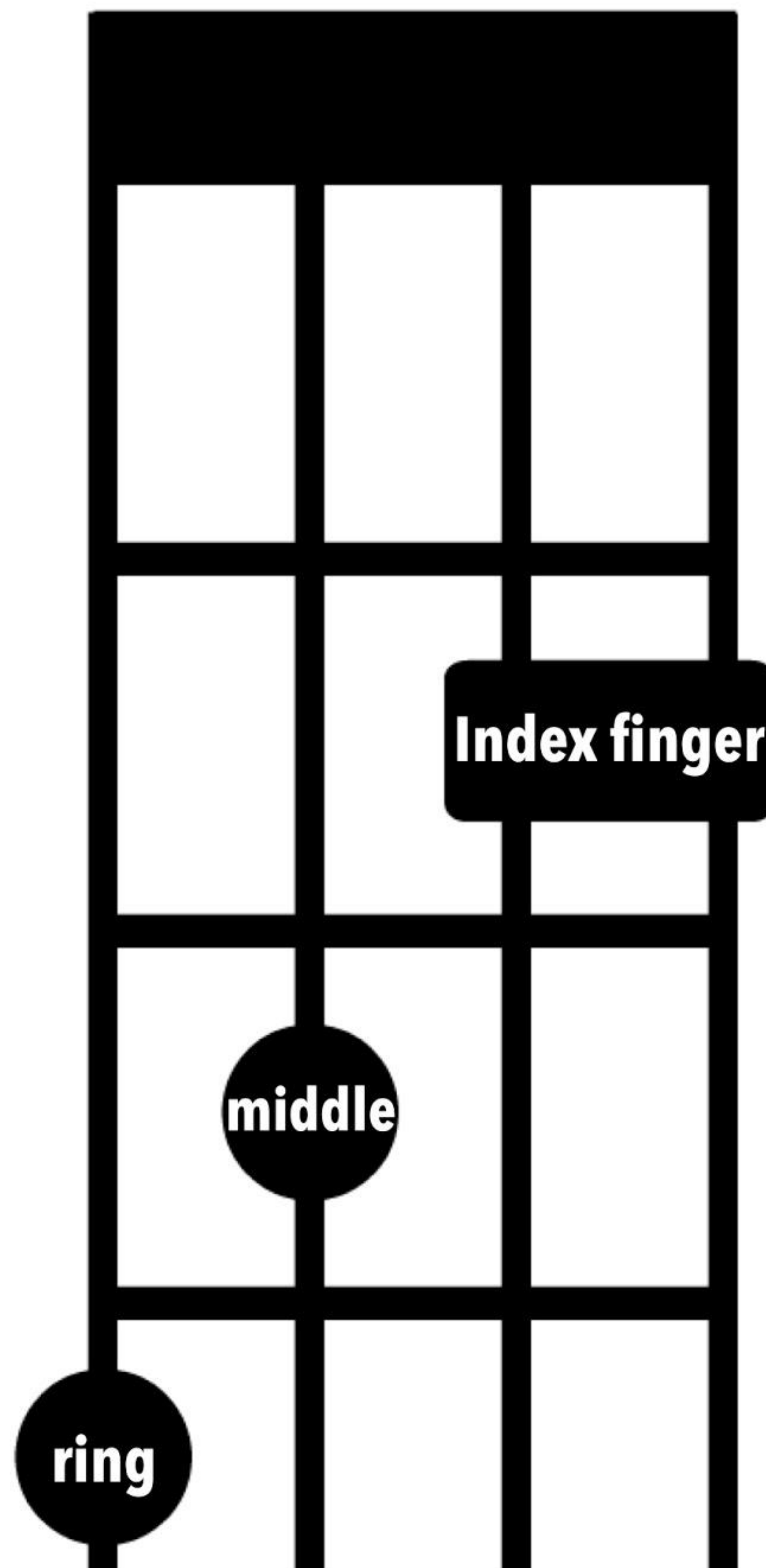
Realize that it will take time to build strength in your hand to hold a barre chord.

### STEP 3

Hold and strum a barre chord at the same time for a split second. Do this 5 times today, 10 times tomorrow, 15 times the following day.

### STEP 4

Increase the amount of time you hold the barre chord



### Homework

Practice holding the half barre shape and strumming at the same time.

### Bonus

Practice your chromatic chord names as you play the barre chord.



# 30 DAY *ukulele challenge*

DAY 24

## VIDEO 24 Music Theory - Roman Numerals

Musicians often communicate using chord names and roman numerals

<b>I</b>	<b>ii</b>	<b>iii</b>	<b>IV</b>	<b>V or V7</b>	<b>vi</b>	<b>vii<sup>o</sup></b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>

The roman numerals in uppercase represent major chords (I, IV, V or V7)

The roman numerals in lowercase represent minor chords (ii, iii, vi)

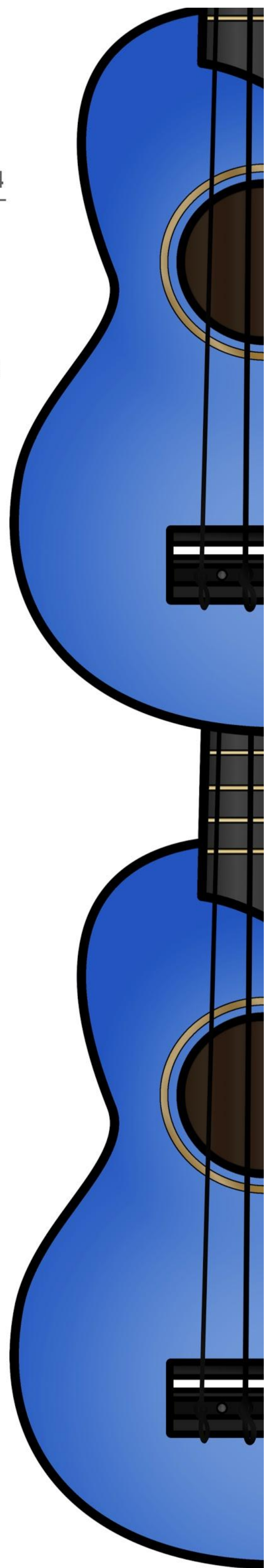
The seventh, vii<sup>o</sup>, represents a diminished chord. We will get into this in a future theory lesson.

Here are some popular chord progressions. *Substitute the roman numeral with one of the chords from the key of C below*

I - V - IV	I - IV - I - V
I - IV - V	IV - V - I
I - IV - V - IV	I - V - vi - IV

**You can repeat any of these chord progressions or start writing your own songs!**

<b>I</b>	<b>ii</b>	<b>iii</b>	<b>IV</b>	<b>V or V7</b>	<b>vi</b>	<b>vii<sup>o</sup></b>
<b>C</b>	<b>Dm</b>	<b>Em</b>	<b>F</b>	<b>G or G7</b>	<b>Am</b>	<b>Bdim</b>



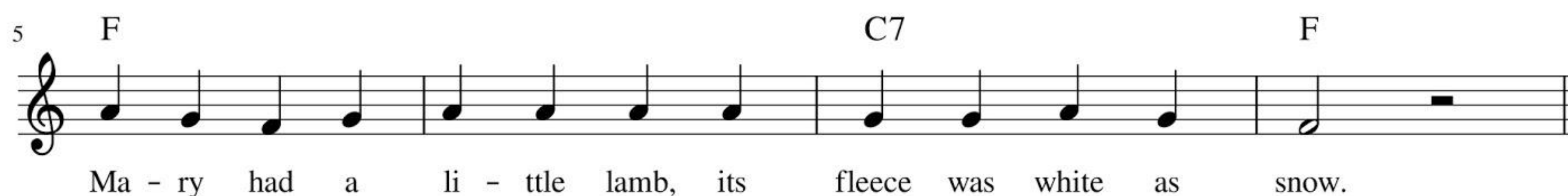
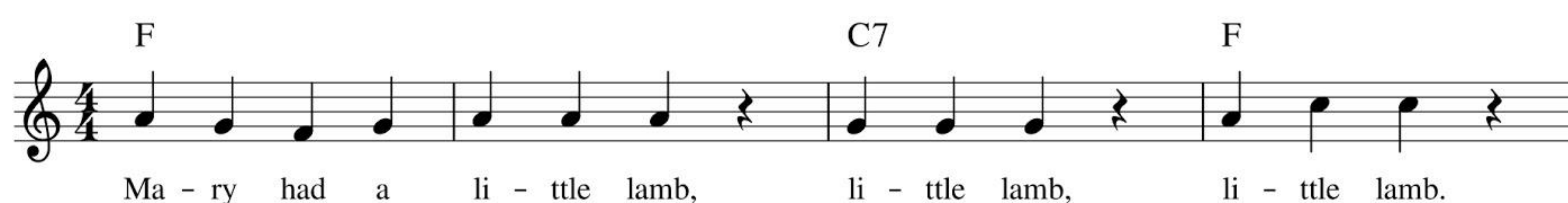


# 30 DAY *ukulele challenge*

DAY 24

## VIDEO 24 Music Theory - Roman Numerals

	I	ii	iii	IV	V or V7	vi	vi°
Key of C	C	Dm	Em	F	G or G7	Am	B°
Key of D	D	Em	F#m	G	A or A7	Bm	C#°
Key of E	E	F#m	G#m	A	B or B7	C#m	D#°
Key of F	F	Gm	Am	B♭	C or C7	Dm	E°
Key of G	G	Am	Bm	C	D or D7	Em	F#°
Key of A	A	Bm	C#m	D	E or E7	F#m	G#°
Key of B	B	C#m	D#m	E	F# or F#7	G#m	A#°
Key of C#	C#	D#m	E#m	F#	G# or G#7	A#m	B#°
Key of D♭	D♭	E♭m	Fm	G♭	A♭ or A♭7	B♭m	C°
Key of E♭	E♭	Fm	Gm	A♭	B♭ or B♭7	Cm	D°
Key of G♭	G♭	A♭m	B♭m	C♭	D♭ or D♭7	E♭m	F°
Key of A♭	A♭	B♭m	Cm	D♭	E♭ or E♭7	Fm	G°
Key of B♭	B♭	Cm	Dm	E♭	F or F7	Gm	A°
	I	ii	iii	IV	V or V7	vi	vi°



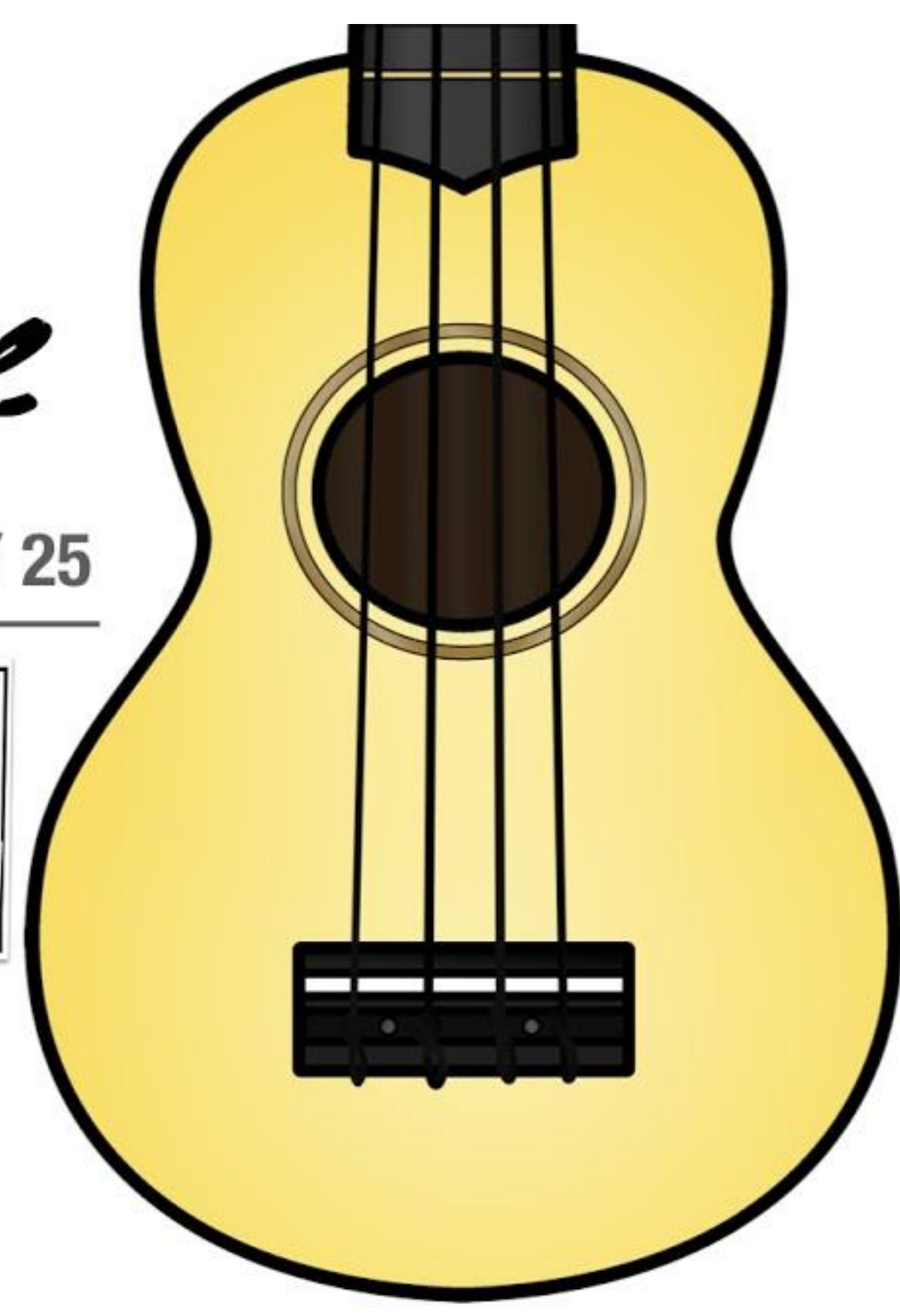
### Homework

Transpose *Mary Had A Little Lamb* from the key of F to 2 new key signatures.  
Comment your answers in the comments section of the video.



# 30 DAY *ukulele challenge*

DAY 25



## VIDEO 25 Stand By Me

### INTRO

C /// /// Am /// /// F /// G7 /// C /// (or you can play the bass solo part)

One strumming cycle for every 4 strums

### VERSE 1

C Am F G7 C

When the night has come and the land is dark and the moon is the only light we see

C Am F G7 C

No I won't be afraid, no I won't be afraid just as long as you stand, stand by me

### CHORUS

C Am

And darling, darling stand by me, oh now, now, stand by me

F G7 C

Stand by me, stand by me

### Homework

Perform this song and charge lots of money for it.

Let me know in the comments section how much money you made.

### VERSE 2

C Am F G7 C

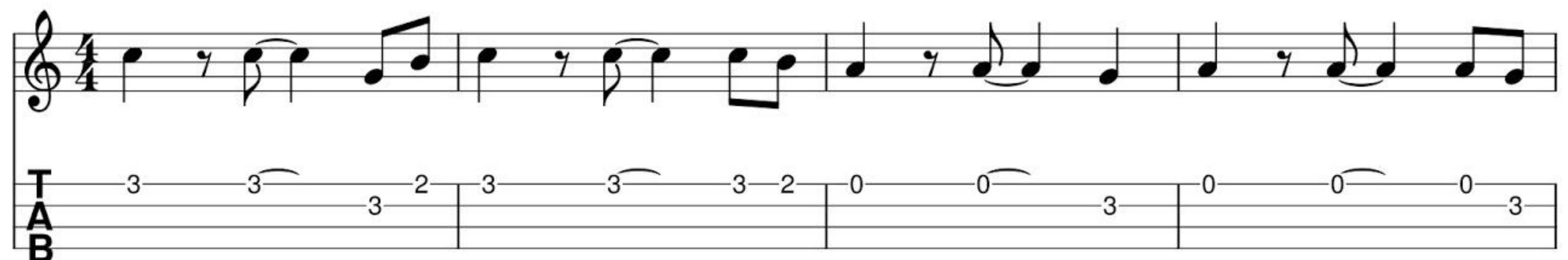
If the sky that we look upon should tumble and fall and the mountain should crumble to the sea

C Am F G7 C

I won't cry, I won't cry no I won't shed a tear just as long as you stand, stand by me

Go back to **CHORUS**

## BASS SOLO FOR UKE!





# 30 DAY *ukulele challenge*

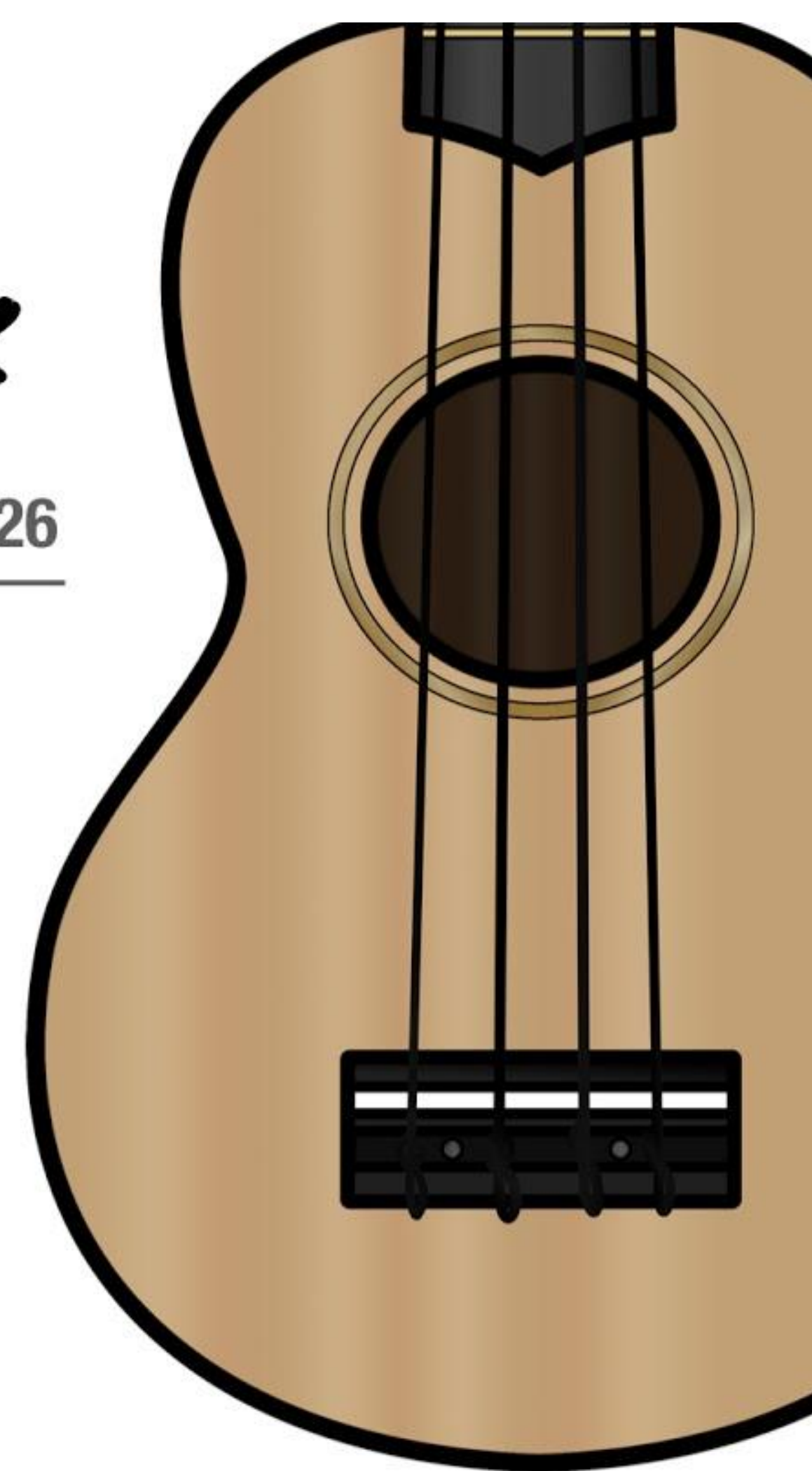
DAY 26

## VIDEO 26 Moving Around the Fingerboard

### 3 MAJOR SCALES TO TRY

#### FINGER PATTERN

On C String: Index - Skip a fret - Ring  
On E String: Index - Middle - Skip a fret - Pinky  
On A String: Index - Skip a fret - Ring-Pinky



3

4

D E F# G A B C# D

TAB 2 4 2 3 5 2 4 5

A B C# D

3

E F# G# A B C# D# E

TAB 4 6 4 5 7 4 6 7

5

F G A Bb C D E F

TAB 5 7 5 6 8 5 7 8

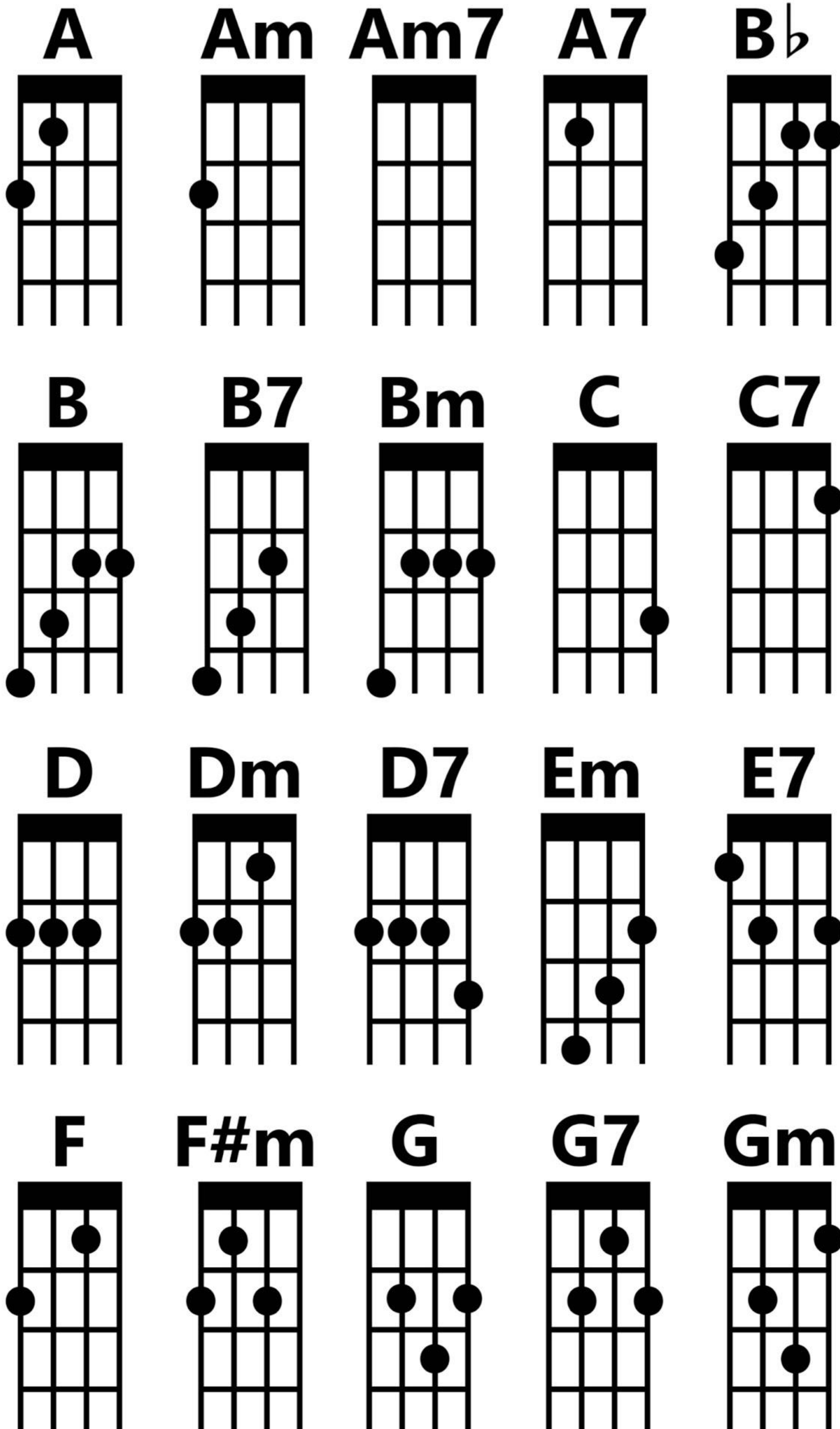
### Homework

Play the major scale in 5 different locations on the fingerboard.  
Remember that all must start on string C in order to work.



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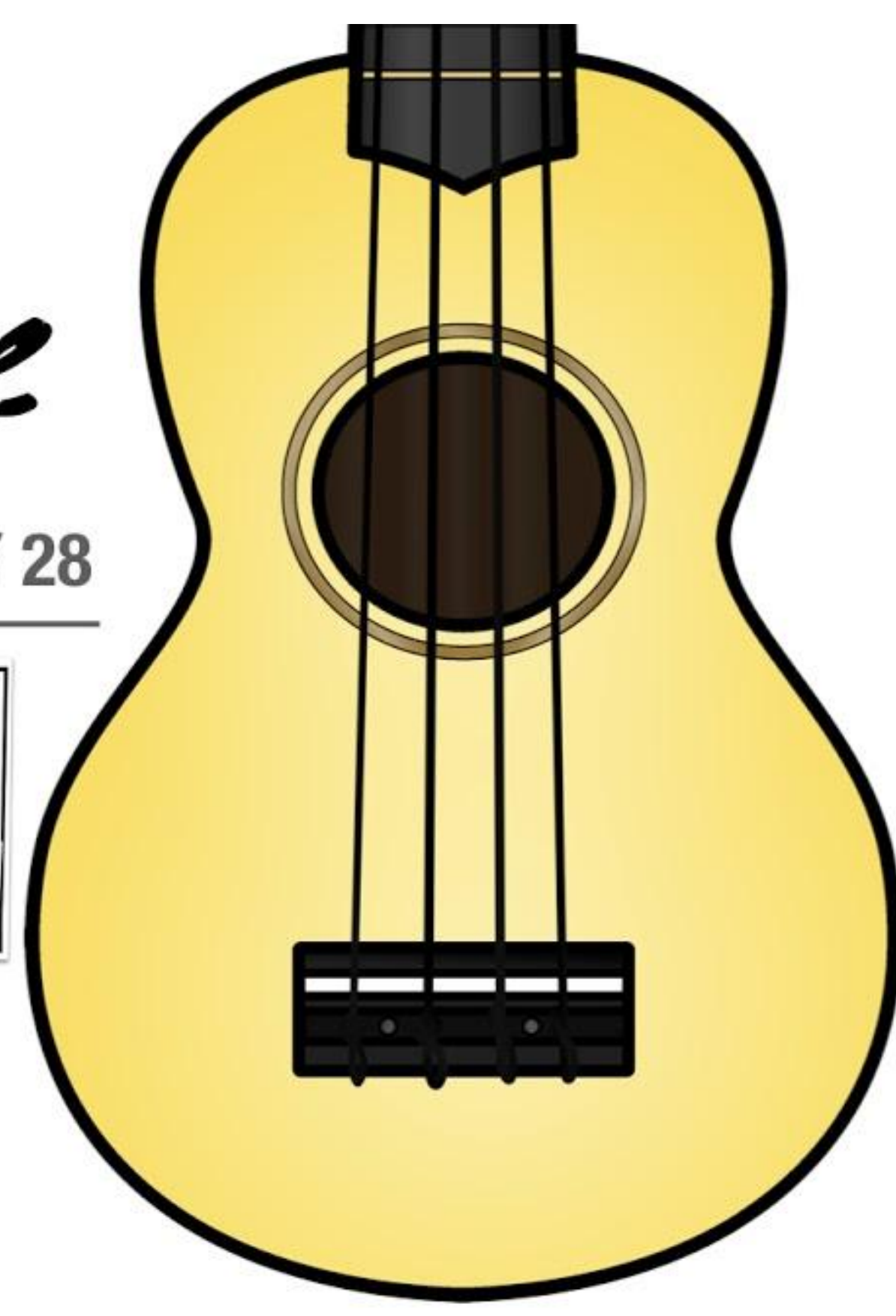
DAY 27





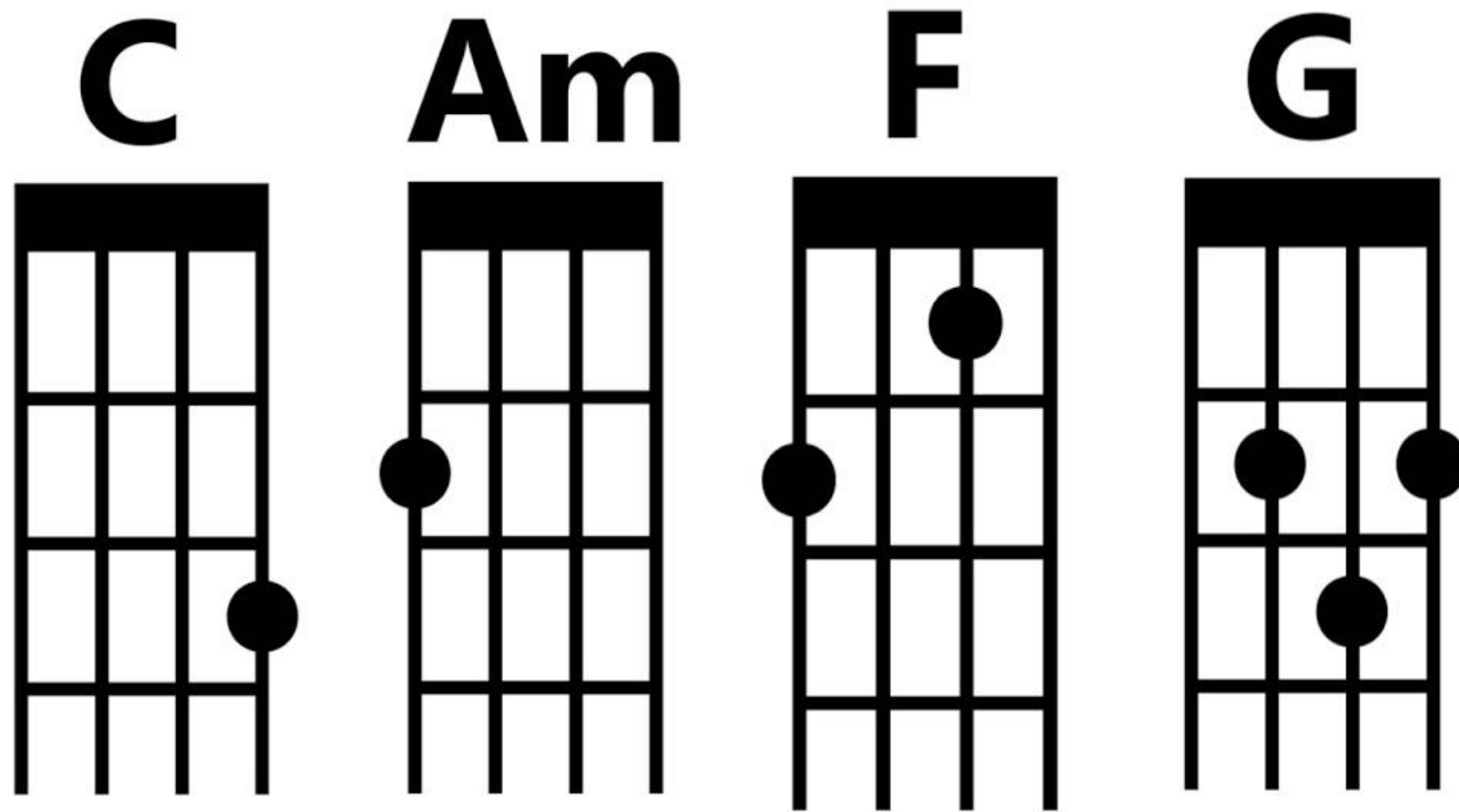
# 30 DAY *ukulele challenge*

DAY 28



## VIDEO 28 Four chords, many songs!

### *chords used*



### Homework

Try playing this chord progression with different strumming patterns.  
Transpose this chord progression to another key.  
Go back to day 24 to review keys and review how to transpose.

## **C - G - Am - F (I - V - vi - IV)**

*Songs with this chord progression*

- "Can You Feel the Love Tonight" by Elton John
- "Don't Stop Believing" by Journey
- "No Woman No Cry" by Bob Marley
- "I'm Yours" by Jason Mraz

## **C - Am - F - G (I - vi - IV - V)**

*Songs with this chord progression*

- "Baby" by Justin Bieber
- "Every Breath You Take" by Police
- "Donna" by Ritchie Valens
- "I Will Always Love You" by Whitney Houston

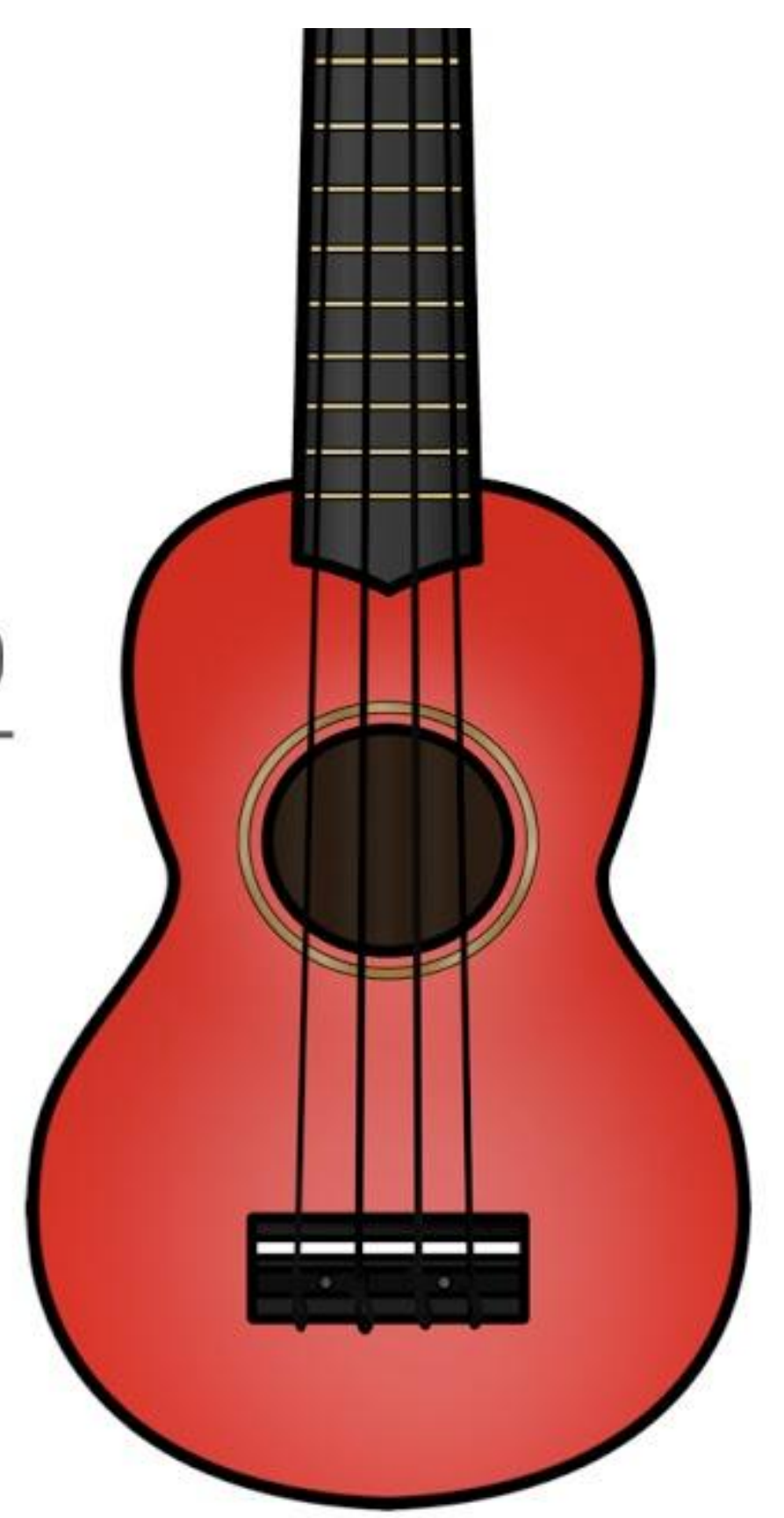
### More songs

Look at the resources page to see many more songs that use these chord progressions.



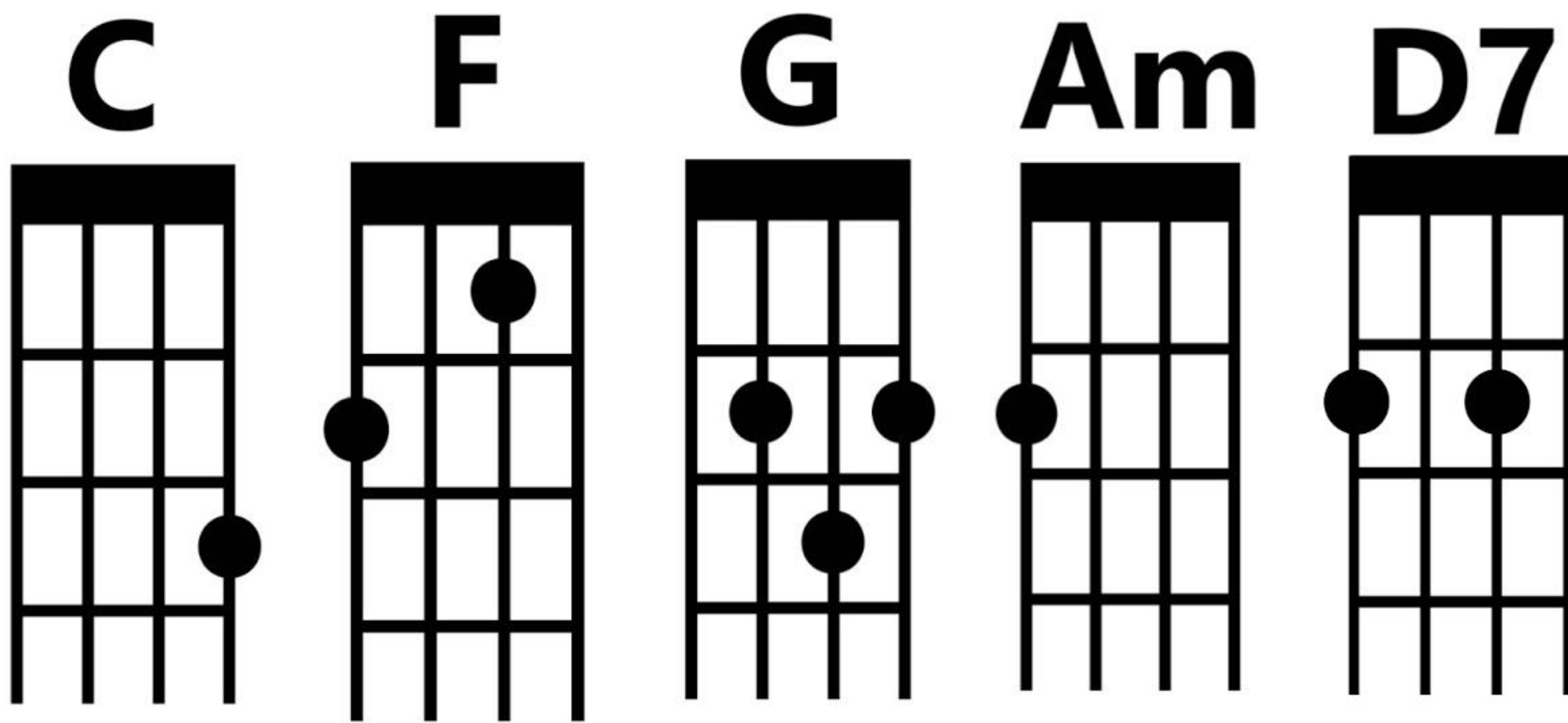
# 30 DAY *ukulele challenge*

DAY 29



## VIDEO 29 Piano Man

### *chords used*



### Homework

Listen to the original song a few times.

Try to feel the pulse of the 1, 2, 3 as you listen.

Visit the

[ultimate-guitar.com](https://ultimate-guitar.com)

and look for songs you'd like to learn to play.

## Strumming

Throughout the song I played a simple down strum pattern. To emphasize beat 1, you could make the first strum louder, but remember to make it beautiful. Don't be loud just for the sake of being loud.

## Fingerstyle

You could play on strings C-E-A

Index Middle+Ring.

If you remember the finger style lesson, this would be a

I - MA - MA pattern

### More songs

Look at the resources page to see many more songs that use these chord progressions.

[https://tabs.ultimate-guitar.com/tab/billy\\_joel/piano\\_man\\_chords\\_1051336](https://tabs.ultimate-guitar.com/tab/billy_joel/piano_man_chords_1051336)

*Bernadette Teaches Music*



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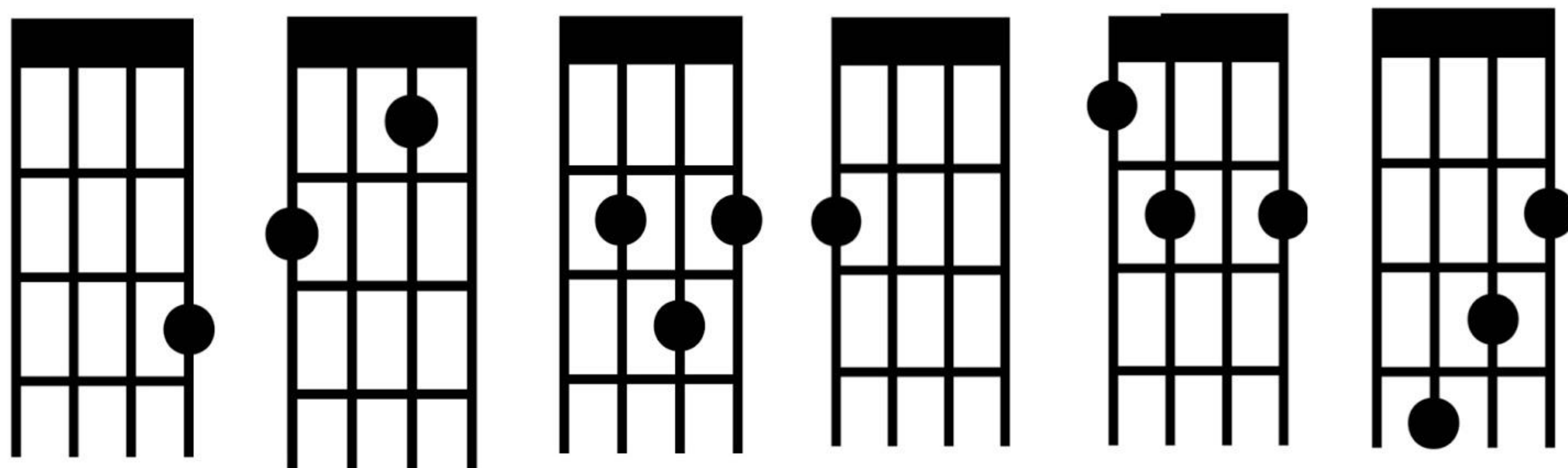
DAY 30

VIDEO 30 Somewhere Over the Rainbow by IZ

<https://www.ukulele-tabs.com/>

*chords used*

**C F G Am E7 Em**



**island strum**  
**D DU UDU**

## Homework

Listen to the original song, practice the chord switches.  
Binge watch the 30 day uke challenge series to review everything you've  
learned and to make it all sink in.

Look at the resources pages for inspiration, ideas, and to continue your  
ukulele journey



# 30 DAY *ukulele* challenge

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*UKulele hunt website*

<http://ukulelehunt.com/>

*Top 20 chords*

<http://ukulelehunt.com/2011/09/07/most-common-ukulele-chords/>

*Piano Man chords*

[https://tabs.ultimate-guitar.com/tab/billy\\_joel/piano man chords 1051336](https://tabs.ultimate-guitar.com/tab/billy_joel/piano_man_chords_1051336)

*IZ Somewhere Over The Rainbow*

<https://www.ukulele-tabs.com/uke-songs/israel-kamakawiwoole/somewhere-over-the-rainbow-uke-tab-11851.html>

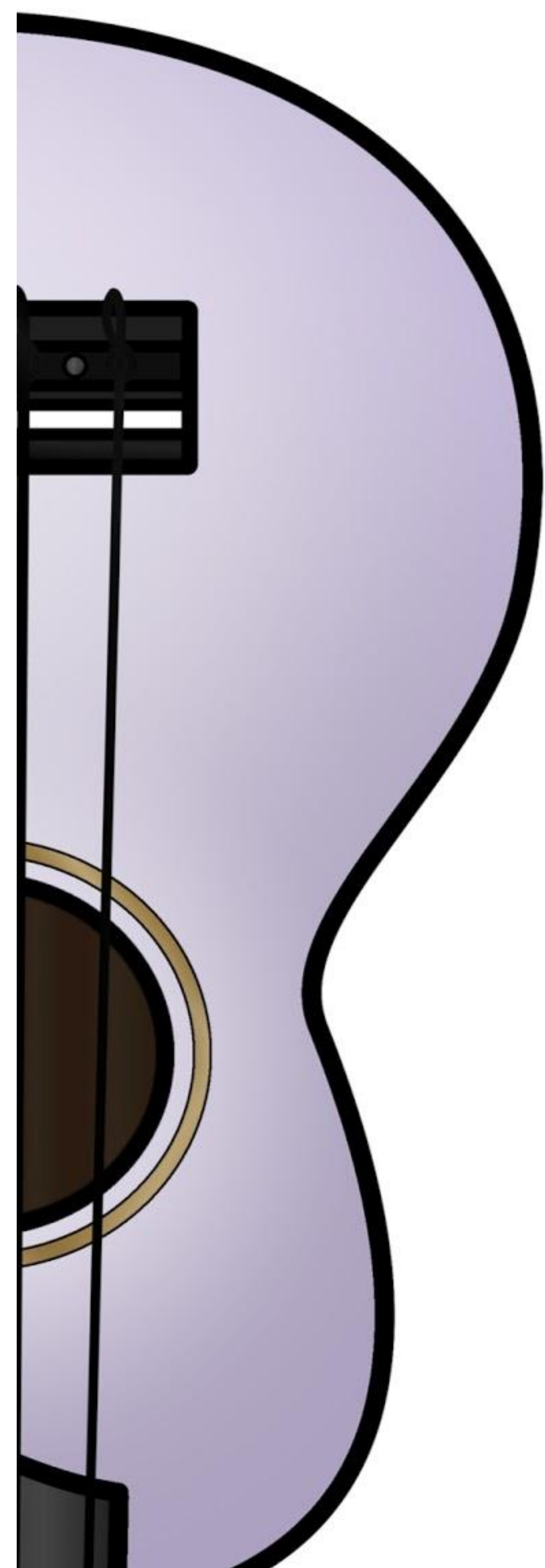
*Doctor Uke Website*

<https://www.doctoruke.com/songs.html>

*Capotasto Website*

<https://www.capotastomusic.com/ukulele-sheet-music/tabs.htm>

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# 30 DAY *ukulele* challenge

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*Instagram*

<https://www.instagram.com/plazi>

*Facebook*

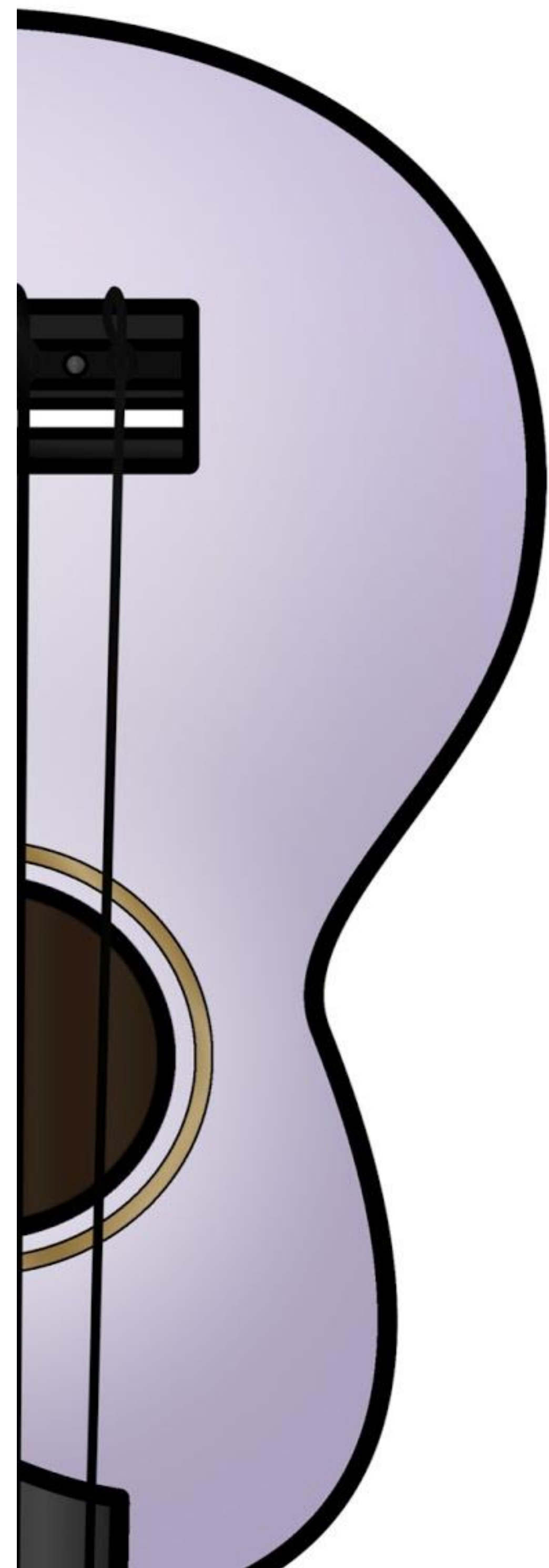
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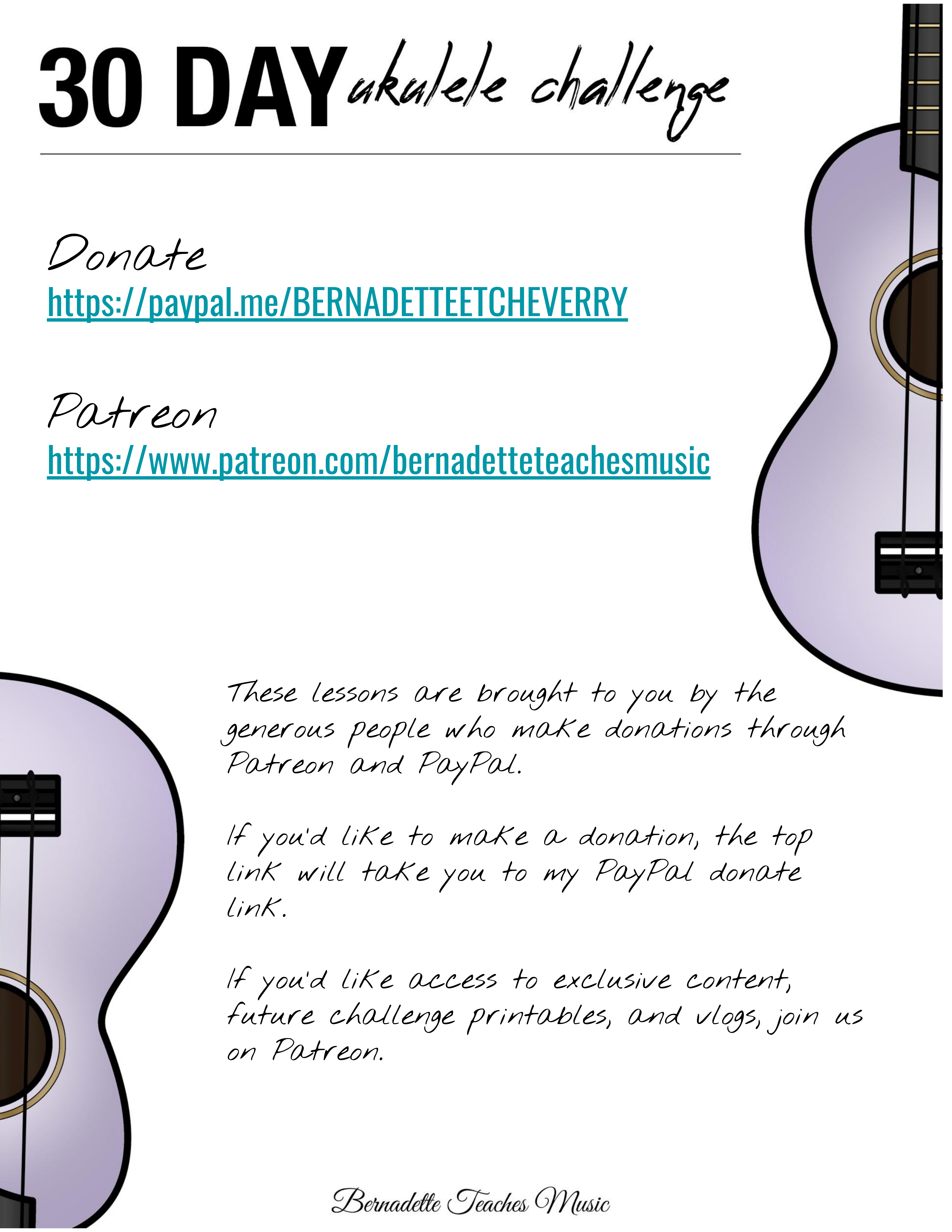
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# 30 DAY UKULELE *challenge*

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**Graphics by Pitch Clips with  
Shelley Tomich, creator of  
Rainbow Ukulele**

<https://pitchpublications.com/rainbow-ukulele/>

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