#### OCTOBER/NOVEMBER 201

# **Huskie Happenings**

RESPECT-HONOR-STRENGTH Don't Call It A Dream, Call It A Plan!



We hope you had a safe and relaxing Fall Intercession. This newsletter will cover information for both October and November. Don't forget the PSAT will be Wednesday for 10<sup>th</sup> and 11<sup>th</sup> graders. 10<sup>th</sup> and 11<sup>th</sup> graders will be testing at 7:40am—bring your ID. PSAT is free for 10<sup>th</sup> graders and it costs \$16 for 11<sup>th</sup> graders. The deadline to pay was 9/29/17. All 9<sup>th</sup> and 12<sup>th</sup> graders will have a 3 hour delay beginning school at 10:40am. Please don't be late! Buses will be picking up on a 3-hour delay as well.

Huskie Harvest is around the corner! If you have not purchased your tickets yet, please do so ASAP by contacting <u>trooker@washoeschools.net</u>. Fundraising \$ is intended for campus improvements. Previous \$ has contributed to renovated bathrooms, college and career center, library as well as hydration stations.

Please monitor grades and attendance weekly. Semester finals will be around the corner and we want to make sure our students stay on track for graduation! Stay tuned for the WCSD Graduation Rate Press Conference. **Reno HS has made gains for the 6<sup>th</sup> consecutive year and I will share our data highlights and areas of focus in the coming weeks**.

### School Goals this year to reach College & Career Competiveness-2017-2018

### Climate & Engagement

Family Engagement, Inclusive Practices, Equity & Diversity Lens, Social Emotional Learning, Positive Behavior Supports, Safety.

### Backwards Lesson Design

Alignment of standards, activities, teaching strategies assessments and grading. Monitoring student growth, use rubrics and plan with the end in mind working backwards in our planning.

### 21<sup>st</sup> Century Teaching Practices

Decrease paper use! Promote engagement, innovation, exploration. Blended learning options, tech tools & supports, increased feedback and communication, Projectbased and student driven. **Calendar** 

10/2-10/6 Fall Intercession

10/11 PSAT HR Delay for  $9^{\rm th}$  and  $12^{\rm th}$  graders as 10th and  $11^{\rm th}$  will be testing at 7:40. Bring your ID!

10/12 JAG Induction Ceremony at TMCC-6pm

10/16 Booster Club Meeting 7pm in Library

10/20 Hall of Fame Football Game

10/20 Sweet Jazz Fundraiser 7-8:30pm

10/21 Hall of Fame Dinner at Eldorado 5:30pm

10/24 Safe Trick or Treat 5-8pm

10/25 No Early Release

10/27 Nevada Day-No School

11/1 Yearbook price increase to \$95

11/4 Huskie Harvest Fundraiser at Atlantis Casino Resort

11/8 Blood Drive

11/8 Deadline to clear for Winter Sports

11/10 Veterans Day-No School

11/11 Winter Sports Try-outs

11/13 Booster Club Meeting 7pm in Library 11/14-11/18 Fall Play

11/22-11/24 Thanksgiving-No School

12/11 Booster Club Meeting 7pm in Library

12/18-12/21 Semester Finals

#### **OCTOBER/NOVEMBER NEWSLETTER**



### Attendance Information

Thank you for keeping in touch with us regarding your students' attendance, we really appreciate your calls. If it is more convenient for you, you can also email us: Attendance Emails Phone Extension

Kim Borders 9<sup>th</sup> grade <u>KBorders@washoeschool.net</u> 34005

#### Humma Oster 10<sup>th</sup> grade

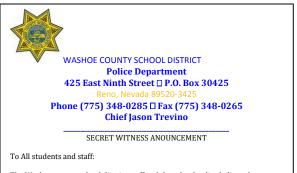
Humma.Oster@washoeschools.net 35003

Yecenia Ramos Munoz 11<sup>th</sup> grade Staring in October 35007

Lesley Means 12 grade LMeans@washoeschools.net 34009

When calling in your student if you would like to leave a message on the attendance hotline, please call 333-5050 option #9, attendance secretary option #1. If your student needs to leave during the school day, we encourage you to send them with a note requesting a street pass. This way your student can meet you out front and you do not need to come in to the office. Please excuse your student within 3 days or it will automatically be moved to unexcused.

### Secret Witness Announcement



The Washoe county school district staff and the school police believe that your safety is everyone's responsibility. Please remember if you see something say something. If you would like to report a crime and remain anonymous you can call secret witness at 329-6666 or send a text to -274637. Enter TIP725 + Message. You could be eligible for a cash reward.

#### Winter Sports Coming Soon

Winter sports tryouts are right around the corner. Basketball, Ski team, Wrestling and Rifle team all compete in the winter months. Any student interested in a winter sport needs to go to <u>www.registermyathlete.com</u> to get cleared, even if they have already done a fall sport. The deadline to clear is Wednesday, November 8<sup>th</sup>. The first day of tryouts for winter sports is Saturday, November 11<sup>th</sup>. All students must be cleared through RMA in order to try out. Please see Mrs. Rooker for more information and physical packets.

### STUDENT LEADERSHIP NEWS

Student Leadership is in the planning stages of a Holloweek with fun events and dress up days. Stay tuned for more information. Community Service in October/November has traditionally been a Canned Food Drive but they are looking to expand that effort and more information will be shared after the October Break.

Student Leadership will be assisting the United Blood Services on Nov. 8<sup>th</sup> in the small gym from 11:00-3:30pm. Community and families are encouraged to donate. Students old enough and with parent clearance will be allowed to donate AFTER their classes that day.

Safe Trick or Treat will be October 24<sup>th</sup> from 5-8pm. Community is invited to bring your children to trick or treat through Reno High School.

Student Council Meetings are 10/10 and 10/24 in the Leadership room at lunch. All are welcome to attend.

TODAY I WILL DO WHAT OTHERS WON'T, SO TOMORROW I CAN DO WHAT OTHERS CAN'T.

FACEBOOK.COM/GYMMOTIVATION



### **Reno High Booster Club**

- Our next meeting is **Monday, October 16, 2017 at 7:00 p.m.** in the Library. We are looking for help planning Grad Night 2018 and Huskie Harvest! If you're interested, please contact us at <u>renohighboosterclub@gmail.com</u>.
- Like us on Facebook: <u>https://www.facebook.com/Reno-High-Booster-Club-</u> <u>1789198191329025/</u> to stay up to date!
- Thank you to those who have signed up to be a member! We are on our way to have a great year. We are currently 163 strong, but I know there's more of you out there that want to sign up!!! Our group's success is a direct reflection of our members. We support the Academics, Arts, and Athletics at Reno High School! Money raised through the Membership Drive is used to support school activities such as Band, Year book, Debate, We The People, Athletic Teams, Scholarships and many more! Forms were sent with your child's schedule (bright green paper) or you can find online at

https://www.washoeschools.net/renohs and click on Booster Club. There are two ways to sign up:

1. Complete the membership form. Scan and email it

to RenoHighBoosterClub@gmail.com. Then pay on-line at www.squareup.com/store/reno-high-booster-club 2. Complete the membership form and mail, along with your check made payable to Reno High Booster Club, to:

Reno High Booster Club 395 Booth Street Reno, NV 89509

We welcome you to our Booster Club meetings held the second Monday of each month (except Oct. and Jan.) at 7:00 p.m. in the Library! See our meeting dates online at

https://www.washoeschools.net/renohs and click on Booster Club.

### **RENO HIGH** HUSKIE HARVEST FUNDRAISER

Mark your calendars for dinner and dancing, a Live and Silent Auction, and Raffle!!! November 4th, 2017 Atlantis Casino and Resort 5:30 p.m. - Midnight

Tickets \$75 for individual; \$700 table of 10 – Get your tickets online at <a href="http://www.huskieharvest.com">www.huskieharvest.com</a>

Contact info:<u>huskieharvest@gmail.com</u> with any questions.

Stay up to date by visiting <u>www.huskieharvest.com</u> Follow us on Facebook:

https://www.facebook.com/HuskieHarvest/

If you are interested in helping with the event, please attend a meeting on Monday, September 11, 2017 at 6:00 p.m. in the Library, before the Booster Club meeting. Donations are needed for the live and silent auction and raffle.

\*\*Ask your RHS student(s) what they need to provide in their 4<sup>th</sup> period class for their class themed basket!!



## HALL OF FAME & ALUMNI NEWS!

RENO HIGH HALL OF FAME INDUCTION AND DINNER OCTOBER 21<sup>st</sup>. Read about this year's class here: https://www.google.com/amp/s/amp.rgj.com/amp/711031001

#### RENO HIGH GRAD DAVID PADGETT NAME INTERIM MEN'S BASKETBALL COACH AT LOUISVILLE!

https://syndication.bleacherreport.com/amp/2735789-davidpadgett-reportedly-to-be-named-louisville-interim-headcoach.amp.html

### Sweet Jazz Night October 20th

Annual Sweet Jazz night is happening again on October 20<sup>th</sup> from 7:00pm-8:30PM in the RHS cafeteria. Come support the Reno High School Band program by having all you can eat dinner and listening to our award winning jazz band! Admission and raffle proceeds go to help pay for competition admission fees and travel expenses.





### **Reno HS hires a new Social Worker**

Please join us in welcoming Betelham "Betty" Zerihun to the Huskie Family. Betty will be our new Safe Schools Professional which is a grant funded social worker position, She will work alongside our counseling staff and administrative team to support students will wrap around services and overall support. She comes to us via UNLV and Right Of Passage where she has done therapeutic work for teens. Her office will be located directly across from the ARC, near the library and next to the Cube (College and Career Center).

### News from the Cube (College & Careers)

- Stay current on happenings in The CUBE via our new website at https://www.washoeschools.net/renohsccc
- FAFSA opens October 1<sup>st</sup> (seniors). Application available at https://studentaid.ed.gov/sa/. Strongly encourage all families with college bound students to submit your application (based upon 2016 taxes) by the end of October.
- "Been There Done That" Parent Info Session: October 10<sup>th</sup>, 6pm, location: TBD. Sign up for Remind 101 (see Senior Bulletin) to stay current. Geared towards parents who have a basic understanding of today's college admission process/climate. Discussion will focus on nuances of applying to highly selective schools, financial aid, and how you can support your student.
- PSAT at RHS for sophomores and juniors who registered: October 11<sup>th</sup> (juniors needed to register by Friday, September 29, 2017).
  FAFSA Workshops: October 19<sup>th</sup>, 6pm, and November 14<sup>th</sup>, 6pm,
- FATSA WOLKSHOPS: October 19<sup>-0</sup>, opin, and November 14<sup>-0</sup>, opin, library computer lab.
   College Visits: University of Portland, Northwestern University,
- College Visits: University of Portland, Northwestern University, Evergreen State College are just a few of the colleges visiting in October...see "Class Calendar" on the CUBE website for details/schedule.
- TMCC NV Promise Scholarship: If your student is headed to TMCC in the fall have them attend our TMCC Application Workshop on October 19<sup>th</sup> (sign up in The CUBE). Likely that it can cover the cost of tuition if they apply ASAP (first come/first serve) and follow necessary steps.
- **RHS General Scholarship is open!!** Application on CUBE website under Scholarships/Financial Aid under Local Scholarships. We encourage all seniors to apply.



### **Emily Cady School Videos**

Please check out videos created by our very own Emily Cady. Videos cover our Homecoming and our Fan Bus and tailgate party at Carson HS. <u>https://youtu.be/UhwLI412cls</u> <u>https://www.youtube.com/watch?v=y92</u> jgUP22UI&feature=youtu.be

## RHS Senior Bulletin...October 2017 Helping students become Competitive College & Career Applicants Reminders

- *New website:* <u>www.washoeschools.net/renohsccc</u>. Information about Scholarships/Financial Aid, a calendar with up to date college visits, parent info nights, FAFSA sessions...
- **College Club**: most Tuesdays at lunch in the CUBE. October sessions include Early Decision/Early Action Pros/Cons, WUE schools, UNR Application Workshop. See the website for the agenda.
- *Remind101*: Sign up for occasional Remind texts from Mrs. Lerude for updated happenings in The CUBE (college visits, College Club, career panels)
  - Enter **"81010"** in your text message **"to"** field; **"@g39f7**" in the "**message**" field.
- *Appointments with students/families*: Email Mrs. Lerude (<u>slerude@washoeschools.net</u>) if you would like to set up an appointment.
- *Applying to UNR?* Apply by 11/15 (allows you early access to class registration and to housing if you pay your deposit).
- **Nevada Bound tours:** Recommended for seniors considering UNR. Register at http://webservices.unr.edu/targetx/events/calendar/nevada-bound
- TMCC/Nevada Promise Scholarship Application Workshop, 10/19, 4th-6th periods. SIGN UP IN THE CUBE PRIOR!

## Important Dates:

- **College 101**: September 28th, 6pm, location TBD (RHS). Info session for parents of juniors/seniors about the college application and financial aid process and tips as to how to support your student.
- **Been There, Done That!:** October 10<sup>th</sup>, 6pm, location TBD (RHS). Info session for parents of seniors who have a basic understanding of the college application process but have specific questions related to supporting students applying to highly selective colleges, financial aid, etc.
- **ASVAB:** October 17<sup>th</sup>, Career Exploration program (aptitude test) designed for the military but relevant to all students interested in aligning skills/aptitude/interest with careers. MUST sign up prior in CUBE.
- **FAFSA Workshop #1:** October 19th, 6pm, Location TBD (RHS). The FAFSA opens October 1st. General discussion about the FAFSA then breakout sessions to 1. Fill out the FAFSA (bring 2016 taxes) and 2. discussion on maximizing other types of financial aid (merit aid, CSS Profile, etc).
- FAFSA Workshop #2: November 14th, 6pm. Location TBD (RHS)
- College Fair at UNR: November 5th, 12-4pm in the Joe Crowley Student Union

## College/Military Visits to RHS: visit the www.washoeschools.net/renohsccc website under

calendar for up to date info

- University of Portland: October 11th, lunch
- Service Academy Info Session: October 13th, lunch (Senator Amodei's office)
- **TMCC Application Workshop:** October 19<sup>th</sup>, lunch-6<sup>th</sup> period. Sign up in The CUBE. Last chance to apply for Nevada Promise Scholarship.
- Northwestern University: October 23<sup>rd</sup>, lunch
- Evergreen State College: October 26th , lunch
- *Military Branch Visits*: The first week of the month, at lunch, in the dome

## Testing: Register early!

- SAT/SAT Subject Test Dates (<u>www.collegeboard.org</u>): 11/4 (reg. by 10/5); 12/2 (reg. by 11/2); 3/10 (reg. by 2/9), 5/5 (reg. by 4/6), 6/2 (reg. by 5/9)
- ACT Test Dates (<u>www.actstudent.org</u>): 10/28 (reg. by 9/22); 12/9 (register by 11/3); 2/10 (register by 1/12); 4/14 (register by 3/9); 6/9 (register by 5/4)
- **ASVAB:** October 17<sup>th</sup>, 7:40am in the RHS library. ADVANCE SIGN UP REQUIRED in the CUBE.

## Testing News/Resources:

- Free online resources: SAT (<u>www.sat.collegeboard.org/practice/</u>); ACT (<u>www.actstudent.org/testprep/</u>)
- *College and Career Center/RHS Library*: Study guides are available in The CUBE & library.
- ZAPS at RHS: PSAT/SAT, Sat. 9/30, 9am-3pm; <u>www.register.doorwaytocollege.com</u>, \$89.99
- *For-profit testing companies*: There are plenty of options. Their effectiveness depends upon the student. Come see Mrs. Lerude in The CUBE to discuss.

## What Should College Bound Seniors be Doing?

- *Request your counselor recommendation online for Common Application schools NOW!* Your counselor will upload your transcript for COMMON APPLICATION schools only!!
- **Official transcripts** for all other schools to be ordered at <u>https://washoeschoolsnv.scriborder.com/</u>
- Letters of recommendation requests: Many (not all) colleges require a recommendation letter from your counselor and 1-2 teachers. Identify which teacher/teachers (ideally from your junior or senior year) know you the best, have taught you in a core subject, and can speak to how you show up in the classroom. Ask what they need from you to write an effective letter. And, GIVE THEM A MINIMUM OF 2-3 WEEKS! Respect their time.
- *Finalizing your college list:* The goal is to have options. Options are created by a well- balanced, well thought out list of schools. Schedule an appointment with Mrs. Lerude in The CUBE to review your list if you are unsure. There are hundreds of choices.
- *How will you be paying for college?* Have those critical conversations now. Fill out the *NET PRICE CALCULATORS* for the schools that you are applying to. They give you an estimate of your family's EFC (what it is going to cost you to go there).
- *Get good grades!* Your grades matter for scholarships, college entrance and work readiness.
- Fill out the FAFSA. It goes live on 10/1/17. https://fafsa.ed.gov/
- Fall Break is a GREAT time to tour schools and work on college applications!
- **BYU online classes**: Make sure that your counselor knows which class/classes you are taking.

## Scholarships/Financial Aid

- **RHS General Scholarship** available at <u>www.washoeschools.net/renohsccc</u> "Scholarships/Financial Aid/Local Scholarships" Deadline is 12/20/17! One application makes you eligible for many alumni donor scholarships.
- *"Scholarship and Financial Aid"* link on (<u>www.washoeschools.net/renohsccc</u>) is the most up-to-date source for LOCAL scholarships. Check the *"Scholarship Grid"*, and fill out a *Scholarship Matching Sheet* in The Cube. It is YOUR job to search and fill out the applications. College Greenlight or Finaid.org are great ways to search for National Scholarships.

### Huskie Battalion News

Recently, an Honor Flight returned from WA D.C. full of veterans that had the opportunity to see the memorials from the wars they served in. Last Wednesday night, Sept 27<sup>th</sup> the Reno Huskie JROTC cadets helped out at a veterans dinner and met some of those that went on the Honor Flight. Some of the veterans were in their 90s and they told their stories. JROTC presented the color guard, assisted the veterans, and the battalion commander Branden Geary presented the Honor Flight of Nevada with a check. Cadet First Lieutenant Sumner Hahn was the cadet that reached out to the Honor Flight of Nevada and coordinated JROTC participation.



# Erickson Construction donated \$35,000 to the Reno HS STEM/Engineering Program.

## Erickson Companies Opens New Truss Manufacturing Plant in Reno

## Mayor Schieve joins leading construction services provider at ribbon-cutting ceremony; new facility to support Nevada homebuilders, spur city's continued economic growth

Reno, NV – Highlighting its longstanding commitment to Reno and its thriving housing sector, Erickson Companies announced today the opening of *High Desert Truss & Lumber*, its new home framing manufacturing facility in the City. Erickson was founded over four decades ago and helped pioneer the concept of complete framing systems. It has been serving the Reno market from its Roseville, California facility for over two decades. Company officials were joined at the ribbon-cutting ceremony by Reno Mayor Hillary Schieve, leaders from the Nevada Builders Alliance, representatives from EDAWN, company associates and Reno High School students. The structural members of a home's roof are manufactured as individual trusses, which are then collectively assembled and sheathed into the full roof. Historically, Erickson supplied trusses to its Reno operation via a long, often challenging process in which the trusses were manufactured in Erickson's Roseville facility and then shipped to Reno. This new facility will create jobs and give Reno a much-needed new, local truss provider. Erickson currently employs 130 hard-working, dedicated and highly-skilled associates in the City of Reno. This summer, the company averaged a build rate of approximately ten homes per week.

"Reno's business-friendly climate is fostering significant economic growth, which produces a concurrent need for more residential housing. With the opening of our High Desert Truss & Lumber plant, Erickson will be uniquely wellpositioned to address that need," said Erickson Chief Executive Officer Rich Gallagher. "This facility is a 'win-win' for our customers, our associates and the community. It will address the region's need for more skilled labor, provide our workers with state-of-the-art equipment in a safe, controlled manufacturing space and better serve the needs of Reno homebuilders."

"Erickson is an innovative leader in the construction industry and an important community partner to our city, and this investment in Reno complements their advanced, turn-key business approach," said Mayor Hillary Schieve. "By investing in Reno's future through its new High Desert Truss & Lumber facility, Erickson is creating jobs and providing much-needed new housing. This project is another demonstration of the exciting economic growth happening across our city. As recent coverage in Bloomberg and MSNBC has illustrated, Reno continues to get positive national attention for how we're collectively helping The Biggest Little City rebound from a deep recession."

"Erickson Companies' recent investment in expanding their physical footprint with a new, state-of-the-art truss facility, along with their current proposal to start up a wall panelization operation in the Reno community, helps to address the affordable/workforce housing issue," said Mike Kazmierski, President and CEO of the Economic Development Authority of Western Nevada.

While the new plant will make an immediate impact, the project also brings the opportunity for significant additional growth. Erickson is pursuing approval of its request to provide pre-fabricated wall panels to Reno via the new facility. Wall panels are an important product for many homebuilders, lowering costs by reducing the required time on-site to build a home.

Once fully-operational, Erickson's new truss, lumber and wall panel facility could add between 75-100 new jobs.

"Erickson Companies is an innovator in the construction industry on so many levels. We appreciate their continued investment in northern Nevada and look forward to them expanding their already significant role in

the community," said Aaron West, President of the Nevada Builders Alliance. "The Reno market is at a critical juncture and additional infrastructure to support the construction sector is needed. We welcome High Desert Truss and Lumber and their significant contribution in this area."

### <u>About Erickson</u>

Founded forty years ago, Erickson Companies ("Erickson") is one of the leading providers of construction services and prefabricated building components in the core geographic markets of Arizona, Sacramento and the greater Reno, Nevada area. Erickson helped pioneer the concept of complete framing systems. Today, it continues to lead the industry with state-of-the-art, computer-assisted production facilities in Nevada, Arizona and California.

http://www.kolotv.com/content/news/Reno-High-students-get-crash-course-in-engineering--443898343.html

Student Health Services PO Box 3042

Reno, NV 89520-3425



775-353-5966 775-353-5968 fax

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Dear Parent/Guardian:

Welcome back to the start of another school year. We hope you and your family had an enjoyable and healthy summer break.

The fall and winter months ahead are not only a time for students to resume their studies they are also a time when colds, flu, and other communicable diseases are at their peak. The Washoe County School District would like to partner with you to minimize the spread of common childhood illnesses and missed school days.

Here are some steps you can take to ensure your child stays healthy and learning-ready this winter season:

- 1. While lice are not considered a "disease," they are a nuisance that affects up to 12 million school-aged children each year. Lice don't hop or fly but are spread by direct head-to-head contact or by using an infested brush, hat, or hair accessory. You may want to check your child's head periodically for lice or nits and help him/her understand that some things are not to be shared, even with a sibling or best friend.
- 2. Keep immunizations up-to-date. Vaccines protect your child and the school community from serious, preventable diseases.
- 3. Encourage hand-washing at home. Unwashed hands are a major source of disease transmission; scrubbing hands with soap and water before eating and after use of bathroom facilities is an important way to avoid exposure to many respiratory and stomach illnesses.
- 4. Teach your child good health habits. Even very young children can be taught to "cough or sneeze in your sleeve!"
- 5. Although lunchtime in the cafeteria is a chance for students to socialize with friends, it can also be an opportunity for viruses and bacteria to pass from one child to another. Discourage your child from sharing their food, beverages, and eating utensils with others.
- 6. Finally, please keep your sick child home. While mild illnesses are not completely preventable when hundreds of children (and their "germs") share the same building, children with fever or signs of moderate illness should not come to school. Not only are they infectious to others but they also need the care and supervision that only a parent can provide.

### OCTOBER/NOVEMBER NEWSLETTER

The Washoe County School District is committed to maintaining a healthy school environment for all students. Our wellness and exclusion policies not only conform to accepted national standards but are designed to promote the health and well-being of all members of our school community.

If you have any questions about health issues or policies, go to our "Health Student" web site at <u>www.washoeschools.net</u> or call the school health office and ask to have the school nurse paged.

Thank you.

Estimado padre o guardián:

Bienvenido de nuevo al inicio de otro año escolar. Esperamos que usted y su familia hayan tenido un descanso de verano divertido y saludable.

Los meses de otoño e invierno que se acercan no son sólo para que los estudiantes reanuden sus estudios, son también época que los resfriados, gripes y otras enfermedades transmisibles están en su apogeo. El Distrito Escolar del Condado Washoe desea asociarse con usted para minimizar la propagación de enfermedades comunes de la infancia y perder días de escuela.

Aquí tiene algunos pasos que puede tomar para asegurar a sus niños estén saludables y listos para aprender esta temporada de invierno:

- Aunque los piojos no se consideran una enfermedad, son una molestia que afecta a niños en edad escolar hasta 12 millones cada año. Los piojos no saltan o vuelan pero se contagian por contacto directo de cabeza a cabeza o utilizando un cepillo infestado, sombrero o accesorio de pelo. Quizás desee revisar la cabeza de sus hijos periódicamente para ver si tiene piojos o liendres y ayudarlo a entender que algunas cosas no deben ser compartidas, aunque sea con hermanos o mejores amigos.
- 2. Mantenga las vacunas al día. Las vacunas protegen a los niños y la comunidad escolar de graves enfermedades prevenibles.
- 3. Fomente el lavado de las manos en casa. Las manos sin lavar son una fuente principal para la transmisión de enfermedades; fregarse las manos con agua y jabón antes de comer y después de usar el baño es una manera importante para evitar la exposición a muchas enfermedades respiratorias y del estómago
- 4. Enseñe a sus hijos buenos hábitos de salud. Incluso desde muy pequeños se les pueden enseñar a "¡tose o estornuda en tu manga!"
- 5. Aunque la hora del almuerzo en la cafetería es una oportunidad para los estudiantes a socializar con amigos, también puede ser una oportunidad para los virus y bacterias para pasar de un niño a otro. Pídales a sus hijos que no compartan sus alimentos, bebidas y utensilios con otros.
- 6. Finalmente, por favor mantenga a sus niños enfermos en casa. Aunque enfermedades leves no son totalmente evitables cuando cientos de niños (y sus "gérmenes") comparten el mismo edificio, los niños con fiebre o signos de enfermedad moderada no deben venir a la escuela. No sólo son contagiosos para los demás, pero también necesitan el cuidado y supervisión que sólo un padre o madre puede proporcionar.

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El Distrito Escolar del Condado Washoe está comprometido a mantener un ambiente escolar saludable para todos los estudiantes. Nuestras políticas de bienestar y la exclusión no sólo cumplen con estándares nacionales aceptados pero están diseñados para promover la salud y el bienestar de todos los miembros de nuestra comunidad escolar.

Si tiene alguna pregunta acerca de cosas sobre salud o regulaciones, vaya a nuestro sitio en Internet de "*Healthy Student*" salud del estudiante en: <u>www.washoeschools.net</u> o llame a la oficina de salud de la escuela y pida hablar con la enfermera.

Muchas gracias,

## High School Delayed Start - Double In Transportation Wednesday October 11, 2017-RENO HIGH SCHOOL Released at

### 2:30pm.

| HIGH SCHOOL<br>DELAYED START<br>TRANSPORTATION<br>DOUBLE IN TIMES | STANDARD<br>START<br>TIMES | Wednesday<br>October 11<br>Start Time -<br>First Group | Wednesday<br>October 11<br>Start Time -<br>Second<br>Group |
|---|----------------------------|--|--|
| AACT  | 8:00 AM                    | 8:00AM   | 11:00AM  |
| DAMONTE RANCH   | 8:00 AM                    | 8:00AM   | 11:00AM  |
| GALENA  | 8:00 AM                    | 8:00AM   | 11:00AM  |
| HUG   | 7:45 AM                    | 7:45AM   | 10:45AM  |
| INCLINE   | 7:35 AM                    | 7:35AM   | 10:35AM  |
| MCQUEEN   | 7:45 AM                    | 7:45AM   | 10:45AM  |
| NORTH VALLEYS   | 8:00 AM                    | 8:00AM   | 11:00AM  |
| PICOLLO   | 9:15 AM                    | 9:15AM   | N/A  |
| REED  | 7:45 AM                    | 7:45AM   | 10:45AM  |
| RENO  | <mark>7:40 AM</mark>       | <mark>7:40AM</mark>                                    | <mark>10:40AM</mark>                                       |
| SPANISH SPRINGS   | 8:00 AM                    | 8:00AM   | 11:00AM  |
| SPARKS  | 8:00 AM                    | 8:00AM   | 11:00AM  |
| WASHOE INNOVATIONS  | 8:30 AM                    | 8:30AM   | N/A  |
| WASHOE INSPIRE  | 8:00 AM                    | 8:00AM   | N/A  |
| TURNING POINT   | 7:20 AM                    | 7:20AM   | 10:20AM  |
| WOOSTER   | 8:00 AM                    | 8:00AM   | 11:00AM  |

### AUGUST 2017

## **RESPECT- HONOR- STRENGTH**

Principal Shout-outs from September:

NATIONAL MERIT SEMI-FINALIST-Reese Taylor

Please join me in congratulating the following **National Merit Commended Scholars**: Nico Howe, Iris Kim, Paul Lessard, Kai McGregor and Natalie Schmidt!

I wanted you to know we did hire a bilingual attendance clerk for our main office. Her name is Yecenia Ramos Munoz. She was an ELL teacher in Mexico for English students and will be a wonderful resource for our school. She will begin Oct. 9.

Nicole Sarafolean was honored at the last Nevada Football game by a local company in town, Eyezone, for her excellent military service as well as her community service as an educator. Doesn't get any better than that!

Reno High School was named top high school by Reno News & Review!





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