



Washoe County School District

COVID-19 Screening Tool

COVID-19 Information
Testing Information/Options
Symptomatic Staff ONLY

WashoeSchools.net/COVID19
WashoeSchools.net/COVID19testing
Employee Health Nurse (775) 348-0338

1. Have you had any new or unusual symptoms in the last 24 hours?

(even if you have been vaccinated and/or boosted)

1 One (1) or more of the following symptoms:

- Fever** (temperature $\geq 100.4^{\circ}\text{F}$ at rest)
- Respiratory symptoms** (cough, shortness of breath, and/or difficulty breathing)
- New loss of smell or taste**

OR

2 Two (2) or more of the following symptoms:

- Chills
- Feeling cold and shivering
- Muscle pain or aches
- Headache
- Vomiting (If only symptom, 48-hour exclusion¹.)
- Diarrhea (If only symptom, 48-hour exclusion¹.)
- Sore throat
- Fatigue
- Nasal congestion
- Nausea

NO

2. Has anyone in your household been diagnosed² with COVID-19?

NO

3. Have you been in close contact³ with a person diagnosed² with COVID-19 while the person was infectious⁴?

NO

You answered NO to all 3 questions.

You do not have symptoms and have not been exposed.

- ▶ **Go to school/work.**
- ▶ **Continue to monitor your health.**
If you begin to feel unwell or are notified of an exposure, use this tool and take action.
- ▶ **Practice healthy habits and good hygiene.**

YES

SYMPTOMS

If you answer YES to symptoms 1 or 2:

- ▶ **Do NOT go to school/work.**
- ▶ **Communicate with your school/supervisor.**
- ▶ Seek care from your healthcare provider, if needed.
- ▶ **STAFF: Call Employee Health Nurse, (775) 348-0338.**
- ▶ If you choose to test, wait 48 hours after symptoms begin.
- ▶ **ISOLATE at home until:**
 - (1) **5 days have passed since symptoms began -OR- have negative COVID-19 test² (lab result req'd) -AND-**
 - (2) **No fever, diarrhea, or vomiting in last 24 hours (without medicine) -AND-**
 - (3) **Other symptoms are improving.**
- ▶ *Eligible to return day 6, if all 3 conditions above are met.*
- ▶ **Wear fitted mask⁵ around others for next 5 days.**

YES

CLOSE CONTACT

If you answer YES, you are a Close Contact³:

- If you are **FULLY VACCINATED⁶ -OR- have been diagnosed² with COVID-19 in last 90 days -AND- do NOT have symptoms:**
- ▶ **Return to school/work.**
 - ▶ **Wear fitted mask⁵ around others for next 10 days.**
 - ▶ **Monitor SYMPTOMS for next 10 days.**
- If you are **NOT FULLY VACCINATED⁶ -AND- have NOT been diagnosed² with COVID-19 in last 90 days -AND- do NOT have symptoms:**
- ▶ **Do NOT go to school/work.**
 - ▶ **Communicate with your school/supervisor.**
 - ▶ **STAFF: Call Employee Health Nurse, (775) 348-0338.**
 - ▶ **QUARANTINE at home for 5 days** following your last close contact. *Return on day 6. No test out option.*
Note: Because you are continually exposed to household contacts unless you are able to isolate, your 5-day close contact quarantine begins the day after a household contact is released from isolation (see SYMPTOMS above).
 - ▶ **Wear fitted mask⁵ around others for next 5 days.**
 - ▶ **Monitor SYMPTOMS for next 5 days.**

¹ **48-hour Exclusion:** Stay home 48 hours after symptom stop without medicine.

² **Diagnosed:** Positive PCR or antigen lab result or diagnosed by a healthcare provider.

³ **Close Contact:** Within 6 feet for 15+ minutes over 24 hours or any direct contact.

⁴ **Infectious:** 48 hours before through 14 days after symptoms began.

⁵ **Mask** per DHHS Directive 048 (1/6/2022): If you are not able to wear a mask, exclusion for illness/contact is 10 days, return day 11 if all symptomatic conditions are met.

⁶ **Fully Vaccinated** per NV DHHS Directive 048 (1/6/2022):

18 years and older: 14-days after booster -OR- recent vaccination (2nd dose Pfizer < 5 months, 2nd Moderna < 6 months, J&J < 2 months)

17 and younger: 14-days after second Pfizer/Moderna dose or J&J